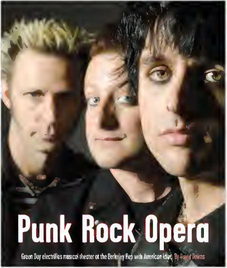
EAST BAY EXPRESS

SEPTEMBER 2-8, 2009 EASTBAYEXPRESS.COM



Punk Rock Opera

Green Day electrifies musical theater at the Berkeley Rep with *American Idiot*. By David Downs

FOOD 34

ECO WATCH 10

THE BATTLE OVER THE BIG DITCH

A fight has broken out among environmentalists over a newly proposed peripheral canal

By Robert Gammon

When a proposal for a peripheral canal came before voters in 1982, environmentalists universally opposed it. The canal, which would have run around the east side of the Sacramento-San Joaquin Delta, was rightly viewed at the time as a water grab by Southern California developers and Central Valley agribusiness. But since then the delta's ecosystem has nearly collapsed and its fragile levees have continued to crumble. As a result, the governor and state legislative leaders are once again discussing a peripheral canal plan, and this time it's creating a schism in the environmental community. *Story inside*

CULTURE SPY 20

A FREIGHTED TRADITION

Opening week augurs well for the relocated venue.

לשנה טובה
L'SHANAH TOVAH
HAPPY NEW YEAR

TRY SOMETHING NEW FOR
THE JEWISH HIGH HOLY DAYS!
Celebrate with the Berkeley Jewish Community

THE SHUL PASSPORT
For the first time, Berkeley's Synagogues are joining together to offer one ticket to attend the full range of adult, family and children's services at each of Berkeley's warm, welcoming shuls.
PASSPORT INFORMATION AND PRICING
510 524 7788 • www.berkeleysp.org • info@berkeleysp.org

The suggested donations help cover costs of services. However no one will be turned away due to financial hardship.

— Participating Synagogues —
CONGREGATION BETH ISRAEL • CONGREGATION NETIVOT SHALOM
CONGREGATION BETH EL • CHABAD OF THE EAST BAY
AQUARIAN MINYAN • CHOCHMAT HALEV

DISCOUNT FABRICS
September Specials

Silks 20% off
Our Entire Inventory

Plush Fleece (compare to polar Fleece) $3.98 yd
Our entire inventory
20 to 30 colors

Upholstery & Home Décor Fabrics & Vinyls 20% off
Our entire inventory
The Holidays are coming
Spruce up some favorite furniture

Wools 20% off
Our entire inventory of Domestic and Imported wools.

Russian Linen 1/2 price $4.99 yd
Ivory Color
58" wide
$9.98 value

Blue Jean Denim Super Price $1.98 YD
Excess fabrics from Levi Strauss Co
58" to 66" wide
value to $6.98 yd

TIRED OF VISITING FABRIC STORES THAT HAVE CONVERTED TO MOSTLY ARTS & CRAFTS?
COME IN AND SEE A REAL FABRIC STORE WITH THOUSANDS OF ROLLS OF FABRIC FOR YOUR HOME!
*Previous markdowns and closeouts not included and will remain at discount prices.
OPEN 7 DAYS A WEEK FROM 10–6
VISIT WWW.DISCOUNTFABRICS-SF.COM
FOR OUR BURNING MAN SPECIALS

DISCOUNT FABRICS Wholesale Outlet
510-548-2981
3006 SAN PABLO AVE. AT ASHBY BERKELEY
CALL FOR INFO ON OUR SAN FRANCISCO LOCATIONS

CONTENTS

NEWS&OPINION

4 **Letters**
8 **Seven Days** BART leaders get police plan.
10 **Eco Watch** The battle over the big dish.
11 **Full Disclosure** A solution to parking in Oakland?
12 **News** Racist blog exists. Can we train cops to deal with it?
15 **Feature** Punk rock opera.

ARTS&CULTURE

20 **Culture Spy** A freighted and salvaged tradition.
21 **Event & Attraction Listings** Labor Day Eat-In.
24 **Museum & Gallery Listings** AmeriPEAC: Works on Paper at Berkeley Art Center
28 **Theater Review** *Awake and Sing!* at Aurora Theatre
29 **Theater & Dance Listings**
30 **Lectures & Literary Listings** Kemble Scott at A Great Good Place for Books.
32 **Body & Soul Listings** Phoenix Kwong fund-raiser at 21 Grand.
33 **Aquarium Age**

FOOD&DRINK

34 **Dining Review** Grand Tavern.
35 **Restaurants & Cafes**
37 **Mixon** Bold enough for barbecue.
37 **Food & Wine Listings**

MOVIES

38 **Movie Review** *Extract* and *Still Walking*.
39 **Movie Listings**
43 **One-Night Stands**

MUSIC

44 **Outside Lands** Live review
46 **Jucifer** At the Uptown
47 **CD Reviews** American Steel, the Minus 5, and 8 Legged Monster
50 **Concerts & Club Listings**
55 **DJ & Dance Listings**

EXTRAS

56 **Savage Love**

On the Cover *Green Day. Photo courtesy of Warner Brothers Records.*

EAST BAY EXPRESS

Publishing 50,000 papers weekly

Editorial
Editor Stephen Buel
Managing Editor Kathleen Wentz
Staff Writer Robert Gammon
Staff Writer/Calendar Editor Rachel Swan
Copy Editor/Editorial Coordinator Kate Seltenreich
Editorial Interns Ellen Cushing, Paola Lefebvre
Proofreader Claudia Bauer
Contributors Rick Campbell, DeWitt Cheng, Chris Duffey, Esther Fan, Dave Gil de Rubio, Matthew Green, Andrea Gronvall, Cole Haddon, J.R. Jones, Kathy Kiernan, Eric Klein, J. Poet, Souvik Rosell, Anneli Rufus, Jason Victor Serinus, Jamie Soja, Matthew Stafford, Kelly Vance, Jay Youngdahl

Art & Production
Production Manager Greg Travers
Graphic Designers Brian Kelly, Nicholas Wong

Business
Publisher Jody Colley
Business Manager Matthew Ayotte
Systems Managers Jonas Miranda
Bay Local Community Organizer Hal Brody

Advertising
Sales & Marketing Director Terry Furry
Sales Manager Soren Ruzie
Account Executives Ben Goenberg, Jessica Lowenthal, Mona Ortega, Brent Ringstad
Marketing Manager Sarah Hemmati

The East Bay Express is the local alternative to mainstream media. We seek to promote truth, expose wrongdoing, and give voice to the unheard. We are dedicated to local arts and culture. We aim for the highest standards in our journalism and business practices. As an independent local business, we want to help improve the health of the East Bay economy and environment. The *Express* provides a diverse work atmosphere where employees are respected and developed.

620 3rd St.,
Oakland, CA 94607
Office 510-879-3700 **Fax** 510-879-3794
National advertising 888-2-RUBEN **Fax** 602-238-4805

The *Express* is free of charge, one copy per reader. To purchase additional copies for $1, visit our office. To order a back issue for $4, or to subscribe, call 510-879-3700. Anyone found to be stealing the papers will be prosecuted to the full extent of Penal Code Section [illegible], which is punishable by six months in jail and a $1,000 fine. The *Express* is a member of the Audit Bureau of Circulation. It is published Wednesdays by East Bay Publishing LLC, 620 3rd St., Oakland, CA 94607. The entire contents are ©2009 East Bay Publishing LLC. All rights reserved.

Your partner in care.

Lisha Wilson, M.D.
AHF Oakland Healthcare Center

Dr. Wilson is an expert in the field of HIV medicine. She has 14 years of experience practicing and lectures often, educating clients and updating providers about HIV.

www.aidshealth.org • 1.888.AIDS.CARE

AIDS HEALTHCARE FOUNDATION

Cycles of Change
APC Bike Shop

DONATE YOUR BIKE
Support a non profit community bike shop!
All donations are tax deductible
(510) 898 7830
Tues & Thurs 11-5, Sa 11-3
650 W Ranger Ave, Alameda
www.myspace.com/cyclesapc

OUR ERASER DOES NOT SWIM

AS LOW AS 50¢!
ichiban Kan EL CERRITO STORE
10562 san pablo ave el cerrito
@ mueser lane In Jay Vee Center
tel 528-5210 open10 am 7 pm

RELAX.
TAKE A 60 MINUTE VACATION

COUPLES • SINGLES
FAMILIES ARE WELCOME
THE HOT TUBS
$10 Off per couple
UNIVERSITY AVE, BERKELEY

ANNAPURNA
Early
Open at 10am everyday
Long
Since 1969
Late
Closed 10pm Sun - Thurs
11pm Fri and Sat
Winner Best of the East Bay 2009
Best Head Shop
annapurnalive.com
2416 TELEGRAPH AVE. BERKELEY

NEWS & OPINION

EAST BAY EXPRESS
The Father of Proposition 8

LETTERS

Let's Rally

Thank you so much for your piece on the bigot bishop who is trying to keep me from marrying. I would like to organize a group to show the Oakland congregation that there are those disgusted by this man. If there is any way you can let me know if there will be rallies or marches. I plan on attending services to disrupt in any way I can. Thank you.

Adam Fitch, Emeryville

Civil Marriage vs. Religious Marriage

One hardly knows where to begin after reading Chris Thompson's article on Oakland's new bishop. I disagree with the idea that the gay community (referred to as the other side) was caught sleeping on Proposition 8. We knew Prop. 8 was coming, but what we were unprepared for was the vicious lies and propaganda that would be perpetrated by the anti-marriage forces. Please let me set the record straight.

The word, "marriage" covers a lot of territory. Marriage in church is a sacrament. Marriage at your county clerk's office is a legally binding contract which entitles the parties to a whole host of government benefits. What was at issue in Proposition 8 was civil marriage and not religious marriage. Therefore it is totally inappropriate for churches to get involved in civil marriage, because civil marriage has nothing to do with the Catholic Church or any other church for that matter. The idea that civil marriage could affect religious institutions is nothing less than paranoia. The well established legal concept of freedom of religion protects religious institutions to decide who gets the sacrament and who does not. To represent anything else is nothing less than a lie and a sin. Gay marriage has nothing to do with the decay of society but has everything to do with the gay community growing up and taking its rightful place in society and stepping up to the responsibilities that go with it.

George Collins, Berkeley

His Strength Is a Gift

Bishop Salvatore Cordileone participated from the beginnings of signature gathering on petitions to the ultimate passing of Prop. 8 into constitutional law. This was the only aspect of Chris Thompson's article that was completely accurate. Bishop Cordileone was a humble servant in the campaign to protect marriage's historic definition. He is unapologetically loyal to the teachings and traditions of the Catholic Church, and his gentle strength was a gift to the broad coalition of organizations known as ProtectMarriage.com. The people of the Diocese of Oakland are fortunate to have the leadership, intelligence, and quick, compassionate smile of Bishop Cordileone. The readers of the *East Bay Express* are much less fortunate to have the biased "writing" of Chris Thompson.

Ron Prentice, Chairman
ProtectMarriage.com Coalition

Marriage and Natural Law

Thank you for your story about Bishop Cordileone and Proposition 8. I am grateful that you emphasized his compassion and pastoral concern for homosexual persons. There is no guile in the bishop, simply a concern for all souls who are placed in his care. His obligation, to speak the truth in love, is to God, not man; your story seemed to illustrate that obligation, thank you.

To those who perceive the preservation of natural marriage as an assault on the dignity and rights, it is important to understand that marriage is a subsidiary society that 1) predates the state and 2) is rooted in natural law. No court or legislative body can change that objective reality. To draw others in a disordering of society that is destructive to everyone — homosexual and heterosexual. historically, this type of disordering has almost without exception led to totalitarianism. Perhaps the bishop is actually brilliant enough to know that the common good of all is served when natural marriage is preserved. After all, when was the last time you heard of a totalitarian society that tolerated open homosexuality?

Dolores Meehan, San Francisco

Where Are Your Tithings Going?

I was deeply disturbed to read about Bishop Sal's (Salvatore Cordileone) integral role in the Yes on 8 Campaign. How can a man of the church work to raise $40 million dollars to [take] away rights from people? How many migrant workers could have been fed with that $40 million dollars? How many job skills programs, ESL programs, health and wellness programs could have been funded with the money that was used to strip gay families of legal protections and dignity? A man who works to take away people's rights, rather than uplift them and alleviate suffering, is not a man to be trusted, nor revered. There's nothing holy about his union with the Yes on 8 Campaign.

The fact that he invited Maggie Gallagher who advocates the benefits of marriage but wishes to deny those benefits to same-sex couples is egregious. I debated Maggie Gallagher at Brown University in Rhode Island in September 2006 and her arguments were disingenuous. The educated students saw through her insincerity when I invited her to explore our common ground in support of helping people save their marriages. In addition to a marriage equality advocate, I am also a psychologist and have taught marriage and family therapy to graduate level counseling students for over a decade. Not surprising, she declined. Because her real interest was taking away rights from gay people, not supporting people, gay or straight, to have strong healthy relationships. How many free couples communication workshops could have been offered with that $40 million dollars? How many conflict resolution classes to reduce family violence could have been offered? Maggie Gallagher was more concerned with the reduction of white babies being born in Scandinavian countries, showing her other real agenda: white supremacy.

But in the face of her disingenuousness and her inability to convince the brown students that they should be anti-gay marriage she didn't give up. And these folks don't. They go back to their lair and mastermind another diabolical scheme to take away gay people's and women's rights. They cannot be underestimated! They are not just those kooky religious people. They are formidable opponents with sinister agendas. I mean Bishop Sal was trying to deny communion to Catholic women who use birth control or have their man use a condom. Women, guess what Bishop Sal will be working on next? Shaming you and taking away your rights!

What kind of religious leader do you want to follow, one who helps, heals, and uplifts people or one who is committed to tearing down the human soul? Gallagher, Bishop Sal and others like them have made it their life's work to take away LGBT people's rights.

Bishop Sal, I pray that you will stop misusing your power. I pray that you will have a change of heart and use your position and influence to help people like Jesus did. I also invite my Catholic friends and colleagues to examine carefully your investment in the Catholic Church. See where your tithings are going? Wouldn't you feel better knowing your church is using your money to feed, clothe, shelter, and educate people in need rather than being used to take away your gay friend's, family member's and colleagues' equality?

Davina Kotulski, Author of Why You Should Give A Damn About Gay Marriage, Oakland

Abolish Marriage

Might Chris Thompson's feelings about Bishop Cordileone be unduly harsh? The article read like a call for the villagers to grab their pitchforks and torches and storm the cathedral at Lake Merritt. It's fair enough for Thompson or the *Express* to have such views, but it's worth considering that the passing is

Letters Policy

Please provide your full name, address, and daytime phone number, although we will only print your name, city and affiliation. Send submissions to Letters@EastBayExpress.com or Letters, *East Bay Express*, 620 3rd St., Oakland, CA 94607. Letters are edited for length and clarity.

verizonwireless

OUR BEST DEALS ON BLACKBERRY.® EVER!

BUY ANY BLACKBERRY, GET ONE FREE.

GREEN DAY
21st CENTURY BREAKDOWN

BlackBerry Tour™
NOW $149.99
BUY 1 GET 1 FREE
$249.99 2 yr. price – $100 mail-in rebate debit card.

BlackBerry Storm™
OUR LOWEST PRICE EVER!
NOW $49.99
BUY 1 GET 1 FREE
$149.99 2 yr. price – $100 mail-in rebate debit card.

BlackBerry Curve™
NOW $49.99
BUY 1 GET 1 FREE
$149.99 2 yr. price – $100 mail-in rebate debit card.

BlackBerry Pearl™ Flip
NOW $39.99
BUY 1 GET 1 FREE
$139.99 2 yr. price – $100 mail-in rebate debit card.

Free phone must be of equal or lesser value. All smartphones require a voice plan with email feature or email plan. While supplies last.

BLACKBERRY RUNS BETTER ON AMERICA'S LARGEST, MOST RELIABLE 3G NETWORK.

Call 1.800.2.JOIN.IN **Click** verizonwireless.com **Visit** any Communications Store
to shop or find a store near you

Activation fee/line: $35 ($25 for secondary lines in SharePlan® lines w/ 2-yr. Agmts)

IMPORTANT CONSUMER INFORMATION: Subject to Cust. Agmt, Calling Plan, rebate form & credit approval. Up to $175 early termination fee/line, up to 40¢/min. after allowance & add'l charges apply for data sent or received. Offers & coverage, varying by svc., not available everywhere. Network details & coverage maps at vzw.com. Limited-time offers. While supplies last. Rebate debit card takes up to 6 wks. & exp. in 12 mos. All company names, trademarks, logos and copyrights not the property of Verizon Wireless are the property of their respective owners. In CA, Sales tax based on full retail price of phone. © 2009 Verizon Wireless.
93063

FIGHT CLUB - MEMBERS ONLY!
NOT GOING TO TAKE IT ANYMORE?

PERSONAL INJURY
EMPLOYMENT
CONSUMER FRAUD

TWENTY YEARS OF RING SUCCESS!

LAW OFFICES OF
MATTHEW J. WITTEMAN
WWW.WITTLEGAL.COM
EAST BAY | SAN FRANCISCO
(877) WITTLAW (948-8529)
FREE CONSULTATION

PILL HILL INSTANT PRINTING
Noobody Does It Better!"
Full service printing and copying
Serving the Community for Over 25 Years.
6323 San Pablo Ave Oakland, CA
(510) 985-1109 • phprint@sbcglobal.net

Find Movie Showtimes, Then Buy Your Tickets.

There are no lines at
EastBayExpress.com

sue for many Prop. 8 supporters is not so much same-sex marriage but, rather, a change in the nature of marriage itself. If California were considering three-way marriages, or marriages to beasts or to objects, then we'd surely see a Prop. 9 or Prop. 10. In other words, the issue isn't "gay" marriage but "changed" marriage.

I think the only way to escape the endless bickering is to separate marriage from the legal system. I believe Michael Kinsley was the first to propose this in his 2003 *Slate* article deceptively titled "Abolish Marriage." If marriage no longer carried legal "rights," then it would become completely cultural. Each religious or cultural group could decide for itself which type of marriage(s) are encouraged. One church might marry same-sex couples, another might not. Even if the marriages had no legal significance, they'd still have cultural significance — much like a Bar/Bat Mitzvah or a Confirmation.

Are there any organizations in the East Bay working for a separation such as this? If so, I'd be interested in reading about them in the *Express*.

David Goldweber, Oakland

Shame on You, Pro-Degenerate Media

It's a pathetic display to see how the pro-degenerates media tries and distorts the meaning of the victory on the ballots of Proposition 8 by assigning credit for it to a single Catholic bishop. Where was Salvatore Cordileone when we, the voters, passed Proposition 22? The only reason for Proposition 8 not winning by a larger margin was because Jerry Brown intentionally changed the wording forcing us to vote "Yes" instead of "No to gay marriages" as it was originally intended, thus confusing a lot of people. Twisted logic and labels of "bigots, right wingers, religious nuts, etc." are not going to prevent us, the workers, from defeating them again, whether in 2010 or 2022, for the degenerations of nature are always going to be rejected by the species. It's an instinct for self preservation.

Leo T. West, San Leandro

Time for a Lawsuit

My dispute with the City of Oakland over a parking ticket was described as follows: "The citation ... said that she had been parked on Waverly for more than two hours, but Sertur claimed that the parking log's initial time was incorrect."

This is in error. I had, for the second time in the past year, received a ticket after properly moving my vehicle from 23rd to Waverly within the two-hour limit posted on those streets. When I requested the activity sheet for this ticket, it showed that my vehicle was originally spotted on "23rd / Waverly / 27th / Harrison." In other words, if I had parked on ANY of these streets and then moved anywhere within this four-block zone within the two-hour limit, I could have received a ticket for a two-hour zone violation. This is in direct violation of the city's own Oakland Municipal Code 10.28.190, which restricts the two-hour limit to a SINGLE street. I appealed this ticket twice and was turned down both times, in spite of the fact that the sheet clearly shows that my initial location was not identified as any one street, but could have been 23rd, 24th, 26th, 27th, Waverly, or Harrison. This has also happened to several of my co-workers, some of whom were mentioned in the same article.

I think it is significant to note this to your readership because it shows that the City of Oakland is illegally setting people up for tickets they do not deserve, and then making it nearly impossible to protest those tickets and have unfair citations overturned. Where does the city define its two-hour zones? Is it five blocks in some areas? Is it ten? Is it an entire neighborhood? And since this violates their own city law, why are contest appeals rejected automatically, without anyone even looking at or acknowledging the evidence? My first rejection stated that I should submit evidence to back my claim, which I already had but which was ignored. Even my second appeal was rejected despite the fact that their backup for my initial location was woefully inadequate.

What the city is doing is clearly abusive, and should be stopped by the citizenry. Perhaps a class-action lawsuit? I would be a willing participant.

Karen Sertur, Alameda

Do You Ever Feel Like You've Been Had?

Of all the problems that Oakland has, now we have a parking crisis? What does one say? This parking crisis is one of our own making. It is hard to stay respectful and polite when our members of the city council do something so short-sighted. It is not just the 50 cents an hour; it is not just the extra hours until 8 p.m. It is not just the higher ticket prices. It is the feeling that "gotcha" and anything-goes-for-a-buck is the way they feel. That is what gets under the skin and makes us feel like a crime victim when we get a parking ticket.

They sometimes call us shoppers, sometimes call us residents, sometimes call us taxpayers, but they sure do not treat us like citizens. They treat us like someone to milk because they get away with it.

Most of our council did not run in a contested race to get their job. All but one of the council members represents a district that has nothing to do with where the people of Oakland live, except to make sure that some of those who live in the hills live in each district. But how do they get so out of touch with what it is like to live and work here?

A friend was telling me yesterday that a customer who got a ticket while in her cafe came back into the cafe and told her that she will never come back again. The cafe owner is in no way responsible for Oakland parking policies, but the anger and frustration of the client was very understandable. We who run businesses in Oakland get to hear how angry the citizens who get caught in this trap feel.

Parking tickets were never a very friendly way to raise funds. The way Oakland does it is something of a trap. It is set up to make it hard on the driver and increase the opportunities to ticket rather than collect parking fees.

When fees and tickets are as aggressive as ours have become, well, people notice and they do not care much about the explanations. No one likes to get tricked and cheated. To get one of these tickets is to feel robbed and violated. A 75$ surcharge for a cup of coffee is reason enough to not come to Oakland in the first place. If you live in Oakland and have gotten into your car $75 is reason enough to drive out of Oakland to a place you can park your car without running the gauntlet. Somewhere like Emeryville, Berkeley, or San Leandro, for example.

We know this "gotcha" feeling already. Oakland council found it in their hearts to stick it to landlords for damaged sidewalks and then do it again if there is a lawsuit. Is that different from how the credit card companies do their best to send bills out as late as possible and up your interest rate for a few hours past due? New homeowners and business owners get to pay higher taxes than the old big money under Prop. 13 tax "reform." Yeah, we all know the sound of "gotcha."

Now Oakland has made parking your car in our city have that same sound.

Don Macleay, Oakland

Stop Persecuting Motorcycles

Last year, my motorcycle was ticketed for an expired parking receipt even though the receipt was valid and plainly visible — I got the receipt only 30 minutes before the citation was issued and it had another hour left. I filed an objection, sending both the parking receipt and citation to the Parking Division. Ten months later my objection was denied. For insufficient information!

I was peeved, not only because denying my objection was either intentionally malfeasant or incredibly dumbass, but also because the pay-and-display meters put all motorcycle and scooter riders, not just me, in a no-win situation. Where are we supposed to display the parking receipt that it won't be stolen or even just blown away by the wind? Guess what: nowhere!

So I researched the damn meters and found that most cities using them have made provisions for two-wheeled vehicles. Some cities simply let us park free, some provide special parking slots, free or with meters that don't issue receipts, some rely on parking permits. I also learned that Oakland's City Council was aware of our problem before adopting the new regulations.

I forwarded all this info to my city councilmember, the parking division, the city administration, and a few others. Then I filed for an in-person hearing. A couple of days later I got a new notice saying, in effect, "Gee, you gave us enough information after all. The citation is cancelled."

To be fair, in my research I learned that Oakland isn't the only city hurtfully ignoring riders' issues. New York City uses pay-and-display meters, too, and makes no provision for two-wheelers. But the city council is smart enough to be considering changes.

Mike Bradley, Oakland

Rates Should Increase

I'm disappointed that some of my favorite Oakland businesses have reacted so violently to Oakland's increase in parking meter charges. I patronize numerous Oakland businesses. I go for their special goods, things like Grand Bakery's fabulous challah, Diesel's hand-picked selection of books, Bakesale Betty's goodies in a unique atmosphere. I'd lose all that if I went elsewhere to save a quarter or two on parking meter charges. And it wouldn't even make economic sense — I'd spend more in gas than I saved on the meter, especially if I went all the way out to Walnut Creek as one business owner suggested.

Councilmember Quan is correct about the extension of meter hours. It will keep park ing spaces available that otherwise would have been snapped up for the night at 6:00. That's far more discouraging to the would-be business patron than paying a little bit for the space. Many business districts — like South Beach in San Francisco — have long charged for evening parking.

Indeed, today's best parking practice prices spaces so that about 85 percent are full at all times. The public (the city) gets full revenue from this scarce resource of parking, yet drivers can always find a space. Rates for different areas and times are determined by surveys of actual use. But I'd guess that this policy would lead to as many increases in Oakland parking rates as decreases. Some cities share that revenue between citywide needs and improvements in the neighborhood where it is collected, providing a direct benefit to local merchants.

This "Great Recession" is a bad time for almost everyone in the economy, so it's not surprising that small businesses are nervous. But a long-overdue effort by Oakland to rationalize at least part of its parking policy should not be the victim of that.

Nathan Landau, Oakland

Tickets for Taxation

In "Other Parking Enforcement Complaints," the sidebar to your main article about the parking rebellion in Oakland, you note: "frustrated drivers worry that [parking tickets are] another city tool for closing the budget gap." Well, worry no more — at least in Berkeley!

I was at an organic cafe just west of Hanksville, Utah a couple of months ago when a couple of vacationers walked in. The woman's companion happened to mention that she was a Berkeley city councilwoman, and I said, "Oh, I'm from Berkeley — what's your name?"

Linda Maio.

I then said, rather pointedly, "By the way, I've been meaning to talk with you about the parking situation."

If marriage no longer carried legal "rights," then it would become completely cultural. Each religious or cultural group could decide for itself which type of marriage(s) are encouraged

Rolling her eyes and asking her partner, "Did I really want to have this conversation here?" she said, "Well, we have to raise money somehow." So there you have it. We Berkeleyans needn't "worry" if parking tickets are a "tool for closing the budget gap." They are!

And that's tourism in the 21st century: Make up rules that people will break, make them more aggressive, jack up the rates, and send the police to collect the taxes.

For her part, Linda pointed out that Berkeley is under a lot of stress because the University doesn't pay its share. It must be made to do so. One way or the other.

But using the police to extort money to cover the budget gap is "inherently" objectionable and on sooo many levels. Throw the bums out! Are they really doing "anything" for us?

John Howe, Berkeley

[illegible]

Smart Growth Ain't

As a native, I can't help wishing Berkeley had stopped growing between 1970 and 1980. While it is possible that even denser urban development may reduce people's commutes and consequent greenhouse gases, it's more possible that it will lengthen the commutes of groceries. I have yet to hear a Smart Growth advocate give a good answer for where the food is coming from.

As an engineer, I am not thrilled with the wonderfulness of the LEED standards. Their micro-minutiae lets obscure the forest (while no doubt extracting stacks of paper for listing). Concepts such as passive solar are chopped into little bits and carefully hidden in plain sight. And LEED seems to be blind to abuses such as leafblowers and lawnmowers, not to mention the diesel trucks that often chauffer them around!

Muriel Strand, SustainableSacramento.blogspot.com, Sacramento

[illegible] East Bay Tale of [illegible]

Union Leaders? Try Union Misleaders!

It's becoming very clear that Ray Youngdahl doesn't understand what it is that the labor movement is facing. To start with, what he calls "union leaders," these are actually misleaders, most of whom never worked in the trade they represent but are intellectuals with university titles, including lawyers like Mr. Youngdahl who think they know it all, who started working in the union hall and climbed up from there. Their strategy is to collect the dues; therefore the strike doesn't enter into their plans at all, as exemplified in the BART negotiations, where workers are blackmailed into submission by making them vote until they "get it right" and agree to the concessions demanded by management. In this respect, Robert Gammon also wrote a little slutty note siding with BART's management, in solidarity with his colleagues at the *Oakland Tribune*.

The contract that the ATU misleaders are putting up for vote to its members, among other concessions, screws up the new hires by increasing the waiting time to be entitled to retirement benefits from five years to fifteen. A great way to divide the workers! Courtesy of your misleaders.

Management is always ready to show the books when they're really losing money but, when times are good, they still demand concessions and the books are not available. At NUMMI, Toyota started to blackmail the workers right after GM decided to withdraw, with the support of state Democrats and corrupt, sell-out union misleaders. On the national level, criminal union misleadership has been pouring workers' money into the coffers of the Democratic Party to get Barack Obama elected and the workers get record unemployment, illegal scab labor, and not even support for the bureaucrats' pet issue, The "Employee Free Choice Act."

OBAMA, YO MAMMA!!!

Antonio Traverso, San Leandro

Print Beautiful.

Postcards. Greeting Cards. Business Cards.

Get 100 Recycled Business Cards FREE!*

We're so sure you'll love our business cards printed on recycled paper, we'll print 100 of them for you for free!

Visit www.4by6.com or call 866.834.6726

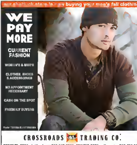
*Use discount code CBC100 at checkout. Make sure to select the "4/4 Recycled" option when placing your order. Shipping not included. Expires 9/30/10

Recycled Business Card Pricing

Qty	Price
25	$10
50	$15
100	$25
200	$45
250	$55
500	$85

4by6.com

The Creative Postcard Printing System


our shattuck store is now buying your men's fall clothing!

WE PAY MORE

CURRENT FASHION

WOMEN'S & MEN'S

CLOTHES, SHOES & ACCESSORIES

NO APPOINTMENT NECESSARY

CASH ON THE SPOT

FRIENDLY BUYERS

Photo: TERESA KLOSTERMANN

CROSSROADS TRADING CO.

BERKELEY: 2338 shattuck av 510 843 7600 OAKLAND 5636 college av 510.420 1652
www.crossroadstrading.com

have you seen the savings?

At Site for Sore Eyes, not only will you find thousands of designer frames, lenses made from the latest cutting-edge technology and a range of contact lenses, but you'll also be treated to the most attentive service and the best prices around. What else would you expect from The Eyewear Boutique?

Site for Sore Eyes

Now accepting more insurance plans than ever!

$100 OFF

2174 Shattuck Ave, Berkeley (510) 841-6963
SiteForSoreEyes.com

30 YEARS

Book an eye exam appointment online today.
Eye examinations are available by Sterling VisionCare, a California-licensed Vision Health Care Service Plan

SEVEN DAYS

BART LEADERS GUT POLICE PLAN

Agency officials secretly weakened a police oversight plan to gain approval. Plus, two UC Berkeley employees help crack bizarre kidnapping case.

By Robert Gammon

After a BART cop killed Oscar Grant, it became clear that the agency's police department needed better oversight. Public outrage over the killing prompted the BART board of directors to devise a plan that included a citizens review panel that would investigate police misconduct. Some critics said the oversight plan was not tough enough, but the proposal appeared to be a positive step and the BART board approved it last month. But then two weeks ago some members of the board secretly gutted the plan in an attempt to gain approval from the Legislature.

Under the watered down plan, the BART board would no longer have power over police discipline. Instead, authority would be left to the BART police chief and the agency's general manager. So if the citizens review panel recommended that a police officer be suspended or fired for misconduct, the chief or the general manager could ignore that advice and the elected board would have no recourse other than to fire the officials. In other words, the new oversight proposal contains no meaningful reform.

Assemblyman Sandre Swanson of Alameda, who is carrying the plan in the Legislature, said BART leadership decided to weaken it because of opposition by a statewide police officers' group. Swanson and BART leaders realized they could never get legislators to approve the plan before their year-end recess if it faced significant opposition from the Peace Officers Research Association of California. Such opposition would require legislative hearings, thereby postponing a vote until next year. So agency leaders decided to water down the plan because they are determined to have some version of it in place before the one-year anniversary of Oscar Grant's death.

The closed-door decision raises questions about public transparency and whether the new plan has the support of the entire board. Agency spokesman Linton Johnson said the full board was informed of the changes last week, but had no plans to hold hearings or vote on it. He said the agency views the revised plan as a stopgap measure and hopes the Legislature will approve the original proposal sometime next year. The revised measure could appease some but, in reality, it's not much better than the current system, which so far has only held one person responsible in the death of an innocent, unarmed man.

UC Berkeley Helps Nab Rapist

It's no secret that Christian proselytizers have descended on Sproul Plaza in increasing numbers in recent years. Phillip Craig Garrido of Antioch apparently wanted in on the action. But that led to two UC Berkeley employees helping to nab the fiend, who allegedly kidnapped eleven-year-old Jaycee Lee Dugard, raped her, fathered her two children, and forced her and her kids to live in squalid conditions for eighteen years. UC Berkeley special events manager Lisa Campbell said that she first realized something was strange about Garrido when he showed up with his two "robot"-like daughters and said he wanted to discuss holding an event called "God's Desire," according to the *Contra Costa Times*. UC Berkeley police officer Allyson Jacobs also thought Garrido strange, so she checked him out and quickly discovered he was a registered sex offender. She then called his parole officer, who later got Garrido to admit to kidnapping Dugard in 1991.

Housing Up and Way Down

A national housing index reported the first quarterly rise in the housing market in three years, according to the *San Francisco Chronicle*. The S&P/Case Schiller index grew 2.9 percent for the three months ending June 30 — the first increase since 2006. In the Bay Area, it showed a 3.8 percent rise. But some economists credited the uptick to the government's $8,000 tax credit for first time home buyers. The credit is scheduled to expire November 30, and if Congress does not extend it, then housing prices could tank again.

At the same time, the *Chronicle* reported that the Bay Area is swamped with very cheap properties, especially in Oakland, Richmond, Pittsburg, Antioch, and Vallejo. Condos listing for as low as $20,000 to $30,000 are becoming more common, as are single-family homes of less than $60,000. Some real estate professionals say banks are increasingly pricing homes aggressively to unload them. However, many of the properties need a lot rehabbing.

Three-Dot Roundup

Toyota announced the closing of the NUMMI auto plant in Fremont next March. The plant was Alameda County's largest private employer with 4,700 workers, but its closure could result in the loss of up to 50,000 area jobs because so many other businesses depend on it. ... BART drivers and station agents officially agreed to a new contract after threatening to strike and getting no public sympathy. ... Berkeley's new downtown plan appears headed for the ballot. ... Oakland police arrested the foster parents of little Hasaani Campbell on suspicion of killing the five-year-old Fremont boy and then making up a story about him going missing in Rockridge. ... Another innocent bystander was killed after Oakland police followed an "erratic" driver on a high-speed chase through a residential neighborhood. Prosecutors charged the driver with murder. Marquita Sudes of Pittsburg was the third innocent person killed in a high-speed police pursuit in the East Bay this year. ... US Attorney General Eric Holder announced that his office would investigate CIA interrogators but not top officials who authorized torture, such as UC Berkeley professor John Yoo. ... And Fox News host Glenn Beck, who lost dozens of sponsors after calling Barack Obama a "racist," used a 2005 *Express* article to attack Van Jones, an Oakland activist who became an advisor to the president. ●

Seven Days is culled from our news blog, 92510, which you can find at EastBayExpress.com/Blogs.

TOUR DE FAT
FAT TIRE
AMBER ALE
NEW BELGIUM
WOULD U TRADE UR CAR 4A BIKE?
Brewed & bottled by New Belgium Brewing Fort Collins CO

Tour de Fat
SAN FRANCISCO

SEPT 26, 2009
SPEEDWAY MEADOW IN GOLDEN GATE PARK

ADMISSION & HIGH FIVES
FREE
NewBelgium.com

BAY AREA RIDGE TRAIL COUNCIL
BICYCLE COALITION
sfbike.org

REGISTER – 10AM–11AM   BIKE PARADE – 11AM–12PM
COMMENCE REVIVALATION – 12PM - 5PM

SUSTAINABLE SUPPORT
SF CLEAN CITY COALITION

FUNdraiser for San Francisco Bike Coalition & Bay Area Ridge Trail Council

FEATURING
MARCH FOURTH MARCHING BAND
SEAN HAYES
SQUIRM BURPEE CIRCUS
DAREDEVIL CHICKEN CLUB

HW
Harlan Wong, O.D.

Eye Exam + Contacts or Glasses
$119

Eye Exam + Disposable Contact Lenses
$154

1828 SHATTUCK, BERKELEY
510 843 4030

Broadway Pet Hospital

We now offer our clients secure online access to all your pet's health information. Call to learn more or visit www.broadwaypethospital.com

(510) 653-8212 4920 Broadway Oakland

Find Movie Showtimes, Then Buy Your Tickets.

There are no lines at
EastBayExpress.com

ECO WATCH

THE BATTLE OVER THE BIG DITCH

A fight has broken out among environmentalists over a newly proposed peripheral canal. Backers say it could save the delta and protect our water supply, but critics contend it will do more harm than good.

By Robert Gammon

It's unclear what impact a proposed peripheral canal would have on the delta, but one thing is clear: the delta in its current state isn't working.

When a proposal for a peripheral canal came before voters in 1982, environmentalists universally opposed it. The canal, which would have run around the east side of the Sacramento-San Joaquin Delta, was rightly viewed at the time as a water grab by Southern California developers and Central Valley agribusiness. But since then the delta's ecosystem has nearly collapsed and its fragile levees have continued to crumble. As a result, the governor and state legislative leaders are once again discussing a peripheral canal plan, and this time it's creating a schism in the environmental community.

Proponents of the canal, which include the Nature Conservancy, say neither the delta's severe ecological problems nor the state's water shortage can be solved without it. "The delta has not worked, and is not working," said Leo Winternitz, delta project director for the Nature Conservancy. Proponents also point to the work of UC Davis' Jeffrey Mount, who probably knows more about the delta's levees than anyone and says that without a peripheral canal, a major earthquake on the Hayward Fault would collapse the levees and inundate the delta with saltwater, thereby destroying the freshwater supply of more than two-thirds of the state's residents.

However, opponents, including Friends of the River and the California Sport Fishing Protection Alliance, say a canal would rob the delta of essential freshwater at a time when major fisheries, including salmon, are already in serious trouble. They also maintain that if the state builds a giant canal as proposed, Southern California interests and big agribusiness will exert political pressure to divert even more freshwater in the future, thus by ensuring the delta's destruction. "The problem is that no one wants to talk about the elephant in the room," said Bill Jennings, executive director of the fishing protection alliance. "California has already over-appropriated its water supply."

Currently, there are no immediate plans for a peripheral canal. Instead, the legislature has been holding hearings on establishing a statewide commission that would have extensive power over the delta and could authorize a canal. The commission idea is being pushed by state Senator Joe Simitian, a Democrat whose constituents in Santa Clara County depend on the delta for freshwater supplies. Governor Schwarzenegger also supports a canal, along with building new dams.

Understanding the current canal debate requires a bit of background on how the delta "works." The delta gets its freshwater from some of Northern California's largest rivers — the Sacramento, the San Joaquin, and the Mokelumne. But the delta was altered substantially in the past century, first by the construction of levees to make way for farms, and then by the creation of the State Water Project, which has been siphoning about 6 million acre feet of water a year and sending it south. Fresh water from the delta is supposed to flow into San Francisco Bay, but instead a substantial portion of it is sucked through pumps in the southern delta near Tracy. This water then slakes the thirst of more than 22 million California residents — including most of the southern Central Valley, Southern California, and much of Contra Costa and Santa Clara counties. Most of Alameda County, including Berkeley, Oakland, and Alameda, gets its water directly from the Mokelumne River before it empties into the delta.

But the changes to the delta have caused several major problems. First, the siphoning of freshwater has severely damaged the delta's health and brought fisheries to the brink of extinction. In addition, millions of fish, particularly the Delta Smelt, are shredded each year in the giant pumps. And finally, the pumps reverse the natural flow of water in the delta, thereby trapping migrating fish and making them more vulnerable to predators. "It's a black hole — fish get caught there and can't get out," Winternitz explained.

Proponents of the canal contend that it will eliminate fish shredding and help plug the black hole. Under a plan floating around the capitol, the peripheral canal would take freshwater from the Sacramento River before it reaches the delta and then divert it around the delta to the southern pumps. State-of-art fish screens, in turn, would keep fish out of the canal. In addition, the canal would act as a safe harbor for the state's freshwater supply in case of a major quake.

Some opponents of the canal, on the other hand, refer it derisively as the "Big Ditch" because it could be nearly as large as the Panama Canal, running up to 50 miles in length and extending up to 700 feet in width. And with a potential $15 billion price tag, the canal could do more harm than good. Currently, freshwater from the Sacramento flows through the delta on its way to the southern pumps. But a canal would siphon a substantial amount of freshwater before it reaches delta in the first place. The absence of essential freshwater, in turn, could turn the delta much more salty, thereby ruining fish habitat and leaving delta farmers without enough water for their crops.

Some environmental groups say they'll fight the canal unless there are ironclad guarantees of enough freshwater for the delta. "It needs more freshwater than it has been getting for the past several decades," said Tina Swanson, executive director of the Bay Institute. "We have exceeded the capacity of the system." But other groups are less confident that any such guarantees will ever be made. "We could be convinced to support a peripheral canal if we were having discussions about what we need to do about fisheries, but we are not," said Jeff Miller of the Center for Biological Diversity, which has fought several court battles to protect the smelt. "Instead we're having this massive infrastructure project jammed down our throats."

Other environmental groups, meanwhile, likely won't support a peripheral canal under any circumstances. They argue that the fish shredding problem could be greatly improved right away if the state were to install proper screens in front of the southern pumps. They also advocate shoring up levees to protect against future quakes. And they say that once a canal is built, any guarantees about freshwater flows to the delta will bow to future political pressures from the East Bay, the South Bay, Southern California, and big agribusiness.

From the perspective of Bill Jennings of the fishing protection alliance, the delta's problems will continue until California stops subsidizing water-intensive crops in the dry southern and western Central Valley. He notes that agribusiness already takes 70 to 80 percent of the state's developed water, and a significant portion of it is wasted on nonessential, innovative crops that represent only a fraction of California's economy. "We can serve our urban water needs, and we can serve most of our agricultural needs, but we can't continue to subsidize farming in the desert," he said, adding, "We have to ask ourselves, how much do we sacrifice of this public resource for benefit of a small sector of the economy." ●

Got green ideas? Send tips for stories to EcoWatch@EastBayExpress.com.

FULL DISCLOSURE

A SOLUTION TO PARKING IN OAKLAND?

A UCLA professor says the city should raise or lower parking meter prices based on whether parking spots are available. San Francisco is about to try it.

By Robert Gammon

When the Oakland City Council gets back to business this month, the controversy over parking meters will be one of the most contentious issues it faces. The council's vote in late June to extend meter hours and raise parking prices sparked a strong backlash in Oakland's retail community. Some retailers say the changes have driven away customers and they're demanding that councilmembers reverse course. And while it's possible that some members of the council will do so, they should also take a closer look at what other cities are doing — especially San Francisco and Redwood City.

Those two cities are among several nationwide that are testing the theories of UCLA professor **Donald Shoup**, who has become a sort of parking guru for his research on market-based pricing. Shoup believes that the price people should pay for parking depends directly on how difficult it is to find a parking place. If there are no spots available, then parking meter prices are too low. And if there's plenty of parking, then prices are likely too high. "It's about getting the price right," he told Full Disclosure in an interview last week. "You don't want to charge $1 an hour in a business district that is half empty. If you do, then the price is too high."

According to Shoup, you know you have reached the right price when about 85 percent of the parking spaces are full. At that capacity, a business district should thrive, while still leaving enough empty spaces so that new shoppers won't have to search for a place to park. The professor also believes that cities should reinvest at least a portion of parking proceeds back into the neighborhoods from which they came in the form of sidewalk improvements and other amenities. That way, you get buy-in from local retailers.

Robert Gammon

San Francisco and Redwood City are both about to implement Donald Shoup's parking recommendations.

TURN SMALL CHANGE INTO BIG CHANGES!
SAFETY • CLEANLINESS
LIGHTING • MAINTENANCE

Consequently, Shoup believes the Oakland City Council made several errors in its parking program. First, the council shouldn't be using parking meters as a cash register for its general fund, he said. "You shouldn't set the price to raise money, but to manage supply," he explained.

Second, the council is micromanaging when it sets parking meter prices for every district in the city, he said. Instead, the council should delegate those responsibilities to city staffers who then set prices based on how difficult it is to park. As a result, it makes no sense for parking prices to be the same in busy districts, such as Rockridge and Lakeshore, as they are in less crowded ones. In addition, parking meter prices should fluctuate during the day, based on how tough it is to find a place to park. It makes no sense, Shoup said, to charge the same price at 8 a.m. when stores are closed as at 1 p.m., during the height of the lunchtime rush.

As for people who say they won't shop in a busy business district unless they can park for free, Shoup says cities and retailers should ignore them. "They will be replaced by people who will pay," he said. "And if you're a waiter who wants a bigger tip or a business that wants people to spend more, who would you rather have as a customer — someone who will only come if they can park for free, or someone who is willing to pay?"

San Francisco is about to embark on the most ambitious market-based pricing program in the country based on Shoup's work. It's called SF Park, and beginning early next year the city will set prices at 6,000 parking meters and 12,250 city-owned garage spaces based on how difficult it is to find parking. The city's Municipal Transportation Agency will monitor parking availability in each of the test areas and then gradually raise or lower prices every four weeks in each district until one out of every ten spaces is open at any given time. "The goal is to make it easy for people to find a parking space, so that they don't double-park or circle the block repeatedly looking for a space," explained **Jay Primus**, manager of SF Park. During the two-year test, rates will not only fluctuate by block, but also at different hours of the day.

San Francisco, however, is not following all of Shoup's recommendations. First, revenues from the program will go neither to the business districts nor the city's general fund, but to MUNI for public transportation improvements. Second, the city has not yet decided whether to extend meter hours into the evening or to allow for unlimited evening parking for a price. And finally, the city's test program may not be exactly transferable to Oakland, because it will cost $24.75 million to implement — 80 percent of which comes from a federal grant.

Oakland, however, may be able to do a much cheaper test. A substantial portion of the funding for San Francisco's program will pay for new parking meters and electronic street sensors that tell when a space is occupied. Oakland can't afford to buy sensors without securing a grant of its own, but it has a leg up on San Francisco, because it has already installed multi-space parking kiosks in several business districts. The kiosks are perfect for Shoup's program because prices can be changed easily and because they allow for credit card payment. Letting people pay with credit cards is essential, because it means they don't have to stock up on coins or keep track of changing prices.

Redwood City, meanwhile, chose to simply implement Shoup's theories rather than test them. The Peninsula city is using market-based pricing in its downtown, and then directs the revenues back to the downtown in the form of improvements. Redwood City also has multi-space kiosks that take credit cards, and it allows people to park for as long as they want if they pay for it. "As long there is always a space available when people show up, who needs time limits?" said **Patrick Siegman**, a principal at the consulting firm Nelson/Nygaard, which has advised Redwood City and San Francisco, along with other cities, on their parking programs. Siegman said both San Diego and Ventura also are testing Shoup's theories.

So will market-based pricing work in Oakland? "I think Oakland definitely needs to explore it," said Councilwoman **Pat Kernighan**, who represents the Grand and Lakeshore business districts where the council's changes have received the most criticism. Kernighan has expressed a desire to roll back the meter hours to 6 p.m., as they were before, although she says city staff told her such a move could cost Oakland $1.3 million in revenues and force the council to slash even more from the city's already lean budget. Kernighan also noted, however, that Oakland has never conducted a thorough examination of how its parking policies and rates affect retailers, sales tax revenues, and overall commerce development in the city.

As for the retailers, the most vocal critic has been **Allen Michaan**, owner of the Grand Lake Theater. Michaan said he was aware of Shoup and his research, but said he doesn't think it will work in Oakland because the city is surrounded by other cities with thriving shopping districts. If Oakland were to raise parking prices in any of its business districts, then shoppers could simply head to Alameda, Berkeley, or Emeryville, he said. "It might work in San Francisco, but not all communities are the same," he said. "For instance, Oakland has a bad reputation for crime. It's a perception, real or not. But it's there. And then if you add overpriced parking and you add an overpriced parking ticket, it creates more animosity toward the city."

Michaan is most angry about the parking ticket increase, the zealousness of parking meter attendants, and the extension of meter hours to 8 p.m. But he also indicated that parking meter prices are too high because he said a city-owned parking lot nearby is now usually empty (Kernighan said the same thing). He said his business is down considerably, and in mid-September he plans to stop offering weekday matinees Monday through Thursday, because they aren't worth it. The move, he said, will force him to lay off employees or cut their hours.

While it's tough to watch successful Oakland retailers hurting, Michaan's experience may be more of an argument for Shoup's theories than against them. If Oakland adopted market-based pricing and found too many empty parking spaces near the Grand Lake during the daytime, then the city could just lower prices until 85 to 90 percent of spots became full. But as it stands, the city has no way of adjusting properly for Grand Lake without affecting other businesses districts — possibly unnecessarily — and without hurting its bottom line. ●

SUMMER SIDEWALK SALE

FOURTH STREET SHOPS
BERKELEY

LIVE MUSIC • FREE PARKING
store listings @ www.fourthstreet.com

Fourth Street @ Hearst * Berkeley * 40-60% OFF participating stores may vary * Saturday Sept 12 * 11-6am

Heald
COLLEGE
EST. 1863

Train NOW for an exciting career in
MEDICAL
ASSISTING

Or choose Healthcare training in
DENTAL ASSISTING
MEDICAL INSURANCE BILLING & CODING
MEDICAL OFFICE ADMINISTRATION
PHARMACY TECHNOLOGY

Get in. Get out. Get ahead.
- Lifetime career services assistance for graduates
- Financial aid for those who qualify
- Day and evening classes

Ask about our NEW Construction Management & Pharmacy Technology programs!

CALL TODAY!
1-888-278-8297
Bay Area Campuses: San Francisco • San Jose • Hayward • Concord
www.ChooseHeald.com

SUMMER
JOBS!

To Repeal Prop 8
Earn 1340 to 2140 month.
Work for Grassroots Campaigns Inc on behalf of
Equality California to restore equal rights in CA
F/T and Career. Call Cameron
East Bay 510-848-1754, SF 415-447-9396
Santa Cruz 831-421-9599

This video displays the exact moment at which Oscar Grant was shot by officer Johannes Mehserle

RACIAL BIAS EXISTS. CAN WE TRAIN COPS TO DEAL WITH IT?

The Oscar Grant shooting calls into question police training for critical incidents.

By Micky Duxbury

There have been well more than one million Internet viewings of the videos showing the killing of Oscar Grant. The grainy and often chaotic videos show Grant sitting on the BART platform with his arms above his head. Then he is on his knees with his arms outstretched, looking as though he is trying to protect himself. Several officers pull him face down on the platform and after what appears to be a struggle, Officer Johannes Mehserle steps back, pulls a gun and shoots Grant in the back.

President Obama has described the incident between Henry Louis Gates and the Cambridge police as a "teachable moment." Across both the country and the political spectrum, the role that racism, rage, and racial bias might have played in that incident has been dissected and analyzed. In the Bay Area, we have a "teachable hour" when it comes to the New Year's Day killing of Grant. That hour could be used to look at whether police training adequately addresses the possibility that police officers' perception of danger can be influenced by racial bias.

The Commission on Peace Officer Standards and Training is mandated to train for critical incidents and the use of lethal force. The commission was established by the California Legislature in 1959 to set minimum selection and training standards for state law enforcement. Every police officer in California, including BART police, receives his or her training from a curriculum developed by the commission.

"All BART officers are trained for critical incidents and the situation with Oscar Grant was one of those," said Sergeant John M. Sandoval, a spokesperson for the BART Police Department's Personnel and Training Section. "But each incident is unique. The officer's reactions will be different when the adrenaline is going and whether he is a new or seasoned officer. You don't know how you are going to react, and we cannot train for every possible incident. Each critical incident that an officer has helps him deal better with the next one." And yet the cumulative effects of Mehserle learning from other critical incidents obviously did not save Oscar Grant.

When asked if Mehserle's training addressed how racial bias might influence the way that officers react in crisis situations, Sandoval said that the training does not get into that degree of specificity. All BART officers do evidently view a video on racial profiling, said Sandoval, who offered to arrange a viewing of the video. But that opportunity was rescinded after BART spokesperson Linton Johnson wrote via e-mail that "the opportunity to review training videos is no longer available." Johnson then referred all inquiries to BART's outside legal counsel, attorney Dale Allen.

Allen was asked if BART's police training addressed the possibility that responses to critical incidents might be influenced by racial bias. After conferring with the BART board, Allen returned with a polite "no comment."

Training on when to use lethal force didn't seem to make Officer Mehserle pause before firing that fatal shot. Would a different kind of training have made make it less likely that an unarmed man lying face down would be shot in the back?

Officer Mehserle is said to have received much of his basic police training at the Napa Police Academy. Although director Darmen Sandoval would not confirm or deny that Mehserle attended the academy, he said he is not sure that any curriculum could get at the extent to which attitudes about race might play a role in incidents involving lethal force. "Our training covers the use of lethal force and racial profiling, but do we try to assess what is going on in the mind of an individual officer?" Sandoval said. "All people receive lessons about race that cuts across racial lines. How do you get underneath one person's life's experiences to look at their possible behavior under stress?"

If police academy curricula don't address that issue, who does? Sandoval said that many BART police officers attend the Museum of

Tolerance in Los Angeles, where training seeks to strengthen ethical decision making. Training program director Sunny Lee-Goodman said the problem with racial bias is getting people to acknowledge it. "It comes down to providing a safe enough environment to have a nondefensive discussion without fear of repercussions or litigation," Lee-Goodman said. "No one wants to be accused of being a racist, so we find ways to get officers to look at their bias without the fear of being labeled. By the time you get to a critical incident, if you have not thought this through, it might be too late."

Matters related to racial profiling are complex, notes East Palo Alto Police Chief Ronald Davis, an expert on the topic. "Most officers are trying to do the right things for the right reasons, but may be unaware of their biases," said Davis, who formerly worked at the Oakland Police Department. "All officers — white, black, or Latino — can be influenced by bias because the greatest creator of bias is experience. If all officers do is stop black males in baggy pants, some of whom are dealing drugs, what is going to happen to that officer? The more you get officers to engage with diverse communities in nonenforcement, nonadversarial relationships, the more officers can start judging people by their behavior and not by their racial profile."

Community policing is an admirable goal, but it takes extra time and money when counties are struggling. What to do in the meantime about officers with conscious or unconscious racial biases? "We have methods we can use to screen out the obvious racist," Davis said. "The bigger problem is the screening of the larger percentage of officers that might have implicit bias that they are not even aware of."

That is precisely what the latest research in racial stereotyping and criminality shows. Jennifer Eberhardt is a professor of social psychology at Stanford University and is the founder of the Policing Racial Bias Project. The project's goal is to develop partnerships between social psychologists and law enforcement in order to share information and generate new research on the influence of racial bias in policing. Eberhardt and her colleagues argue that the association of black Americans with criminality leads to significant changes — not simply in how we feel, think, and behave, but in how we actually see. "Starting in the 1970s, research showed that black males were viewed as more threatening and dangerous. And over the last five years, we have been examining what that means in the context of policing."

In one of Eberhardt's studies, participants were exposed to black or white faces shown so rapidly that they could not be detected. Then subjects were shown partially degraded objects that were slowly brought into focus. Some were crime objects like guns and knives and some were not relevant to crime at all. "What we found is that if the participants were subliminally exposed to black male faces, that exposure led them to detect the crime objects sooner," Eberhardt said. "Exposure to white faces actually inhibited their detection of crime objects. Blacks were significantly more likely to be seen as criminals and whites were not only seen in a neutral way, but were seen as less criminal."

Eberhardt pointed to Joshua Correll's work at the University of Chicago as having additional ramifications for police training. "Correll's subjects are looking at scenes with either black or white people popping up. Some of them have weapons and some do not, and the subjects have to respond with a shoot button. What they found is that subjects were faster to shoot when they saw a black person with a gun than when they saw a white person with a gun. They were also much more likely to make an error by shooting a black person without a gun than they were if it was a white person without a gun."

Lorie Fridell, an associate professor of criminology at the University of South Florida, is one of the developers of a new project called Racially Biased Policing Training, funded by the Department of Justice's Office of Community Oriented Policing Services. "We train recruits to see when their policing is based on stereotypes, and they learn that impartial policing makes them safer and more effective, as well as more just," Fridell said. "Anytime you hire human beings, and police are human beings, you are going to run into implicit bias. By characterizing that problem as not just about bad people but about well-meaning people that are human like the rest of us, it changes the nature of the discussion."

Chief Davis is glad to see the application of Eberhardt's research in new police training. "When bias attaches criminality to one group, it raises fears and can lead to officers being overreactive," he said. "No one would deny that we live in a society where racism still exists, and police departments, like all organizations, are reflective of our society. Either we work harder to keep biases in check or we will keep having disparate outcomes, and minority communities will keep losing trust and confidence."

When asked what gives her hope for the future in the face of pervasive racial bias, Eberhardt, who is African American, had this to say: "I became involved with law enforcement to try to change the dialogue about the role of race and policing. The dominant impression of someone that is racially biased is that they are bad people who are motivated to act in bad ways. But research has shown us that racial bias is much more pervasive than that. The fact is that we are all socialized to associate blackness with danger and crime. So we have to deal with that — all of us — not just people that have antiblack attitudes. We are all victims of this and we need to work together to develop solutions."

Police are just like the rest of us. They have grown up in a society that has a long and troubled history with racism, so they have developed stereotypic biases — biases that have been proven to cut across racial lines. Research shows that when police are trained to be aware of those biases, they are able to make changes so that their policing can become more fair and equitable. There is hope in this new approach to police training, but it will be years before it is used nationwide, and more research is needed before it can be incorporated into training for critical incidents, especially those involving lethal force.

The discrepancy between that hope and the reality of police shootings of people of color is a chasm of such magnitude that it defies description. "The disparity between how some police treat young black men was evident on the videotapes of Oscar Grant's killing," said Jakada Imani, executive director of the Ella Baker Center for Human Rights. "Make no mistake about it, if a bunch of black police had a few white young men on a BART platform, and one of them then was killed like this, you would have seen immediate arrests and you would have seen the police chief of BART fired. Many folks might want to believe that we live in a post-racial era when, in fact, we do not. The life of young black men has to mean something more than what it does — not just to the police, but to the whole society." ●

Feedback@EastBayExpress.com

Careers & Education

CALL TO ADVERTISE 510-879-3800

Now Is The Time To
Work from Home. PT/FT. Hard Workers Only
www.AchieveLots.com

Earn $75 - $200 Hour
Media Makeup Artist Training. Ads, TV, Film, Fashion. One week class. Stable job in weak economy. Details at
www.AwardMakeUpSchool.com
310-364-0665 (AAN CAN)

High School Diploma!
Fast. Affordable & Accredited. Free Brochure. Call Now! 1-800-532-6546 Ext. 97
www.continentalacademy.com (AAN CAN)

Learn Portuguese
Individual or group classes. All levels. Teacher with 25+ years experience. Ask my happy students. Competitive rates.
Maria 510-836-0128

Bodyguards Wanted
Free Training for members. No Experience OK. Excellent $$$. Full & Part Time. Expenses Paid When you Travel. 1-615-228-1701
www.psibodyguards.com (AAN CAN)

Retail Sales Associate
Established Berkeley Clothing/Footwear retailer seeks Experienced Sales Associates. Qualified candidate must be Enthusiastic, Motivated, High Energy and People Friendly. We are a highly "sales" oriented company. The right candidate must have excellent customer service ability, be able to work within an established strong team of associates, be responsible, and look at this position as long term. Position is 24-32 hours per week, depending on the individual. Experience in retail clothing and footwear is preferred.
We offer an excellent pay, performance bonus, clothing & shoe discounts, and health benefits.
To apply email your resume to i4ejobs@comcast.net

PT call center
Hourly. Bonus. Top reps earn $20 hr. Media Promotions. Concord at Bart. 925-521-1590 Fremont near Bart 510-505-1700

Support Low Income Women with Cancer
Volunteer Women Acupuncturists, Bodyworkers, Drivers, Support Staff. Spanish & Chinese Language Interpreters needed. Women of Color Especially Welcome.
510-601-7660 ext. 21

Learn to Bartend
Thousands trained and placed.
$199 Tuition Ends Soon!
Nation's Largest 888-901-TIPS(8477)
www.abcbartending.com

Summer Jobs!
To Repeal Prop 8 Earn $1340 to $2140 month. Work for Grassroots Campaigns, Inc. on behalf of Equality California to restore equal rights in California. F/T and Career. Call Cameron.
East Bay: 510-848-1754
SF: 415-447-9396
Santa Cruz: 831-421-9599

Train to be a Crisis Intervention Counselor
Crisis Support Services of Alameda County needs volunteers to answer our 24 hour crisis lines. Most of the work provided by our crisis line volunteers involves supportive communication with people who are struggling with difficult life transitions or situations. Previous experience is not necessary, we offer comprehensive training and ongoing support. **Call today! 510-420-2471**

Mentor Oakland Students
Every young person has potential. As a mentor you can help unleash it. Mentoring deters drug use, gang participation, teen pregnancy and increases interest in learning and participation. All it takes is a firm commitment of 4-6 hours per month, and you can help a child uncover and pursue his/her dreams.
www.beamentor.org/oakland/OUSD

Volunteers Needed Lincoln Child Center
Kitchen Helpers, Musicians, Guest Artists, Classroom Helpers, Gardeners, Landscapers & Lincoln Goes Green Volunteers. Elizabeth, **510-531-3111x107**
elizabethbenson@lincolncc.org

Who Is Playing Tonight?

Find out at
EastBayExpress.com

HAVE FUN! MAKE $$
MEET PEOPLE
888-901-TIPS(8477)
www.abcbartending.com

Guitar Center

THE LIST

LABOR DAY SAVINGS EVENT

9/4 THRU 9/7

STARTS 9AM FRIDAY: MASSIVE EARLY BIRD DOORBUSTER DEALS!

THE SAVINGS ARE... HUGE!

ONE PERSON IN LINE WILL

WIN AN iPOD TOUCH

ENTER AT 9AM FRIDAY
DRAWING AT 11AM FRIDAY

MUST BE PRESENT TO WIN
NO PURCHASE NECESSARY

IT'S GUITAR CENTER'S LABOR DAY LIST SAVINGS EVENT!

Starting at 9am Friday, get your hands on The LIST, a top-secret document packed with massive savings on **open box gear, closeouts, used gear, manager's specials and much more!** Many items are tagged below our cost! There's even **special event financing**. On Friday get incredible **door-buster deals** and **early bird specials**, plus **every store will be giving away one iPod touch**. Remember, the good stuff always goes first!

GUITAR CENTER'S LABOR DAY LIST SAVINGS EVENT
FRIDAY, SEPTEMBER 4TH – MONDAY, SEPTEMBER 7TH

Doug Hamilton

The musical *American Idiot* came about when Tony Award-winning director Michael Mayer casually told an interviewer that he wanted to stage it. Soon he was meeting with Billie Joe Armstrong and the other members of Green Day.

Punk Rock Opera

Green Day electrifies musical theater at the Berkeley Rep with *American Idiot*. By David Dean

Doug Hamilton

Global superstar and Green Day vocalist Billie Joe Armstrong had somewhat one-dimensional ideas about musicals before green lighting *American Idiot*, the amped-up rock opera debuting at the Berkeley Repertory Theatre on Friday, September 4.

"I mean, I've taken my kid to see *The Lion King* before," says the mid-thirtysomething, who's been married fifteen years. "And it's like we might as well be going to a Jonas Brothers concert or something."

For a band that's made its millions on speed, pot, masturbation, paranoia, teen angst and suicide, the world of chorus lines and saccharine, sappy arias just didn't seem to fit. Thanks to *Mamma Mia!*, it doesn't have to.

The rock opera adaptation of Green Day's multiplatinum 2004 smash *American Idiot* is going to challenge the very definitions of punk, theater, and musical. The 75-plus-minute performance with a cast of 19 tells a *Fight Club*-esque story of self-discovery through death and destruction, yet it uses no words outside of the lyric content of the album. The full album is played from beginning to end live by a band (not Green Day) and interwoven with B-sides as well as three songs from the band's new album *21st Century Breakdown*, including the hit "21 Guns."

After eight albums and almost twenty years together as a band — a near impossible feat these days — Green Day has undertaken its boldest and most experimental project yet. Taken with the unprecedented press show now on the forty-year-old Berkeley Rep, as well as the fact that the project employs dozens of local artists amid a searing arts recession — and this musical might be the most boundary violating, "punk" thing Green Day has ever done.

The story of trio Billie Joe Armstrong, bassist Mike Dirnt, and drummer Tré Cool has ascended to the status of legend. Emerging from the East Bay's punk rock scene of the early 1990s, they played fast, simple, snarling jams cut with melody and a cleverness that helped them break out from the pop-punk pack at the time (Blink 182, anybody?). *Kerplunk* in 1992 and the single "Welcome to Paradise" softened up the beachhead for 1994's major-label debut *Dookie* on Reprise, which did fifteen million in global sales. *Insomniac* in 1995, *Nimrod* in 1997 and *Warning* in 2000 propelled the band far from the punk rock ghetto and set the stage for 2004's gargantuan *American Idiot*.

"It was something that I've always wanted to do, hoping that I had the guts to be able to do it," Armstrong said. "You have to take everything you learned and take a huge risk. You just evolve as a person and figure out what's important to you. Being a rock star can be a really positive thing. It just kind of depends on the way you go about it."

Armstrong says *Idiot* was the band accepting stardom, ditching the shackles of punk's rules and raising everything on a decades-old form, the rock opera. After an aborted attempt to make a more traditional album called *Cigarettes and Valentines*, Green Day channeled *The Wall*, *Tommy* and maybe a little of the Broadway musical *Oliver!*

Written and recorded in Oakland and Los Angeles, *American Idiot* includes the nine-minute five-part punk rock call to arms "Jesus of Suburbia." Hooked on soda pop and Ritalin

there's nothing wrong with this "Jesus." *This is how I'm supposed to be/in a land of make believe/they don't believe in me*

Jesus dallies with the military but ultimately travels from the suburbs to the city where he meets his doppelganger, the self-destructive "St. Jimmy," whose theme is a classic punk track: fast, simple, dirty and short — clocking in at 2:55. Drugs emerge as an outlet in "Give Me Novacaine" while transcendence comes in the form of female archetype "Whatsername," who appears on "She's a Rebel" and "Extraordinary Girl."

"Letterbomb" delivers the anarchic climax to St. Jimmy, then "Wake Me Up When September Ends" confronts the death of the hero's father, offering little solace. The messy five-part nine-minute "Homecoming" loosely sews up the narrative, with "Jesus" finding himself through the love of Whatsername and by becoming a rock star. It's ridiculous and ambitious and filled with more hooks than a fishing boat and it went on to sell more than fourteen million copies worldwide.

Among the long list of new fanatics was Tony Award-winning musical director Michael Mayer, who in 2006 was in Los Angeles filming *Flicka* and blasting *Idiot* from his car on the freeways of L.A.

"'Holiday' was the first single I heard," Mayer said. "And then, around the time 'Boulevard of Broken Dreams' came out I was, like, Holy fuck. Holy shit. Who are these guys that can write such beautiful, poetic stuff? and I listened to the whole album and I was really dazzled by it: the political agenda, the urgency of the message, and the poetry really of both the music and the lyrics. They were completely bedazzling to me. And I was obsessed with it, so I listened to it all the time."

Continued on page 16

Costa Rica... our new destination. We pamper you naturally.

Opening Special from $108 per person per night. 24 HOUR ALL INCLUSIVE

Riu Guanacaste Hotel GRAND OPENING OCTOBER 31, 2009

Riu Guanacaste Hotel will open its doors on October 31st in Guanacaste, one of the most naturally scenic vacation spots on the ever-more popular **Pacific coast of Costa Rica.**

Surrounded by striking mountains and lush vegetation, the hotel features beautifully appointed rooms, specialty restaurants, bars, sports, entertainment, a relaxing spa, unlimited food and beverage, impeccable service and our superb **24 hr All Inclusive program.**

Let us pamper you at **Riu Guanacaste Hotel**, surrounded by nature in all its glory. It's only natural.

1 888 RIU 4990 · www.riu.com

WORLD'S BEST ALL INCLUSIVE BEACH RESORTS

MEXICO DOMINICAN REPUBLIC BAHAMAS JAMAICA ARUBA COSTA RICA USA

RIU Hotels & Resorts

We're all about you

ROCKY MOUNTAIN INSTITUTE

REINVENTING FIRE

What will spark the transition from fossil fuels to efficiency and renewables?

Find out October 1–3, 2009
Westin San Francisco Market Street

Register today at RMI2009.org

Bonnie Nixon, Director of Sustainability, Hewlett Packard
Steve Newcomb, CEO, Virgance.com
Amory Lovins, Chief Scientist, RMI

The weekend's featured event—
Reinventing Fire: How? When? presented by GreenBiz.com
Friday, October 2, 7 PM

Panelists include
Paul Holland, Foundation Capital
Amory Lovins, Chief Scientist, RMI
Bill Joy, Partner, Kleiner Perkins Caufield & Byers

Separate admission available. Reception to follow.
RMI2009.org

Autodesk
PG&E Corporation

Punk Rock Opera

Continued from page 15

Mayer used *Idiot* professionally as a sort of language to describe elements of a new musical he was working on at the time called *Spring Awakening*, which went on to win a Tony Award for best musical in 2007.

"So I started referring to it while we did *Spring Awakening*, and it just tickled something in my head. I thought, Jesus, this is ready to go. I could actually imagine other characters. 'What would it be like if you took some of those songs and pulled them apart and gave certain lyrics to other people instead of just this single voice?'"

While rock critics were writing the words "anthemic," Mayer physically saw large groups of people singing in his head.

"I started to imagine it in my head while driving the Pacific Coast Highway. I would think, God, that would be so cool to see a whole community of people past teenage years. They're not kids. They're adults but their lives haven't happened yet — the sort of disenfranchised young adults of America. The suburban wasteland that makes it almost impossible for anyone to imagine anything else than what's right in front of them.

"And I thought, well, being kids and with the drugs and the popping Ritalin, someone else's cocaine, all the trappings described so eloquently in 'Jesus of Suburbia,' I knew that is reality for a lot of people. And living in those horrible dark ages of the Bush administration was as frustrating and despairing as it was — God — I saw. This stuff is real and people are connecting to it. I thought, they're personally giving voice to a whole generation of Americans who have probably felt completely disenfranchised and completely apathetic and unable to effect any change."

Mayer flippantly told *Rolling Stone* and *Variety* that he'd love to do *American Idiot* for his next project, and then Mozart called him to put it together. Mozart's real name is Tom Hulce, nominated for an Academy Award for playing Mozart in the film *Amadeus*. He appeared in the movies *Mary Shelley's Frankenstein* and *Jumper* and was nominated for a Tony Award for his role in the play *A Few Good Men*.

"He calls me and he goes, 'I just read your interview in *Variety* — are you serious about *American Idiot*?'" Mayer recalled. "And I said, 'Totally.' And he said, 'Well, let's try to make that happen.' And I said, 'Ha ha ha, okay. Knock yourself out,' because I thought, 'There's no fucking way. Someone's either doing it already or they're not going to be interested.' Tom can get people on the phone that a lot of other people can't because he's number one a first-class artist in his own right, and he's got a long career and fantastic relationships."

Hulce and Mayer met with Green Day's manager and agent, and Mayer pitched his idea of adding characters and lengthening *Idiot*. Armstrong was interested, so the band flew out to New York to watch *Spring Awakening* — which uses the alt rock of Duncan Sheik to adapt a banned German play from 1891 about puberty, masturbation, sex, pregnancy, suicide, abortion, and death in a deeply repressive, religious country where the adults are suspect. Hmmmm.

"It just sounded fitting," Armstrong said. "I didn't know who they were or anything at the time, but when I saw that, I knew they were brilliant. What they were doing was kind of revolutionary. The audience was onstage. It was based off a turn-of-the-century play, and yet all the subject matter is totally current. I see that and the way they approached it with real feelings and real sort of life — they're artists, you know?"

The cast of *Spring Awakening* and the Green Day trio went out for drinks at a local theater hangout, and Mayer left with an exclusive right to develop a reading of the rock opera. In a way, *Idiot* was a logical follow-up to *Awakening*, because issues of God, country, and identity often follow the formative crises of puberty and adolescence.

Mayer wrote it

Continued on page 16

Mayer added characters to flesh out the story of *American Idiot*. Kevin Berne

Text faster, for less.

Samsung Comeback™
$74.99 plus taxes
QWERTY keyboard
2MP camera with video
Candy color options
Requires new activation on a 2-yr. agrmt. and a minimum $14.99 messaging or data plan. Pricing after $125 instant and $50 mail-in rebates (SRP $249.99)

Samsung Highlight™
$129.99 plus taxes
Touch screen and widgets
On-screen QWERTY keyboard
3MP camera with video
Real web browsing
Requires new activation on a 2-yr. agrmt. and a minimum $44.99 messaging or data plan. Pricing after $150 instant and $50 mail-in rebates (SRP $329.99)

Samsung Gravity™ 2
$29.99 plus taxes
Slide-out QWERTY keyboard
2MP camera with video
Fun color options
Requires new activation on a 2-yr. agrmt. and a minimum $14.99 messaging or data plan. Pricing after $150 instant and $50 mail-in rebates (SRP $229.99)

Get our super fast 3G speed and unlimited messaging for $14.99 a month.

The coverage you need at the price you want.

T-Mobile stick together

Call 1-800-T-MOBILE | Go to your local T-Mobile Store | Visit www.T-Mobile.com

T-Mobile Available at
SAN FRANCISCO
8th & Lincoln Ave 415 665 9923
17th & Valencia 415 552 7731
Battery St 415 788 2678
Market & 3rd 415 305 9920
Ocean & Mission 415 334 7582
Pine & Van Ness 415 931 5586
Powell St 415 391 4623
San Francisco Centre 415 546 1585
AMERICAN CANYON
Napa Junction & Hwy. 29 707 644 1505
ANTIOCH
Hwy 4 & Lone Tree Way 925 754 9348
Lone Tree Way & Blue Rock Dr 925 978 0686
BERKELEY
Shattuck Ave & Kittredge St 510 649 7809
CAMPBELL
Hamilton & Hwy. 17 408 370 2918
CONCORD
Sun Valley Mall 925 686 8762
Willow Pass & Fry Blvd 925 363 4697
CUPERTINO
Creek & Stelling 408 252 8711
DALY CITY
Serramonte Mall 650 997 3015
EL CERRITO
San Pablo & Fairmount 510 965 4728
ELK GROVE
Elk Grove & Bruceville 916 476 2018
Waterman & Elk Grove Blvd 916 714 3063
FAIRFIELD
W Texas St & Beck 707 426 2418
Westfield Mall 707 434 8490
FOLSOM
E. Bidwell & Blue Ravine Rd 916 817 4640
FREMONT
Fremont & Mowry Ave 510 505 9160
Pacific Commons 510 490 2870
FRESNO
1ST & Shields 559 225 7538
Kings Canyon & Peach 408 452 8364
HAYWARD
Castro Valley Blvd & Lake Chabot 510 728 8686
Hesperian Blvd & A St 510 259 0941
Southland Mall 510 785 0830
Whipple & 880 510 475 0990
MODESTO
Vintage Faire Mall 209 401 2392
Vintage Faire Mall Kiosk 209 401 0730
MOUNTAIN VIEW
San Antonio & Mt. View 650 560 9163
NEWARK
New Park Mall 510 790 0685
OAKLAND
13th & Broadway 510 986 0874
Hwy 880 & Hegenberger 510 638 1337
Lakeshore & Lake Park 510 893 3817
PALO ALTO
University Ave & Palo Alto 650 938 9936
PLEASANT HILL
Pleasant Hill 925 681 2460
PLEASANTON
Stoneridge Mall 925 924 0798
REDWOOD CITY
El Camino & Whipple 650 365 4970
RICHMOND
Hilltop Mall 510 758 4720
RIVERBANK
Oakdale & Claribel 209 869 4184
ROSEVILLE
Douglas Blvd & Sierra College Rd 916 788 9938
Galleria at Roseville 916 784 1620
Hwy 65 & Pleasant Grove Blvd 916 784 7676
SALINAS
Main St & Bernal Dr 831 424 5148
Northridge Mall Kiosk 831 443 4847
SAN BRUNO
The Shops At Tanforan 650 872 2288
SAN JOSE
Camden & Union 408 368 3636
Curtner & Monterey Hwy 408 287 1759
Eastridge Mall 408 274 1380
Oakridge Mall 408 569 5315
Silver Creek & Capitol Expwy 408 278 1738
Story & King 408 258 2182
Taylor & Coleman 408 295 6661
SAN LEANDRO
E. 14th St & Fairmont Dr 510 278 6695
SAN MATEO
4th St & B St 650 375 0917
Hillsdale & 101 650 571 8386
SANTA CLARA
Rivermark Plaza 408 486 9700
Valley Fair Mall 408 244 5134
SANTA ROSA
College Ave & Mendocino 707 523 7576
Santa Rosa Plaza 707 542 6612
STOCKTON
March & Feather River 209 956 2874
Sherwood Mall 209 476 1383
Weberstown Mall 209 954 0125
SUNNYVALE
Sunnyvale 408 736 7146
VACAVILLE
Nut Tree Rd & Monte Vista 707 447 4890
VALLEJO
Gateway Plaza 707 864 8120
Visalia Mall 559 734 1300

Simulated screen enhanced to show detail. Limited time offers; subject to change. Subject to credit approval. $35 per line activation fee and up to $200/line early cancellation fee and other upfront and monthly charges apply. Use of some services and features may incur additional charges and/or require data plan. See store brochures and **T-Mobile's Terms and Conditions (including arbitration provision)** at T-Mobile.com for details. 3G coverage currently available in certain markets, for details see Coverage Maps at T-Mobile.com. T-Mobile and the magenta color are federally registered trademarks of Deutsche Telekom AG. ©2009 T-Mobile USA, Inc.

Acupuncture is health care at its finest

First, learn why Chinese medicine is so effective
Then, learn how to become a licensed acupuncturist!
OPEN HOUSE DATES: June 27, 2009, August 8, 2009

- Accredited MS degree in Traditional Chinese Medicine / Massage Therapy Program Cert.
- Outstanding, experienced faculty from China, Taiwan, and the United States
- Emphasis on the classical roots and modern applications of Traditional Chinese Medicine
- Full/part-time classes
- English and Chinese tracks
- Financial assistance available

Take a tour and/or sit in on a class!

1601 Clay St.
Oakland, Ca. 94612
510.763.7787
Clinic - 510.763.1288
www.acchs.edu
info@acchs.edu

INSTITUTE for LEGAL RESEARCH and the JEFFERSON MEMORIAL LECTURES

Steven Usselman
School of History, Technology, and Society
Georgia Institute of Technology

commentary by
Robert P. Merges
Lee Tien

September 17, 2009

TECHNOLOGY, DEMOCRACY, and the LAW

2:00 p.m. Great Hall, Bancroft Hotel, 2680 Bancroft Way, Berkeley

[illegible]

UNIVERSITY OF CALIFORNIA, BERKELEY

free admission

FORUM

Academy of Chinese Culture & Health 1601 Clay St. Oakland, CA 94612

Tui Na Massage Therapy Certificate (State Approved 250 Hour Program)

[illegible]

Class start date: September 23, 2009 to February 28th 2010
Time: Wednesday Nights 5:30-9:00 pm and Sundays all day 9:00-6:00 pm
Tuition: Special Offer $1,800 (10% discount paid in full at registration) **Installment option available
Call (510) 763-7787 to enroll or email longnguon@sbcglobal.net

WE CAN HELP BUILD YOUR

BRAND

The image of your business is your most important asset. It's your brand. As the face of your business, it must stand tall in the crowd of competition. In the current economic climate, it's more important than ever that your company's printed materials leave customers with the right impression.

East Bay Express Design Services can handle all of your graphic design needs. From simple products like letterhead, forms, or business cards to more sophisticated jobs like logos, menus, and publications.

For an estimate, call 510 879 3772 or
e-mail DesignServices@EastBayExpress.com

EAST BAY EXPRESS | DESIGN SERVICES

Doug Hamilton

Mayer speaks with Olivier Award-winning choreographer Steven Hoggett, Tony Award-winning actor John Gallagher, and performer Tony Vincent in rehearsals.

Punk Rock Opera

Continued from page 16

in one week: calling Armstrong to talk story and character development. "Jesus of Suburbia" became "Johnny," alongside main characters St. Jimmy and Whatsername as well as a bigger cast of stoners, anarchists, and artists drawn from the East Bay arts scene. The set drew from the grungy warehouse spaces of Berkeley and costumes from the late Bush years. Johnny and St. Jimmy emerged as *Fight Club*-like splits of the same character.

"St. Jimmy is kind of the Brad Pitt and Jesus of Suburbia, Johnny is sort of the Ed Norton," Meyer said. "Is he a real person or are they parts of the same person? And Billie Joe confirmed that was of great interest to him."

The show included no dialogue or normal words. "I thought a lot about whether Billie Joe and I should craft some dialogue. What became very clear right away, except for little letters that Johnny writes, I felt like the songs are so articulate. And when you put them in the mouths of characters who are living and breathing in front of you — Will sitting on the couch and lighting up a joint and singing the first part of 'Novocaine' while he's staring at TV — you understand what his circumstances are. What more do you need to be saying? It's so clear."

After months of development and the addition of a musical arranger and choreographer and a cast of twelve that included Meyer's lead from *Spring Awakening*, Armstrong was scheduled to watch a reading. If he liked it, the whole band would watch one. If not, the project stopped.

"We sort of bit the bullet, but what happened was the entire band came and I was just dying," Meyer said. "We read through the whole thing, about seventy minutes long nonstop; the kids did a fabulous job. I could not look over at the band, I was so scared, and at the end of it they gave the kids a standing ovation. They were wildly enthusiastic and gave me lots of really great input."

"It's amazing," Armstrong said. "People are going to be blown away."

At the same time, Hulce got in touch with his longtime friends at the Berkeley Repertory Theatre to set up a reputable yet intimate home for the show in Green Day's backyard. The Rep's history of producing edgy stuff and its career arc from a little garage playhouse to regional powerhouse paralleled Green Day's rise in many ways, said Susan Medak, the Rep's managing director. At least twelve years of edgy, experimental multimedia material laid the groundwork for Hulce's phone call, Medak said. No other theater was in the running to host the event. "I've known Tom for 25 years, back when he was playing a young Romeo," Medak said with a laugh.

After a trip to New York to make sure everyone was on the same page, the Rep slated *American Idiot* — its first-ever musical — as the opening show of its annual program. The phone has rung off the hook ever since, Medak said.

The recession has been murder on the arts, and Rep operations had to be slashed 18 percent this year, she said. But *American Idiot* has become the fastest advance seller in the Rep's history. Almost every night is sure to be sold out in the 600-person Roda Theatre — which offers the modern multimedia accommodations and size for such a huge endeavor.

"It's been hysterical," Medak said. "There are some Green Day fans who are nervous because they assume, and I think it's legitimate, that we're going to mess with the material, or it's going to be Green Day onstage. It's not going to be the band on stage."

Of course, with fame has come some attendant headaches, Medak said.

"We have only fewer than 600 seats in the theater and there are thousands who want to be here for opening night. We rarely have to deal with problems with scalpers, and already we're doing everything we can to advise ticket buyers not to buy if a deal appears too good to be true. It probably is."

If the show does well, it could tour the world. Meyer said he has no idea if he's going to be the only one who likes *Idiot*. On one hand, the process feels like a smooth alignment of the stars.

mini WAREHOUSES
FREE
moving service with one year lease or
One month
FREE
with a six month lease
Residential & business
storage welcome.
please call for details
510 435 5836
www.miniwarehouses1.com

★ A-FRAMES • WINDOWS ★
GOLD LEAF • PINSTRIPING
CUT-OUT SIGNS • BANNERS
100% HANDMADE
MADE FOR GLORY
SIGN CO
EAST BAY CA
WWW.MADEFORGLORYSIGNS.COM
510•221•7924
★ VEHICLE LETTERING ★

MAROC PAINTING
Quality Painting at
Competitive Prices
INTERIOR • EXTERIOR
REFINISHING • FURNITURE RESTORATION
OFF PREMISE CUSTOM CABINETS
(PICK UP AND DELIVERY)
FREE ESTIMATES
ACCEPTING ALL MAJOR CREDIT CARDS
510-233-5373
marocpainting@comcast.net

Happy Hound
Play & Daycare
"Your Dog Will
Love It Here!"
1695 34th Street Oakland
510-547 DOGS
www.HappyHound.com

On the other hand, he sees where the piece needs work.

"I'm terrified," he said. "We're not turning a movie into a musical where everybody knows the story already and has certain expectations. This is an original story in a way, and the material we have to tell the story is these songs and it's really a wonderful, exciting, and terrifying challenge."

Armstrong is more sanguine. "I keep seeing it from a standpoint where I'll go a couple of months where you don't see anything then I'll go in and sit in on a workshop. The way that everything's evolved every single time has been amazing. The story line keeps getting stronger and stronger, and the characters keep getting stronger and stronger, and then the musical arrangement from Tom Kitt is really inspiring."

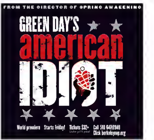
Historically, running away from society to join the theater was a defiant, "punk rock" act, everyone agrees. In a way, Jimmy's archetypal journey to artistic self-actualization mirrors not only Green Day's journey, but that of many of the artists in the Berkeley Rep show as well. "Especially the kids that are in the show — people, I should say," Armstrong said. "They're in it, they're artists, and they've given their whole life over to acting, singing, and dancing in its truest form. Their lifestyle and livelihood, it's sort of punk rock to me."

Even the waning of the angst-ridden Bush era can't defuse the energy of the show. Global problems now stand in for the evil of Dick Cheney, Armstrong said. "It is hard, because I think back, and it was easier to point at what the problem was in 2003. But now I think it's coming from so many different angles and it's such a different crisis every week."

Mayer also was worried that *Idiot* would be viewed as yesterday's angst. "But surprisingly no. That was a concern that I had going into it. You watch one of these clips through and it puts you right back into it. We're so far from being out of the woods. It's perfectly good timing."

American Idiot opens Friday. Mayer says bring your ear plugs. ■

Cast member Megan Reed warms up alongside her fellow performers.



FROM THE DIRECTOR OF SPRING AWAKENING
GREEN DAY'S
american
IDIOT
World premiere Starts Friday! Tickets $32+ (Under 30? ½ price!) Call 510 647-2949 Click berkeleyrep.org
Berkeley Rep

Berkeley Patients Group
A FULL-SERVICE
MEDICAL CANNABIS DISPENSARY AND
COMMUNITY CENTER FOR
LEGALLY QUALIFIED PATIENTS & CAREGIVERS

BERKELEY PATIENTS GROUP
Purest, most effective and affordable medical cannabis
Courteous service and friendly atmosphere
Patient lounge with on-site vaporizers
Complimentary classes and special events
Compassionate care program for patients in need

Free Integrated Holistic Services:
Body work and cranio-sacral therapy
Weekly acupuncture clinic
Ongoing therapy groups
Bike and wheelchair clinic
Garden center and classes

10TH ANNIVERSARY, 10 years of being the best!

NEW HOURS: Open Every Day 8 am - 8 pm
2747 San Pablo Ave. · Berkeley, CA (4 blocks north of Ashby)
510.540.6013 · www.berkeleypatientsgroup.com

ARTS & CULTURE

CULTURE SPY

A FREIGHTED AND SALVAGED TRADITION

Opening week augurs well for the 41-year-old coffeehouse now relocated downtown

By Rachel Swan

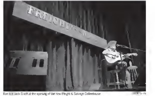
Steve Baker looked buoyant the day before the grand opening of Freight & Salvage Coffeehouse, at its new, well-lit, swanky Addison Street venue. A lithe, wiry man with a tattooed shirt and chunky glasses, Baker has served as the Freight's executive director for twelve years, but he's worked there on and off since 1983, when he was fresh out of law school. He helped turn the Freight & Salvage into a non-profit entity at a time when its operators were worried about keeping the doors open. Sixteen years later, he helped quarterback the move into a former garage and auto shop smack in the middle of downtown Berkeley's newly designated arts district. The move took ten years, $11.7 million, and a lot of shrewd decision making. Yet if all goes as planned, it will not only help cement the Freight's place in Berkeley's cultural history, but give the coffeehouse a pivotal role in the city's gradually evolving downtown.

The auditorium in Freight & Salvage's new building seats twice as many people as the old performance hall (440 as opposed to 220), but it also has enough room for another 180 standing. It's a green building, with a living roof, a bamboo stage and floor, and recycled Levi's jeans in the walls for insulation. The new chairs from Swerve Design give the Freight a more contemporary edge. On slow nights they can be replaced by modular tables to make the place look more like a nightclub. The new Meyer Sound system makes performances audible throughout the lobby and at the front entrance. Upstairs on the mezzanine level are five empty practice rooms, where performers will offer workshops and master classes of the sort you'd find in other performing-arts-oriented nonprofits.

It's been a tortuous journey from conception to actualization. Baker describes it as a "design first, build later" type of process. Some time in the late 1990s, he got a call from Berkeley's economic development manager, Michael Caplan, who at the time was helping conceptualize the arts district. In the early 1990s, Berkeley had funded a study to determine why people were coming downtown. "It was the arts," said Caplan, "including Berkeley Rep, the movie theaters, university-oriented cultural events, and food — there were over eighty restaurants in the area. Those were the main reasons people were coming here." City boosters decided that an "arts district" would be the perfect thing to anchor their revitalization efforts, and they designated Addison Avenue as its locus. That street is now home to Berkeley Repertory Theatre, the Jazzschool, the Aurora Theatre, and the Addison Street Windows Gallery, in addition to the new Freight & Salvage. It will soon border a new 1,400-seat club leased to the owners of Slim's and Great American Music Hall (where once lay the UC Theater), and a second iteration of UC Berkeley's Pacific Film Archive theater, which plans to relocate to upper Center Street downtown. "You could break it down into seats," said Caplan. "Berkeley Rep's Thrust Stage is about 400, the Roda is about 600, Aurora has 200 seats, and the UC Theater will be 1,400. This will help restaurants in the area."

Caplan was in conversations with various arts organizations around the time he began courting Baker, but the Freight stood out as an especially desirable tenant. "Traditional music — bluegrass, Cajun folk, singer-songwriters — it's something people associate a lot with Berkeley," said Caplan. "We're really building on what we think are Berkeley strengths."

Fortunately, the guy who owned the auto shop was also a big music buff and supporter of the Addison Street artsification. People used to joke that he was an arts institution in his own right, since he always had quality jazz musicians playing in the garage, Caplan said. He sold the property to the Freight in 2000. (The city granted the Freight a $527,000 loan for the acquisition.) Freight & Salvage also got the deed to both the auto shop and the building next door, which at that time housed the Capoeira Arts Café. Once he secured the deal, Baker enlisted the help of architects Donn Logan and Marcy Wong to completely redo the building's interior. They kept the original façade — it still says "Stadium Garage" in large block lettering — but changed everything else. "We chopped the building off at that line," said Logan, pointing just beyond the front wall to a place where the original two roofs intersect.



Ramblin' Jack Elliott at the opening of the new Freight & Salvage Coffeehouse

The tricky part was raising money. For years they continued renting space to the cafe and the Berkeley Rep, which used part of the dormant auto shop for costume storage. They spent the next nine years soliciting donors, some of whose names are inscribed in a placard at the entrance to the new performance hall. (The Freight's opening week program contains the list of donors in its entirety.) But a lot of that credit also goes to Baker, who figured out how to build the organization's capacity and transform it from a funky music space into a cultural institution. Baker abandoned his law practice upon taking his post at the Freight, and has since devoted his life to the preservation of American folk music. It seemed apropos. After all, he keeps a guitar in his office, and as a lawyer he often represented artists and performers. "On Steve's part it took a true vision," said Caplan. "It was a change of size, so the scale was much riskier — or it seemed so at the time. ... We're so glad they were willing to take that risk."

Running a big venue does seem to put the Freight in a more perilous position, but Baker seemed sanguine on Wednesday — probably because the venue expected to sell out all four of its opening week shows (it did as of Friday). Ticket costs remain in the $18 to $26 range, a price originally set to keep shows in the old coffeehouse from selling out. Overhead costs have increased, but Freight marketing director Lisa Manning says that if sales remain high, ticket prices will ultimately go down. Caplan thinks it's a win-win: the Freight has a built-in crowd that now has reason to dine in the area, and the downtown location will make them accessible to a broader mix of people.

And he's probably right. The club's opening night fiddle summit played for a packed house, with at least thirty people standing in the aisles. Next door, Addison Street Windows Gallery featured a Freight-centric art exhibit with prints and oil paintings of 1930s- and 40s-era musicians, plus posters of icons like Odetta, Ricky Skaggs, Ramblin' Jack Elliott, Vienna Teng, Cascada de Flores, and the Tin Hat Trio. Parking was scarce for blocks at 9 p.m. on a Thursday, making the area seem less like downtown Berkeley and more like the SOMA district of San Francisco. For the 41-year-old coffeehouse, it seemed like an auspicious beginning. ●

Rachel.Swan@EastBayExpress.com

This Friday: Opening Art Reception
"Linescapes" by Pabla Manga
Friday, September 4th • 5 pm to 8 pm • FREE

2008 East Bay Express
"Best Cafe/Coffeehouse" &
"Best New Business"

2009 East Bay Express
Finalist or Run-Off in 2 Categories

2009 Oakland Indie Awards
"Greenie Award"

★★★★★
on Yelp.com

AWAKEN CAFÉ 414 14th Street at Broadway • in the new Downtown Oakland • www.awakencafe.com

EVENTS & ATTRACTIONS

Grab a covered dish and head out to the eat-in. Robert McKee

Get Out to Eat In

Slow Food lobbies Congress with massive potlucks

Although it may have little meaning for anyone born after 1967, the term "human be-in" caused a huge scandal at its genesis. Historically, it refers to the afternoon of January 14, 1967, when 20,000 to 30,000 hippies gathered in Golden Gate Park to drop acid together — specifically, huge amounts of White Lighting LSD from underground manufacturer Owsley Stanley. Since that day, humans have found more productive ways of being in. We've laughed-in, bedded-in, worked-in, taught-in, died-in, and now, thanks to organizers at Slow Food USA, we're eating in. Since September 2008, Slow Food has launched more than 250 community potlucks around the country to encourage people to get together and share home-cooked meals. The one that happened June 13 in Tilden Park included a huge roast pig. One hundred thirty people came to help eat it, each bringing their own side dish. Judging from the photographs, it was one of the biggest summer feasts that Berkeley has seen in a while. Huge slabs of pork, oily meat; paper bags full of strawberries; brownies with walnuts and chocolate chips, shrimp pasta, leafy green vegetables; water crackers with brie; whole lemons, and crisp baguettes with olive oil.

On Labor Day, Slow Food will host a spate of Eat Ins throughout the country, with a stronger political charge than usual. The impetus? A full-throttle campaign to revise the Child Nutrition Act, which provides lunch to more than thirty million children each day. Congress will reauthorize the 1966 law this fall, and Slow Food proponents say that want dramatic changes — including an additional dollar (or more) invested per child per lunch. Right now, the schools recoup about $2.57 per lunch, and only $1 goes to ingredients, said spokesperson Anna Smith Clark. When compared to certain countries in Europe, she adds, the United States looks miserly. Moreover, Slow Food asks that schools expunge all junk food items from their cafeterias and vending machines. Their hope, said Clark, is to curb child obesity and teach healthy eating habits early on. "School lunches are how you learn about eating, and we're definitely not teaching children how to eat well," she explained. "They're getting calories in, but not in a good way."

Congresswoman Barbara Lee will serve as main speaker for Berkeley's **Labor Day Eat-In**, to be held at **Martin Luther King Jr. Civic Center Park** (2151 Martin Luther King Jr. Wy.). Other guests include Jacob Wright, program coordinator at the Center for Ecoliteracy, Jessica Prentice of the organization Three Stone Hearth, and Leon Davis of Hope Collaborative and the Ecology Center. Slow Food will set up table seating for 300, but asks that everyone bring blankets just in case. Admission is free; just bring a healthy dish and utensils. 11:30 a.m.-3 p.m. SlowFoodUSA.org/index.php/campaign/time_for_lunch

— *Rachel Swan*

ATTRACTIONS

Oakland Artisan Marketplace Featuring handmade jewelry, sculptures, extraneous paintings, photography, dolls, mosaic, clothing, floral arrangements, greeting cards, and more. Info: 510-238-1920. Fridays, 11 a.m.-4 p.m. free. Frank Ogawa Plaza, at 14th and Broadway sts., Oakland.

Redwood Valley Railway Twelve-minute scenic journey by steam train through the redwoods of Tilden Regional Park. Info, 510-548-6100. Saturdays, Sundays, 11 a.m.-6 p.m. $2 per ticket, or 5 tickets for $8. Tilden Regional Park, entrances off Wildcat Canyon Rd. and Grizzly Peak Blvd., Berkeley. 510-525-2233.

University of California Botanical Garden See plants you won't find anywhere else — more than 12,000 varieties. In fact. Free docent tours Thursdays, Saturdays, and Sundays at 1:30 p.m.; open daily 9 a.m.-5 p.m. Free admission on the first Thursday of every month. Daily. UC Berkeley Botanical Garden, 200 Centennial Dr., Berkeley. 510-643-2755. BotanicalGarden.berkeley.edu.

FAIRS, FESTIVALS & FUND-RAISERS

1st Wednesday Street Parties With live bands, vendors from local businesses, and samplings from local restaurants. For info, visit PleasantonDowntown.net/events. First Wednesday of every month, 6-9 p.m. Continues through Sept. 2. free. Downtown Businesses, Main St., Pleasanton. 925-484-2199.

5th Annual 9/11 Film Festival Premiering *Loose Change 9/11: An American Coup* with filmmaker Dylan Avery. Hosted by Abbott Faulkner, with speakers Kenneth Gage, David Ray Griffin, Peter Phillips, & Everett Bayramkenarlis. Films include *7/7: Ripple Effect* by Muad'Dib, *Painful Deceptions* by Awesome, *Kill the Messenger* by Fourth Generation Vancouver & Vidéo, US premiere of *The New American Century* by Kaiser, *Antonio Mazzuoco*, and Eric Hufschmid presenting *Anthrax War*, an investigation of the anthrax attacks. Benefit for A benefit for Northern California 9/11 Truth Alliance. Sept. 9-10, 6:15 p.m., $10. Grand Lake Theater, 3200 Grand Ave. (at Lake Park Ave.), Oakland. 510-452-3556. 911truthunderfire.com, current, grandlake.com.

California State Fair With rides, water slides, a kids zone, horse racing, live music and dancing, fine art, agriculture competitions, and special events. Through Sept. 7. $5-$40.99. Cal State Fair Expo, 1600 Exposition Blvd. (Sacramento), Sacramento.

Millbrae Art & Wine Festival With a Mardi Gras-style feast; wine, microbrews & margaritas; live bands; 7 stages; *car show*; *game booths*; *a funnel*; dragon dance; organic and green product expos, a kids' zone; and an art & craft bazaar. Sept. 5-6, 10 a.m.-5 p.m., free. Broadway Ave., bet. Institute and Meadow Glen (Millbrae), Millbrae.

KIDS

Anime Club Anime discussion group for teens. Second and Fourth Tuesday of every month, 5-6:30 p.m. free. Oakland Public Library: Rockridge Branch, 5366 College Ave. (Oakland). 510-597-5017. OaklandLibrary.org.

Art Classes for Children with Disabilities Ages 8-16 can learn to draw, work with clay, make simple prints, and enjoy an artistic environment in a group setting. Minimum five students per class. Call to reserve. Saturdays, 10 a.m.-noon. $8. MAD Art Center, 368 23rd St. (Pretnes Lottner-Katz Gallery), Mercedes. 510-830-0700. MADArt.org.

Children's Fairyland Redwood Weekend Featuring arts & crafts, puppet shows, children's theater shows, the animal of the day, and more. Saturdays, 11 a.m., Sundays, 11 a.m. $6. Children's Fairyland, 699 Bellevue Ave. (at Lake Merritt), Oakland. 510-452-2259. Fairyland.org.

Oakland's Kung Fu Classes Taught by the monks from the Shaolin Buddhist Temple and Education Foundation. Tuesdays, Thursdays, 3:45-4:45 p.m.; Saturdays, 10-11 a.m. Continues through Dec. 31. $11. Fremont Asian Gospel Center, 388 9th St., Oakland. 510-867-8456.

FREE

Sunday, Sept. 13, 2009
Joaquin Miller Park, Oakland
11am-4pm

PicnicFest

a gathering of East Bay Jewish friends & family

Register at www.jfed.org

Funded by generous support from the Koret Foundation

A DiVA'S CLOSET
Clothing • Shoes • Accessories • Plus Size

20% off
any single item
restrictions apply w/ad
Tues - Sat 11 - 7
383 17th St. Oakland 625-8085

JOIN THE INDIE REVOLUTION
SUPPORT LOCAL, INDEPENDENT BUSINESSES AND ARTISTS!

Email Indie@EastBayExpress.com to receive exclusive Indie Revolution information and offers throughout 2009

SEPTEMBER IS DEDICATED TO LOCAL FOOD

JASON HARVEY
OAKLAND FOOD CONNECTION, OAKLAND

FOR MORE INFORMATION, VISIT OUR WEBSITES
EastBayExpress.com ShopOakland.com BuyLocalBerkeley.com SustainableBiz.org

Labor Day 4 Day Sale
Sept 3 thru 6

20% Off
selected apparel at Ideas 4 Elements

$10 Off
your footwear purchase
of $100 or more at Shoes On Solano
Including New Fall Arrivals

Ideas 4 Elements
Fashion in natural fibers

Shoes On Solano
comfort in style

1770 & 1774 Solano Ave. Berkeley
510 525.9195 | 510 525 3832
Hours: M F 10:30-6:30 SAT 10-6 SUN 12-5
closed Labor Day

PICKS

9/11 Film Festival

We hate lowie platitudes and bromides about 9/11 in the mainstream media these days, but the conspiracy theories haven't abated — and won't any time soon. For an interesting, against-the-grain perspective on the felling of the twin towers, the anthrax attacks (and investigations thereof), and bio-weapons labs, check out the **5th annual 9/11 Film Festival**, held Sept. 9-10 at Oakland's **Grand Lake Theater** (3200 Grand Ave.). Hosted by Bonnie Faulkner — who's best known for her KPFA public affairs program, "Guns and Butter" — this year's event features the US premiere of *The New American Century* by Italian filmmaker Massimo Mazzucco. Eric Nadler's film *The Anthrax War* will link bio-weapons to vaccine manufacturers. Other screenings include [illegible] *Ripple Effect*, Bermas' *Fabled Enemies*, *Kill the Messenger* by French filmmakers Verbeuil & Viallet, and the latest edition of Dylan Avery's *Loose Change* series, with a special appearance by the director. Other speakers include Richard Gage, David Ray Griffin, Peter Phillips and Swami Beyondananda, and Janette McKinley. Events kick off at 6:15 p.m. Wed., Sept. 9, and 12 p.m. on Thurs., Sept. 10. $10, proceeds benefit Northern California 9/11 Truth Alliance. CommunityCurrency.org/FilmFestival2009 — *Rachel Swan*

Cal Football

The Golden Bears look off the 2009 season expecting to compete for a high-level postseason bowl game. Of course, the same was true for 2008, when the Blue and Gold got wrecked, 35-27 at the mercy of the Terrapins. At the time, there was a lot of rationalization. Something about the California squad having to travel to the East Coast, having to start the game at noon, and general fear about playing teams with turtles as mascots. This year the juju is on the visitors from the Atlantic Coast Conference. The game is at Memorial Stadium, the time is 7:00 p.m., and the stadium is expected to be a sea of blue. You'd think that might favor turtles, too. But the bettors think Cal's better. On September 5 at **Memorial Stadium**, 210 Memorial Stadium, Berkeley. $15-$150. Calbears.com — *Kibby Kleiman*

Lang Lang in Conversation with Sarah Cahill

Not every classical music entrée has cult [illegible] of **Lang Lang**, a 27-year-old Chinese pianist who gave his first public recital at age 5 and wound up playing for the Beijing Olympics 21 years later. His taste may come into question, but there's no doubting his virtuosity or technical mastery. More important, Lang Lang has an absolutely fascinating biography. Raised by parents whose own musical careers were thwarted by the Cultural Revolution, Lang Lang was burdened early on with being a [illegible]. He apparently gravitated to piano as a toddler and suffered derision from various teachers all the way up through his apprenticeship at Beijing's Central Conservatory of Music. He's written it all down in the new book *Journey of a Thousand Miles*, which he'll present Tuesday when he sits down with local pianist (and one-time *East Bay Express* contributor) Sarah Cahill. They'll grace the stage of UC Berkeley's **Zellerbach Auditorium** on September 8 at 7:30 p.m. $20, $10 for students. CEA.Berkeley.edu/events — *R.S.*

[illegible]

BUY FRESH
BUY LOCAL

Local Food View:
World Class Wine &
Olive Oil is Minutes Away

Did you know that you don't have to go far to find great local wines and olive oil? In fact, you need look no further than Contra Costa County, where award winning vintners, olive oil makers and other distinguished food artisans are flourishing right here in the East Bay. Contra Costa boasts some of the best soil and climate around, and you can taste it in the food produced there.

The Contra Costa Wine Grape & Olive Growers Association promotes the county's gourmet products through tastings, events, and public education. Learn more at www.cccwines.com

Maybe it's time for a (very short) trip?

COMMUNITY ALLIANCE WITH FAMILY FARMERS • WWW.CAFF.ORG

OACC.org.

Children's Philippine Folk Dance [illegible] teaches traditional Philippine folk dances on selected Sundays. Sundays, 1-3 p.m. Continues through Dec. 31. $10 a quarter; call to register. Oakland Asian Cultural Center, 388 9th St., Oakland, 510-637-0455. OACC.org.

[illegible] A creativity workshop for kids grades 2-12. Please preregister. Ongoing [illegible] Fridays, 4:15-6 p.m. $15/session or $50/four sessions. Frank Bette Center for the Arts, 1601 Paru St., Alameda, 510-523-6957. FrankBetteCenter.org.

[illegible] en Español [illegible] read in Spanish, with vocabulary-building games and crafts [illegible] around the world [illegible]. First Wednesday of every month, 10 a.m., First Saturday of every month, 11 a.m. [illegible], 5664 Bay St., Emeryville, 510-54[illegible].

[illegible] Thursday Kids in grades 1-5 read to specially-trained Reading Education Assistance Dogs. Thursdays, 3 p.m. Continues through Sept. 3. free. Albany Library, 1247 Marin Ave., Albany, 510-526-3720. ACLibrary.org.

Early Literacy Night Stories, crafts, and tips for young readers. First Monday of every month, 5:30-6:30 p.m. free. Oakland Public Library, Martin Luther King Jr. Branch, 6833 International Blvd., Oakland, 510-615-5728. OaklandLibrary.org.

East Bay Teen Anime Club Opportunity for teens to watch anime films and discuss graphic novels. Second Wednesday of every month, 3-5 p.m. free. Oakland Public Library, Martin Luther King Jr. Branch, 6833 International Blvd., Oakland, 510-615-5728. OaklandLibrary.org.

[illegible] The Girls Inc. program is for girls who want to [illegible] community service. From [illegible] need to graduate from high school. Participants are trained in leadership and facilitation skills, and then put those skills into action by working with the younger girls at the Meyers Center. [illegible] their own [illegible] and elements such as sign language, singing French songs, name poems, and trust games. Thursdays, 3:30-5:30 p.m. Girls Inc. Meyers Center, 1724 Santa Clara Ave., Alameda, 510-521-1748. GirlsIncIslandCity.org.

[illegible] Crafts Fri., Sept. 4, 3 p.m. free. Oakland Main Library, 125 14th Street, Oakland.

Karatekids: Self Defense for Girls Certified instructor [illegible] leads these classes just for girls ages 10-15, combining elements of [illegible], yoga, karate, and kung fu and a noncompetitive, non-aggressive workout. Tuesdays, 6:30-7:30 p.m. $15 drop-in rate, $100 for unlimited classes/month. 510-847-2400. AlbanyKarateforKids.com. Albany Karate for Kids, 1229 Marin Ave., Albany, 510-524-0083.

Lakeview [illegible] [illegible] Red Songs. Tuesdays, 3:30-5:30 p.m. free. Oakland Public Library, Lakeview Branch, 550 El Embarcadero, Oakland, 510-238-7344. OaklandLibrary.org.

Lakeview Area Recreation and Parks [illegible] The district offers aquatics, golf, adult sports teams including [illegible], kickball and volleyball, activities for seniors and children of all ages, and shows at locations throughout Livermore. Call 925-960-2400 for more info. LARPD.dst.ca.us/activities_fee.html. Livermore Community Center, 4444 E. Ave., Livermore.

[illegible] Help Bring your math homework questions to the library's tutors. Open to K-12. Saturdays, 2-4 p.m. free. Oakland Public Library, Eastmont Branch, Eastmont Town Center, Suite 211, 7200 Bancroft Ave., Oakland, 510-615-5770. OaklandLibrary.org.

[illegible] Puppet [illegible] Sing-Along [illegible] of the National Puppet Theater present a fun and engaging musical show. Saturdays, 9:15 a.m. $4.95 for kids, $1 for each additional sibling, free for adults and infants. Sonoma [illegible] Cafe, 4210 Telegraph Ave., Oakland, 510-601-7278. [illegible].com.

[illegible] Homework [illegible] Free drop-in homework help for students in grades 3-8. Thursdays, 3:15-5 p.m., Mondays, 3-5:30 p.m. free. Albany Library, 1247 Marin Ave., Albany, 510-526-3720. ACLibrary.org.

[illegible] for [illegible] Beginning classes in Indian classical dance. Saturdays, 9:30-10:30 a.m. Jyoti Kala [illegible] College of Classical Arts, 1954 Delaware St., Berkeley, 510-273-2442. [illegible].org.

Paint-A-Mug for Grandparents' Day Mugs free at Habitot. Through Sept. 5. $7.95. Habitot Children's Museum, 2065 Kittredge St., Berkeley, 510-647-1111. Habitot.org.

Teen Advisory [illegible] Every third Wednesday of every month, 3:30-4:30 p.m. free. Oakland Public Library, Lakeview Branch, 550 El Embarcadero, Oakland, 510-238-7344. OaklandLibrary.org.

Teen Comic [illegible] For young fans of superhero entertainment. Tuesdays, 3:30-5 p.m., free. Oakland Public Library, Martin Luther King Jr. Branch, 6833 International Blvd., Oakland, 510-615-5728. OaklandLibrary.org.

Teen Time Thursdays Music, games, and movies. Thursdays, 3-5 p.m., free. Oakland Public Library, [illegible] Branch, 3565 Fruitvale Ave., Oakland, 510-535-5620. OaklandLibrary.org.

[illegible] Children's program [illegible] stories, music, and magic tricks. Saturdays, 10:30 a.m. free. Berkeley Public Library, Central Library, 2090 Kittredge St. (at Shattuck Ave.), Berkeley, 510-981-6100. BerkeleyPublicLibrary.org.

Wildlife [illegible] On Saturdays, read a story and meet an animal. On Sundays, meet

More Listings Online
Find hundreds of up-to-date Arts listings
at EastBayExpress.com
or m.EastBayExpress.com

more animals and learn cool nature facts. Saturdays, 11:45 a.m., Sundays, 1:45 p.m., free with zoo admission. Oakland Zoo, 9777 Golf Links Rd., Oakland, 510-632-9525, OaklandZoo.org.

Youth Drop-in Sports Schedule Grades 6-12 and all under 18s welcome; children under 11 must be accompanied by an adult. Daily, 3:30-5:30 p.m. Robert Livermore Community Center, 4444 East Ave., Livermore. [illegible]

LGBT

Bisexual Women's Support Group All bisexual and bi-questioning women (including transgendered women) interested in discussing issues specific to bisexuality are welcome. Info: [illegible]. Wednesdays, 7:30-9:30 p.m. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

Dress-Up Wednesdays A social gathering where transgender girls, crossdressers and admirers are welcome. Enjoy brunch and a large selection of clothing for the woman in you. Dress up, make Gospel, take photos, and get fashion tips. Wednesdays, 7-10 p.m., $15-20 donation requested. [illegible] I Love It, 40929 Warm Springs Blvd. #7, Fremont, 510-656-4730, ILoveItGirl.com.

East Bay Front Runners Join the GLBT group for noncompetitive runs and walks, followed by brunch at a local restaurant. Visit the Web site for weekly locations. Saturdays, 9:10 a.m., free. EastBayFrontRunners.org. Berkeley [illegible], 205 University Ave., Berkeley, 510-[illegible].

Oakland 20s Discussion group for gay, bi, or questioning men in their 20's in the East Bay. Thursdays, 8-10 p.m., $5-$10 suggested donation. (510) 548-8283. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

HIV+ Gay Men's Support Group A supportive environment for gay men facing a diagnosis of HIV. Mondays, 6:30-8 p.m., donations. Community Center of Contra Costa County, 3024 Willow Pass Rd., Concord, 925-692-0090, RainbowCC.org.

HIV Positive Therapy Group Advance sign-up required. Mondays, 6:30-8:30 p.m., $10-$45 sliding scale. 510-548-8283 ext. 240. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

Lesbians of Color peer group Thursdays, 7-9 p.m., $5-$20 suggested donation. (510) 548-8283. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-[illegible], PacificCenter.org.

LGBT Weekly [illegible] Meeting E-mail joanne.abrle@weightwatchers.com for more info. Tuesdays, 5 p.m. Continues through Dec. 31, $8-22, $12. Finnish Kaleva Hall, 1970 Oakland St. (upstairs), Berkeley.

LGBTQ Youth Group Support group for LGBT youth. Tuesdays, arts/crafts/writing/music. Wednesdays, youth leadership. Thursdays, hot topics/guest speakers. Fridays: queer movie/video games. Tuesdays, 4-6 p.m., Wednesdays, 4-6 p.m., Thursdays, 4-6 p.m., Fridays, 4-6 p.m., free. (510) 548-8283. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

Oakland and Formerly Oakland Gay/Bi Men's Support Group Wednesdays, 8-10 p.m. [illegible]. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

Men Massaging Men No previous experience necessary. Participate in this adult massage gathering. Check website for dates. Every other Friday, 7-10 p.m., $20, with a $5 discount for bringing your own sheet and towel. [illegible] Headwater Studio, 4809 Telegraph Ave., Oakland, (510) 495-4368.

[illegible] of the Beach Beach Blanket Babylon presents a special edition of its long-running revue for GLBT [illegible], with an anniversary at Club [illegible] at the Castro. Fri., Sept. 4, 9:30 p.m., $55-$80. Club Fugazi, 678 Green St., San Francisco, 415-421-4222, BeachBlanketBabylon.com.

Transgender Support Group An all-inclusive discussion group for transwomen, transmen, intersexuals and other people with gender identity issues. First Thursday of every month, 7-9 p.m., free. (925) 692-0090. Rainbow Community Center of Contra Costa County, 3024 Willow Pass Rd., Concord, 925-692-0090, RainbowCC.org.

Transgender Support Group Support group for transgender men and women seeking peer support. Fridays, 8-9:30 p.m., $5-$20 suggested donation. (510) 548-8283. Pacific Center, 2712 Telegraph Ave., Berkeley, 510-548-8283, PacificCenter.org.

Trip the Light Fantastic Everyone is welcome to learn and participate in two-step, East and West Coast swing, tango, nightclub two-step, samba, Lindy and other dances. First and Third Friday of every month, 7:30-11 p.m., $10-$20 sliding scale. [illegible] TriptheLightFantastic.org. Lake Merritt Dance Center, 200 Grand Ave., Oakland, 510-584-2870, LakeMerrittDanceCenter.com.

Wicked Gorgeous Drag Team Hosted by [illegible], Constantine Cinek, Rusty Hips, and [illegible]. Fridays, 5 p.m. Continues through Sept. 4, $3. White Horse Inn, 6551 Telegraph Ave., Oakland, 510-652-3820, WhiteHorseBar.com.

SOCIAL EVENTS

'80s of Fight' '80s movies and TV episodes plus 2 for $1 well drinks. Tuesdays, 8 p.m., free. Pasand Lounge, 2284 Shattuck Ave., Berkeley, PasandLounge.com.

[illegible] Quiz Trivia game for nerds and prizes. Tuesdays, 9 p.m., free. Beckett's, 2271 Shattuck Ave., Berkeley, 510-647-1790, BeckettsIrishPub.com.

[illegible] Mondays, 8:30 p.m., free. [illegible] McCarthy's, 3363 Grand Ave., San Francisco, 415-[illegible].

[illegible] de Samba Community jam and session for drummers, singers, and dancers who play samba. First and Third Sunday of every month, 3:30-6 p.m., free. La Peña Cultural Center, 3105 Shattuck Ave., Berkeley, 510-849-2568, LaPena.org.

Free Pool Mondays, 5 p.m.-midnight; Wednesdays, 9 p.m.-midnight, free. Faces, 321 W. Jackson Rd., Hayward, 510-783-1706, FacesClub.com.

Kensington Library Knitting Club The [illegible] spin yarns on a monthly basis. First Monday of every month, 7 p.m. Kensington Branch Library, 61 Arlington Ave., Kensington, 510-524-3043.

[illegible] Night Hosted by [illegible]. Mondays, 7:30-9:30 p.m., free. Nomad Café, 6500 Shattuck Ave., Oakland, 510-595-5344, NomadCafe.net.

Ladies Nite Drink discounts & free pool for ladies 8 p.m.-midnight. Thursdays, 8 p.m.-[illegible], free. Faces, 321 W. Jackson Rd., Hayward, 510-783-1706, FacesClub.com.

Laugh Club Medical research has proven that laughter is good for you so come down for a half-hour laugh session. Tuesdays, 10 a.m., $1 facility use fee donation, $2 for nonresidents. San Ramon Senior Center, 9300 Alcosta Blvd., San Ramon, 925-[illegible].

The Living Philosophers Group A [illegible] discussion group. Fridays, 10 a.m.-1 p.m., [illegible]. North Berkeley Senior Center, 1901 Hearst Ave., Berkeley, 510-981-5190.

Oakland Interfaith Gospel Choir Rehearsals Mondays, 7-9:30 p.m., free. [illegible] Community Church, 3320 MacArthur Blvd. Support: 510-530-5481, [illegible].

Pub [illegible] with [illegible] and a cash jackpot. Wednesdays, 9 p.m., free. Pasand Lounge, 2284 Shattuck Ave., Berkeley, PasandLounge.com.

Saturday Morning Football [illegible] Saturdays, 5 a.m., free. Crogan's Sports Bar & Grill, 1387 Locust St., Walnut Creek, 925-933-7800, CrogansSportsGrill.com.

[illegible] Club The club meets two to three times a month and hosts a monthly tournament. [illegible] for [illegible] games. Third and First Saturday of every month, 1-4 p.m., $1. It's Your Move Games and Hobbies, 4921 Telegraph Ave., Oakland, 510-547-4FUN (4386), ItsYourMoveGames.com.

[illegible] Night $8 per person for unlimited bowling games and shoe rental. [illegible] Call ahead to reserve your lane. First Sunday of every month. Holiday Bowl, 29827 Mission Blvd., Hayward, 510-538-0500, HolidayBowl.tv

Monthly Wine Tasting & Dance Party [illegible] from boutique wineries, plus appetizers. For info, visit the [illegible]. Sat., Sept. 5, 7:30 p.m., $35. [illegible] Lounge & Gourmet Place, 3341 Locust St., Walnut Creek, 925-934-0490.

Stitch 'n' Bitch Wednesdays, 6:30-9:30 p.m., free. Café Trieste, 2500 San Pablo Ave., Berkeley, 510-548-5198.

Style with Wine A monthly fashion show with wine, desserts, auction and more. First Thursday of every month, 6 p.m., $35. 925-302-0613. [illegible] 925-30[illegible], [illegible].com.

Walnut Creek [illegible] Café A [illegible] discussion group. Every other Wednesday, 5:30 p.m. [illegible] Philosopher.org. Cafe La Scala, 1656 N. Main St., Walnut Creek, 925-933-7770.

Weekly Sing-Alongs Led by Dale Allen Soland. Free, drop-in, all ages, no experience necessary. Wednesdays, 4:30-5 p.m. Albany Library, 1296 Solano Ave., Albany, 510-526-3720, ACLibrary.org.

SPORTS & OUTDOORS-PARTICIPATORY

Adult Kung Fu Classes Taught by [illegible] from the Shaolin [illegible] Temple and Education Foundation. Tuesdays, Thursdays, 6:45-7:45 p.m., Saturdays, 11 a.m.-noon. Continues through Dec. 31, $10 (but at [illegible] packages). Oakland Asian Cultural Center, 388 9th St., Oakland, 510-637-0455, OACC.cc.

Aikido [illegible] For info, visit [illegible].org. Saturdays, 9:30 a.m., Mondays, 7 p.m. Continues through Dec. 31, $40/mo for 2 classes per week; $28/mo for one class per week. Live Oak Center, 1301 Shattuck Ave., Berkeley, 510-981-6690.

[illegible] Dancing Taught by [illegible]. Wednesdays, 6:30 p.m. Continues through Dec. 31, $5-$10 drop-in (monthly discount avail). Oakland Asian Cultural Center, 388 9th St., Oakland, 510-637-0455, OACC.cc.

[illegible] Bike ride through Oakland. Info: [illegible]Oakland.org. First Friday of every month, 5:30 p.m., free. Frank Ogawa Plaza, at 14th and Broadway sts., Oakland.

Green Living Project: Sustainability Across South America, Part III [illegible] Holmes and other members of Green Living Project discuss responsible travel and sustainability projects. Wed., Sept. 9, 7-8:30 p.m., free. REI Berkeley, 1338 San Pablo Ave., Berkeley, 510-527-4140, REI.com.

High Hand $1,500 Cash Give-Away Sundays, 11 a.m., free. San Pablo Lytton Casino, 13255 San Pablo Ave., San Pablo, 510-215-[illegible], [illegible].com.

Ladies Night Special for [illegible] for women. Info: 510-848-7373 ext. 302. Wednesdays, 5:30 p.m., $10 to walk, $25 for a cart; [illegible] of each purchase will benefit the American Heart Association. Tilden Park Golf Course, Grizzly Peak and Shasta Rd., Berkeley, 510-848-7373, TildenParkGolf.com.

[illegible] Bike Team Weekly [illegible] Leisurely 15-25-mile ride up Tunnel Road and through the Berkeley Hills. Wednesdays, 6 p.m. [illegible] Nomad Café, 6500 Shattuck Ave., Oakland, 510-595-5344, NomadCafe.net.

Pool Tournament Bring your [illegible] & [illegible]. First Saturday of every month, 5:30 p.m., free. [illegible] 3050 [illegible] St., San Francisco, 415-[illegible].

Roc-N-Bowl Mondays, 10 p.m., $1.50 per game. Albany Bowl, 540 San Pablo Ave., Albany, 510-526-8818, AlbanyBowl.com.

Rusty Bindings Ski Club Weekly Meeting Recreational skiers, snowboarders, and other snow buffs welcome. Year-round socials include waterskiing, softball, tennis, golf, and more. Tuesdays, 7:30 p.m. RustyBindings.com. The Greenery Restaurant, 1551 Mt. Diablo Blvd., Walnut Creek, 925-[illegible].

San Francisco Frontrunners A 1.5 mile run starting at Stow Lake together with the rest of the LGBT community and friends. Saturdays, 9 a.m., free. SFfrontrunners.org. Golden Gate Park, 50 Stow Lake Drive, San Francisco.

Shaolin Monk Weekly and Qi Gong Classes Students learn the elements of [illegible] that invoke the mind, eyes, body and soul. Through Feb. 1, 2010. Shaolin Luo Han Temple, 2138 Berkeley Way, Berkeley.

TIME IS MONEY

"don't waste it"

CALL FRED MADRIAGA, C.P.A.

Your Personal C.F.O. • Tax Services

IRS Audit Representation • Divorce Income Tax & Business Evaluation • Construction & Real Estate

MADRIAGA & ASSOCIATES • 5749 DOYLE STREET • EMERYVILLE, CA 94608

TEL: (510) 985 - 1445 • WWW.TEAMTAXPROS.COM • INFO@TEAMTAXPROS.COM

Art Attack
FRIDAYS
Solano Avenue ART WALK
ALBANY & BERKELEY
Friday, September 4
Open 6 'til 9 pm

Albany Arts Gallery
1251 Solano Ave Albany
(510) 526 9588 www.AlbanyArtsGallery.com

Gathering Tribes
1412 Solano Ave @ Santa Fe Albany
(510) 528 9038 www.GatheringTribes.com

Sue Johnson Custom Lamps & Shades
1745 Solano Ave Berkeley
(510) 527-2623 www.SueJohnsonLamps.com

Artbeat Salon & Gallery
1880 Solano Ave Berkeley
(510) 527-3100 www.ArtBeatS[illegible]om/gallery.h[illegible]

Look for the Red Balloons & Lights
Free!
Cultural & Art Events
Family Fun

www.ArtAttackFridays.com
Sponsored by the East Bay Express

Diva Dan
she's your man!
a one woman show

Friday
Sept. 4th

Labor
Day
Weekend

9pm
show
$5 cover

Drag Queens &
Trans Identified
FREE before 9:30

Fabulous Hostess & MC Holotta Tymes!

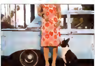
White Horse Bar
6551 Telegraph @ 66th
Oakland, Ca

$2 well drinks
$2 PBRs
6pm-9pm

Diva Dan brings you an evening full of filth, debauchery and glamour with some of her most outrageous, comical and politically incorrect performances!

www.whitehorsebar.com

MUSEUMS & GALLERIES



"Vintage" by Morgan Ford

Paper View

As the Oakland Museum closes its curator juries a show in Berkeley

Thirty-six artworks by eighteen artists were selected from more than a hundred entries by the Oakland Museum of California's René de Guzman and Berkeley Art Center's former Acting Director Kate Eilertsen for this annual **juried members' show** (to which admission is, of course, free). The artists include Henrique Bagulho, Leigh Barbier, Mariet Braakman, Iris Chumbi Berggren, Emily Clawson, Morgan Ford, Julie V. Garner, John Hundt, Lisa Martin, Liz Maxwell, Anthony Lazorko, Mamiko Miki, Camille Newhagen, Henry Navarre, Sarah Newton, Jonathan Solo, Hyewon Yoon, and Alex Zecca, and the work covers a wide range of subjects, styles, and approaches to the versatile medium of paper.

There is no common theme to the work, of course, but among the noteworthy pieces are Henrique Bagulho's two "I am the World" digital photos, presenting multiple versions of himself engaged in various scenarios — awaiting execution by a pantomime firing squad at some prison or bunker and swarming about the grand stairway of San Francisco's City Hall; Leigh Barbier's mixed media paintings "The New Arrivals" and "The Valley of Deceit and Trade," depicting fantastic or fairy tale mountain landscapes filled with small groups of enigmatic elfin figures; Iris Chumbi Berggren's graphite drawings of birds (gyrfalcon, hummingbird, and budgerigar) on partially woven sheets of paper that suggest plumage or nests; Morgan Ford's color photograph, "Vintage," with its cropped view of 1962 or so, judging by woman's print dress and the sky-blue Mercury Comet behind her; Julie V. Garner's large-format color photos of industrial architecture ("Sugar Factory," "Alameda Grey") cut into strips and woven together; John Hundt's surreal collaged engraving portraits of a cephalopod scientist and a paleontologist; Anthony Lazorko's California roadscape woodcuts of a truck stop and a McDonald's, both seen from far off, as if from a speeding auto; Lisa Martin's conceptual ink drawings based on maps of the United States in the mid-18th century; Liz Maxwell's white-on-black drawings, "Thistle" and "Wings for Another Leo," their linear and transparent floral motifs suggesting psychic states; Henry Navarre's white-on-white cut paper "Self" collages, probably based on photographs; Sarah Newton's aquatint photo etchings of San Francisco street scenes ("Corner Chavez and Mission" and "Missouri St., Parking Lot"); Jonathan Solo's gender-bending portrait drawing with collage "Hunted" and "She Loved Me"; and Hyewon Yoon's ink drawing "Abandoned Structures 3," depicting a white plain filled with odd structures of rock and shell. ***Juried@BAC: Works on Paper*** runs through September 20 at **Berkeley Art Center** (1275 Walnut St., Berkeley). BerkeleyArtCenter.org or 510-644-6893.

— *DeWitt Cheng*

ART GALLERIES

ABCO Warehouse Space. Challenge of [illegible] Community art exhibit commenting on Oakland homicides. Through Dec. 28. 1415 [illegible] St., Emeryville. ABCOWSpace.com.

[illegible] Cafe. Landscapes by Pablo Manga Opening reception Fri., Sept. 4, 5-8 p.m. Sept. 4-30. 414 14th St., Oakland.

Bedford Gallery. Full Circle: A Short History of Asian Art Exhibition features more than 400 works [illegible] from artists, dealers, and companies from across the country. Through Sept. 13. 1601 Civic Dr. (Bedford Regional Center for the Arts), Walnut Creek. 925-295-1417. BedfordGallery.org.

Berkeley Art Museum. [illegible]: Artists Respond to a Changing Planet Exhibition explores relationship between kinetic communication and the natural world. Featuring work by Mark Dion, Ann Hamilton, [illegible], Marcos Ramírez ERRE, [illegible], Ruth Robbins, Diana Thater, and Xu Bing. Through Sept. 27. 2625 Durant Ave. (UC Berkeley campus), Berkeley. 510-642-0808. BAMPFA.berkeley.edu.

Berkeley Public Library, [illegible] Branch. A Life in Focus Exhibit features work by Oakland photographer and life coach Nancy [illegible]. Through Sept. 30. 2090 Kittredge St. (at Shattuck Ave.), Berkeley. 510-981-6100. BerkeleyPublicLibrary.org.

Blankspace. Stamped Package: the MFA Thesis [illegible] Student Art from Fri., Sept. 4, 7-10 p.m.; Sept. 5-6, 12-6 p.m. 6608 San Pablo Ave., Emeryville. 510-547-8808. BlankspaceGallery.com.

[illegible] Bell's [illegible] Gallery. First Friday Suits The [illegible] Bell Gallery's First Friday Series features work by [illegible], [illegible] Manuel [illegible], [illegible] Miller and [illegible]. First Friday of every month, 6 p.m. 1010 Pine St., Oakland. 510-451-4661.

[illegible] Gallery. La Fiesta del Tiempo Works on paper by Alejandro Chavez. Artist reception Tues., Sept. 15, 12-1 p.m. Through Oct. 16. 375 11th St., Oakland. 510-237-1387.

Eclectic Gallery. The Tattoo Show Tattoo & cartoon-inspired art by Anna Lance, Angelique Houtkamp, Anna Lopez, Arno Tudor, [illegible], Barry Fuchs, Dan Joiner, [illegible] Cole, Catherine Lagrue, Chris [illegible], Chris Kanyusik, Christina Benjamin, Eric [illegible] and many other artists. Through Oct. 4. 10082 San Pablo Ave., El Cerrito. 510-984-7?5. EclecticGallery.com.

Float Center. The Human Mind Pervades the Dark Encaustic drawings & monotypes by Cheryl [illegible], plus kinetic art by Sasha [illegible]. Through Sept. 19. 1091 Calcot Pl. #116, Oakland. 510-535-1702. TheFloatCenter.com.

Johansson Projects. [illegible] Works by Jennie [illegible]. Artist reception Fri., Sept. 4, 5-9 p.m. Through Sept. 18. 2300 Telegraph Ave., Oakland. 510-444-9140. JohanssonProjects.com.

John F. Kennedy University Arts and Consciousness Gallery. Shape Note: My Perspective on a New Universe Combining East Asian brush painting with Western expressionism. Through Sept. 19. 2956 San Pablo Ave. (2nd floor), Berkeley. 510-649-0499. JFKU.edu/gallery.

Joyce Gordon Gallery. [illegible] Painting exhibition featuring work by [illegible], Joshua Wilson, Jay Merryweather, Alison Rash, Kevin Sauvé, Chris Robinson, and Eric Ward. Opening reception Fri., Sept. 4, 5:30-9 p.m. Sept. 4-Oct. 31. **Street Musicians, Photographs by Gabe Amie** Opening reception Fri., Sept. 4, 5:30-9 p.m. Sept. 4-Oct. 31. **[illegible] Strata** Painting exhibition featuring work by [illegible], Joshua Wilson, Jay Merryweather, Alison Rash, Kevin Sauvé, Chris Thurman, and Eric Ward. Opening reception Fri., Sept. 4, 5:30-9:00 p.m. Sept. 4-Oct. 31. 406 14th St., Oakland. 510-465-8928. JoyceGordonGallery.com.

Kala Art Institute. Residency Projects Part II: New work by [illegible], [illegible] Ali [illegible] and [illegible] Saunders Through Oct. 3. 1060 Heinz Ave., Berkeley. 510-549-2977. Kala.org.

Lucky Dr. [illegible] Art Gallery. [illegible]: Found Object Reconstructions by Tim [illegible] Through Sept. 2. 1538 Santa Clara St., Alameda. 510-[illegible]-9723. [illegible]

Luka's Taproom & Lounge. [illegible] Dog Arts and Craft Collective Arts & crafts bazaar

First Friday

ART OPENINGS & EVENTS

See the Art Gallery listings in the *Express* for more information on East Bay art showings.

Spend an evening supporting local arts and win prizes from the *East Bay Express*!

Some venues offering art openings and/or special events on First Friday, September 4th.

ALAMEDA

Autobody Fine Art
1517 Park St.

Frank Bette Center
1601 Paru St.

ALBANY

A Different Day Gallery
1233 Solano Ave

Albany Arts Gallery
1251 Solano Ave.

Gathering Tribes
1412 Solano Ave.

BERKELEY

Artbeat Salon & Gallery
1880 Solano Ave

Berkeley Potters Guild
731 Jones St

Ideas 4 Elements & Shoes On Solano
1770 & 1774 Solano Ave.

Kala Gallery
2990 San Pablo Ave

Sue Johnson Lamps
1745 Solano Ave.

EL CERRITO

Eclectix Gallery
10082 San Pablo Ave

Fingado Art Gallery
7005 Stockton Ave.

EMERYVILLE

Pariseau Cellars
1419 62nd St., Suite 0

KENSINGTON

Cirola Salon
404 Colusa Ave

Faces Skin Studio
371 Colusa Ave

Hiersoux Gallery
437 Colusa Ave

Kensington Cobbler
378 Colusa Ave.

Kroll Realty
396 Colusa Ave

Nan Phelps Photography
398 Colusa Ave

Post Meridian Restaurant
560 Oak View Ave.

RabbitEARS
337 Colusa Ave

OAKLAND

Awaken Café
414 14th St

21 Grand
416 25th St.

Blank Space
6608 San Pablo Ave

Buzz Gallery
2318 Telegraph Ave

Chandra Cerrito Gallery
25 Grand Ave.

The Compound Gallery
6604 San Pablo Ave

Creative Growth
355 24th St.

The Den at the Fox Theater
1807 Telegraph Ave

Dena Arts
4810 Telegraph Ave

Five Ten Studio
831 Broadway Ave

Forthrite Gallery
5857 San Pablo Ave

FLOAT Gallery
1098 Calcot Place #116

Front Gallery
35 Grand Ave.

Great Wall of Oakland
Back wall on Grand Ave
between Broadway and Valley

Hatch
492 23rd St.

Johansson Projects
2300 Telegraph Ave.

Linville
3080 Piedmont Ave

Luka's Taproom & Lounge
2221 Broadway

LeBel Gallery
1000 Campbell St.

Manioc Gallery
387 17th St. #204

Mercury 20
25 Grand Ave

Mignonne
1000 Jefferson St.

The Moon
447 25th St

Nonesuch Space
2865 Broadway, 2nd floor

Oakland Museum of California
1000 Oak St.

Oakopolis
447 25th St

ProArts
1501 Frank H. Ogawa Plaza

Red Door Gallery
416 25th St.

Rock Paper Scissors Collective
2278 Telegraph Ave

Rosz Café
1940 Park Blvd

Rowan Morrison
330 40th St

Swarm Studios & Gallery
560 2nd St.

The Swee(t)Art Drawing Gallery
6602 San Pablo Ave.

Temescal Arts Center
511 48th St

Thelma Harris Art Gallery
5940 College Ave

RAW Gallery
59 William St.

Well
4233 Telegraph Ave.

If you are an East Bay venue offering a First Friday evening art event, please email your information to promotions@eastbayexpress.com to be included in the October directory

FALL SALE
EXPIRES 10/11 2009
Blick Premier & Studio Canvas
BUY 20+ 70% off
BUY 60% off
BUY ANY 50% off

BLICK art materials

Oakland: 5301 Broadway
510-658-2787

Berkeley: 811 University Ave
510-486-2600

30% OFF
ONE NON-SALE, IN-STOCK ITEM
VALID 9/1/09 - 9/30/09

BLICK

Goods & Services

CALL TO ADVERTISE 510-879-3800

Computer & Internet Training
Upgrade Your Job Qualifications Quickly
1 on 1 Attention. eCommerce Selling w/ PayPal Word, Excel Photo / Video Editing, Create Your Website & More.
From $30 /Subject Free NetSecurity Course.
Aaron 510 227 7888 ext 671 (24 hours)

Christy Bertani Bookkeeping
20 years computerized accounting experience for small businesses throughout the East Bay
510-849 2545

Are You Struggling "With Sex"
porn prostitutes cyber sex masturbation, anonymous sex or ? Join 100's of other "success" stories who have converted their compulsive sex into positive sexuality success in business and relationships.
George Collins, M.A.Sexual Compulsions Specialist, 13 years experience says.
I can help YOU 925 932 0201
compulsionsolutions com

Forget About It!
You got a problem? Forgetaboutit!
Fazule & Sons Plumbing
Residential & Commercial. Check out our great customer reviews on Yelp.com!
Call Tony 510-534 5480 Lic. #798031
Your brown is my green!

Hauling, U-Call We Haul
Professional, prompt reliable. Get rid of your old junk. Business and residential. Environmentally friendly. Free estimates.
510-872 7380

Deborah's Home Repairs
Carpentry electrical plumbing, tile and construction Specialty: Creative Carpentry
18 Years Experience
510 520-2007

Lams Gardening Service
and All Types of Hauling & Clean up Landscaping. New Yard Rock, Bark, Soil, Rototilling New Lawn, Sod Sprinkler and Drip Systems. **Tree Service:** Trimming and Topping. Monthly Care Free Estimates!
510 508-6878

Pregnant? Considering Adoption?
Talk with caring agency specializing in matching Birthmothers with Families nationwide. Living Expenses Paid.
Call 24/7 Abby's One True Gift Adoptions 866-413-6293 (AAN CAN)

West Maui Vacation Rentals
Quam Properties. A family owned and operated company with over 25 years experience in Hawaii. Contact us today for all your West Maui vacation rental needs
1 888-665 1315 www.quamproperties.com

Sullivan Properties
West Maui's Affordable Condos
1, 2, & 3 Bedroom Vacation Rentals
Call: 1 800-332 1238
Visit www.MauiResorts.com

Brand New Laptops & Desktops
Bad credit No credit No Problem
Small weekly payments Order & get Free Nintendo Wii system!
1 800-816 2232 (AAN CAN)

Vaudevillians Stage Troupe
Vaudevillians Stage Troupe is looking for kids ages 5-16 who love to be on stage and want to be a part of the very exciting first season of our Stage Troupe Singers, Dancers, Acrobats, Musicians, Magicians, Comedians...all are welcome to participate in the Halloween Cabaret Carnival. For more information and to enroll online visit our website:
www.vaudevilliansstagetroupe.com
Please feel free to email
info@vaudevilliansstagetroupe.com or call
VaST's director Sarita Pockell 510-205-4041
with questions. Let's Put on a Show!

Affordable Analog Recording
24 Track Analog, 24 Bit Digital $35.00 hr
Randy Burk 510 587 8577 Oakland
StoutRecordingStudio com

Saxophone and Piano Lessons
Play music for the joy of it. Jazz, blues, improvisation. Patient supportive teacher All ages welcome Specialty Adult Beginners.
Call Eve at 510-436-0504

All Areas - Houses For Rent
Browse thousands of rental listings with photos and maps. Advertise your rental home for Free! www.RealRentals.com (AAN CAN)

All Areas-Rentmates com
Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse. www.Rentmates.com (AAN CAN)

Cottage Inn At Lake Tahoe
Your place to stay on the West Shore! Charming theme rooms include full breakfast.
1-800-581-4073
www.thecottageinn.com

Broadway Pet Hospital
Open 7 Days a Week With Extended Hours.
www.broadwaypethospital.com
4820 Broadway Oakland, CA 510-653-0212

Custom Blend your own Tea
Start by picking Green, Black, White, Rooibos, Honeybush or Yerba Mate. Then add fruits, flavors, herbs, flowers and other fun stuff. Wholesale accounts available.
www.customleaf.com

Powerage Amp & Electronic
Specializing in Tube Amplification Vintage to Modern Service Repair Restoration and Mods. Mesa Boogie Authorized Technician. Quality Audio Tubes and Parts.
510 846 3113 tech@pwrage.com
www.pwrage.com Oakland, CA

Guitar/Bass Repair

Free Estimates Free Pickup & Delivery
Fret Jobs Mods Setups
Restoration and Maintenance
Aaron@MaretGuitars com
925-595-5501

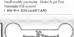
Artist/Live Work Studios

Ford Street Studios $1,900 rent + cam approx. 1,500 sq. ft.. The building is walking distance to BART and there is plenty of shopping nearby One mile from the Alameda beach and Trader Joes (which is in a large shopping complex with grocery stores bookstores, etc.) a few blocks from Alameda's organic market complex.
Please call Vida at 510-536-0807 for a tour.

Luciene s Brazilian Cleaning
Professional Services / Reasonable Rates
510 547 8846 Cell Phone 510 228 6650
Visit www.lucienesteil.com

Earth Circles Counseling Center
Compassionate Professional Therapists.
Sliding Scale Call 510-601-1929
www.EarthCirclesCounseling.com

REHEARSE AMERICA
OAKLAND
MONTHLY BAND REHEARSAL STUDIOS
(510)326 6881
REHEARSE.COM


Happy Hound
4080 34th Street Oakland
www.happyhound.com
"Your Dog Will Love It Here!"

Lams Gardening Service
AND ALL TYPES OF HAULING & CLEAN-UP
510-508-6878

Custom Leaf
What's your flavor? Custom create your own tea at Custom Leaf! Our gorgeous hand blended and packed teas are wonderful gifts for yourself or someone special. Wholesale accounts welcome!

Forget About It!!!
You got a problem?
Forgetaboutit!
Fazule & Sons Plumbing
Residential & Commercial
Check out our great customer reviews on Yelp.com!
Lic. #798031
Call Tony 510-534-5480
Your brown is my green!

JP Painting Company
Interior & Exterior License #541260
20% OFF
with mention of this ad
Juan Ventu
510-478-5119
juan1234@sbcglobal.net
Faux Finish

Boyd's Body & Auto Repair
Complete Automotive Service Center
Serving the East Bay for over 25 years
TOWING SERVICES AVAILABLE
510 654 0425
boydsbodyshop@sbcglobal.net

High Quality, Low Cost Computer Service
- Home or Business
- Virus Removal
- Upgrades
- Network Setup
- Special Rates for Nonprofits

Mention East Bay Express for 15% off
Oakland San Pablo, San Francisco
510 236-7000
www.RehaTech.org
RehaTech

FREE COUNSELING
drop in mon thu 6 45-9pm
2339 durant berkeley ca
510.548.2570 ext. 2250

WEST MAUI VACATION RENTALS
1-888-665-1315 QUAM

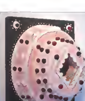
GET AN EARLY REFUND
DON'T PROCRASTINATE
Fred Madriaga
Certified Public Accountant
510-985-1445 or 510-653-3275
5749 DOYLE STREET • EMERYVILLE, CA 94608

POWERAGE AMP & ELECTRONIC
SERVICE • REPAIR • MODS
Mesa Boogie Authorized
Quality Audio Tubes and Parts

PICKS

Cakeland

Kurt Schwitters' famous environmental artwork, "The Cathedral of Erotic Misery," it is not, but Scott Hove's *Cakeland* is a descendant of that pioneering Dadaist work, destroyed during the bombing of Dresden in World War II. Both installations entail obsessive labor and mix seriousness and satire. Hove's cakes are made of recycled cardboard boxes painted pastry-box or Pepto-Bismol pink and ornamented with rosettes and swags of faux icing (joint compound or acrylic gel). They are stacked like igloo ice blocks into labyrinthine walls that surround an ornate chapel or chamber (which was separately exhibited at the San Jose Museum recently). Visitors, once beyond the fanged-cake, demon entries lurking amid the rococo pastry-gun frippery and plastic fruit, can meditate on final rewards and just deserts. Reception September 4, 6-10 p.m. (let there be cake). *Cakeland* runs through September 25 at **Cakeland Gallery** (5600 Shattuck Ave., Oakland) [illegible] 510-[illegible]-4880 (call for hours). — *DeWitt Cheng*



[illegible] exhibition by [illegible]. Through Sept. 13. 500 2nd St. [illegible] 510-[illegible]

[illegible] Gallery: The [illegible] Featuring works by [illegible], [illegible], Martha Sue Harris, [illegible], and [illegible]. Through Sept. [illegible] San Pablo Ave. (at the Compound Gallery), Oakland.

MUSEUMS

[illegible] Museum. [illegible] restored by volunteers. Daily. **[illegible] Soldiers: Experience** Photos and memorabilia telling the story of the [illegible] generation Japanese American troops who fought for the US in WWII. Daily. Pier 3 [illegible] Point, [illegible]. 510-[illegible]

Asian Art Museum. In a New Light [illegible] works from the museum's collection represent an introduction to the major cultures of Asia. Daily. 200 Larkin St., San Francisco. 415-581-3500. AsianArt.org.

[illegible] Museum: 3 Days with Allen Ginsberg The museum's [illegible] exhibit of never-before-seen photographs of poets Allen Ginsberg and Lawrence Ferlinghetti and playwright Michael McClure by photographer Harold Adler. Daily. 540 Broadway, San Francisco. 1-800-[illegible]-6822. [illegible]Museum.org.

Berkeley Art Museum. [illegible] Exhibit features works from the BAM [illegible] Through Dec. 20. **[illegible]** [illegible] by [illegible] [illegible] Through Oct. 11. 2625 Durant Ave. (at [illegible]), Berkeley. 510-642-0808. BAMPFA.berkeley.edu.

Blackhawk Museum. [illegible] Three [illegible] [illegible] from [illegible], on display. Daily. 3700 Blackhawk Plaza Cir., Danville. 925-736-2280. BlackhawkMuseum.org.

Chabot Space & Science Center. [illegible] Hands-on exhibit [illegible] [illegible] Through Dec. 31. $10.95-$14.95. 10000 Skyline Blvd., Oakland. 510-336-7373. ChabotSpace.org.

de Young Museum. Tutankhamun and the Golden Age of the Pharaohs Exhibit organized by National Geographic, Arts and Exhibitions International, and AEG Exhibitions, with cooperation from the Egyptian Supreme Council of Antiquities. Through Sept. 30. 50 Hagiwara Tea Garden Dr. (Golden Gate Park), San Francisco. 415-750-3600. [illegible]

Exploratorium. Traits of Life A collection of exhibits and demonstrations examining the fundamental elements common to all living things. Daily. 3601 Lyon St. (Palace of Fine Arts), San Francisco. 415-561-0363. Exploratorium.edu.

[illegible] Children's Museum. [illegible] The ongoing exhibition of [illegible] [illegible] Game, The Big O's [illegible] Daily. **Show in the Farm** [illegible] shows where food comes from. Young children can harvest apples, [illegible] eggs in the big red barn, and a house, fish in the pond, and build with stackable haybales. Through Sept. 15. 2005 Kittredge St., Berkeley. 510-642-1113, [illegible]

Hayward Area Historical Society Museum. [illegible]: The Story of the California Grizzly Sept. 3-Jan. 2. 22701 Main St., Hayward. 510-581-0223. HaywardAreaHistory.org.

[illegible] of [illegible] Art. [illegible] Portraiture A celebration of pets in [illegible]. Daily. **[illegible] Artistic [illegible] Diversity through Material** An ongoing group show. Daily. 2081 [illegible] St. [illegible] 510-437-9999, [illegible]

Judah L. Magnes Museum. Projections Multimedia works from the museum's extensive collections of archival documentary and experimental [illegible]. Daily. **Memory Lab** [illegible] allows visitors to create digital family albums and [illegible] based on their own documents, photographs, and memories. Daily. 2911 Russell St., Berkeley. 510-549-6950. Magnes.org.

Lawrence Hall of Science. Animal Grossology Sylvia Branzei's children's [illegible] centers on blood-sucking, [illegible], slime-producing, vomit-drinking critters. Through Sept. 6. **Animal Grossology** [illegible] [illegible] Through Sept. 6. **[illegible] on a Sphere [illegible]** New permanent [illegible] [illegible] Watch hurricanes form, tsunamis sweep across the oceans, and city lights glow around the planet. Daily. $4-$9.50. Centennial Dr. (above the UC Berkeley campus just below Grizzly Peak Blvd.), Berkeley. 510-642-5132. [illegible]

Lindsay Wildlife Museum. [illegible] of the Pacific Slope: The Art of Modern [illegible] Through Sept. 7. 1931 1st Ave., Walnut Creek. 925-[illegible]. [illegible]

Mills College Art Museum. [illegible] Beauty and Decay Photographs by [illegible] and [illegible] by Carlos Cawfield. Sept. 2-Dec. 13. 5000 MacArthur Blvd. [illegible] 510-430-2164.

Phoebe A. Hearst Museum of Anthropology. Native Californian Cultures The "visible storage" exhibition comprises some 500 objects from the museum's collection of native Californian cultures. Daily. **From the Maker's Hand** From the [illegible] [illegible] A selection of works from China, Egypt, and Peru plus locations in Africa, North America, and the Mediterranean. Daily. Kroeber Hall (UC Berkeley), Berkeley. 510-643-7648. [illegible]

San Francisco Museum of Craft + Design. [illegible] Organized by the [illegible] Arts Foundation, [illegible] by Bernard N. [illegible] Nelson. Through Oct. 4. **Silver of the [illegible]** Ten Scottish metalsmiths create original drinking vessels inspired by Scottish celebrations. Through Oct. 4. 550 Sutter St., San Francisco. 415-773-0303. SFMCD.org.

San Francisco Museum of Modern Art. The Art of Design: The Architecture and Design Collection An ongoing presentation of works of architecture, graphic design, and industrial design. Daily. **Picturing Modern: The Photography Collection** [illegible] holdings, photos by Adams, Cunningham, Evans, Lange, Stieglitz, et al. Daily. **Matisse and Beyond: The Painting and Sculpture Collection** Pieces from the museum's holdings, including work by [illegible] Mondrian, Rauschenberg, [illegible] Diebenkorn, et al. Daily. **Museum, Art and Life: The Contemporary Painting and Sculpture Collection** Large-scale installations and multiple-work [illegible] from the museum's [illegible] Daily. 151 3rd St., San Francisco. 415-357-4000. SFMOMA.org.

Zeum. Reality Check A museum exhibit for kids that provides safe rooms in arts, media, and technology. Daily. 221 4th St. (Yerba Buena Gardens), San Francisco. 415-777-2800. Zeum.org.

M&G

with work by local artists. [illegible] [illegible] p.m. Continues through Sept. 30. [illegible] 2221 Broadway, [illegible] 510-451-4677. [illegible]

Mercury 20 Gallery. [illegible], [illegible], Peter Honig, Mary V. Marsh, [illegible], and Shaw Vaughan Presenting [illegible] painting exhibit [illegible] [illegible] new work, and [illegible] new work by Honig, Marsh, Morgan and Vaughn. Sept. 4-26. 25 Grand Ave., [illegible] 510-[illegible]-7735. [illegible]

Museum on Main. Imagination Expressed 2009 [illegible] Art League show with oil paintings, acrylics, [illegible], watercolors, sculpture, porcelain, and photography by various artists. Through Sept. 13. 603 Main St., Pleasanton. 925-462-2766. MuseumOnMain.org.

Oakland Public Library, [illegible] Branch. [illegible] Photography Photographs of Lake Merritt and surrounding areas. Reception: Sat., Sept. 26, 11:30 a.m.-1:30 p.m. Sept. 3-Oct. 30. 550 El Embarcadero, Oakland. 510-238-7344. OaklandLibrary.org.

[illegible] Art Gallery. [illegible] [illegible] Fri., Sept. 4, 7-9 p.m. Sept. 4-Oct. 3. 123 Washington Blvd., Fremont. 510-791-4357. Fremont.gov/ArtGallery.

[illegible] Arts. [illegible] of Four Squares Exhibition of the artist group [illegible] [illegible] stewardship project of and around Oakland's historic downtown public [illegible] Sept. 17, 5-9 p.m. Sept. 8-Oct. 9. [illegible] Plaza (at Oakland Art Gallery), Oakland. 510-[illegible] [illegible]Gallery.org.

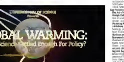
[illegible] Gallery. New Works on Paper by [illegible] Opening reception: Sept. 5, 7:30 p.m. Sept. 5-Oct. 30. 330 40th St., Oakland. 510-384-5344. [illegible]

[illegible] Gallery. The Cryptomnesia of [illegible] Beautiful [illegible] [illegible] fine visual art. Through Sept. 28. 1728 University Ave., Berkeley. 510-813-[illegible]. [illegible]

San Pablo Library. Modern the Sounds: [illegible] Paintings, drawings, mixed media, and sculpture by artists at the National Institute of Art & Disabilities. Through Sept. [illegible] San Pablo Community Center (2450 El Portal Dr.), San Pablo.

Smokey's Tangle. [illegible] Exhibition of Modern block prints by Bay Area and international artists. Reception in partnership with East London Printmakers. Fri., Sept. 4, 7 p.m. 4708 Telegraph Ave., Oakland. SmokeysTangle.com.

[illegible] Modern + Gallery. Natural Selection New paintings and site-specific installations by Vaughn Bell and Josh. Keyes. Through Sept. 13. **Modern Lip**


Science on a Sphere at the Lawrence Hall of Science.
LAWRENCE HALL OF SCIENCE
Presents
GLOBAL WARMING:
Is The Science Sound Enough For Policy?
featuring Dr. Stephen Schneider
YouTube

ECOLOGY CENTER'S
BERKELEY FARMERS' MARKETS

For More Information,
[illegible]

STRING BAND CONTEST
& YOUTH SHOWCASE
Saturday, September 14, 11am 3pm
Saturday Berkeley Farmers' Market Center St. @ Martin Luther King, Jr. Way

COME SEE TWENTY HIGH-SPIRITED, OLD-TIME STRING BANDS PERFORM TWO SONGS EACH AS THEY COMPETE FOR BERKELEY FARMERS' MARKET GIFT CERTIFICATES

http://berkeleyoldtimemusic.org/ for more info

[illegible]

The Heart of the Fresh, Local Food Movement Since 1987 | a program of

AUTOBODY FINE ART

PATCH WRIGHT

TRIPLE THREAT

THREE SOLO SHOWS UNDER ONE ROOF
Patch Wright — Renee Castro — Sandra Hart

Explore the latent psychological energy held captive by aesthetics but threatening to break free from the stranglehold of beauty and appropriate behavior

September 11 – October 4, 2009
opening reception: Fri, September 11 | 7-10pm
gallery hours: Wednesday Sunday 12-6pm

1517 Park Street, Alameda, CA 94501 | www.AutobodyFineArt.com | 510.865.2608

ZEN SUPPLIES · BEDDING · WINDOW SEAT

IMPORTED GIFTS · ASIAN ANTIQUES

980 SAN PABLO AVE
ALBANY
(510) 528-1196

1818 SOLANO AVE.
BERKELEY
(510) 525-7075

968 MORAGA RD
LAFAYETTE
(925) 299-0888

1408 4TH ST., STE. B
SAN RAFAEL
(415) 460-5699

MATSU

Solid oak, cherry, maple, and walnut frames.
Natural cotton and wool.
Custom-made bedding and furniture.

Things Japanese
Zen Supplies

www.matsu-store.com

LOCAL MADE FRAMES · FUTONS · COVERS

SAN FRANCISCO HERB + NATURAL FOOD CO.
4744 Kato Rd. Fremont, Ca. 94538 • 800-227-2830 • 510-770-1215 • Since 1915

OREGON TILTH
CERTIFIED ORGANIC

Grower Importer Wholesaler & Manufacturer
Loose Herbs & Tea Bags · Bulk Botanicals, Bulk Teas
Culinary Spice Blends · Capsules, Oils, Extracts and Tinctures

CALL FOR A FREE CATALOG! www.herbspicetea.com

dance music theater
Cal Performances
UNIVERSITY OF CALIFORNIA, BERKELEY

Two West Coast premieres!
Mark Morris Dance Group
with the MMDG Music Ensemble
Michi Wiancko *violin* Georgy Valtchev *violin*
Jessica Troy *viola* Wolfram Koessel, *cello*
& Colin Fowler *piano*

Thu & Sat Sept 17 & 19 8 pm
and Sun, Sept 20 3 pm
Zellerbach Hall Tickets start at $38

Mark Morris has done more to revive interest in, to lovingly and illuminate classical music to a broad audience than any conductor or musician of the last 20 years. —*BBC Music Magazine*

In a program set to music by Beethoven, Ives, and Schumann, the extraordinary Mark Morris Dance Group, fresh off its summer appearances at the 2009 Tanglewood and Lincoln Center Mostly Mozart Festivals, returns with two West Coast premieres. Performed to live accompaniment by the MMDG Music Ensemble, Visitation and *Empire Garden* exhibit Mark Morris's sublime signature blend of sound and movement. Morris's triumphant (*San Francisco Chronicle*) V rounds out the program.

Program Visitation set to Beethoven's Sonata for Piano and Cello No. 4; *Empire Garden* set to Ives' Trio for Violin, Cello, and Piano; V set to Schumann's Quintet in E-flat Major

Sightlines Sat, Sep 19, 7 pm, Zellerbach Hall. Pre-performance talk by UC Berkeley music colleague. Free with same-day ticket.

Visitation and Empire Garden are commissioned, in part, by Lincoln Center for the Performing Arts and Tanglewood Music Center of the Boston Symphony Orchestra.

Order Online
www.calperformances.org

Charge by Phone
510 642 9988

Ticket Office Zellerbach Hall
Tue–Fri 12 noon – 5:30 pm
Sat–Sun 1 pm – 5 pm

102.1 KDFC

Groups of 10 or more save 15% on most events

RUSH Tickets $10–$20
Call 510.642.9988 ext 2

THEATER

AWAKEN, SING, SIMMER

Aurora Theatre Company adds richness to a Depression-era drama

By Rachel Swan

Balance is overrated for the Bergers. The same might be said for any hard-scrabble Jewish family in Depression-era New York, but this one stands out for its particular concentration of mercurial personalities and unconstrained passions. The Bergers, who star in Aurora Theatre's production of Clifford Odets' 1935 drama *Awake and Sing!*, do everything with gusto whether it's eating, sleeping, fighting, gambling, coveting, volleying insults, shuffling cards, or falling in love. They make snap decisions, speak in aphorisms, and cross-examine each other at the dinner table. Thus, they're the perfect people to set in a pressure-cooker and watch simmer.

Aurora chose an apt time to mount this decades-old play, given all the parallels between the Great Depression and our current recession. Of course, *Awake and Sing!* is locked in a particular time and place — the characters play pinochle, reference actor Al Jolson, sit in armchairs, and read the daily newspaper. Yet all the talk of rationing and budgeting will resonate with modern audiences, as will the political spats that pit Marxist grandfather Jacob against rich Uncle Morty. And there's nothing like an old-fashioned morality tale to put the current crisis in perspective. All the same, this play is less a historical allegory than a group character study. It shows what happens when family members manipulate each other to the point that their strongest foundation starts to crumble.

Several themes and storylines fold together, but the main one, about a brusque, calculating matriarch who exploits her children, lends itself some terrific character roles. At the helm is Bessie Berger (Ellen Ratner), a regal, middle-aged woman with tight curls and a sharp Brooklyn accent. She's the type of mother who intercepts phone calls and sabotages relationships that don't promise financial returns, but would marry her children off in a second if it seemed practical. Her husband Myron (Charles Dean) is a spineless layabout. Her father Jacob (Ray Reinhardt), the play's resident moral compass, is constantly quoting socialist philosophers while playing opera at full blast. Her daughter Hennie (Rebecca White) is a cranky, irresponsible broad with a bad habit of following her own desires. Her son Ralph (Patrick Russell) is a self-pitying do-gooder with imprudent romantic interests. Hennie's lover Moe Axelrod (Rod Gnapp) is a racketeer who gets under everyone's skin. If only Bessie could make them all behave.

Bessie is the fulcrum around which spins all the play's action. She denies Ralph the money for proper dental care or new skates, so he grows up without any sense of familial loyalty. She finds out Hennie is pregnant out of wedlock and forces her into a marriage of convenience with the family's schlubby neighbor Sam Feinschreiber (Anthony Nemirovsky). Like any good despot, Bessie knows how to lie with a straight face, sweep things under the rug, and get other people to do her bidding. But she falls apart under scrutiny. It took great concentration on Ratner's part to make Bessie a believable, even endearing character. She belittles people but also covers for her children when they make a mess. She's cruel, yet put upon.

David Allen

Ellen Ratner is dazzling as Bessie Berger in *Awake and Sing!*

Ratner is dazzling, and she's in good company. Gnapp plays Moe Axelrod as a wisecracking hustler who's so encumbered by his peg leg that it seems the whole side of his body is disfigured. He's a bit slimy for no-nonsense Hennie, but manages to seduce her anyway — probably thanks to slim pickins in the Berger orbit. Victor Talmadge is also convincing as the self-made uncle who subjects other characters to his discretionary largesse. He's as ornery as the others, dispensing such pearls as "Common sense is thicker than love" (which belies more than one relationship in this family). When Morty finds out that Axelrod has three wooden legs stowed away for safekeeping, he decides that if Uncle Sam would stop giving out legs, "maybe we could balance the budget."

The actors benefit hugely from Odets' script, which is a lot smarter and funnier than the phrase "Depression-era family drama" would lead you to believe. But it's surely quite difficult to inhabit one of these roles. Director Joy Carlin has a penchant for intricate blocking, and often has two planes of action happening simultaneously onstage. For instance, she sets up a family dinner scene in the background while Ralph comes to the fore to act out a private phone conversation with his girlfriend. (The phone conversation is hard to decipher even without the added clamor of dinner because Ralph has to convey what's happening on the other end.) It's a cool trick that makes the whole play seem more layered and complex, even though it requires everyone to be fully "on" at all times.

In fact, *Awake and Sing!* does have several layers to it, story-wise and theme-wise. The dialogue is sharp and peppery, and the characters constantly lie to one another and leave it up to the audience to sort fact from fiction. Moreover, the line between moral, ethical behavior and evil subterfuge is perilously thin. For a play that's ostensibly about poverty and desperation, it's actually quite rich. ●

Rachel.Swan@EastBayExpress.com

Show Details
Awake and Sing! runs through Sept. 27 at Berkeley's Aurora Theatre (2081 Addison St.). $17-$45. AuroraTheatre.org

THEATER & DANCE

COMEDY

Comedy Night hosted by Tony Sparks. Thursdays, 8 p.m. Free. BrainWash Cafe, 1122 Folsom St., San Francisco. 415-861-3663. BrainWash.com.

Comedy Off Broadway With a rotating cast of comedians featured on HBO, Comedy Central's Late Night Shows. For info visit ComedyOffBroadwayOakland.com. Fridays, 9 p.m. Continues through Dec. 31. $10. Washington Inn, 495 10th St., Oakland. 510-452-1776.

Comedy [illegible] hosted by [illegible] with rotating acts. Mondays, 8 p.m. $10. Rockit Room, 406 Clement St., San Francisco. 415-387-6343. RockitRoom.com.

Magic & More w/ Big Al Catraz & Friends Find bring you an intimate theater performance of magic and present guests. Saturdays, 8 p.m. $20. Off-Market Theater Stage 250 (965 Mission St.), San Francisco. 415-646-0776.

Comedy Night Nite w/ a rotating lineup of SF Comedy College alumni. Tuesdays, 9-11 p.m. $5. San Francisco Comedy College, 414 Mason St. #705, San Francisco. 415-921-2051. SFComedyCollege.com.

Open Mic Comedy presented by SF Standup. Tuesdays, 8-9 p.m. Free. Annie's Social Club, 917 Folsom St., San Francisco. 415-974-1585. AnniesSocialClub.com.

Saturday Grad Showcase w/ rotating acts. Fridays, 8 p.m. $12-$15. http://www.sfcomedycollege.com/. San Francisco Comedy College, 414 Mason St. #705, San Francisco. 415-921-2051. SFComedyCollege.com.

SF Comedy Showcase Sundays, 8 p.m. $8. Punch Line, 444 Battery St., San Francisco. 415-397-4337. SFPunchlineComedyClub.com.

Hump Day Show rotating acts. Wednesdays, 8-9:30 p.m. $5. San Francisco Comedy College, 414 Mason St. #705, San Francisco. 415-921-2051. SFComedyCollege.com.

[illegible] Improv Comedy A monthly showcase of improvised [illegible]. First Saturday of every month. 4 p.m., $4-$6. Temescal Arts Center, 511 48th St. (at Telegraph Ave.), Oakland. 510-923-1074. TemescalArtsCenter.org.

Thursday Night Hang w/ rotating acts. Thursdays, 8 p.m. $5. www.sfcomedycollege.com/. San Francisco Comedy College, 414 Mason St. #705, San Francisco. 415-921-2051. SFComedyCollege.com.

Tommy Davidson Thu., Sept. 3, 7 p.m., Fri., Sept. 4, 7:30 & 9:30 p.m., Sat., Sept. 5, 7 & 9:30 p.m., Sun., Sept. 6, 7 p.m. $20-$25. Tommy T's Comedy & Steakhouse, 5104 Hopyard Rd., Pleasanton. 925-227-1800.

Sonnets Without Regrets A vaudeville-game show-style MC Battle and poetry show hosted by Jamie DeWolf and Geoff Trenchard. First Thursday of every month, 8:30 p.m. $5-$10. Oakland Metro Operahouse, 630 3rd St., Oakland. 510-763-1146. OaklandMetro.org.

DANCE- PERFORMANCE

Live Salsa Music Beginning and intermediate dance lessons, plus a live musical performance by a different act each week. Wednesdays, 8 p.m. $10, $8 discount. Shattuck Down Low, 2284 Shattuck Ave., Berkeley. 510-548-1159. ShattuckDownLow.com.

Bones Level Health Project Benefit With traditional Peruvian dance by Asociación Cultural Kanchis, Bolivian dance by Kantuta, Afro-Peruvian dance and drumming by De Rompe y Raja, and Danza Azteca and poetry by Good Buddy with Amy Lam. Thu., Sept. 3, 8 p.m. $8-$12. La Peña Cultural Center, 3105 Shattuck Ave., Berkeley. 510-849-2568. LaPena.org.

LIVE VARIETY

Live Lingerie show w/ prizes. Wednesdays, 5-8 p.m. Free. Warehouse Bar, 402 Webster St., Oakland. 510-451-5181. TheWarehouseBar.net.

THEATER & PERFORMING ARTS

American Idiot Rock opera by Green Day. Directed by Michael Mayer and choreographed by Steven Hoggett. Book and lyrics by Billie Joe Armstrong. Based on the band's multi-platinum album. Sept. 4-Oct. 11. Berkeley Repertory Roda Theatre, 2015 Addison St., Berkeley. 510-647-2949.

Art By Yasmina Reza, translated by Christopher Hampton, directed by Susan Oliver. Starting Sept. 3. Thursdays-Saturdays, 8 p.m. Sundays, 2 & 7 p.m. Continues through Sept. 27. Town Hall Theatre, 3535 School St., Lafayette. 925-283-1557.

Awake and Sing! by Clifford Odets, directed by Joy Carlin. Wednesdays-Saturdays, 8 p.m. Sundays, 2 & 7 p.m., Tuesdays, 7 p.m. Continues through Sept. 14. Aurora Theatre, 2081 Addison St., Berkeley. 510-843-4822. AuroraTheatre.org.

Center REPertory Company *All Shook Up* musical based on the book by Joe DiPietro, inspired by and featuring the songs of Elvis Presley. Directed and choreographed by Robert Barry Fleming, with musical direction by Dolores Duran-Cefalu. Starting Sept. 3. Thursdays-Saturdays, 8 p.m., Saturdays, Sundays, 2:30 p.m. Tuesdays, Wednesdays, 7:30 p.m. Continues through Oct. 10. $34-$46. Dean Lesher Regional Center for the Arts, 1601 Civic Dr., Walnut Creek. 925-943-1469. DLRCA.org. 925-295-1400. DLRCA.org.

The Farm Hip-hop version of George Orwell's *Animal Farm*, adapted and directed by John Tracy and overhauled by Shotgun Players. Saturdays, Sundays, 4 p.m. Continues through Sept. 13. $20. John Hinkel Park, 41 Somerset Ave. (between San Diego Rd. and Somerset Pl.), Berkeley. 510-981-5150, www.ci.berkeley.ca.us/parks/parkspages/JohnHinkel.html.

Happy Days Jonathan Moscone directs this irreverent comedy by Samuel Beckett. Fridays, Saturdays, 8 p.m. Sundays, 4 p.m. Tuesdays-Thursdays, 7:30 p.m. Continues through Sept. 8. $40-$58. Bruns Memorial Amphitheater, 100 Gateway Blvd. (off Highway 24 east of Caldecott Tunnel), Orinda. 510-548-9666. Calshakes.org.

Last Directed by Jessica Holt. Fridays, Saturdays, 8 p.m., Sun., Sept. 13, 2:30 p.m., Sun., Sept. 20, 2:30 p.m. Continues through Sept. 26. $16. Masquers Playhouse, 105 Park Pl., Richmond. 510-232-4031. Masquers.org.

Machiavelli's *The Prince* Central Works Method play written and directed by Gary Graves. Thursdays-Saturdays, 8 p.m. Sundays, 4 p.m. Sat., Sept. 12, 5 p.m. Continues through Sept. 19. $14-$25. Berkeley City Club, 2315 Durant Ave., Berkeley. 510-848-7800. BerkeleyCityClub.com.

More listings Online
Get info about dozens more theatrical events at EastBayExpress.com or m.EastBayExpress.com

PICKS

The Farm

Shotgun Players set out to do the impossible by staging a hip-hop version of George Orwell's 1945 novel *Animal Farm*. After all, the source material — which satirizes Joseph Stalin's regime in the Soviet Union — doesn't exactly lend itself to hip-hopification. Yet by restyling the characters and taking liberties with Orwell's language, director Jon Tracy managed to contemporize it while keeping the basic ideas intact. His anthropomorphic animals look like the type of young, awake revolutionaries you'd see at a current anti-war protest. The dictator-pig Napoleon (Chad Deverman) wears a set of oversize DJ earphones while his lackey Squealer (Ruben Oscar Rivera), runs around yelling into a megaphone. Old Major (Daniel Bruno), the Middle White boar credited with devising the animal rebellion, sits atop the stage banging on a drum set with a pair of mallets. This abbreviated version of Orwell's novel, called *The Farm*, is a musical of sorts, albeit a high-concept one. The characters use choreographed dance numbers to help move the plot forward, and most of their dances flow right into the action, rather than interrupting it. Not to mention that by incorporating drums and beatboxing, Shotgun manages to isolate a certain quality of Orwell's novel that might otherwise be lost: the percussive-sound of the prose. Stalinism may be frozen in time, but apparently *Animal Farm* lives on. Through Sept. 13 at Berkeley's **John Hinkel Park** (Southampton Ave. at Arlington Ave.), 4 p.m. Sliding-scale donation. ShotgunPlayers.org. — *Rachel Swan*

Happy Days

The sheer existential premise of Samuel Beckett's play ***Happy Days*** accounts for much of its power: An middle-aged woman, Winnie, is buried waist-deep in a pile of dirt and rubble in a world of perpetual daylight — an alarm bell tells her when to wake and sleep. It's not clear exactly how she got there. Nor do we know why her husband, who lives in a cave behind the pile, has never come to her rescue. In fact, very little gets explained in this abstract but thoroughly wonderful play by California Shakespeare Theater, directed by Jonathan Moscone. Originally an understudy for actress Marsha Mason, UC Santa Cruz theater professor Patty Gallagher had two weeks to memorize ninety minutes of tortuous, elliptical monologue and figure out how to use her face as a singular register of expression. Despite the odds, her Winnie is funny, cheeky, and poignant, capable of misguided insouciance and tragicomic desperation, while Dan Hiatt, in the role of her slovenly husband Willie, makes the most out of his grunts, groans, and monosyllabic responses. Imaginative set pieces and exacting stage direction contribute to the play's success. Through Sept. 8 at **Bruns Amphitheatre** (100 Gateway Blvd., Orinda). $40-$58. CalShakes.org — *R.S.*

Machiavelli's The Prince

[illegible] games of power through things in Gary Graves' latest Central Works play *Machiavelli's The Prince*, which imagines a meeting between Niccolò Machiavelli and Lorenzo de Medici II. Two incredible actors — the rather diminutive, bespectacled Richard Frederick and taller, more evil-looking Michael Navarra — play two characters engaged in a complex and delicate contest for power. Machiavelli (Frederick) tries to curry favor with Lorenzo (Navarra) by presenting a "handbook for tyrants" (i.e., an instructional manual on how to inspire fear in subjects, defeat enemies, and lie selectively). Lorenzo then has to choose between moral integrity and political ambition. Rather than create stark contrasts of good and evil, Graves sets his characters in a pressure cooker and lets them battle it out — often, they use objects in the room (a pitcher of water, a cross, a Rubens's study of Leonardo da Vinci's painting "The Battle of Anghiari") to transmit emotions. The play is taut and unsettling, and Graves's writing mixes history with fiction in an inventive way. Through Sept. 19 at **Berkeley City Club** (2315 Durant Ave.). $14-$25. CentralWorks.org — *R.S.*

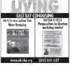
Machiavelli's
The Prince

Too Big to Fail

Now [illegible] and well entrenched as the Bay Area's leading producer of free agit-prop plays, the San Francisco Mime Troupe is tackling ever-more complex issues. Whereas the past he poked fun at [illegible] "family-values" zealots and Iraq war profiteers, head writer Michael Gene Sullivan is now appropriating the language of stock brokers and economists. His new play ***Too Big to Fail***, makes a parable of the global economic crisis. Set in a remote African village, it's the story of an ambitious but good-hearted man who falls prey to a lender after his beloved goat gets repossessed; he sets off to fight the Wall Street demons who are trying to corrupt his village. Scored by Pat Moran (of Lord Loves a Working Man fame), *Too Big to Fail* tells the story of the current recession in the form of African folk tale. Once the villagers acquire "the magic of credit," they start buying cell phones with Beyoncé ringtones, Nintendo Wii and mortgages on new huts, naively thinking they've benefited from the banks' largesse. From an outsider's vantage point, it's easy to laugh and watch the situation unravel. It's less easy to forget that so many of us made the same mistakes. At **Bay Area parks** through Sept. 27. Free. SFMT.org. — *R.S.*

Find Movie Showtimes, Then Buy Your Ticket

The new EastBayExpress.com


COMMUNITY LIVING
EAST BAY COHOUSING
FRI 9/11 eve author free West Berkeley
SAT-SUN 9/12-13 Permaculture for Renters workshop market
www.ebcoho.org (510) 868-1627

Right Wing Smear Radio
☐
☑ PROGRESSIVE RADIO
Check.
green 960AM

GuitarPlayer LIVE! 2009
September 11-13
Downtown Livermore
A Weekend Celebration of music, gear and guitars!

Join us for Livermore Valley Performing Art Center and Guitar Player Magazine's first annual Guitar Player LIVE!, bringing players, guitar legends and manufacturers together for a weekend long celebration of all things guitar.

For tickets call 925.373.6800 or www.bankheadtheater.org

BANKHEAD THEATER
at Livermore Downtown Livermore

Join the 20,000 other people who get eLerts delivered each week.*

Get your FDA Recommended weekly dose of Bay Area event info, special offers and contest announcements.

EAST BAY EXPRESS
eLerts

Get fed at EastBayExpress.com/eLerts

* Unlike other jerks, we never sell your information or make you eat SPAM more than once a week.

Keep it Local!

Eat, Drink, Shop... and Bank

Keep More Money in your Own Pocket and in the Local Economy

OneCalifornia Bank is a community bank focused on serving East Bay & Bay Area individuals, small businesses, and non-profits
Member FDIC EQUAL HOUSING LENDER

OneCalifornia Foundation helps you shop with local, independent businesses and artists at www.oaklandunwrapped.org

Come visit us at 1438 Webster St. in downtown Oakland
510.558.8400 www.onecalbank.com

oakland grown OneCalifornia Bank is a proud Amazing of the Shop Pleasant Grown campaign.

LECTURES & LIT

Power Tool

In Kemble Scott's new novel, sex with a certain guy can cure everything.

He's hot. He's at home in San Francisco's stentorst sexual landscapes. In some ways, Bill Sofleau has it made. But the weird bug with which he became infected while working in faraway Armenia turns out to be a man-made supervirus that is capable, or so Bill is told, of curing every illness in the world. The catch — or is it? — is that for healing to happen, the virus must be transferred via sex. Bill's the only carrier.

So, soon enough, everyone wants a piece of him.

Kemble Scott.

Kemble Scott considers his new novel *The Sower* — whose title alludes to the Bible's Parable of the Sower because Bill broadcasts seed — *Sex and the City* crossed with *The Da Vinci Code*. Politics, religion, science, and the passions of a plugged-in, paranoid society merge in a fantasy set not in the future but in an alternative but recognizable version of the present day.

Once word spreads about Bill's remarkable ability, "he becomes the most wanted man on the planet," explains Scott, an Emmy Award-winning former TV newswriter and producer whose 2007 debut novel *SoMa* was a Lambda Literary Award finalist. And suddenly, "the idea of sex as something 'good' turns out to be very threatening to many powerful people and institutions."

He chose to set part of the story in Armenia because "Armenia is the ultimate story of misplaced values" — where, in 1915, "the Turks decided their 'values' were more important than the lives of millions." In seeking "to bring attention to a holocaust some have tried to erase from the history books," Scott also wanted to remind readers that "different types of genocides are actually happening today."

In this imagined world as in our real one, fierce ideological battles rage over the very idea of human beings being poised to determine, on a massive scale, who lives and who dies.

"What would a thriller be without the hero being chased around the world by henchmen working for the Vatican? In today's genre fiction, Rome has become what SPECTRE was to James Bond," Scott jokes, "so I poke some fun at that. But the scene everyone seems to be talking about is one where an unnamed Republican, right-wing, Texas drawl-speakin' president of the United States seeks the love that dare not speak Dick Cheney's name. Is the character supposed to be George W.?" After conferring with an imaginary lawyer, Scott ventures, "Uh, no comment."

If this alternative present is uncannily familiar — with a swine-flu outbreak mentioned in the novel's first chapter, and a reference elsewhere to Susan Boyle — that's because *The Sower* is published online at Scribd.com.

"Digital publishing is fast. You can reach the one billion people connected to the Internet in an instant," marvels the veteran newsman, who will be at **A Great Good Place for Books** (6120 La Salle Ave., Oakland) on September 3.

And although what happens in this novel is literally a matter of life and death, "I don't want to mislead people into thinking it's a sermon," Scott explains. "In the end, I hope it leaves readers thinking about so-called American 'values.' Maybe there's enough to make them laugh and cry." 7 p.m., free. GreatGoodPlace.indiebound.com

— Anneli Rufus

LECTURES

"artiFACTS" The monthly [illegible] takes place after the Alameda Point Antiques and Collectibles Faire. First Sunday of every month, 3 p.m., $5-$7. Presented by the Bay Theater, Pleasant Point Naval Air Station (Alameda Point), 2700 Saratoga St., Alameda. 510-749-[illegible]. Auctionbythebay.com.

[illegible] Pleasant [illegible] Screening of the documentary [illegible], plus a potluck dinner. Wed., Sept. 2, 6 p.m., $5. Humanist Fellowship Hall, 390 27th St., Oakland. 510-451-5818.

Lang Lang: Discusses His Amazing Life with Sarah [illegible] Tue., Sept. 8, 8:30 p.m., $18-$[illegible]. Zellerbach Hall, UC Berkeley [illegible] from the Mozart Offering. 2430 Bancroft Ave., Berkeley. 510-642-9988. CalPerformances.org.

LITERARY EVENTS

Alison Gopnik Discussing her book *The Philosophical Baby: What Children's Minds Tell Us About Truth, Love, and the Meaning of Life*. Thu., Sept. 3, 7:30 p.m., free. Mrs. Dalloway's Literary and Garden Arts, 2904 College Ave., Berkeley. 510-704-8222. MrsDalloways.com.

Bay Area Free Book Exchange Pairing unwanted books with the people who want them. Saturdays, Sundays, 8 a.m.-6 p.m. Continues through Dec. [illegible], free. Book Exchange, 5520 San Pablo Ave., El Cerrito. 510-526-8548.

Bay Area Poets [illegible] Open Reading First Saturday of every month, 3-5 p.m., free. Strawberry Creek Lodge, 1320 Addison St., Berkeley. 510-841-8330.

Bilingual Storytimes for Children [illegible] Wed., 10:30 a.m., free. Hayward Public Library, 835 C St., Hayward. 510-293-8685. Library.hayward-ca.gov.

California at His Feet Digital storytelling station allows people to record personal testimonials. Daily, free. Hayward Public Library, 835 C St., Hayward. 510-293-8685. Library.hayward-ca.gov.

Damien Deeds and Jonathan Keats Discussing their work. Tue., Sept. 8, 7:30 p.m., free. Moe's Books, 2476 Telegraph Ave., Berkeley. 510-849-2087.

First Thursdays A monthly open mic with Oakland readers and/or a Oakland poet. First Thursday of every month, 7-8 p.m., free. Albany Library, 1247 Marin Ave., Albany. 510-526-3720. ACLibrary.org.

Frederick Aldama Discussing his book *Your Brain on Latino Comics*. Scott Gut Alcala and Los Bros Hernandez. Thu., Sept. 3, 5:30-7 p.m., free. University Press Books, 2430 Bancroft Way, Berkeley. 510-548-0585. UniversityPressBooks.com.

Joan Allen Cassady and Violet Doherty Presenting spoken word, poetry, music, and [illegible] stories. Sun., Sept. 6, 8 p.m., $5-$10. Art House Gallery & Cultural Center, 2905 Shattuck Ave., Berkeley.

Kemble Scott Reading and passing copies of his book *The Sower*. Thu., Sept. 3, 7 p.m., free. A Great Good Place for Books, 6120 LaSalle Ave. (Montclair Village), Oakland. 510-339-8210.

Martinez Library Bookworms Second Saturday of every month, 11:45 p.m., free. Martinez Library, 740 Court St., Martinez. 925-646-2898. www.ccclib.org/locations/branch/martinez.

Middle East Reunion Group Call Anna Nobbes at 510-893-7354 for more info. Saturdays, 3-5 p.m., free. Grand Lake Neighborhood Center, 530 Lake Park Ave., Oakland.

M.J. Ryan Discussing her *Long Adaptability: How to Survive Change You Didn't Ask For*. Wed., Sept. 9, 7 p.m., free. A Great Good Place for Books, 6120 LaSalle Ave. (Montclair Village), Oakland. 510-339-8210.

New Books from Downloads A new service offered through the library's improved web site. Features include an books reference, [illegible] catalogue and database access, search box, pull-down menus, and links. Daily. Oakland Public Library, Long Branch, 126 14th St., Oakland. 510-238-3134. OaklandLibrary.org.

Novella Carpenter Discussing her book *Farm City: The Education of an Urban Farmer*. Sun., Sept. 6, 4 p.m., free. Mrs. Dalloway's Literary and Garden Arts, 2904 College Ave., Berkeley. 510-704-8222. MrsDalloways.com.

Pleasant Hill Library Book Club Second Tuesday of every month, 7 p.m., free. Pleasant Hill Library, 1750 Oak Park Blvd., Pleasant Hill. 925-646-6434.

Poetry Bash presents C.S. Giscombe & Ed Roberson Thu., Sept. 3, 7:30 p.m., free. Moe's Books, 2476 Telegraph Ave., Berkeley. 510-849-2087.

The Unbounders Book Group First Thursday of every month, 7-9 p.m. El [illegible] Library, 4191 Appian Way, El [illegible]. 510-374-3991. [illegible]

[illegible] Discussing *The Ugly Laws: Disability in Public*. Tue., Sept. 1, 5:30-7 p.m., free. University Press Books, 2430 Bancroft Way, Berkeley. 510-548-0585. UniversityPressBooks.com.

PUBLIC INTEREST

Bankruptcy Lawyer in the Library Free legal information and referral presented with the Alameda County Bar Association. [illegible] 5:45 p.m. Wed., Sept. 2, 6-8 p.m., free. [illegible] Main Library, 125 14th Street, Oakland.

Thursday Liberation Book [illegible] Meeting Thursdays, 7 p.m., free. Long Haul, 3124 Shattuck Ave., Berkeley. 510-540-0751.

Democracy for America Meeting The Alameda County [illegible] invites everyone to attend its monthly meeting for [illegible] and progressive policies. [illegible] First Wednesday of every month, 2 p.m. Pasta Pelican, 2455 Mariner Square Dr., Alameda. 510-864-1427. PastaPelican.com.

East Bay [illegible] Exchange Organizing Meeting Sundays, 4-6 p.m., free. Long Haul, 3124 Shattuck Ave., Berkeley. 510-540-0751.

Food Bank Workshop for [illegible] Newly Returned An Alameda County Community Food Bank representative shows how to apply for food [illegible]. Times vary. Second Tuesday of every month, 3:30-4:30 p.m., free. Oakland Public Library, [illegible] Branch, 388 9th St., Suite 190 (Pacific Renaissance Plaza), [illegible]. 510-238-3400. oaklandlibrary.org.

Food Not Bombs [illegible] Meeting Planning meeting for upcoming and ongoing Food Not Bombs meals. First Wednesday of every month, 7:30 p.m., free. Long Haul, 3124 Shattuck Ave., Berkeley. 510-540-0751.

SPOKEN WORD

[illegible] Poetry Slam [illegible] by [illegible] and [illegible] with DJ Agana. Third and First Friday of every month, 7:30 p.m., $3-$5. Cole [illegible] Center, 1535 Webster St., Alameda. 510-893-0650. MySpace.com/[illegible]

[illegible] Poetry Featured readers and an open mic. Richard Moore [illegible] Frogsticks, and [illegible] Mariner [illegible] sessions. Wednesdays, [illegible] p.m., [illegible] Center, 3105 Shattuck Ave., Berkeley. 510-849-2568. LaPena.org.

Hella Dark A night of poetry and weekly word. Thursdays, 8:30-11:30 p.m., [illegible] entered. Eastside Cultural Center, 2277 International Blvd., Oakland. 510-533-6629.

[illegible] & [illegible] Presenting [illegible] poetry and song. Sun., Sept. 6, 5 p.m., $8. La Peña Cultural Center, 3105 Shattuck Ave., Berkeley. 510-849-2568. LaPena.org.

Music & Spoken Word Open Mic First Sunday of every month, 4-8 p.m., free. Casa Una Vista, 1382-B Park St. (at Redwood St.), Alameda. 510-769-4869.

Poetic Groove W/ Cassandra, Indigo, & Jen Martin. Fridays, 7:30 p.m., free. House of Unity, Eastmont Town Center (7200 Bancroft Ave., Ste. 334), Oakland. 510-430-9915.

Thursday at Word Beat A weekly spoken-word and poetry gathering. Thursdays, 5 p.m. Continues through Dec. 31, free. [illegible] Mediterranean Cafe, 2475 Telegraph Ave., Berkeley. 510-549-1128.

Written Word Art Visual and Oral History Night All presenters, except for guest speakers, will be allotted 3-8 minutes to tell their stories or present their opinions. Singing begins at 6:15. First and Third Friday of every month, 6:30 p.m. [illegible] Cafe [illegible], 3299 [illegible] Dr., San Leandro. [illegible]-04

PICKS

Campuswide Memorial

Every year at the start of the fall term, UC Berkeley honors students, staff, and faculty who have passed away during the previous year. Among many to be honored at the **Campuswide Memorial** on September 3 at the **flagpole behind California Hall** are *The Great Disorder* author Gerald Feldman, *Politics and Sexuality* author Gerard Caspary, and Paula Gunn Allen, whose fifteen books include *A Cannon Between My Knees*. 12 p.m., free. Berkeley.edu — *Anneli Rufus*

Lunch Poems

Hosted by former US Poet Laureate Robert Hass, UC Berkeley's annual **Lunch Poems** series opens in **Morrison Library** on September 3 with readings by English department faculty members Dorrie Beam, C.D. Blanton, Eric Falci, Mark Goble, David Landreth, Namwali Serpell, Emily Thornbury, *Playing* author Melanie Abrams, and Vikram Chandra, author of *Red Earth and Pouring Rain* and *Sacred Games*. 12:10 p.m., free. Lib.Berkeley.edu — *A.R.*

Novella Carpenter

When she and her boyfriend moved into a sketchy [illegible] in a iffy Oakland neighborhood, **Novella Carpenter** envisioned livestock. And beehives. And crops. The daughter of back-to-the-land hippies, Carpenter charted her transformation of the property in *Farm City: The Education of an Urban Farmer*, a memoir from which she reads on September 8 at **Mrs. Dalloway's** (2904 College Ave., Berkeley). 4 p.m., free. MrsDalloways.com — *A.R.*

M.J. Ryan

Call it a challenge or call it a crisis. Change is difficult for nearly all of us, especially change that we cannot control. At **A Great Good Place for Books** (6120 LaSalle Ave., Oakland) on September 9, **M.J. Ryan** — whose many books include *This Year I Will* and *The Happiness Makeover* — discusses her new handbook on optimizing confidence while minimizing fear, *AdaptAbility: How to Survive Change You Didn't Ask For*. 7 p.m., free. GGPBooks.com — *A.R.*

COMPLEMENTARY MEDICAL OPTIONS FOR YOUR PET, BOTH ANCIENT AND MODERN

WE ARE HERE TO PROVIDE YOUR PET WITH GREATER QUALITY OF LIFE BY ENCOURAGING NATURAL HEALING THROUGH ACUPUNCTURE, HERBAL THERAPY, CHIROPRACTIC, PULSED SIGNAL THERAPY AND NUTRITIONAL COUNSELING

1989 Mountain Blvd. Oakland, CA 94611 / 510-339-2600 / www.HolisticVetCare.com

Find Movie Showtimes, Then Buy Your Ticket

Plan your date at **EastBayExpress.com**

WHAT ARE YOU DOING THIS WEEKEND?
Merlot
Reserve
Chardonnay
Reserve
Cabernet
Sauvignon
Estate

28th Annual

HARVEST WINE CELEBRATION

LABOR DAY WEEKEND – SEPTEMBER 6 & 7

SUNDAY & MONDAY   WWW.LVWINE.ORG

Celebrate the Harvest Season with over 40 Livermore Valley Wineries. Enjoy wine tasting, meet winemakers, dance to live music, and more. Complimentary shuttle buses take guests to wineries on Sunday.

For tickets and details, visit www.LVwine.org

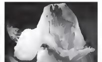
Enter code: *EastBayExpress* at checkout and receive 10% off your on-line ticket purchase

(tickets must be purchased before 9/5/09)

LIVERMORE VALLEY
Wine Country

The Shelter Within

For the homeless, body awareness is a journey



Dawn McMahon

Myles Moses

Soon after moving into a low-rent West Oakland dance studio a few years ago, **Dawn McMahon** realized that homeless drifters came with the territory. The makeshift space was a de facto hub for substance abusers, the mentally ill, and others with nowhere else to go. Some were intrusive, some were aggressive. Wanting to teach, dance, and practice bodywork in peace, McMahon embraced a bold plan.

"I helped them with their bodies," she remembers. Observing at close range the physiological effects of prescription medications and illegal drugs, McMahon began to engage her troubled neighbors at their own level while encouraging them, however possible, to recognize and respect their physical selves. For the Feldenkrais- and Laban Movement Analysis-trained dancer/choreographer who has performed extensively with the local *butoh* troupe Harupin-Ha, this turned into an unexpected mission. Having founded the Phoenix Rising Homeless Project, McMahon now teaches therapeutic movement classes at three Oakland homeless women's shelters. A September 5 fund-raiser at **21 Grand** (416 25th St., Oakland) will support Phoenix Rising's expansion to more shelters throughout the East Bay.

For homeless women who have been abused or been prostitutes, "working with the body is a lot more basic and elemental than just getting food, clothing, and shelter," McMahon explains. "If you're trying to change your life around, claiming the body is a wonderful inroad to that."

Each participant in the Phoenix Rising classes — where small movements can produce "little victories," McMahon asserts — arrives with her own history. Because "they come with so many different injuries" to body and spirit, each is asked to move no more or less than she wishes and to come and go at will. "They just need to be themselves," McMahon says. "I tell them that if they fart, that's okay." So is simply watching the session or talking about how it makes them feel.

"I'm working on healing their relationships with themselves," says McMahon, who is the artistic director of Oakland-based dance troupe Pythia. "There is a real power in discussing the body. It harkens back to when women used to sit on their front porches drinking tea or whiskey and talking about their kids and their ailments. But homeless women are really isolated in a lot of ways, and there's a huge lack of trust. Because of what they've been through, they expect to be exploited" physically and otherwise. So even the gentlest body-awareness exercise, such as assessing shoulder alignment, "can be deeply profound for them. Just getting them to lie down on the floor sometimes turns into a whole journey, and the discoveries around it are really deep."

Classically trained in ballet, McMahon has taught Cirque du Soleil aerial performers as well as wheelchair users. The fund-raiser includes a lavish dinner and drinks as well as performances by Pythia, belly dance troupe Raks Afrika, composer and sonic artist Lucio Menegon, and comedian Kelly Anneken.

"If anything, my work with the homeless is a gift back to them," McMahon beams. "Getting them to take care of themselves and their bodies is like putting water on a very thirsty plant in the desert. This is about connecting the body to the world and the self." 8:30 p.m., $25. PythiaDance.org.

— Anneli Rufus

PERSONAL GROWTH

[illegible] Days of [illegible] Practice Period With meditation & yoga, [illegible], retreat (sliding scale fee [illegible]), and community [illegible]. Through Sept. 21. The Center for [illegible] Peace, 2584 Martin Luther King Jr. Wy., Berkeley, 510-549-3733, [illegible].org.

Mandana Community Recovery Center Friday Night Meditation Meditation history, posture and breath techniques, chakra exploration, and different styles of meditation. Fridays, 8-9 p.m. Continues through Dec. 31. Free for Mandana CRC members, $3 for nonmembers. Mandana Community Recovery Center, 2988 [illegible] St., Oakland, 510-595-0030.

RELIGION & SPIRITUALITY

Curriculum in Jewish Learning Multi-lecture [illegible] lecture series. Thursdays, 10:15 a.m.-noon. Continues through Dec. 31. $7, $108 for a 25-lecture series. Temple Beth Sholom, 642 Dolores Ave., San Leandro, 510-357-8505, [illegible].org.

[illegible]: The Pieces of the [illegible] Ray [illegible] Unitarian Science and Spirituality Wed., Sept. 2, 7:30 p.m. Free. Northbrae Community Church, 941 The Alameda, Berkeley, 510-526-3805.

Core Curriculum Tuesday Nights Courses open to everyone but highly recommended for people interested in leadership positions in the church. An optional through-dinner at 6 p.m. will precede worship (7 p.m.) and programs (7:30 p.m.). Call for schedule. Tuesdays, 7 p.m. Continues through Dec. 31. Unitarian Universalist Church, 1 Lawson Rd., Berkeley, 510-525-0302, UUCB.org.

LGBT Meditation Group Vipassana meditation practice. E-mail [illegible] for info. Wednesdays, 7-8:30 p.m. Continues through Dec. 31. Free. East Bay Meditation Center, 2141 Broadway Ave., Oakland, 510-268-0696, EastBayMeditation.org.

Meditation, Dharma Talk and Beginner's Night Wednesdays, 7-9 p.m. Continues through Dec. 31. Free. Empty Gate Zen Center, 2200 Parker St., Berkeley, 510-845-8565.

Qi Gong Learn Qi Gong from the monks from the Shaolin Buddhist Temple and Education Foundation. Tuesdays-Thursdays, 5:30-6:30 p.m.; Saturdays, 10-11 a.m. Continues through Dec. 31. $10 (with [illegible]). [illegible] Cultural Center, 388 9th St., Oakland, 510-631-0455, OACC.org.

Thursday Evening Core Curriculum Programs Exploring Unitarian Universalist Theology, first Thursdays, 1:30 p.m.; Exploring Prayer and Spiritual Practices for Unitarian Universalists, second Thursdays, 1:30 p.m.; Exploring Unitarian Universalist Heritage and Tradition, third Thursdays, 1:30 p.m.; Exploring World Religions, fourth Thursdays, 7:30 p.m.; Exploring Theological Perspectives, fifth Thursdays, 7:30 p.m. Thursdays. Continues through Dec. 31. Unitarian Universalist Church, 1 Lawson Rd., Berkeley, 510-525-0302, UUCB.org.

Worship Pastor Dr. John [illegible] leads a weekly service at [illegible]-ethnic church where "everybody is somebody and Jesus is Lord." Sundays, 8 a.m. Continues through Dec. 31. 510-[illegible]. Agape Bible Fellowship, 2005 19th St., San Pablo, 510-236-8487, AgapeBFM.org.

YOGA & BODYWORK

InterPlay as a Life Practice Cynthia Winton-Henry and other InterPlay leaders lead an ongoing class in moving, breathing, improvising, and playing. Fridays, 10-11:30 a.m. $10-$15. InterPlace, 2273 Telegraph Ave., Oakland, 510-465-2797, InterPlay.org.

Lunchtime Kundalini Yoga Thursdays, 12:05 p.m. Continues through Sept. 30. Free. William Shank Conference Room, Sproul Hall, UC Berkeley, Berkeley.

Open House with Free Yoga Classes Wed., Sept. 2, 9 a.m.-11:30 p.m. Free. [illegible] Center, 1808 University Ave., Berkeley.

Tai Chi, Meditation, and Qigong With Jeffrey Kessler. Thursdays, 5 p.m. Continues through Dec. 31. $50-$110 per month. Chochmat HaLev, 2215 Prince St., Berkeley, 510-704-9687, Chochmat.org.

Weekly Yoga Instructor Lila Galindo from The Yoga Company in San Ramon shows how to do simple poses. Sundays, 6:15 p.m. Continues through Dec. 31. Free. Dublin Public Library, 200 Civic Plaza, Dublin, 925-828-1315, www.[illegible].org/[illegible]

PICKS

Open-House Party

Martial arts isn't all somber scowls, face-offs, and flips. **Open-house parties** at **Seja** (2406 Webster St., Oakland) on the first Friday of every month feature refreshments, dancing, demonstrations, and more. On September 4, students flaunt their kung-fu skills, and a live DJ spins world beats. Methods incorporated into Seja's workouts include stick fighting, kickboxing, Brazilian jujitsu, and more. 7 p.m. Free. SejaMartialArts.com *— Anneli Rufus*

Laughter Yoga

Energizing and relaxing the organs and tissues of the belly, solar plexus, and chest, laughter yoga reduces stress while cheering you up. After all, it's laughter. At the **Hayward Public Library** (835 C St., Hayward) on September 5, a **laughter yoga session** focuses on showing you how to breathe more satisfyingly simply by laughing more heartily. You might feel silly at first but your lungs will thank you. 3 p.m. Free. Library.ci.hayward.ca.us *— A.R.*

Tasting Relaxation

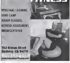
Some forms of exercise emphasize slow movement and stillness; others are faster. Some entail making sounds. At the **Nyingma Institute** (1815 Highland Pl., Berkeley) on September 5, **"Tasting Relaxation"** is the name of Jack van der Meulen's all-day workshop on using kum nye — better known as Tibetan yoga — to induce a nectar-like relaxation so deep and all-encompassing that you can actually "taste" it. 10 a.m.-4:45 p.m., $60. NyingmaInstitute.com *— A.R.*

Tibetan yoga

[illegible]/Flickr CC

Tian Gong Study Group

Based on Western and Eastern traditions including karma, qigong, reincarnation, and even alchemy — and exploring secret meanings embedded in Chinese characters — ***tian gong*** is a school of philosophy that aims to bring about world peace. At **Rudramandir** (830 Bancroft Way, Lotus Room 114, Berkeley) on September 11, certified tian gong instructors Alec Williamson and Mary Ho lead a study group. 7:30 p.m. $5. Rudramandir.com *— A.R.*



BEAUTIFUL LOKS
A holistic approach in locking hair
NO twist, NO wax, NO maintenance
Lok extension, repair and restoration
Free consultation
Lok[illegible] Moses
510-978-1318
beautifulloks@yahoo.com
www.beautifulloks.com

Improv Classes
at every level

If there ever was a place to learn how to think on your feet — and have a blast doing it — it is Pan Theater. It doesn't matter if you are a complete novice, or an advanced performer. At Pan you will find a class that fits your needs.

To learn more visit pantheater.com, or call 415.724.9433 for upcoming classes.

Pan Theater
Where Neurons Fire Faster
One block from BART in Uptown Oakland

Peter Thomas
FOR HAIR SINCE 197
HAIRCUT SPECIAL
$28

AQUARIUM AGE

MAINTAINING YOUR EQUILIBRIUM IS ESSENTIAL

For the week of September 2-8, 2009

Saturn/Uranus Opposition, Part 2

The ongoing Saturn/Uranus opposition continues to polarize and divide what is already split and separate, and the gravitational pull along this axis of disconnection continues to exacerbate reactive states. Be prepared for even more surprising and deep gulfs of perception as the same set of facts are read from not just different sides of the political universe, but also from different sides of the consciousness galaxy. As always, when polarization is the theme, synthesis becomes a necessary and vital tool for finding and holding onto a middle path. Just don't confuse a strong center with passivity. Finding a balance and keeping it doesn't mean striking a midpoint. There is no halfway between war and peace. The middle way that's needed to maintain a strong center requires the stamina, confidence, and the willingness to live daily life with a resilient determination to find creative solutions that aren't about capitulation or insincere compromise, but rather creative solutions grounded in the power of imagination.

Uranus is the good news in the creativity equation. Uranus symbolizes the ingenious inventive creativity that won't settle for stuck, stagnant systems. This is Ouranus, the Sky God of ancient Greece, whose vast terrain symbolizes the infinite potential of the unknown. But there is a slight problem with Uranus because it is also explosive and utterly unpredictable, which in human parlance translates into uncontrollable. Uranus tosses thunderbolts capable of lighting up the night sky with a sudden and terrifying fury. The task of consciousness is to figure out how to allow these Uranian illuminations to inspire new ideas about facilitating transformation without causing additional harm.

Saturn's job is to delineate reality — it's "the buck stops here" planet — and one of its roles is defining responsibility. And while many of us think of Saturn as the Lord of Karma, it is actually the principle that supports structure and we need its systems to organize daily life. The problem is we can get caught and comfortable in a Saturnian structure even if it no longer serves. And when that happens, Saturn's presence can ossify into stubborn, haughty resistance.

For the next several weeks, as Saturn, the principle of change, opposes Uranus, the principle of stability, finding and maintaining your equilibrium, inside and out, is essential.

Fortunately, we're also under the influence of Mercury Retrograde from September 7 through September 29. And I say "fortunately" because retrogrades slow the pace of daily life, affording opportunities to review, reflect, and reconsider. I know Mercury Retrograde is generally dreaded, but in a psychic climate where so much is happening so quickly, a lessening of the pace might be helpful. What's more, Mercury represents the facile component of the intellect that can move between heaven and hell in the blink of the mind's eye. And that ability to move between polarities with skill is definitely a welcome addition that will enhance the potential for creative, imaginative breakthroughs.

If you know your Ascendant and/or your Moon sign, read that, too.

ARIES Rather than squander your passion, respect it. Find a consistent stride that allows you to handle the many demands made on your time and energy, but also include enough rest to replenish your reserves.

TAURUS Make flexibility your constant companion, and you'll navigate difficult situations with skill. You don't have to abandon your opinion, but you must respect and acknowledge the opinions of others.

GEMINI It looks and feels like a crisis between personal and professional obligations because it is. Be willing to let go of what you can't handle in either arena, and you'll find the stamina to take care of the rest.

CANCER There is no denying your strong leadership position. Make the most of it by inspiring others to have faith in the possibility of creating a peaceful and prosperous environment for everyone.

LEO It looks, smells, and acts like money and in some cases it is, but the tension isn't only financial. You are in a process of learning that ultimate worth cannot be measured by material standards.

VIRGO You're in a relationship intensive and you don't have to be partnered to feel the intensity. So rather than pretend or hold back what you're feeling, express yourself and trust in the power of authenticity.

LIBRA It isn't possible to control the power of the unconscious, which is one of the reasons dreams and visions are so powerful and often life changing. Pay attention. The power to deliver important messages of the soul is at an all time high.

SCORPIO Figure out how to share your gifts without expectation or disappointment. Yes, this sounds like a koan because it is, and like a true Zen puzzle, contemplating the riddle will free you from the shackles of your mind.

SAGITTARIUS Share your opinions with your usual flare — no modulating your passion. Just be sworn, the secret of your success lies in your ability to listen with equal enthusiasm to what others have to say.

CAPRICORN Daily life is all about having faith in yourself and allowing that faith to inspire the courage of your convictions. I'm not suggesting blind authority. I'm simply advising you to integrate principles into action.

AQUARIUS First rule of magic: The universe rearranges itself to accommodate your picture of reality. So open with gratitude to all that is, and you'll stimulate a wide field of abundance and prosperity.

PISCES You're trying to reconcile the strong demands of partners with an equally strong internal demand for personal freedom. Rather than polarize, synthesize. Sounds simple, but the process requires letting go of comfortable behavior that no longer serves. ●

For More Info

Raffee Finn specializes in Transformational Astrology. For readings, call 1-888-937-9264, write P.O. Box 343, New York, NY 10025, visit AquariumAge.com or e-mail Raffee@AquariumAge.com. Copyright © 2009 by Raffee Finn

Mind, Body, Spirit

CALL TRADERTISE 510-879-3800

Best known for our 24 hour crisis line and suicide prevention service,
Crisis Support Services
Has developed expertise in working with:
At risk populations for suicide
People affected by traumatic loss, particularly suicide and homicide bereavement.
Counseling for Older Adults
Face to face counseling services include individual, couple, family and support groups. Call today for a list of current groups:
1-800-260-0094

Earth Circles Counseling Center
Holistic Psychotherapy
Help with tough times.
We offer effective, compassionate guidance with addiction, depression & anxiety, eating disorders, LGBT issues, relationships, self esteem, spiritual issues, trauma & grief. Sliding Scale.
EarthCirclesCounseling.com
PH 510-601-1929

$30/Session/Vets Free
Hypnotherapy Reiki EFT CA approved
HCH Institute Lafayette BART
hypnotherapytraining.com
925 283-3941

Sequoia Healing Clinic & Spa
Acupuncture, Acupressure, Stress Management and Tuina Therapy/Deep Tissue
Monday-Saturday 10 AM - 8 PM
Women & Men Welcome
4728 Franklin St., Oakland, CA 94612
510 836-3888

Therapy Massage
35 Quail CT Room #330 Walnut Creek
925-952-9567

Healing Hands of Light
Transformative Bodywork
Berkeley 510-779-8234

NHI Certified Masseur
Offering Swedish, Sports and Deep Tissue Massage. Intuitive, Strong and Energetic. Deep to Gentle Touch. North Oakland Location. Willing to travel to you for a nominal fee.
$65/60 min. $90/90 min.
510-499-8674 Hector, CMT

Massage the Gift of Giving
Through the Hands and Heart
Mon-Sat 11 AM - 6 PM. Love Your Body
Call Cynthia at 510 303-4367

Free Counseling
Berkeley Free Clinic
Peer Counseling Collective
Drop-In Mon-Thu 6:45–9pm
2339 Durant, Berkeley, CA
freepeercounseling@gmail.com
510-548-2570 ext. 2250

Medical Marijuana Evaluations
Professional and Affordable
Compassionate Health Options
510-465-0420 or 415-255-1200

Discover what the media isn't telling you about Oakland's Measure Z.
oaksterdaminfo.com

Sexual Health Therapy
Specializing in Men Over 50 and the somatic nature of sexuality. Beat Erectile Dysfunction
Nambiya Aziz, MHS/CMT 510-663-8106
www.MensHealthSpecialist.com

Studio Abasi
A results oriented skin care, waxing, and makeup studio. We offer a wide array of skin care solutions and spa services. Licensed Esthetician Shannon Carter Specializes in Skin Care: Facials, Peels, Masks, Vacuodermie.
510-665-5544
skincare@studioabasi.com

New Dispensary in Richmond
7 Stars Holistic Healing Center
Located in the Pacific East Mall
3288 Pierce St Suite M108 (2nd floor)
Richmond 510 527 STARS (7827)

Suffering with anxiety or depression?
Think no one understands? Lucinda Bassett does. Get her free tape that will stop the suffering without drugs or alcohol.
Call 800-652-9619

Best known for our 24 hour crisis line and suicide prevention service,
Crisis Support Services
has developed expertise in working with:
- At risk populations for suicide
- People affected by traumatic loss, particularly suicide and homicide bereavement
- Counseling for Older Adults
Face to face counseling services include individual, couple, family and support groups. Call today for a list of current groups:
1-800-260-0094

Laser and Skin Salon
At Urban Allure, we are proud to offer Laser Hair Removal, Environ Rx Facials, Intense Pulsed Light treatments and other customized aesthetic services and products to help you achieve a fresher you.
urbanalluresf.com 415-399-1300

Lose 2-8 lbs Every Week
Eat The Foods You Love
Have More Energy!
Guaranteed Natural Safe
Doctor Recommended
Win Cash For Pounds Lost
Call Today 888 235 8890 www.jlbvitality.com

THERE'S NO PLACE LIKE HOME

Grand Tavern feels as warm and intimate as a good friend's living room

By Matthew Stafford

When deconstructing the restaurant-going experience, food and drink tend to trump mood and ambience, and rightly so. But the way a place looks, sounds, and feels can be nearly as important as the stuff on the plate in front of you. Grand Tavern delivers on all these criteria. It's located in a vintage stucco Oakland residence reconceived for wining and dining, with a cozy pub-like bar near the entrance, a lounge with a view of the garden, a homey dining room complete with fireplace, knickknacks, chandelier, and floral wallpaper, and a flagstone patio with potted plants, slat wood tables, and Christmas lights year-round. The residential atmo' is an important aspect of the Grand Tavern experience, because as soon as you walk in you feel like you're hanging out at somebody's friendly old homestead. This amorphous yet unmistakable sensation can be traced to the fact that the Grand is a family affair, with chef Kay Noori of Afghanistan running the kitchen while her daughter Jasmine handles the front of the house and son Temoor acts as general manager. Happily, the menu lives up to the restaurant's down-home vibrations: hearty American classics crafted from organic, farm-fresh ingredients, with a few spicy yet beautifully balanced accents out of Central Asia thrown in.

Grand Tavern

3801 Grand Ave., Oakland. 510-444-4644. GrandTavern.net. Hours: Tues.-Thurs. 4:30-9:30 p.m., Fri. 4:30-10:30 p.m., Sat. 1-10:30 p.m., Sun. 1-9:30 p.m. Bar open weekends until 1 a.m., weeknights until midnight. Reservations accepted for parties of eight or more.

Sample Menu

Roasted squash	$8
Sweet carrot mash	$7
Fried Cornish hen	$16
Onion lamb shank	$16
Blackberry shortcake	$8
Absinthe gimlet	$10

We kicked off our meal with what looked at first like an unhappy reminder of Woodstock-era health food cuisine: individual mounds of earth-toned vegetable matter. But Mrs. Noori obviously knows her way around an herb garden and spice rack, and after a few tentative nibbles we couldn't stop eating the stuff. One example: sweet carrot mash was exactly that, mashed-up bunny fodder, but there was a bite of lemon and crunch of walnut to the dish that made it irresistible. Similar kitchencraft was visited on the roasted squash, a spicy, creamy mashup of garlic, onions, old-country spices, and a mealy, smoky chili pepper or two. The roasted spinach received simpler treatment, with shards of sweet sun-dried tomato and the veggie's own earthy flavor delivering the vitamins in a most delicious way. And a bowl of roasted eggplant, zucchini, and bell peppers was like a lush, hearty ratatouille with an underpinning of onion and garlic, and a dollop of sour cream adding a tangy touch of richness. In the words of a carnivorous friend, if vegetables always tasted this good, I'd eat them now and then.

The entrées are uniformly hearty (if not entirely satisfying in a fill-the-belly sort of way — for only the second time in my many years as a restaurant critic, I had to chase my meal with a homemade peanut butter sandwich — but diners less robust than myself will no doubt welcome the Grand's smaller, European-size portions). There's a Cornish game hen that's marinated in red wine and ginger and then fried, Southern-style, until crunchy on the outside, moist on the inside, with crisp slices of roasted okra adding a bit of down-home verisimilitude. Tenderloin of beef is slowly braised with sweet summer tomatoes and a hint of lemon and served with a bright green chimichurri sauce fragrant with garlic, peppers, and spices. Yum. Best of all was the rich, succulent lamb shank, braised to the tender, juicy stage with enough ginger and onions to give it a subtle bazaar-like flavor. Entrées come with your choice of dry, chewy wild rice spiked with crunchy corn kernels or (a better option) silky pureed yams with a hint of citrus and clove, a marvelous accompaniment to the dishes' robust flavors.

Temoor makes a reunion cooler

Chris Duffey

The house desserts are as warm and as comforting as the restaurant itself. The ultimate comfort food, rice pudding, is made here with high-starch Italian arborio, a grain prone to supple creaminess under the proper slowly simmered conditions. Sweet, delicate, and sprinkled with bits of pistachio, the end result was an exceptionally soul-soothing example of the genre. The blackberry shortcake offers the diner a deceptively simple superstructure: pound cake, berries, and ice cream. But this is the height of blackberry season, and tonight's never tasted better than when the juice of the sweet plump berries is mixed up with the vanilla ice cream, the buttery cake, and a honey-like blueberry reduction sauce. Equally yummy was a ramekin of organic rhubarb braised with ginger and rosewater: a rich, silky, tangy triumph, especially luscious under its pillow of ice cream.

As noted, there's plenty of stuff on the menu to keep the vegetarians happy: the mashed carrots with walnuts, the roasted zucchini and eggplant, the spinach with sun-dried tomatoes, the peppery roasted squash, and a hearty meatless chili. You also can opt for a beet salad with blue cheese, pine nuts, and organic greens, a big platter of fried potato wedges, and sides of the wild rice and the spiced yams.

The wine list offers a nice range of four dozen value-priced options (most are $20-$40 per bottle) from Italy, Spain, and our own backyard. (Benovia's Sonoma Coast Pinot Noir makes a nice juicy companion to that rich, earthy lamb shank.) Thirty-four are available by the glass. The impressive beer list focuses on unique Belgian brews, offering nearly two dozen lambics, wits, and triples including Scaldis, which at 12.9 percent volume is the hottest beer in the Low Countries. There are also several house cocktails to choose from, including the Reunion Cooler, a bright and refreshing concoction of tequila, muddled pineapple, grapefruit zest, and snarky little pink peppercorns, and an especially bracing fresh-lime gimlet made with Plymouth gin and just enough absinthe to offer a hint of Mediterranean sunshine without that cloying licorice flavor.

The Grand Tavern has a few kinks to work out — drinks arrive slowly, utensils are hard to come by, the heat lamp peters out at the height of the foggy season — but the drawbacks are trumped by the surprisingly delectable food, the friendly service, and the cozy, cordial setting. This is a great place to kick back, sip a cocktail, and make yourself at home. ■

FeedBack@EastBayExpress.com

Winner 2009
Chick Pea's
THE FALAFEL PLACE
Organic Falafel, Organic Pita and
Gourmet Falafel Salad Bar
5 Varieties of Signature French Fries
100% VEGETARIAN
FREE ORDER of Any Signature French Fries
with purchase of Falafel Offer Valid with Coupon Expires 9/13
1926 Shattuck Ave Berkeley | 510-540-8880 | Now Open

tây hồ
Try our Signature Dish
VIETNAMESE CRISPY CREPE $6.95
$5 off minimum of $25
Eat In, Take Out, Catering Available
344 12th Street in Oakland 510.836.6388
$1 off Lunch

KING TSIN
$5.95
Lunch Special
Extensive Selection of
Fresh Dim Sum and Dumplings
Full Bar
Large Wine and Beer Selection
1699 Solano Ave • Berkeley
510-525-9890

RESTAURANTS & CAFES

This guide only lists restaurants recommended by Express food critics. You can find complete reviews for all of these restaurants at EastBayExpress.com. Our print listings rotate regularly, as space allows. Our complete Dining Guide is available online, where it is searchable by neighborhood, cuisine, price and more. Price codes assume diners will order a main course and beverage, share appetizers and desserts, and tip adequately. $—up to $10 per person. $$—$10-$25. $$$—$25-$50. $$$$—more than $50.

RICHMOND & NORTH

[illegible] Burritos 10210 San Pablo Ave., El Cerrito, [illegible] (Mexican) $
El [illegible] 3768 San Pablo Dam Rd., El Sobrante, 510-222-8087 (Italian/Peruvian/South American) $$
[illegible] Hot Pot [illegible] 3288 Pierce St. (at the Pacific East Mall), Richmond, 510-524-8061 (Chinese) $-$$
[illegible] Chinese Restaurant 3288A Pierce St. (in the Pacific East Mall), Richmond, 510-5[illegible]-3608 (Chinese/Seafood) $-$$$
The Dead Fish 20050 San Pablo Ave., Crockett, 510-[illegible]-3323 (American/Seafood) $$$-$$$$
Kinder's Custom Meats 3890 San Pablo Ave., Suite E, Hercules, 510-724-2322 (Barbecue/Deli) $
Little Angie's 6115 Potrero Ave., El Cerrito, 510-232-6589 (Steak House) $-$$$
Marylee's Homemade Delights 1572 Sycamore Ave., Suite E, Hercules, 510-245-[illegible] (Filipino) $
[illegible] 12050 San Pablo Ave., Richmond, 510-235-1223 (Vietnamese) $-$$
Pablo [illegible] 250 23rd St., Richmond, 510-234-[illegible] (Mexican/Peruvian) $-$$
[illegible] 1500 Fitzgerald Dr., Pinole, 510-223-5620 (Italian) $$
El Poblano 4821 San Pablo Ave., San Pablo, 510-236-7583 (Central American/Salvadoran) $
[illegible] 844 Willow Ave., Hercules, 510-799-0809 (Southeast Asian/Thai/Burmese) $$

ALBANY, KENSINGTON & BERKELEY-SOLANO

[illegible] Solano 1400 Solano Ave., Albany, 510-528-1231 (California Cuisine/Tapas/Small Plates) $$$
Ajanta 1888 Solano Ave., Berkeley, 510-526-4373 (Indian/Pakistani/Organic/Sustainable) $$
Al's Big Burger 431 San Pablo Ave., Albany, 510-527-1322 ([illegible]) $
Barney's Gourmet Hamburgers 1591 Solano Ave., Berkeley, 510-526-8185 (American/Burgers/Sandwiches) $
Bua Luang 1166 Solano Ave., Albany, 510-527-8288 (Southeast Asian/Thai/Burmese) $
Bui 1647 Solano Ave., Berkeley, 510-528-8011 (Vietnamese) $$
[illegible] Gourmet 1881 Solano Ave., Berkeley, 510-528-1881 (Mexican/Organic/Sustainable) $
Cafe [illegible] 1399 Solano Ave., Albany, 510-526-0466 (Breakfast/Brunch/Cafe/Coffeehouse/Organic/Sustainable/Vegetarian/Vegan) $
China Village 1335 Solano Ave., Albany, 510-525-2285 (Chinese) $-$$
Fatapple's 7525 Fairmount Ave., El Cerrito, 510-528-3433 (Bakery/Breakfast/Brunch/Diner) $-$$
Ici 2948 College Ave., Berkeley, 510-665-6054 (Bakery/California Cuisine/Dessert/Ice Cream/Organic/Sustainable) $$
Khana Peena 1810 Solano Ave., Berkeley, 510-528-2518 (Indian/Pakistani) $$
Lao Thai Kitchen 1136 Solano Ave., Albany, 510-[illegible]-2276 (Cambodian/Laotian/Southeast Asian/Southern/Soul Food/Thai/Burmese) $
[illegible] 1508 [illegible] Ave., Albany, 510-[illegible] (French/Organic/Sustainable) $$-$$$
[illegible] a Bistro 1715 Solano Ave., Berkeley, 510-525-8800 (Tapas/Small Plates/Vietnamese) $$
Zachary's Chicago Pizza 1853 Solano Ave., Berkeley, 510-525-5950 (Pizza) $-$$

BERKELEY-NORTH

[illegible] Hamburgers 1[illegible] Shattuck Ave., Berkeley, 510-849-[illegible] (American/Burgers/Sandwiches) $
Cafe Gratitude 1730 Shattuck Ave., Berkeley, 415-824-4652 (Organic/Sustainable/Vegetarian/Vegan) $$
Casa Latina 1805 San Pablo Ave., Berkeley, 510-558-1101 (Bakery/Mexican) $-
[illegible] Mexican Restaurant 1[illegible] Euclid Ave., Berkeley, 510-549-6400 (Mexican) $-$$
Cesar 1515 Shattuck Ave., Berkeley, 510-883-0222 (Spanish/Tapas/Small Plates) $$
[illegible] 1543 Shattuck Ave., Berkeley, 510-848-0568 (Southeast Asian/Thai/Burmese) $-$$
[illegible] 1674 Shattuck Ave., Berkeley, 510-843-[illegible] (Chinese/Dessert/Ice Cream) $
Fatapple's 1346 Martin Luther King Jr. Way, Berkeley, 510-526-2260 (Bakery/Breakfast/Brunch/Diner) $-$$
Gioia Pizzeria 1586 Hopkins St., Berkeley, 510-528-4692 (Organic/Sustainable/Pizza) $
Grégoire 2109 Cedar St., Berkeley, 510-883-1893 (French/Organic/Sustainable) $-$$
Guerilla Cafe 1620 Shattuck Ave., Berkeley, 510-845-2233 (Breakfast/Brunch/Organic/Sustainable) $
[illegible] Taqueria 1511 Shattuck Ave., Berkeley, 510-548-1061 (Mexican) $
Top Dog 2503 Hearst Ave., Berkeley, [illegible] (American/Burgers/Sandwiches/Organic/Sustainable) $

Full Reviews Online
About 500 reviews searchable by food, region, and price
at EastBayExpress.com
or m.EastBayExpress.com

BERKELEY-DOWNTOWN

Alborz Persian Cuisine 2142 Center St., Berkeley, 510-648-8877 (Middle Eastern/Persian) $$
[illegible] 2122 Shattuck Ave., Berkeley, 510-548-2322 (American/Vegetarian/Vegan) $
Andy and Cindy's Thai Cuisine Berkeley Saturday Farmers' Market (Center St. at Martin Luther King Jr. Way), Berkeley, 510-830-0290 (Organic/Sustainable/Thai/Burmese/Vegetarian/Vegan) $
Angeline's Louisiana Kitchen 2261 Shattuck Ave., Berkeley, 510-548-6900 (Southern/Soul Food) $-$$
Bobby G's Pizzeria 2072 University Ave., Berkeley, 510-665-8866 (Organic/Sustainable/Pizza) $-$$
Brazil Fresh Squeeze Cafe 2161 University Ave., Berkeley, 510-845-8011 (Brazilian/Deli/South American) $
Chaat Cafe 1902 University Ave., Berkeley, 510-845-1611 (Indian/Pakistani/Tapas/Small Plates) $
Jayakarta 2026 University Ave., Berkeley, 510-848-0964 (Southeast Asian) $-$$
Looney's Smokehouse 2[illegible] [illegible] Way, Berkeley, 510-649-[illegible] (Barbecue) $-$$
Pie in the Sky 2124 Center St., Berkeley, 510-848-8878 (Pizza) $
[illegible] 2[illegible] University Ave., Berkeley, 510-[illegible] (Central American) $-$$
Ramen House [illegible] 2[illegible] University Ave., Berkeley, 510-883-[illegible] (Japanese/Soup) $
Thai Delight Cuisine 1700 Shattuck Ave., Berkeley, 510-548-0611 (Organic/Sustainable/Southeast Asian/Thai/Burmese) $-$$
Top Dog 2[illegible] Center St., Berkeley, 510-843-[illegible] (American/Burgers/Sandwiches/Organic/Sustainable) $
[illegible] Thai Cafe 2400-2408 Shattuck Ave., Berkeley, 510-[illegible]-6300 (Southeast Asian/Thai/Burmese) $-$$
Venus 2327 Shattuck Ave., Berkeley, 510-540-5950 (California Cuisine/Organic/Sustainable) $-$$$
Zatar 1981 Shattuck Ave., Berkeley, 510-841-1981 (California Cuisine/Greek/Italian/Middle Eastern/Organic/Sustainable/Spanish/Tapas/Small Plates) $$-$$$

BERKELEY WEST & EMERYVILLE

900 Grayson 900 Grayson St., Berkeley, 510-704-9900 (California Cuisine) $$
Anchalee 1094-1096 Dwight Way, Berkeley, 510-848-4015 (Thai/Burmese) $$
[illegible] 1807 Fourth St., Berkeley, 510-644-[illegible] ([illegible]/Organic/Sustainable) $$
Cafe Rouge 1782 Fourth St., Berkeley, 510-525-1440 (California Cuisine/French/Organic/Sustainable) $-$$$
[illegible] Poblano 1327 [illegible] St., Emeryville, 510-923-0457 (Mexican) $$
Doyle Street Cafe 5877 Doyle St., Emeryville, 510-547-3562 (Breakfast/Brunch/Diner) $
Indus Village 1920 San Pablo Ave., Berkeley, 510-549-3909 (Indian/Pakistani/[illegible]) $
Lanesplitter Pizza and Pub 2033 San Pablo Ave., Berkeley, 510-845-1652 (Pizza) $
Lois the Pie Queen 851 60th St., Emeryville, 510-658-5616 (American/Breakfast/Brunch/Southern/Soul Food) $-$$
[illegible] 1[illegible] 40th St., Emeryville, 510-923-0388 (Japanese/Sushi) $$
[illegible] 8[illegible] [illegible] Ave., Berkeley, 510-84[illegible]-1482 (Italian/Organic/Sustainable) $$-$$$
Rudy's Can't Fail Cafe 4081 Hollis St., Emeryville, 510-594-1221 (American/Diner) $-$$
Sea [illegible] and Deli 598 University Ave., Berkeley, 510-486-8802 (Deli/Seafood) $
Sea Salt 2512 San Pablo Ave., Berkeley, 510-883-1720 (California Cuisine/Organic/Sustainable/Seafood) $$-$$$
Tacubaya 1788 Fourth St., Berkeley, 510-525-5160 (Mexican/Organic/Sustainable/Tapas/Small Plates) $-$$

BERKELEY-SOUTH

Adagia 2700 Bancroft Way, Berkeley, 510-647-2300 (California Cuisine/Organic/Sustainable) $$$
Andy and Cindy's Thai Cuisine Tuesday Berkeley Farmers' Market (Derby St. at Martin Luther King Jr. Way), Berkeley, 510-848-2333 (Organic/Sustainable/Thai/Burmese/Vegetarian/Vegan) $
Breads of India 2448 Sacramento St., Berkeley, 510-848-7684 (Indian/Pakistani/Organic/Sustainable) $-$$
Crixa Cakes 2748 Adeline St., Berkeley, 510-548-0421 (Bakery/Cafe/Coffeehouse) $-$$
[illegible] [illegible] Telegraph Ave., Berkeley, 510-843-[illegible] (African/Ethiopian/Eritrean) $-$$
Holy Land 2965 College Ave., Berkeley, 510-665-1672 (Middle Eastern) $
[illegible] Indian Cuisine 2448 Sacramento St., Berkeley, 510-841-[illegible] (Indian/Pakistani) $
Smokehouse 3115 Telegraph Ave., Berkeley, 510-845-3640 (American) $
Sweet Adeline Bakeshop 3350 Adeline St., Berkeley, 510-595-1380 (Bakery/Cafe/Coffeehouse) $-$$
Top Dog 2534 Durant Ave., Berkeley, 510-843-5811 (American/Burgers/Sandwiches/Organic/Sustainable) $

OAKLAND-ROCKRIDGE

À Côté 5478 College Ave., Oakland, 510-655-6469 (California Cuisine/French/Italian/Organic/Sustainable/Spanish/Tapas/Small Plates) $$$
Barney's Gourmet Hamburgers 5819 College Ave., Oakland, 510-601-0444 (American/Burgers/Sandwiches) $
Cactus Taqueria 5642 College Ave., Oakland, 510-658-6180 (Mexican/Organic/Sustainable) $

Bistro 1491
Kids eat for FREE in September*
1491 Solano Ave.
Albany
510.52[illegible]
bistro1491.com

SWEET FINGERS
Delivering the Finest in Jamaican Food

Here in the Bay Area we don't have the same tropical devotion to fresh goat meat, but Sweet Fingers' Curry Goat is something special.
East Bay Express

Winner 2009
Voted Best of the Bay 2 Years in a Row

Sweet Fingers
3 pm to Close
464 E. 14th St
San Leandro CA
510 553 9869

WHO COMES TO THE OAKLAND GRILL?

1. ATTORNEYS AND BUSINESS PROFESSIONALS... BECAUSE THEY KNOW A GOOD DEAL WHEN THEY SEE ONE.
2. EDUCATORS FOR BURGERS, STEAKS AND FRIES.
3. POLICEMEN FOR STRONG COFFEE AND FRIENDLY SERVICE.
4. COUPLES... BECAUSE THE GOOD FOOD PROMOTES LOVE.

BRUNCH SAT & SUN. | CHAMPAGNE $1.95

Oakland Grill
301 FRANKLIN ST OAKLAND 510.835.1176
"OAKLAND GRILL AWARDED TOP 100 RESTAURANT IN THE US."

BREAKFAST, LUNCH AND BRUNCH AT LAKESHORE CAFE
LAKESHORE CAFE

-Breakfast -Gourmet Sandwiches & Salads
-Great Atmosphere -Beautiful Patio Dining
-Brunch Saturday & Sunday -Catering

3257 LAKESHORE
OAKLAND 510.832.4374
WWW.LAKESHORECAFE.NET
Nominated for Best Brunch in the East Bay by KRON 4

Now serving French Press!
SONOMA coffee cafe
Try our French Connection:
One pot French Press coffee plus 2 croissant breakfast sandwiches. Ooh la la!
Mon-Fri: 7a-11p Sat & Sun: 9a-6p
Located at 2131 Durant Ave. in Berkeley (at corner of Shattuck)
510-665-1440

THE TERRACE ROOM
AT THE LAKE MERRITT HOTEL
Now Serving
Lunch Brunch & Dinner
Lunch 11AM – 2PM
Weekend Brunch 9AM – 2PM
Dinner 5PM – 8PM
Happy Hour!! 4pm – 6pm
Reservations (510)903-3771
1800 Madison Street
Oakland CA 94612
$5.00 Toward the purchase of $20 or more

AJANTA
[illegible]
Best Indian Restaurant
ZAGAT RATED
1888 Solano Ave. Berkeley • 526-4373
Open Daily 11:30am-2:30pm, 5:30pm-9:30pm please visit our website at www.ajantarestaurant.com

HYDERABADI MURG KORMA Boneless organic chicken pieces simmered in a sauce made with onions, garlic, coconut milk, lemon juice, cashews, yogurt, sesame seeds, and spices (Andhra Pradesh)
FISH CURRY GOA Fresh fish (Ling cod or Mahi Mahi) marinated and then simmered in a sauce made with coconut milk, red onions, ginger, garlic, tamarind and spices including dry red chili [illegible] (Goa)
KHUMB JAHANARA Organic shiitake mushrooms simmered in a sauce made with pureed spinach, onions, tomatoes, garlic, cashew paste, and spices including cardamom and cloves (Delhi)

RECENTLY REVIEWED

A Taste of Africa

3015 Shattuck Ave., Berkeley 510-647-9504. Cameroonian cuisine is born of sea and brush and wildly diverse altitudes and climates. It's earthy and ancient with its mineral-rich baobab and huckleberry leaves and manioc, yet not untouched by forty years as a French colony. Running a mainly one-man operation, Malong Pendar — who began by selling his cooking from a van at the Ashby Flea Market in 1991 — lovingly, enthusiastically prepares *ndole*, *fufu*, *mol ross*, *puff puff*, *sole*, *nsoke*, and other dishes beloved in his parents' homeland. But Pendar's versions, unlike the originals, are mainly vegan and vegetarian because he's a big believer in the power of health foods. Much of the fare is naturally soft and mild, but an optional habanero-fueled hot sauce remedies that. Not all menu items are available every day: weekends are most plentiful, but on Tuesdays you've got very little choice. But, the house-made ginger-lemonade is on offer anytime and it is jolting/sublime. $$

Renee Gourmet

510-526-1070. Aiming to bring back traditional meals such as those enjoyed in the El Cerrito home they share with their two sons, Renee Thomas Jacobs and Caroline Thomas Jacobs operate a neat family-run frozen-pizza/lasagna-delivery business, using wholesome ingredients purchased at respectable local institutions such as Country Cheese and Magnani. Renee cooks, handmaking such thin-crust pizza, and Caroline delivers. Of eight standard combinations, half are meatless; custom pizzas with your choice of toppings are also available with advance notice. Sourdough Fare features parsley, sage, rosemary, and thyme with part low-fat mozzarella, Gruyère, house-made tomato sauce, and pine nuts. The cheesy, saucy Kim Ma pizza is topped with fresh garlic and sweet caramelized onion to create a vaguely tangy treat. Upon delivery, Renee's pizzas can be popped into the oven for ten minutes and eaten at once. But they're also willing to wait patiently in your freezer vacuum-packed. Convenience is everything. $$

Five

2086 Allston Way, Berkeley 510-225-6055. Chef Scott Howard coaxes fresh, vibrant flavors out of classic American dishes at the Hotel Shattuck Plaza's fantastically appointed new restaurant. Local, organic, absolutely fresh ingredients star in dishes like roasted oysters with spinach and brandy, crisply fried squash blossoms stuffed with goat cheese, lamb loin wrapped in chives, spinach, and panko crumbs, and a lush butterscotch pudding studded with crunchy peanut brittle. Imaginative wine and cocktail list. $$$

Cafe St. Honoré

821 San Pablo Ave., Albany 510-848-1318. The little tables in this cheery French-style cafe are decoupaged with French postcards, cartoons, and maps, and French music flits through the speakers. Sip café au lait, [illegible] quiche, stuffed brioche, French onion soup, salads, classic sandwiches such as the croque-monsieur and whimsical ones such as the *chien chaud*, which is a hot dog swathed in Gruyère cheese and béchamel sauce. For sale on shelves along the fleur-de-lis-flecked walls are bags of lavender, jars of Maille mustard, cans of Clément Faugier chestnut spread, and slim boxes of butter cookies from Normandy's Biscuiterie de l'Abbaye. Desserts are a specialty: Try its ice cream, custardy coconut sanguinaccio or buttery gâteau Basque, its [illegible] cream so sweet and thick and almond-kissed you want to scream, then you find whole sour cherries buried in its yellow-velvet depths and want — because you know you cannot eat this every day — to die. $

Adesso

4395 Piedmont Ave., Oakland, 510-601-0305. This Piedmont Avenue hotspot is famous for its three dozen varieties of house-cured, uniquely spiced salumi, but there's more to the place than skewered figs with thyme and prosecco: pâtés made of pigeon, rabbit, and duck, panini and piadine (Italian flatbread) stuffed with everything from soft shell crab to mozzarella di bufala, unique antipasti like raw tuna and roasted beets on rounds of chick-pea polenta. Get the Sicilian lemon honey gelato for dessert. Dazzling all-Italian wine list, inventive house cocktails (try the totally peachy Peach!). The 5-7 p.m. happy hour is the very definition of [illegible]. $$$

R&C

Citron 5484 College Ave., Oakland, 510-653-5484 (Breakfast/Brunch/California Cuisine/French) $$$-$$$$

[illegible] of India 3201 College Ave., Berkeley, 510-658-3461 (Indian/Pakistani) $$

Garibaldi's 5356 College Ave., Oakland, 510-595-4000 (California Cuisine/Tapas/Small Plates) $$$

Khana Peena 5316 College Ave., Oakland, 510-658-2300 (Indian/Pakistani) $$

[illegible] [illegible] College Ave., Berkeley, 510-[illegible] (Japanese/Sushi) $$-$$$

[illegible] [illegible] Claremont Ave., Oakland, 510-595-8888 (Asian Fusion/California Cuisine) $-$$

[illegible] 5422 College Ave., Oakland, 510-654-1601 (Italian/Pizza) $-$$

[illegible] 5512 College Ave., Oakland, 510-428-1633 (American/Breakfast/Brunch/California Cuisine) $$

Top Dog 5100 Broadway (inside Longs Drugs) Oakland, 510-601-7187 (Hot dogs/Burgers/Sandwiches/Organic/Sustainable) $

Wood Tavern 6317 College Ave., Oakland, 510-654-6607 (California Cuisine) $$-$$$

Zachary's Chicago Pizza 5801 College Ave., Oakland, 510-655-6385 (Pizza) $-$$

OAKLAND-TEMESCAL

Addis Ethiopian Restaurant 6100 Telegraph Ave., Oakland, 510-653-3456 (African/Ethiopian/Eritrean) $$

Andy and Cindy's Thai Cuisine Sunday Temescal Farmers Market, Oakland, 415-447-6100 (Organic/Sustainable/Thai/Burmese/Vegetarian/Vegan) $

Bakesale Betty 5098 Telegraph Ave., Oakland, 510-985-1213 (Bakery/Cafe/Coffeehouse) $-$$

Kang Tong Bogi 3730 Telegraph Ave., Oakland, 510-658-2880 (Korean) $$

La Cocina Loca 5000 Telegraph Ave., Oakland, 510-601-8221 (Mexican) $

Lanesplitter Pizza and Pub 4799 Telegraph Ave., Oakland, 510-653-5350 (Pizza) $

Mama's Royal Cafe 4012 Broadway, Oakland, 510-547-7600 (American/Breakfast/Brunch) $

Nomad Cafe 6500 Shattuck Ave., Oakland, 510-595-5344 (California Cuisine/Organic/Sustainable) $

Oriental B.B.Q. Chicken Town [illegible] Telegraph Ave., Oakland, 510-[illegible] (Korean) $-$$

Pizzaiolo 5008 Telegraph Ave., Oakland, 510-652-4888 (California Cuisine/Organic/Sustainable/Pizza) $$-$$$

S&S Seafood 4925 Telegraph Ave., Oakland, 510-[illegible] (Seafood/Southern/Soul Food) $

Seoul Gom Tang 3616 Telegraph Ave., Oakland, 510-597-9880 (Korean) $

Tanjia 4905 Telegraph Ave., Oakland, 510-653-8691 (African/Moroccan/Spanish) $$$

Yuyu Za Zang 3919 Telegraph Ave., Oakland, 510-653-2588 (Chinese/Korean) $

OAKLAND-PIEDMONT, GRAND LAKE & EAST

Adesso 4395 Piedmont Ave., Oakland, 510-601-0305 (Burgers/Sandwiches/Italian/Wine Bar) $$$

Andy and Cindy's Thai Cuisine Saturday Grand Lake Farmers Market, Oakland, 415-447-6100 (Organic/Sustainable/Thai/Burmese/Vegetarian/Vegan) $

Barney's Gourmet Hamburgers 4162 Piedmont Ave., Oakland, 510-655-7180 (American/Burgers/Sandwiches) $

Bay Wolf Restaurant 3853 Piedmont Ave., Oakland, 510-655-6004 (California Cuisine/Organic/Sustainable) $$$

Bellanico 4238 Park Blvd., Oakland, 510-336-1180 (Breakfast/Brunch/Italian/Organic/Sustainable/Wine Bar) $$$

Blackberry Bistro 4240 Park Blvd., Oakland, 510-336-1088 (Breakfast/Brunch/Southern/Soul Food) $-$$

Camino 3917 Grand Ave., Oakland, 510-

Nieves Cinco De Mayo
ICE CREAM, SORBETS & SNOW CONES
WE HAVE OVER 24 FLAVORS TO CHOOSE FROM
11am - 9pm
3340 E. 12TH STREET
510-533 6296

CLAREMONT DINER
2 for 1
ENJOY ONE COMPLIMENTARY ENTREE WHEN A SECOND ENTREE OF EQUAL OR GREATER VALUE IS PURCHASED
6200 CLAREMONT AVE
OAKLAND 655 5455

THE FRUITGUYS
WELLNESS BOX
IT'S MORE THAN JUST FRUIT.
1-877-FRUIT-ME
WWW.FRUITGUYS.COM

Sexy sushi
KAMAKURA

OPEN EVERY NIGHT UNTIL 1AM
$5 OFF
PURCHASE OF $20 OR MORE
AFTER 9PM SUN-THURS
BEST BURGER
RUDY'S CAN'T FAIL CAFE
4081 HOLLIS ST. EMERYVILLE 510.594.1221
WWW.RUDYSCANTFAILCAFE.COM

LUNCH AND DINNER SERVED DAILY FROM 11:30AM - 10PM
Tiki Tom's
IN OAKLAND
HAPPY HOUR 4pm-6pm
$2 Bud Draft
$4 Mai Tai
$1.95 Appetizers
EARLY BIRD SPECIAL 3-6 pm Mon-Fri
4 Course Meal only $9.25!!
308 29TH AVE. OAKLAND 510.532.9282
(AT THE FOOT OF THE PARK STREET BRIDGE)
WWW.TIKITOMS308.COM

941-5535 (California Cuisine/Organic/Sustainable) $$$

César Piedmont 4039 Piedmont Ave., Oakland, 510-883-0222 (Spanish/Tapas/Small Plates) $$

Gregoire's 4001 B Piedmont Ave., Oakland, 510-547-3444 (French) $-$$

Holy Land 677 Rand Ave., Oakland, 510-272-0535 (Kosher/Halal/Middle Eastern) $

Messob Ethiopian Restaurant 4301 Piedmont Ave., Oakland, 510-428-0122 (African/Ethiopian/Eritrean) $

Z Cafe and Bar 2735 Broadway, Oakland, 510-663-2900 (American/Mexican/Brunch/California Cuisine) $$

OAKLAND-DOWNTOWN & JACK LONDON SQ

B Oakland 499 9th St., Oakland, 510-251-8770 (California Cuisine/Organic/Sustainable) $$

Binh Minh Quan 338 12th St., Oakland, 510-893-8136 (Southeast Asian/Vietnamese) $-$$$

Flavor of India 548 Clay St., Oakland, 510-834-7084 (Indian/Pakistani) $-$$

Caffe 817 817 Washington St., Oakland, 510-271-7965 (Cafe/Coffeehouse/California Cuisine/Organic/Sustainable) $-$$

Cam Huong Deli 920 Webster St., Oakland, 510-444-8800 (Southeast Asian/Vietnamese) $

Chef Lau 301 8th St., Oakland, 510-835-3288 (Chinese/Seafood) $

Cock-A-Doodle Cafe 719 Washington St., Oakland, 510-465-5400 (American/Breakfast/Brunch/Cafe/Coffeehouse/California Cuisine/Nuevo Latino/Organic/Sustainable) $-$$

La Furia Chalaca 310 Broadway, Oakland, 510-451-4206 (Peruvian/South American) $$$

Sobiro 415 15th St., Oakland, 510-452-1994 (Japanese/Sushi) $-$$$

Legendary Palace 708 Franklin St., Oakland, 510-663-9188 (Chinese) $-$$

Nellie's 411 3rd St., Oakland, 510-663-1350 (Southern/Soul Food) $$

Dong Dong 124 Oakland St., Oakland, 510-835-8175 (Vietnamese) $

Mum Hong 328 10th St. #101, Oakland, 510-835-2239 (Chinese) $-$$

Shanghai Restaurant 930 Webster St., Oakland, 510-465-6878 (Chinese) $-$$

Dragon 5 309 12th St., Oakland, 510-825-[illegible] (Chinese) $$

Tamarindo Antojeria Mexicana 468 8th St., Oakland, 510-444-1944 (Mexican/Tapas/Small Plates) $-$$

Top Dog 400 14th St., Suite B, Oakland, 510-875-9050 (American/Burgers/Sandwiches/Organic/Sustainable) $

Uncle Willie's Bar-B-Que and Fish 614 14th St., Oakland, 510-465-9200 (Barbecue) $-$$

Yoshi's 510 Embarcadero West, Oakland, 510-238-9200 (Japanese/Sushi) $$$

ALAMEDA

Angelina's 1544 Webster St., Alameda, 510-523-2220 (Italian) $$$

Angel Fish 883 Island Dr., Unit C-2, Alameda, 510-865-6400 (Japanese/Sushi) $-$$

Rosa 2508 Santa Clara Ave., Alameda, 510-521-4389 (California Cuisine/Greek/Turkish/Organic/Sustainable) $$

Burlakoff 2355 Santa Clara Ave., Alameda, 510-521-1800 (California Cuisine) $$-$

Bly's Walnut 3244 Central Ave., Alameda, 510-769-9933 (Diner) $

Hanoi Bay 2304 Central Ave., Alameda, 510-[illegible] (Vietnamese) $-$$

The Hob Nob 1313 Park St., Alameda, 510-[illegible] (Tapas/Small Plates) $

La Piñata 1440 Park St., Alameda, 510-[illegible] (Mexican) $-$$

Union's Pacific 2315-A Central Ave., Alameda, 510-814-0179 (American/Breakfast/Brunch/California Cuisine) $-$$

Ole's Waffle Shop 1507 Park St., Alameda, 510-522-5400 (American/Breakfast/Brunch/Diner) $

Otaez Restaurant 1559 Webster St., Alameda, 510-[illegible] (Mexican) $

Pappo 2320 Central Ave., Alameda, 510-337-9100 (California Cuisine) $$$

Speisekammer 2424 Lincoln Ave., Alameda, 510-522-1300 (German/American) $$

OAKLAND-EAST

Ba Le 1509 International Blvd., Oakland, 510-261-9800 (Southeast Asian/Vietnamese) $

Cafe Hoang Restaurant 702 International Blvd., Oakland, 510-444-2508 (Southeast Asian/Vietnamese) $

Champa Garden 2102 8th Ave., Oakland, 510-238-8819 (Cambodian/Laotian/Southeast Asian/Thai/Vietnamese) $

La Estrella Mariscos 3620 International Blvd., Oakland, 510-533-8800 (Mexican) $

Full House Cafe 3718 Fruitvale Blvd., Oakland, 510-482-2200 (American/Diner) $

El Barbacoa Yolita 3640 International Blvd., Oakland, 510-532-2385 (Mexican) $

New Saigon 831 International Blvd., Oakland, 510-465-8036 (Southeast Asian/Vietnamese) $-$$

Pho Ao Sen 1139 International Blvd., Oakland, 510-536-6821 (Southeast Asian/Vietnamese) $

Pho Sau Que 2211 International Blvd., Oakland, 510-434-8188 (Southeast Asian/Vietnamese) $-$$

Pupuseria Lupita 3340 Foothill Blvd., Oakland, 510-436-3854 (Central American) $

Taqueria Campos 3658 Foothill Blvd., Oakland, 510-261-4280 (Mexican) $

HAYWARD & SAN LEANDRO

A Street Cafe 1213 A St., Hayward, 510-581-2558 (French) $$$

[illegible] 22120 Mission Blvd., Hayward, 510-278-7356 (Italian) $-$$

Curry House 26618 Mission Blvd., Hayward, 510-581-4000 (Indian/Pakistani) $

Royal Taipei [illegible], Hayward, 510-885-1133 (Chinese) $$

The Hayward Ranch 22877 Mission Blvd., Hayward, 510-886-5122 (American/Seafood/Steak House) $-$$

JJ's Barbeque and Fish 2824 Castro Valley Blvd., Castro Valley, 510-888-0090 (Grill) $

L&L Hawaiian Barbecue 17300 Hesperian Blvd., Hayward, 510-182-0880 (Barbecue/Hawaiian) $

La Vallarta 3899 [illegible] St., San Leandro, 510-352-8001 (Mexican) $$

La Yoloa 304 A St., Hayward, 510-538-9967 (Mexican) $$

Sam's Super Burger 18451 Hesperian Blvd., San Lorenzo, 510-278-0129 (American/Diner) $

Thai Satay 1376 E. 14th St., San Leandro, 510-352-2345 (Southeast Asian/Thai/Vietnamese) $-$$

FREMONT, NEWARK & UNION CITY

Cafe Ophelia 46817 Warm Springs Blvd., Fremont, 510-668-1880 (Chinese) $-$$$

Chaat Cafe 3814 Mowry Ave., Fremont, 510-796-3410 (Indian/Pakistani/Tapas/Small Plates) $-$$

[illegible] 1743 Decoto Rd., Union City, 510-475-9466 (Chinese) $

Habibi Restaurant 3896 Washington Blvd., Fremont, 510-659-0000 (Kosher/Halal/Middle Eastern) $-$$

Kinder's Meats Deli 43701 Boscell Rd., Fremont, 510-445-3300 (Barbecue/Deli) $

L&L Hawaiian Barbecue 1888 Union City Blvd. (in the Union City Marketplace), Union City, (510) 324-8808 (Barbecue/Hawaiian) $

Little Szechuan 4113 [illegible] Rd., Union City, 510-481-8808 (Chinese) $

Massimo's 5200 Mowry Ave., Fremont, 510-792-2000 (California Cuisine/Italian) $$$

Mirchi Cafe & Indian Pizza 40800 Fremont Blvd. #K, Fremont, 510-[illegible] (Indian/Pakistani/Pizza) $

Salang Pass 37462 Fremont Blvd., Fremont, 510-795-9200 (Afghan/Kosher/Halal/Middle Eastern) $-$$

Woodlands 39233 Cedar Blvd., Newark, 510-494-8127 (Indian/Pakistani) $

PLEASANT HILL, CONCORD & EAST

Chelo's 4315 Clayton Rd., Concord, 925-680-0138 (Peruvian/South American) $-$$

Chopan Kabob 2099 Monument Blvd., Concord, 925-686-5400 (Afghan/Persian) $

Ei's Bistro 1825 Salvio St., Ste. C, Concord, 925-687-3211 (Eastern European/Hungarian) $$

EJ Phair Brewing Company and Pub 2151 Salvio St., Suite S, Concord, 925-691-4253 (American/Brewpub) $-$$

Hans's Gyros and Hot Dogs 240 Golf Club Rd., Pleasant Hill, 925-681-8454 (Greek/Salads) $

Hollywood Pizza, Pasta & More 1862-1 Walnut St., Concord, 925-521-9000 (Italian/Pizza) $

Kinder's Custom Meats 2221 Walnut Ave., Pleasant Hill, 925-798-2353 (Barbecue/Deli) $

Kinder's Custom Meats 1820 Arnold Industrial Way, Concord, 925-825-4262 (Barbecue/Deli) $

Kinder's Custom Meats 5411 Lone Tree Way #510, Brentwood, 925-308-7939 (Barbecue/Deli) $

L&L Hawaiian Barbecue 800 Contra Costa Blvd., Pleasant Hill, (925) 681-3151 (Barbecue/Hawaiian) $

L&L Hawaiian Barbecue 5880 Lone Tree Way #120, Brentwood, 925-684-5288 (Barbecue/Hawaiian) $

La Veracruz 2301 Willow Pass Rd., Concord, 925-688-0119 (Mexican) $$

La Bottega 2151 Salvio St., Ste. I (in Todos Santos Sq.), Concord, 925-521-0016 (Italian) $$-$$$

Lamy's Asia Bistro 2580-A Sand Creek Rd. (in the Sand Creek Crossing mall), Brentwood, 925-513-1136 (Asian Fusion/Chinese/Japanese/Sushi) $-$$$

Luna Ristorante 2118 Willow Pass Rd. #100-B, Concord, 925-681-4980 (Italian) $-$$$

Mac's Old House 3101 E. 18th St., Antioch, 925-754-9508 (American/Italian/Seafood/Steak House) $-$$

Oakland Eatery & Wine Bar 1822 Oak Park Blvd., Pleasant Hill, 925-944-0457 (Tapas/Small Plates/Wine Bar) $$-$$$

WALNUT CREEK

[illegible] Grill & Restaurant [illegible], Walnut Creek, 925-210-1479 (Eastern European) $$

Bing Crosby's 1342 Broadway Plaza, Walnut Creek, 925-939-0464 (American/Steak House) $$$

Le Bistro 1606 N. Main St., Walnut Creek, 925-[illegible] (French/Organic/Sustainable) $$

Taste of India 1358 N. Main St., Walnut Creek, 925-256-7884 (Indian/Pakistani/Organic/Sustainable) $-$$

Dragon 2000 [illegible], Walnut Creek, 925-[illegible] (Chinese) $-$$

George's Giant Hamburgers 1481 Newell Ave., Walnut Creek, 925-939-4488 (Diner) $

Havana [illegible], Walnut Creek, 925-939-4555 (Caribbean Cuisine/Cuban/Nuevo Latino) $$

Huynh 1511 Locust St., Walnut Creek, 925-952-9488 (Vietnamese) $$

[illegible] 1535 Ygnacio Valley Rd., Walnut Creek, 925-932-8383 (Barbecue/Deli) $

[illegible] 1212 [illegible] Way, Walnut Creek, 925-938-2426 ([illegible]/Italian) $

[illegible] 1315 N. Main St., Walnut Creek, 925-937-8115 (Chinese) $$

The Original Hick'ry Pit 1495 S. Main St., Walnut Creek, 925-930-7450 (Breakfast/Brunch/Diner) $$

Prima 1522 N. Main St., Walnut Creek, 925-935-7780 (Italian/Organic/Sustainable) $$$-$$$$

Full Reviews Online

About 500 reviews searchable by food region and price at EastBayExpress.com or m.EastBayExpress.com

1ST BIRTHDAY PARTY
WED 9/30/09 5:30-9:30PM LIVE MUSIC SPECIAL MENU RSVP RECOMMENDED
aunt mary's

BREAKFAST/LUNCH
tues-fri 7-2 sat-sun 8-3

BRUNCH SPECIALS
sat-sun 10-1

DINNER
thurs-sat 5:30-9:30

510.601.9227
WWW.AUNTMARYSCAFE.COM
4307 TELEGRAPH AVE OAKLAND 94609

EAT-IN
09.07.2009

Our kids deserve a decent meal. Urge our national leaders to make REAL FOOD in our SCHOOLS a priority. It's Time for Lunch.

Join Slow Food's Time For Lunch Campaign to bring change to The Children's Nutrition Act.

This is a potluck. Bring a dish to share with your neighbors.

Speakers include Congresswoman Barbara Lee

LABOR DAY — Sept 7th
11:30 am – 3:00 pm

Martin Luther King Jr.
Civic Center Park
2151 Martin Luther King Jr. Way
Berkeley, CA

Free Music, Ice Cream & Kids Activities

Slow Food Berkeley

NATIONAL DAY OF ACTION

Bold Enough for Barbecue

Wines that can hold their own with grilled meats may overwhelm when sipped on their own.

If the weather holds, we've got one more month of barbecue season in the coastal East Bay. Throughout most of the country, beer goes with barbecue, but given the chill of our summer evenings, wine can be a smarter choice for people who want to eat outside and not grow cold because of what they're drinking.

Last weekend, Judy and I entertained our gracious neighbors Wendy and Fredi and their two Swiss house guests, Monika and Rolf. Fredi, a world-class Swiss bargain shopper, procured us five budget-priced bottles that he pronounced well suited to a backyard barbecue. It was an instructive lesson in drinking wines with food.

Yet our opener was not a wine and didn't go well with food. **Verdi Raspberry Sparkletini ($4.99)**, a low-alcohol, wine-like malt beverage that calls itself "Italian *Spumante*," is made to be sipped on a hot afternoon. But like the wine coolers it is reminiscent of, it's an acquired taste. Wendy compared it to Jolly Rancher candy but liked it. Fredi called it too sweet "but not unpleasant." [illegible] described it as *künstlich* (artificial) and reminiscent of [illegible] (bubble gum).

We broke into the real wines well before I started grilling the chicken thighs. The **2007 Borsao ($6.99)**, a blend of Garnacha and Tempranillo we have enjoyed previously, struck most of us as a bit bold. Monika [illegible] hers [illegible]. Rolf pronounced it *leicht bitter* (slightly bitter), and Undeveloped Palate was prompted to observe that she doesn't even like water. The equally inexpensive **Feudo Arancio 2006 Nero D'Avolo ($7.99)** from Sicily won a couple more friends. Fredi pronounced it bold and tannic, and Judy said she was unmoved but would drink it. But Monika called it *[illegible]* (swill).

Then I served dinner and an interesting thing happened. Wendy upgraded the Borsao from "nothing special" to "very special with barbecued chicken," and Judy changed her vote from "tart and sour" to "delicious with food." In fact, once dinner was served, we all loved everything. Monika said *[illegible]* (this wine is top!) about the **Charamba 2006 Douro ($5.99)** from Portugal, and Rolf called it *[illegible]* (wine for everything). Wendy said it flies away with food, and even Undeveloped Palate called it "fine." I liked it too but found it astringent the next day on an empty stomach.

Everyone's favorite was the **Rosenblum Vintner's Cuvée XXXI ($8.99)**. Wendy said she could drink it every night. Rolf called it *fruchtig* (fruity), and Monika said it was *sehr gut* (very good).

As a final test of the importance of food to these wines, we offered the Italian Canine a whiff of the leavings from our spit jar. She turned up her nose and looked at us quizzically. But then again, she didn't get any chicken.

— *Stephen Buel*

For retail availability, visit EastBayExpress.com

R&C

LAMORINDA

Bo's Barbecue 3422 Mount Diablo Blvd., Lafayette. 925-283-7133. (Barbecue/Organic/Sustainable) $-$$

[illegible] 20 Bryant Way, Orinda. 925-254-2981. (American/Steak House) $-$$$

[illegible] 53 Lafayette Circle, Lafayette. 925-[illegible]. (American/California Cuisine/Organic/Sustainable) $$

[illegible] Cafe 3590 Mount Diablo Blvd., Lafayette. 925-283-[illegible]. (Mexican) $-$$

[illegible] [illegible] Lafayette Circle, Suite 1?? Lafayette. 925-284-[illegible]. (French) $-$$$

[illegible] Restaurant 1 Orinda Way, Suite 1, Orinda. 925-253-9852. (Chinese) $

Lily's [illegible] 3555 Mount Diablo Blvd., Lafayette. 925-284-7580. (Chinese) $$-$$$

[illegible] Cafe [illegible] School St., Moraga. 925-376-5121. (American) $-$$

[illegible] 3511 [illegible] Lafayette. 925-284-[illegible]. (Italian/Spanish/Tapas) $$

TRI-VALLEY

Blue Agave Club 625 Main St., Pleasanton. 925-417-1224. (Mexican) $$$

[illegible] [illegible] Main St., Sunol. 925-862-0821. (American/Steak House) $-$$$

Bridges Restaurant and Bar 44 Church St., Danville. 925-820-7200. (Asian Fusion/California Cuisine) $$$-$$$$

Los Caporales [illegible] First St., Livermore. 925-443-[illegible]. (Mexican) $

Forbes Mill Steakhouse 200 Sycamore Valley Rd. West (in the Danville Livery), Danville. 925-552-0505. (Steak House) $$$$

[illegible] 122 W. Neal St., Pleasanton. 925-600-9200. (American/Steak House) $$$$

[illegible] [illegible] Danville. 925-552-[illegible]. (Barbecue/Deli) $

[illegible] [illegible] Suite F2, Pleasanton. 925-[illegible]. (Barbecue/Deli) $

[illegible] [illegible] Alamo Plaza, Alamo. 925-[illegible]. (Barbecue/Deli) $

[illegible] [illegible] San Ramon Rd., Dublin. [illegible]. (American/Seafood/Steak House) $$$

[illegible] [illegible] Rd., Lafayette. 925-[illegible]. (South American/Tapas) $$

[illegible] [illegible] Hartz Ave., Danville. 925-[illegible]. (California Cuisine) $$-$$$

[illegible] [illegible] Crow Canyon Pl. #C, San Ramon. 925-277-[illegible]. (Japanese/Sushi) $-$$$

[illegible] [illegible] Bollinger Canyon Way (at the Canyon Lakes [illegible]), San Ramon. 925-[illegible]. (Italian) $$-$$$

Uncle Yu's at the Vineyard [illegible] Livermore Ave., Livermore. 925-449-7000. (Chinese) $$-$$$

Zachary's [illegible] [illegible] Crow Canyon Pl., Suite [illegible], San Ramon. 925-244-[illegible]. (Pizza) $-$$

FOOD & WINE

CULINARY & WINE

[illegible] Chocolates Factory Tour Opportunity to watch chocolatiers in production, followed by a Q&A. Wednesdays, Saturdays, 11:30 a.m. & 2:30 p.m., free. [illegible] Chocolates Factory Store and Café, [illegible] Hollis St., Emeryville. 510-652-[illegible]. [illegible]Chocolates.com.

[illegible] The Unity Council presents fresh produce and live salsa performances. Third Thursday of every month, 5-8 p.m., free. Fruitvale Village, 34[illegible] E. 12th St. (at Fruitvale BART), Oakland. 510-535-6900. UnityCouncil.org.

Fruit Carving Jimmy Zhang shows and teaches food art with fruit on selected Saturdays (call for details). Saturdays, 10:30 a.m.-12:30 p.m. Continues through Dec. 31. $50. Oakland Asian Cultural Center, 388 9th St., Oakland. 510-637-0455. OACC.cc.

[illegible] on the Mountain Annual Save Mount Diablo outdoor dinner with 500 guests, next to the rock formations of the [illegible] Wall. Includes [illegible] and hors d'oeuvres, silent and live auction, organic sit-down dinner, and live music. Catered by Sunrise Bistro & Catering. Plus the "Mountain Star" awards presented to organizations and individuals dedicated to saving Mount Diablo. For ticket information call 925-947-3535. [illegible] Mount Diablo State Park, Mount Diablo. Danville. 925-[illegible].

Oyster Night Oyster specials, plus guest DJs. Mondays, 4:30-9:30 p.m. Luka's Taproom & Lounge, 2221 Broadway, Oakland. 510-451-4677. LukasOakland.com.

Wine Wednesdays Complimentary wine tastings and wine by the glass for only $5. Second Wednesday of every month, 5-7 p.m. Continues through Dec. 31. [illegible] Cellars & Tasting, 1410 62nd St. (Bldg. B), Emeryville. 510-[illegible]. [illegible]Cellars.com.

FARMERS' MARKETS

Alameda Farmers' Market With locally grown fruits and vegetables, plus family activities. For info visit PCFMA.com. Tuesdays, 9:30 a.m.-1 p.m.; Saturdays, 9 a.m.-1 p.m. Continues through Dec. 30. [illegible] and Webster St. (at Taylor Ave.), Alameda. 510-[illegible].

Bayfair Center Farmers' Market Fresh market [illegible] specialty farmers. Saturdays, 9 a.m.-1 p.m. Bayfair Center, 15555 E. 14th St., San Leandro. 510-357-6000. ShopBayfair.com.

Concord Farmers' Market With Market selling locally grown seasonal fruits, vegetables, and nuts. Thursdays, 4-8 p.m.; Tuesdays, 10 a.m.-2 p.m. Continues through [illegible]. Todos Santos Plaza, Willow Pass Rd. and Grant St., Concord. 925-[illegible].

Farm Fresh Choice Community Farmers' Market Farm Fresh Choice [illegible] produce [illegible] culturally diverse, limited-resource neighborhoods. Wednesdays, 3-6:30 p.m. 510-[illegible]. EcologyCenter.org. Frances Albrier Community Center, San Pablo Park, 2800 Park St. (at Oregon St.), Berkeley. 510-981-5050. [illegible].

Irvington Farmers' Market With Market selling California-grown fruits and vegetables in season. Sundays, 9 a.m.-1 p.m., free. Bay St., at Fremont Blvd., Fremont.

Kaiser Permanente Fremont Farmers' Market With Market selling fresh California-grown fruits and vegetables [illegible] the hospital. Thursdays, 10 a.m.-2 p.m., free. Kaiser Fremont, 39400 Paseo Padre Pkwy., Fremont.

Kaiser Permanente Hayward Farmers' Market With vendors selling locally grown California produce at the main [illegible] to the hospital. Wednesdays, 10 a.m.-2 p.m., free. Kaiser Hayward, 27400 Hesperian Blvd., Hayward.

Kaiser Permanente [illegible] Farmers' Market With Market selling fresh organic fruits and vegetables. Fridays, 10 a.m.-2 p.m., free. Kaiser [illegible], 3801 Howe St., Oakland.

Kaiser Permanente Union City Farmers' Market With fresh fruits, nuts, greens, vegetables, and flowers. Tuesdays, 10 a.m.-2 p.m., free. Kaiser Medical Center Union City, 3553 Whipple Rd., Union City.

Kaiser Permanente Walnut Creek Farmers' Market With vendors selling seasonal produce on the cafeteria patio. Tuesdays, 10 a.m.-2 p.m., free. Kaiser Walnut Creek, 1425 South Main St., Walnut Creek.

Kensington Farmers' Market With [illegible] fresh flowers, organic [illegible] and [illegible], fish, fruits and vegetables, [illegible] breads, [illegible] fresh [illegible] and seasonal [illegible]. Sundays, 10 a.m.-2 p.m., free. [illegible] at the Colusa Circle, Kensington.

[illegible] Farmers' Market Sponsored and managed by Oakland Food Connection, a nonprofit that serves to promote [illegible] awareness, access to healthy [illegible] people and our planet. [illegible] Sundays, 10 a.m.-2 p.m. [illegible] 510-[illegible].

[illegible] Certified Farmers' Market With vendors selling fresh [illegible] flowers, [illegible] fruit, and gourmet [illegible]. For information, call 925-[illegible] or visit [illegible]. Sundays, 10 a.m.-2 p.m. Continues through the [illegible]. Main St., Martinez, [illegible] Main St., Martinez. CCFM.org.

South Berkeley Farmers' Market Breads, specialty foods. All-organic [illegible] for sale, plus [illegible] and events. Thursdays, 3-7 p.m. free. [illegible] 510-548-3333. EcologyCenter.org. [illegible] Ave. (at Adeline St.), Berkeley.

Pacific Coast Farmers' Market [illegible] with fresh [illegible], flowers, and crafts for sale. For info, visit PCFMA.com. Thursdays, 10 a.m.-2 p.m. Continues through Nov. 13. [illegible] and Court St. [illegible] between Main & [illegible] Sts., Martinez.

Pleasanton Farmers' Market With California fruits and vegetables, plus Tri-Valley Animal Rescue [illegible] cat and dog adoptions. Saturdays, 9 a.m.-1 p.m. [illegible] West Angela St. (at First St.), Pleasanton.

[illegible] Farmers' Market Market with vendors selling fresh seasonal [illegible]. Wednesdays, 4-8 p.m. Continues through Oct. 28, free. [illegible] (at Washington Ave.), Richmond.

San Leandro Downtown Farmers' Market With [illegible] demonstrations, guest [illegible], [illegible] activities, wine [illegible], and gourmet foods. Wednesdays, 4-8 p.m. Continues through Oct. 29, free. [illegible] E. 14th St. & Washington Ave., San Leandro.

San Lorenzo Farmers' Market With seasonal produce, recipes, and [illegible] organized by Friends of the Farmers Market. Saturdays, 9 a.m.-1 p.m. Continues through Nov. 18, free. Hesperian Blvd. at Paseo Grande, San Lorenzo.

Saturday Berkeley Farmers' Market Fresh and organic produce, breads, specialty foods, and more for sale, plus special programs and events. Saturdays, 10 a.m.-3 p.m., free. 510-548-3333. EcologyCenter.org. [illegible] Civic Center Park, 2151 Martin Luther King Jr. Way (between Allston and Center Sts.), Berkeley. 510-[illegible].

[illegible] Farmers' Market California Market farmers offer seasonal [illegible], dried fruits and nuts, [illegible] eggs, baked goods, locally caught fish, [illegible] flowers, and more. 510-745-1100. Sundays, 9 a.m.-1 p.m., free. DMV Parking Lot, 5300 Claremont Ave., Oakland.

Tuesday Berkeley Farmers' Market Fresh and organic produce, breads, specialty foods, and more for sale, plus special [illegible] and events. Tuesdays, 2-7 p.m., 510-548-3333. EcologyCenter.org. Derby St. (at Martin Luther King Jr. Way), Berkeley.

PICK

Fruit and Vegetable Carving Class

Practiced since the Tang Dynasty — that is, before the tenth century — the **carving of fruits and vegetables** into artful shapes is a distinctive Chinese culinary tradition. At the **Oakland Asian Cultural Center** (388 9th St., Suite 290, Oakland) produce-carver Jimmy Zhang (founder of Art Chef Inc.) leads a six-Saturday **course** in crafting edible birds, flowers, and much more. 10:30 a.m. OACC.cc. $40 per class, plus a $10 materials fee per class. — *Anneli Rufus*

Ethiopia Restaurant
"The Best Authentic Ethiopian Food"
Vegetarian Lunch Buffet
Monday - Friday for $6.99
[illegible] than 700 possible vegetarian combinations
Also Serving
Lamb, Beef, Chicken and Fish
Open 7 Days A Week
2955 Telegraph Ave. at Ashby
510 843 1992
EthiopiaRestaurant.com

BREAKFAST PATIO NOW OPEN!
[illegible]
FERRATT'S BREAKFAST SPECIAL
2 Eggs, 2 [illegible] Sausage
[illegible]
$4.95
Ferratt's
Tapas & Restaurant
510 647 9014
854 SAN PABLO AVENUE   ALBANY, CA 94706
www.ferratts.com
[illegible]

Find Movie Showtimes, Then Buy Your Ticket
Plan your date at EastBayExpress.com

MOVIES

FLYOVER LAND

The natives are feckless (*Extract*) and foreigners are suddenly scrutable (*Still Walking*). What's the world coming to?

By Kelly Vance

Extract is funnier and truer to life than anything Judd Apatow ever did.

Mike Judge is the chief magistrate of Flyover Land. Sure, other comedy filmmakers can claim to have their fingers on the pulse of lower-middle-class, lower-middlebrow, mainstream Lower Middle America, aka the country that entertainment businesspeople fly over on their way between LA and New York (it used to be called Middle America, but that was before the Great Recession). They may even sell more tickets than Judge. But when it comes to getting under the ballpark weenie skin of what some movie-biz execs refer to as the Great Unwashed, writer-producer-director-voice talent Judge is, ahem, King of the Hill.

He would have won the honor by acclamation simply for creating *Beavis & Butt-Head*, but there was also *Office Space*, the blithely prophetic *Idiocracy*, and more TV credits than you can shake a Slurpee at. Judge, who was raised in Albuquerque, has an instinctive feel for the bored, sullen, hypnotized inertia that settles like dust on his tube-watching, multiplex-crowding, mall-customer characters — the hopelessness too. But he also takes obvious delight in acknowledging their occasional basic, grunt-standard American decency.

By many measures, Joel Reynolds (played by TV lifer Jason Bateman) is a decent guy. As owner of a small factory that produces spray-dried flavoring extracts for commercial food businesses, he takes a kindly, paternalistic interest in his employees, even the dumbest of them. And he nurtures hopes of selling out to General Mills in the near future. However, Joel is distracted by troubles at home. His wife Suzie (Kristen Wiig) seems to have lost interest in sex, so he does what any self-respecting businessman would do: he consults the bartender at the local hotel watering hole, a stoner named Dean (Ben Affleck), and considers hitting on one of his workers, a cute newcomer named Cindy (Mila Kunis). Just watch out for industrial accidents.

Cued by hard-luck country music tunes by Johnny Paycheck and Waylon Jennings, the characters form a Sunbelt constellation of slackerdom. Joel is the sort of well-meaning but frustrated entrepreneur who lavishes considerable thought on the state of his wife's sweatpants — when she puts them on, it means he's locked out for the night — but not much on the production line at the factory. The place seems to run on autopilot. Plant manager Brian (dependably funny J.K. Simmons) doesn't seem to notice that the two women who control the line spend most of their time gossiping, or that Step the line boss (Clifton Collins Jr., the amiable one-armed store clerk in *Sunshine Cleaning*) has a knack for being in the wrong place at the wrong time.

Sexy Cindy could rent herself out as a weapon of mass destruction. Dean the bartender pops pills and hands out bad advice. Step is honest but limited — he and his half brother are happiest while watching TV and drinking Pepsi. Brad the "pool guy" (Dustin Milligan) frankly lacks the killer instinct of a successful sex worker. The huge, sinister-looking black rug atop shyster lawyer Joe Adler's (Gene Simmons) head could swallow the Reynolds Extract factory. Local lowlife Willie (Matt Schulze) loves his bong a little too much. Joel's wandering wife Suzie is content as long as he keeps paying the bills. Meanwhile, there's Nathan (hilarious David Koechner), the neighbor who can seemingly drone on for hours at a stretch and who always seems to be lurking outside Joel's home, waiting to strike.

Extract

Written and directed by Mike Judge. With Jason Bateman, Mila Kunis, Kristen Wiig, and Ben Affleck. Opens Friday.

Still Walking

Written and directed by Hirokazu Kore-eda. With Hiroshi Abe, Yui Natsukawa, and You. Opens Friday.

Judge probably wrote *Extract* on the back of a pharmacy box, but it's funnier and truer to life as it is actually lived than anything Judd Apatow ever did. It has a working knowledge of the way ordinary small-town people cheat, drink, steal, commiserate, and pester each other, and shows its research generously. A month from now we'll already have forgotten it, but this week there isn't a better movie to sneak out of work to see. Just tell the boss you're going to the doctor. Extra butter on the Orville's.

Hirokazu Kore-eda lacks Mike Judge's taste for the tenderloin, but he works more or less the same neighborhood in a sober Japanese way. In such dramas as *Maborosi*, *After Life*, and the heartbreaking *Nobody Knows*, the 47-year-old Tokyo native has specialized in charting the disappointments and tragedies of Japan's middle class. Kore-eda's scenarios have always tended toward quiet yet troubling contemplation, but *Still Walking* is probably his most subdued yet, with unmistakable echoes of the great Yasujiro Ozu.

As in Ozu's finely grained social dramas, *Still Walking* studies a seemingly typical family to see what makes it tick. Thwarted expectations and unrealized hopes are the order of the day, as the adult son and daughter of a doctor and his wife gather one summer weekend with their respective families at the doctor's house in a small town near Yokohama to commemorate the eldest son, who died rescuing a boy from drowning fifteen years earlier.

The stern, patriarchal old doctor (Yoshio Harada) and his industrious wife (Kirin Kiki) are the family's immovable objects. Granddad has retired from practice but stubbornly refuses to go food shopping for his wife because in his mind to be seen carrying groceries would invite disrespect. Chatty daughter Chinami (played by You, the neglectful mother from *Nobody Knows*) is already there with her husband and two young kids when her brother Ryota (Hiroshi Abe) arrives with his wife Yukari (Yui Natsukawa) and her son from a previous marriage. The kids immediately begin playing together — the adults, not so.

Ryota is doubly anxious about the visit. He not only harbors a deep resentment at the way his parents continue to grieve over his older brother, the family favorite before he suddenly died, but Ryota is currently between jobs and feels a little inadequate. It seems he has to compete with his deceased brother forever. There's also the issue of the old folks' attitude toward Yukari and her son. They treat her as an outsider, partly because they think she's a divorcee. She's really a widow, but grandma mustn't find that out — it's bad luck to marry a widow.

Despite these potential storm clouds, as the sultry weekend passes the family bonds naturally in short, subdued scenes. The old doctor notices that his step-grandson takes an interest in medicine, and encourages him. If we were impatient, we might characterize *Still Walking* as the sort of film a middle-aged director would make, self-consciously using family life to tell a universal story about aging. That's essentially the concept here. But we catch subtle, fleeting glimpses of human emotion in the hot summer air, as when grandma puts on "Blue Light Yokohama," a record with a secret meaning. The secret meaning is: Time never stops passing. ●

Feedback@EastBayExpress.com

MOVIES & THEATERS

To learn where a movie is playing, note the abbreviations at the end of each listing, then consult the theater guide at the bottom of this page. Capsule reviews are written by Andrew Gronquist (A.G.), Cole Haddon (C.H.), J.R. Jones (J.J.), and Kelly Vance (K.V.). For a schedule of repertory films, see One-Night Stands at the end of these listings. Please send info fourteen days before event date to editor@eastbayexpress.com

OPENING

All About Steve Bradley Cooper (*The Hangover*, *He's Just Not That Into You*) is Steve, a CNN cameraman who becomes the object of affection of eccentric crossword puzzle [illegible] Mary Horowitz (Sandra Bullock). CWC, CR, CEPH, CH, DJC, CN, RH, DSC

Extract Another trip into the [illegible] from [illegible] Mike Judge (*Beavis & Butt-Head*, *King of the Hill*, *Idiocracy*, *Office Space*) who wrote and directs this funny, [illegible] comedy about a [illegible] factory owner (Jason Bateman) and his problems with his [illegible] employees, his [illegible], his [illegible] neighbor, the pool guy, pills, sex, etc. [illegible] typical day-to-day life in Flyover Land. [illegible] points for showing that even [illegible] people can be losers and sinners. [illegible] Clifton Collins Jr., Kristen Wiig, Mila Kunis, J.K. Simmons, Ben Affleck, and Gene Simmons as an [illegible] Japanese sleazy [illegible] (91 min.) (K.V.) BS, CWC, [illegible] CAPH, [illegible] CUC, CAPN

Gamer Life is just a game in this futuristic sci-fi [illegible] written and directed by Mark Neveldine and Brian Taylor. [illegible] people [illegible] multi-player online environment (95 min.). CWC, CR, CEPH, CH, DJC, DN, DSC, S

Still Walking Subdued and affecting Japanese character study [illegible] with the offspring of [illegible] and his wife, as [illegible] gather in a family memorial gathering in honor of their late number-one son. [illegible] Kore-eda (*Nobody Knows*, *After Life*) [illegible] years of resentment and anguish out of his characters in dialogue, [illegible] the second son (played by Hiroshi Abe) and his wife (Yui Natsukawa), and You, the neglectful mother from *Nobody Knows*, plays the doctor's [illegible] *Summer* [illegible] (114 min.). (K.V.) S

Showtimes Online

Movie showtimes and online ticket-buying at EastBayExpress.com

ONGOING

(500) Days of Summer This Marc Webb-directed film turns the romantic comedy genre on its head. Joseph Gordon-Levitt plays Tom Hansen, a [illegible] Summer [illegible] with the titular Summer Finn (Zooey Deschanel) despite the fact that she explicitly warns him she's not interested in a relationship. Structurally *Summer* [illegible] ways. Tom and Summer's story shifts back and forth over the course of their romance, its highs, its lows, its fallout. The delusions we tell ourselves about love are, it turns out, every bit as dangerous as the emotion. The [illegible] of all this is a [illegible] that feels [illegible] (95 min.). (C.H.) BS, CWC, DJC, CAPH, CH, PM, RH

Adam Mostly on the strength of his leading players.

Theater Guide

This guide explains the abbreviations at the end of each capsule. **AL** = Albany. **AZC** = Alameda Theatre & Cineplex. **BC** = Brenden Concord. **BH** = Blackhawk. **BR** = Brenden Pittsburg. **BS** = Bay Street. **CA** = California. **CAPH** = CinéArts Pleasant Hill. **CB** = Century Bayfair. **CCC** = Contra Costa Cinemas. **CAPH** = Century Pleasant Hill. **CE** = Century Hilltop. **CHY** = Century Hayward. **CN** = Cinedome Newark. **CNC** = Crow Canyon. **CSC** = Chabot Square and [illegible]. **CUC** = Century Union City. **CWC** = Century Walnut Creek. **DV** = Deer Valley. **GL** = Grand Lake. **JL** = Jack London. **LP** = La Piña. [illegible] **DA** = Oaks. [illegible] Orinda. **PM** = Piedmont. **RA** = Regal Antioch. **RCC** = Rodio Cinemas Cerrito. **RCE** = Rodio Cinemas Elmwood. **RH** = Regal Hacienda. **RF** = Rheem. **S** = Shattuck. **UAB** = UA Berkeley. **UAEB** = UA Emery Bay. **V** = Vine. **WWS** = West Wind Solano.

MILL VALLEY 32
FILM FESTIVAL
OCTOBER 8-18

TICKETS ON SALE
SEPTEMBER 24
MVFF.COM • 877-MVFF

LARKSPUR HOTELS & RESTAURANTS
in ticketing
[illegible]
EAST BAY EXPRESS

M&T

writer-director Max Mayer's Manhattanesque tale of a young man suffering from Asperger's syndrome (English actor Hugh Dancy) finding love with a thoughtful young woman in his apartment building (soulful-eyed Australian Rose Byrne) avoids most of the possible pitfalls and [illegible] producer [illegible] over their lives. Think of it as a [illegible] (The Last Days of Disco) Stillman cosmopolitan vignette with a realist angle. Even the laborious subplot about Beth's [illegible] (Peter Gallagher) and his legal troubles can't [illegible] from the filmmaker's comfy spell. Apt character support by Frankie Faison as Harlan and Amy Irving as Beth's [illegible] TV move-over. Has the magic [illegible] (99 min.). (KC) CAPH. [illegible], RCC. V

THE EDGE JIMMY PAGE JACK WHITE

"STIRRING...A FASCINATING JOURNEY. THE MYSTIQUE OF THE ELECTRIC GUITAR IS AS DURABLE AS ANYTHING IN ROCK 'N' ROLL."
-A.O. Scott, THE NEW YORK TIMES

a thomas tull production directed by davis guggenheim
IT MIGHT GET LOUD
from the award winning director of AN INCONVENIENT TRUTH
PG SONY PICTURES CLASSICS

NOW PLAYING!
LANDMARK'S SHATTUCK
2230 Shattuck Avenue
Berkeley (510) 464-5980
CINEARTS @PLEASANT HILL
2341 Monument Blvd
Pleasant Hill (925) 687-1100
VIEW THE TRAILER AT WWW.ITMIGHTGETLOUDMOVIE.COM

with special guests
David Ray Griffin
Peter Phillips
Richard Gage, AIA
Dylan Avery
Swami Beyondananda
Eric Nadler
and others

2009

9/11 film festival
grand lake theater
oakland, ca
sept. 9 & 10

Wed (6pm to 11 pm)
Metal of Honor
Loose Change 9/11 An American Coup
7/7: Ripple Effect

Thur. (10 noon to 10 pm)
Fabled Enemies
Kill the Messenger
The New American Century
Anthrax War

for more information: www.sf911truth.org
a benefit for Nor Cal 9/11 Truth Alliance, NYCCAN and Architects & Engineers for 9/11 Truth
Tickets are $10 per day and are [illegible] advance at our [illegible]

Afghan Star Afghanistan is really making [illegible] now it has its own version of American Idol. True, one of the contestants received [illegible] for singing her song bareheaded and dancing in public, and the competition is [illegible], but hey, that's showbiz. This heavily [illegible] documentary [illegible] by British journalist/filmmaker [illegible] Marking, [illegible] along as a group of would-be singing sensations defy the lingering influence of the Taliban (music, [illegible] and [illegible] were [illegible] from 1996 to 2001) by [illegible] up in front of a [illegible] TV audience and performing love songs [illegible] as long as the [illegible] religious [illegible] approve, that is. We also visit a beauty shop and Kabul Zoo, where [illegible] a pig, a [illegible] and a peacock. A UK/Afghanistan co-production (87 min.) [illegible]

[illegible] Voyage Morgan Freeman [illegible] the universe [illegible] in a 40-min. IMAX documentary. CSC

Dinosaurs Alive! From the Triassic to the Cretaceous, dinosaurs are uncovered by paleontologists and [illegible] in realistic CGI. CSC

District 9 [illegible] in South Africa? A [illegible] ship from outer space anchors in the air above Johannesburg for twenty years, during which time the powerful [illegible] [illegible] about [illegible] "prawns," [illegible] down to earth and [illegible] (Sharlto Copley) [illegible] and [illegible] (with Terri Tatchell) Neill Blomkamp doesn't [illegible] the [illegible] [illegible] [illegible] [illegible]. He's more concerned with the [illegible] [illegible] who trade weapons with gangsters and make life [illegible] for Wikus van de Merwe (well played by [illegible] [illegible] Copley), a corporate bureaucrat assigned to evict the prawns from the shanty township. [illegible] and producer Peter Jackson reportedly [illegible] the film [illegible] as a [illegible] to drum up publicity, but it stands alone just fine [illegible] [illegible] and the comic [illegible] of Copley. (112 min.) (KGF) ATC, [illegible] CWC, [illegible], CEPH, [illegible], CMR, [illegible], CVC, [illegible], PA, RH, RCC, UAB, WWS

The Final Destination If you haven't seen a Final Destination movie before: the basic premise is simple: a group of annoying but [illegible] [illegible] or not annoying, average people cheat Death, and are [illegible] [illegible] one by one via [illegible] creative, usually hilariously stupid methods. In The Final Destination, the fourth in the [illegible] of [illegible] twenty-somethings manages to [illegible] up at a NASCAR race when [illegible] (in admittedly cool 3D), only to spend the rest [illegible] of the [illegible] dying in [illegible] [illegible] ways. Even the 3D [illegible]. Then again, so did the Final Destination [illegible] [illegible] (82 min.). (C.H.) ATC, [illegible], BIC, BP, CWC, [illegible], CEPH, CM, [illegible], CRY, CM, [illegible], CCC, [illegible], PA, [illegible], [illegible], UAB, WWS

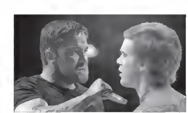
Flame & Citron A [illegible] pair of WWII [illegible] [illegible] fighters — a dapper Copenhagen cop [illegible] Flame (Thure Lindhardt) and a [illegible], [illegible] family man [illegible] Citron [illegible] [illegible] [illegible] up to [illegible] and [illegible] sympathizers during the German occupation, [illegible] the Christian Madsen's [illegible] [illegible] [illegible]. Of course their Gestapo chief [illegible] (Hanns Zischler) is a fiend and Flame's [illegible] girlfriend (Stine Stengade) [illegible], a little too [illegible] Stockholm, but that's what happens in spy [illegible]. The based-on-a-true-story screenplay, by Madsen and Lars Andersen, [illegible] with righteous fury (130 min.) (KV) RCC

Forces of Nature Learn about the causes of earthquakes, volcanoes, tornadoes, and hurricanes and be awed by their [illegible] in [illegible] National Geographic's [illegible] [illegible] offering. CSC

Funny People Adam Sandler plays a [illegible] stand-up comic [illegible] George [illegible] [illegible], and [illegible] so alone that he has nobody to [illegible] [illegible] [illegible] that will likely kill him. Cue Ira (Seth Rogen), a young, going-nowhere comedian. George takes the guy [illegible] his wing, and a bond begins to form that [illegible] up some [illegible] commentary about [illegible] and [illegible]. Mostly it's a coming-of-age story for [illegible]. Funny People isn't always funny (though it is, a lot), and it's too long by thirty minutes, but it's definitely writer-director Judd Apatow's most [illegible] [illegible] work to date. There's an [illegible] here that's rare in [illegible] comedies. (146 min.) (C.H.) S

G-Force In this 3-D animated feature, specially trained [illegible] pigs [illegible] to stop a [illegible] billionaire from taking over the world. Featuring the voices of Will Arnett, Zach Galifianakis, Loudon Wainwright III, and more. CVC

G.I. Joe: The Rise of Cobra A [illegible] attempt by [illegible] Stephen Sommers (The Mummy) to [illegible] the feeling [illegible] of ten-year-olds and as they [illegible] [illegible] [illegible] their [illegible] and Cobra toys. Unfortunately, [illegible] every [illegible] of [illegible] like something a ten-year-old [illegible] while playing with those toys, such as "Deploy the sharks" [illegible] many of the [illegible] [illegible] so [illegible] that lines aren't even [illegible] as mannequins. But that's not the point, is it? It's to watch our favorite [illegible] [illegible] a lot of [illegible]. In that [illegible] G.I. Joe makes infinitely more [illegible] and [illegible] entertaining than any Transformers movie. It knows what it is, and does its job with boyish abandon (118 min.). (C.H.) ATC, BIC, BP, CWC, [illegible], CEPH, CM, CVC, [illegible], [illegible], RCC, PA, [illegible], [illegible], UAB, WWS



Gamer

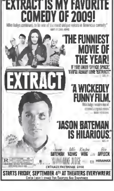
Halloween II Two years ago, writer-director Rob Zombie resuscitated the moribund Halloween franchise by giving masked serial killer Michael Myers a tragic origin. With its sequel, *Halloween II*, Zombie undoes everything he accomplished, wipes his ass with it, then flings the excrement-dripping [illegible] at you as if to say, "Fooled you, I'm in it for the paycheck, [illegible]." This is not an exaggeration. You'll feel that dirty afterward. Sure, there's an attempt to [illegible] Laurie Strode (Myers' long-lost sister, Scout Taylor-Compton) as an equally dysfunctional anti-heroine to the big [illegible] — an intriguing idea for sure, but their overall rivalry seems cobbled together by a director who used up all his tricks the first time around. Or he was just too busy spending all his new money to care. (101 min.) [illegible] CPM, CH, CDC, CH, CCC

Harry Potter and the Half-Blood Prince The sixth, seemingly "sequelish" installment of J.K. Rowling's outlandishly popular [illegible] franchise (its ultimate [illegible]) finds adolescent Harry (Daniel Radcliffe) back at Hogwarts, using the mysterious, eponymous prince's potion book to help him [illegible], and, as he spent time, fending off the omnipresent evil doings. Excellent (by second-timer David Yates), art direction (Andrew Ackland-Snow), and character cast — [illegible]. Gambon, Emma Watson, Jim Broadbent, David Thewlis, Maggie Smith, Robbie Coltrane — are up to the usual high standards, but naturally the Dark Side has all the fun: Alan Rickman, Tom Felton, Helena Bonham Carter, Timothy Spall and Hero Fiennes-Tiffin. Despite several dazzling visual set pieces, it's hard to escape the notion that some of the magic has gone out of this series. Screenplay adaptation by Potter regular Steve Kloves (153 min.) (KLV) CPM, CDC, CSC, [illegible]

The Inner Body Ever wonder how your body does what it does — [illegible] your heart to [illegible] it? Find out in this fascinating trip through [illegible] the human body. Watch a [illegible] journey south, [illegible] dancing to cancer, and a 250-mph brain cell impulse. CDC

The Hurt Locker Kathryn Bigelow's heart-stopping Iraq war drama follows a U.S. Army bomb squad [illegible] Baghdad as it [illegible] IEDs, a job that places the men in potentially deadly situations a dozen times a day. After the squad's explosives expert is killed in action, he's replaced by a [illegible] cowboy (Jeremy Renner), whose excellent risk-taking infuriates his two partners (Anthony Mackie, Brian Geraghty). He's a true warrior, but Bigelow [illegible] that he could be an adrenaline junkie; as one of the [illegible] players out, he doesn't mind endangering them to fuel his daily adrenaline fix. The war has already produced some excellent [illegible] films (*The Lucky Ones*, *In the Valley of Elah*), but this is the first to dispense with the controversy surrounding the invasion and focus on the excellent subject of men in combat. It's the best war movie since *Full Metal Jacket*. With Ralph Fiennes and Guy Pearce (130 min.) (D.J.) CAPR, S, V

In the Loop Hilarious, brutally [illegible] UK-produced political satire makes fun of British and American government and military [illegible] in the run-up to an unspecified war — but we all know it's the W. Bush/Tony Blair invasion of Iraq in 2003. The chief target of TV [illegible] Armando Iannucci (*The Thick of It*) and his team of four screenwriters is the spinelessness of career [illegible] on both sides of the [illegible], who really only care about playing their careers. [illegible] the excellent attempt [illegible] is


The creator of OFFICE SPACE heads back to work

"EXTRACT IS MY FAVORITE COMEDY OF 2009!

Mike Judge continues to be one of the most unique voices in American comedy."
-AIN'T IT COOL NEWS

"THE FUNNIEST MOVIE OF THE YEAR!
IF YOU LIKED 'OFFICE SPACE,' YOU'LL REALLY LOVE 'EXTRACT.'"
-CBS-TV

EXTRACT

"A WICKEDLY FUNNY FILM.
Mike Judge remains one of cinema's original voices."
-[illegible]

"JASON BATEMAN IS HILARIOUS."
-NBC-TV

Jason BATEMAN Mila KUNIS Kristen WIIG Ben AFFLECK

MIKE JUDGE

MIRAMAX

EXTRACTTHEMOVIE.COM

STARTS FRIDAY, SEPTEMBER 4TH AT THEATERS EVERYWHERE
Check Local Listings For Theaters And Showtimes

"What *Nickel and Dimed* did for the Wal-Mart worker, Mitchell does for the community threatened by mega-retailers."
—Bill McKibben, author of *The End of Nature*

BIG-BOX SWINDLE

The True Cost of Mega-Retailers and the Fight for America's Independent Businesses

Stacy Mitchell

"Through rich real-life stories, Stacy Mitchell reveals that those 'low prices' so proudly promoted by big box behemoths come at an intolerably high cost to our communities and culture. Can we beat the behemoths? Yes! And Mitchell shows us the way." —Jim Hightower

"Her call to action reveals the hidden cost of those 'low prices' promoted by the big-box bullies and gives hope to local entrepreneurs and concerned citizens alike." —*Booklist*, boxed and starred review

"A valuable read for anyone who covers growth and development and the impacts of large businesses." —*SEJournal*

FOR MORE INFORMATION, VISIT
WWW.BIGBOXSWINDLE.COM

$15.00 Paperback

BEACON PRESS
Available at bookstores and from [illegible]

All About Steve

[illegible] genocide. Terrific [illegible] and [illegible] improvisation by actors Peter Capaldi, Tom Hollander, James Gandolfini, Gina McKee [illegible]. Anna Chlumsky, David Rasche [illegible] and the [illegible] of [illegible] [illegible] of [illegible]. The payoff is [illegible]

MOT

[illegible] able; those [illegible] [illegible] and thousands of [illegible]. Should [illegible] right alongside Dr. Strangelove (106 min.) (K,X) AL

Inglourious Basterds Quentin Tarantino does the same thing of World War II Europe [illegible] Angeles, Japan, and the [illegible]. Woodstock — he bends it to suit his purposes. [illegible] are [illegible], the multi-layered story of a [illegible]. German SS colonel [illegible], memorable Christoph Waltz, a scalp-hunting US Army lieutenant (Brad Pitt), a vengeance-seeking French [illegible] (Mélanie Laurent), a [illegible] of [illegible] Jewish-American GIs, and [illegible] long-winded Nazi [illegible] may contain a few too many layers. At an overstuffed two-and-a-half hours, Tarantino's bloody, goofy [illegible] is in and out of comprehensibility. Still, we have [illegible] a Hollywood [illegible] [illegible] sit through long subtitles. [illegible] when they'd probably [illegible] Pitt [illegible]. They [illegible] the [illegible] "Basterds commando" [illegible]. Also with Eli Roth, Daniel Brühl, Diane Kruger and August Diehl. A white elephant moment. (153 min.) (K,V) ATC [illegible] CINE [illegible] DIY [illegible] DCC [illegible], RCC

It Might Get Loud Documentarian Davis Guggenheim, [illegible] of *An Inconvenient Truth*, [illegible] the [illegible] idea of inviting three [illegible], from [illegible] generations — Jack White of the White Stripes and other bands, The Edge of U2 and Jimmy Page of Led Zeppelin — [illegible] together and [illegible] their [illegible] with the [illegible]. They all get along just fine. Not surprisingly White [illegible] to be the wild [illegible], a [illegible] with [illegible] a slide guitar out of [illegible], a two-by-four, [illegible], and a cheap amp. Their unplugged version of the Band's "The Weight" is worth the [illegible] (97 min.) (K,V) CAPH S

Julie & Julia Meryl Streep [illegible] and [illegible] her way through the [illegible] of Paris as [illegible] Julia Child [illegible] French [illegible] in 1950s [illegible]. The [illegible] of Nora Ephron's lighthearted [illegible] shows that contemporary [illegible] Julie Powell (Amy Adams) paying tribute to Child by cooking every one of her recipes — [illegible] Streep [illegible] as if she's having fun, but Adams' [illegible] shows signs of wear and [illegible]. The film's [illegible] is Stanley Tucci as Streep [illegible]. [illegible] The character [illegible] the [illegible] of "Julia Child" and "[illegible]." The [illegible] screenplay is by writer-director Ephron, adapting books by Child and Powell. Too buttery by half (123 min.) (K,V) ATC, [illegible], [illegible], CINE, [illegible], CAPH, CH, CUC, [illegible], DH, [illegible], PM, [illegible], CRC, [illegible], RH, RCC

[illegible] [illegible] (*Jai Hoon*...) [illegible] and Bollywood [illegible] featuring Powell, [illegible], [illegible] and [illegible] in Hindi with English subtitles. [illegible]

The Living Sea You've seen *Finding Nemo*; now see the real thing. [illegible] of the [illegible] by Meryl Streep, with songs and [illegible] by Sting. CSC

Love Aaj Kal Two [illegible] and one from the past, pursue [illegible] to true love. With Saif Ali Khan, [illegible] and [illegible] in Hindi with English subtitles. [illegible]

Mysteries of Egypt National Geographic [illegible] of scientists reveal the architecture, [illegible] history and [illegible] — of [illegible] Egyptian civilization. CSC

[illegible] [illegible] travels across the country to make a documentary [illegible] she doesn't understand: love. With [illegible] and Jake M. Johnson. RCC

Ponyo (Gake no ue no Ponyo) [illegible] by [illegible] [illegible] the shore, a little goldfish girl is [illegible] by a [illegible]-year-old boy called Sosuke, who [illegible] the name Ponyo. This [illegible] best friends and together [illegible] on a strange, watery journey [illegible] the balance of nature, [illegible] Hayao Miyazaki's [illegible] (but not overbearing), [illegible] (but not [illegible]) animated adventure, a kids' story for all ages. Very much in the spirit of Miyazaki's ecologically [illegible], particularly [illegible]. The [illegible] voice [illegible] in the English [illegible] include Cate Blanchett, Liam Neeson, Matt Damon, Tina Fey, Frankie Jonas as Sosuke, and [illegible] as Ponyo. Recommended (100 min.) (K,V) ATC [illegible] CAPH, CH, CUC, [illegible]

Post Grad [illegible] (*The Sisterhood of the Traveling Pants*) stars as Ryden Malby, a college graduate, [illegible] back [illegible] with her eccentric family, where she'll try to find a job, a boyfriend, and some [illegible]. (K,V) [illegible] CAPH, [illegible], [illegible]

Shorts Writer-director Robert Rodriguez is truly a kid at heart, as evidenced by his [illegible] and children's [illegible], the *Spy Kids* series and *The Adventures of Sharkboy and Lavagirl*. His [illegible] imagination now [illegible] *Shorts*, [illegible] of the town of [illegible] the [illegible] of Black Falls, Texas, and their misadventures with a [illegible] that grants [illegible]. The [illegible] [illegible] Jimmy Bennett, and [illegible] with ESP [illegible], and a whole lot of [illegible] for the [illegible] family. [illegible] and a [illegible], but your elementary kids will have a [illegible] (89 min.) (C,H) [illegible] CWC, CB, CAPH, [illegible] CUC, [illegible] RCC [illegible]

Somers Town A [illegible] teenage boy from up-country (Thomas Turgoose from *This Is England*) runs away to London, where [illegible] to [illegible] with the [illegible] collection of [illegible] and [illegible] a similarly [illegible] adolescent, the son (Piotr Jagiello) of an immigrant Polish [illegible] (Ireneusz Czop). The [illegible] of [illegible] Shane Meadows (*This Is England*) [illegible] and screenwriter Paul Fraser [illegible] that even the biggest, [illegible] city [illegible] friendly. [illegible] if you're lucky enough [illegible] a gentle, [illegible] and the early films of Ken Loach (75 min.) (K,V) S

Taking Woodstock On the fringes of the [illegible] concert 1969 [illegible], [illegible] a young man named Elliot Tiber (Demetri Martin) helps his immigrant parents [illegible] their failing motel and [illegible] — and also sorts out his own life [illegible] in the [illegible], seductive [illegible] by [illegible] Ang Lee and screenwriter James Schamus, the team with [illegible] *Crouching Tiger, Hidden Dragon* and *Brokeback Mountain*. Every single [illegible] role is a polished jewel, the special [illegible] as Imelda Staunton as Elliot's high-powered, old-country Yiddishe Mama, Liev Schreiber as a [illegible] drag-queen [illegible] and Emile Hirsch as a flashback-plagued Marine. It's all about living in the moment and connecting with people, and it's a masterpiece to stand with the [illegible] work of Frank Capra, Preston Sturges, and Robert Altman (110 min.) (K,V) ATC [illegible] CWC, CB, CUC, [illegible] CAPH, [illegible], [illegible] CRC, [illegible], RH

The Time Traveler's Wife Fans of Audrey Niffenegger's best-selling [illegible] have been waiting six years for this [illegible] thousands of [illegible], which proves that love is pretty stubborn [illegible]. Eric Bana plays a man whose [illegible] and [illegible] back and forth in time; Rachel [illegible]

Rolling Stone
"AWESOME."
Peter Travers
Entertainment
"THE MUST-SEE MOVIE OF THE SUMMER."
DISTRICT 9
PETER JACKSON
NEILL BLOMKAMP
districtnine.com
NOW PLAYING
CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

GERARD BUTLER
MICHAEL C. HALL
BRIDGES
GAMER
WHO'S PLAYING YOU?
R
www.gamerthemovie.com
LIONSGATE
STARTS FRIDAY, SEPTEMBER 4!
CENTURY 14 DOWNTOWN
CENTURY 16 HILLTOP
CENTURY HAYWARD
CENTURY 12 PLEASANT HILL
CONTRA COSTA 8 CINEMAS
BRENTWOOD 14
JACK LONDON STADIUM
VA VALLEY STADIUM 14
CENTURY 16 SAN RAMON

Taking Woodstock

is the woman who falls in love with him as a little girl and eventually [illegible] that haven't yet occurred. Most time-travel stories hark on the device of characters [illegible], in this case the time traveler can't change anything, which shifts the thematic focus to patience, adjustment, and the rigidity of fate. *Somewhere in Time* [illegible] (1980), a [illegible] thoughtful weepie that this movie closely resembles. Robert Schwentke directs (107 min.) (J.J.) AMC, BS, BC, EP, CVC, CB, [illegible], EH, CUC, [illegible]

The Ugly Truth *The Ugly Truth* can't decide if it's a romantic comedy for women or a crass, raunchy sex comedy for women that also appeals to men. Either way it flops. Katherine Heigl is Abby, a buttoned local news producer with some serious control issues who has to deal with her morning show's new contributor, Mike (Gerard Butler), a tell-it-like-it-is kind of relationship guru who preaches women [illegible] get on a treadmill if they want to land a good man. First the two argue, then they make [illegible] as Mike fixes Abby into the perfect girl for her hottie neighbor. Then the obligatory [illegible] who finally [illegible]. Problem is: Abby is such a bitch, a happy ending for her would mean an unhappy ending for audiences (101 min.) (E.H.) CUC

World's Greatest Dad Robin Williams plays the shifty Lance Clayton in this comedy about a man getting everything he [illegible] and learning life lessons. [illegible] He was written and directed by comedian Bobcat Goldthwait (99 min.) (M.

Yeh Mera India A dramatic examination of the real stories behind TV news headlines in Mumbai. Written and directed by N. Chandra (*Kagaar: Life on the Edge*, *Style*). In Hindi with English subtitles. NR.

Yoo-Hoo, Mrs. Goldberg Informative documentary about early TV and early television star Gertrude Berg, whose 1950s-era TV sitcom, *The Goldbergs* (the title is the show's tag line), was so realistic, it ushered in a new era for Jewish mothers, and helped introduce Jewish characters to a British American audience. Hardworking writer-star Berg (born Tilly Edelstein in New York City) was "the Oprah of her day," which nevertheless did not spare one of the show's stars from Red Scare blacklist troubles. A worthwhile pop-cultural study helmed by writer-producer-director Aviva Kempner (92 min.) (K.V.) S

ONE-NIGHT STANDS

THURSDAY, SEPTEMBER 3

Footsteps in the Fog (90 min., 1955). Tea and Larceny: Classic British Crime Films (PFA, 6:30)
I Met a Murderer (78 min., 1939). Tea and Larceny: Classic British Crime Films (PFA, 8:20)

FRIDAY, SEPTEMBER 4

Valentino: The Last Emperor (96 min., 2008). A Theater Near You (PFA, 5:30)
It Always Rains on Sunday (92 min., 1947). Tea and Larceny: Classic British Crime Films (PFA, [illegible])

SATURDAY, SEPTEMBER 5

It Always Rains on Sunday (92 min., 1947). Tea and Larceny: Classic British Crime Films (PFA, 6:30)
Night and the City (96 min., 1950). Tea and Larceny: Classic British Crime Films (PFA, 8:25)

SUNDAY, SEPTEMBER 6

Valentino: The Last Emperor (96 min., 2008). A Theater Near You (PFA, 3:00)
Hell Drivers (108 min., 1957). Tea and Larceny: Classic British Crime Films (PFA, 7:00)

TUESDAY, SEPTEMBER 8

Speechless: Recent Experimental Animation (total running time 73 min., 2006-09). Filmmaker Kerry Laitala in person. Alternative Visions (PFA, 7:30)

WEDNESDAY, SEPTEMBER 9

Always Been a Rambler (58 min., 2009). Filmmaker Yasha Aginsky in person. Live-music accompaniment beginning at 6:30. Presented in conjunction with the Berkeley Old Time Music Convention (PFA, 7:00)
5th Annual S/LL Film Festival. Feature-length films, filmmakers in person, guest speakers, live performances, and more (GL, 6:15)

★★★★★! A NEW CLASSIC
"Strong words, indeed, and merited."
"TRANSCENDENT… Completely absorbing"
still walking
STARTS FRIDAY, SEPTEMBER 4TH
LANDMARK THEATRES Shattuck

Los Angeles Times
"Adam is A MOST WELCOME SUMMER TREAT"
Adam
NOW PLAYING

GRAND LAKE THEATRE
BEST EAST BAY THEATRE
INGLOURIOUS BASTERDS (R)
No Passes Accepted
FRI & SAT 12:15 3:30 7:00 10:00
SUN - THU 12:15 3:30 7:00
DISTRICT 9 (R)
DAILY 1:00 4:30 7:30 9:45
BAY AREA'S BEST 3D PRESENTATION
FINAL DESTINATION 3D (R)
No Passes Accepted
DAILY 12:00 2:00 4:00 6:00 8:00 10:00
PONYO (G)
DAILY 11:45 2:15 4:45 7:15 9:30
STARTS WEDNESDAY 9
NO COMMERCIALS
FREE POPCORN WITH ADM SSSN
Mon - Thurs
Times for 9/4 - 9/10
Visit us at www.renaissancerialto.com

LANDMARK THEATRES
Academy Award® Winner
ALBANY 1115 Solano Ave. at San Pablo, Albany
WORLD'S GREATEST DAD (R)
IN THE LOOP (NR)
CALIFORNIA 2113 Kittredge near Shattuck, Berkeley
INGLOURIOUS BASTERDS (R)
TAKING WOODSTOCK (R)
(500) DAYS OF SUMMER (PG-13)
PIEDMONT 4186 Piedmont at 41st, Oakland
TAKING WOODSTOCK (R)
JULIE & JULIA (PG-13)
(500) DAYS OF SUMMER (PG-13)
SHATTUCK 2230 Shattuck at Kittredge, Berkeley
THE TIME TRAVELER'S WIFE (PG-13)
Screening Lounge
AFGHAN STAR (NR)
INGLOURIOUS BASTERDS (R)
IT MIGHT GET LOUD (PG)
PONYO (G)
SOMERS TOWN (NR)
YOO-HOO, MRS. GOLDBERG (NR)
THE HURT LOCKER (R)
GAMER (R)
STILL WALKING (NR)
FUNNY PEOPLE (R)
= The Screening Lounge

"★★★★★! A near-perfect coming-of-age story!"
"★★★★! A lovely treasure"
"Witty! Endlessly charming"
THIS IS ENGLAND
SOMERS TOWN
SHANE MEADOWS
HELD OVER BY POPULAR DEMAND!

Rialto Cinemas
CERRITO
10070 San Pablo Ave · 510-233-0702
All Ages Now Admitted!
Now Serving Popcorn, Soda, Candy & Treats!
Coming Soon Pizza, Salad, Sandwiches, Beer, Wine and Delicious Desserts!
"A Tarantino Tour-de-Force!" Rolling Stone
INGLOURIOUS BASTERDS
DISTRICT 9
ELMWOOD
College Ave at Ashby · 510-433-9730
BBC LAST NIGHT OF THE PROMS
ENCORE Presentation
Saturday, September 19th at 11:30am
JULIE & JULIA
(4:00 6:15) 7:00 9:35 PG-13
"A Most Welcome Summer Treat!" LA Times
ADAM
PG-13
FLAME & CITRON
PAPER HEART
Click rialtocinemas.com

FOXES
Enjoy Tusker Beer!
W Tennyson Rd. Hayward (510)783-1700
Closed Every Tuesday
Wednesday
Slippery Wet Wednesday
Open Mic & Poetry • No Cover
Thursday
Face Value Productions
Old Skool RnB HipHop • Ladies Night
Drink Discount, Free Pool for Ladies
$5 Cover 10pm - 1:30am
Friday
DJ SupaK
RnB HipHop • $5 Cover 10pm - 1:30am
Saturday
AD Productions w/ Hoodstyle DJ's
$5 Cover 10pm - 1:30am

The Uptown
OAKLAND
EAST BAY PSYCHO-FEST 2009
DEADBOLT
CHOP TOPS
MERRY WIDOWS
THURSDAY, SEPTEMBER 3RD 8PM $12
FREE SHOW!
WALLPAPER.
BATTLEHOOCH • SOMEHOW AT SEA
SUICIDAL BARFLY
FIRST FRIDAY, SEPTEMBER 4TH, 9PM
JUCIFER
The Ferocious Few
SASSY
SATURDAY, SEPTEMBER 5TH, 9PM
DIG THIS!
PIRATE CAT RADIO LOCALS ONLY LIVE SHOWCASE
THE HOOKS
LA PLEBE
THE REVTONES
1928 TELEGRAPH AVE., OAKLAND
(510) 451-8100
WWW.UPTOWNNIGHTCLUB.COM

OUTSIDE LANDS LIVES UP TO EXPECTATIONS

The second-annual three-day, 68-band music extravaganza improved on organization, layout, and logistics.

Stephen Buel, Ellen Cushing, [illegible] Lohman, Nate Seltenrich and Kathleen Wentz

M.I.A. performed an acoustic Beastie Boys cover, but "Paper Planes" was underwhelming.

It started off blazing in the mid-90s and concluded in the frigid 50s. It spanned the gamut from *bundle* electronica to folk punk to straight funk. It reminisced on the Nineties, dressed like the Eighties, and was wired like the '00s.

This year's Outside Lands Music & Arts Festival, held last weekend in Golden Gate Park, certainly lived up to its expectations and exceeded them with ample food, alcohol, and entertainment for nearly all tastes. Logistically the second annual event was just as impressive: the layout, organization, and flow of bands and the crowd were all incredibly seamless. Security was effective but not oppressive, and everyone seemed to be having a blast.

Covering last year's event was a monster so this year we had our writers spread out over the grounds to text and tweet their coverage instantaneously to our web site and Twitter feed (Twitter.com/eastbayexpress). Considering the multifaceted, multidimensional nature of the festival, it seemed the only proper way to capture the activities. We cleaned it up here for you — blame the free beer in the media tent (and the iPhone's overactive spellcheck).

Eddie Vedder and co. are still rockin' in the free world.

Day One: Friday

In contrast to last year's freezing weather, the first day of Outside Lands proved to be a scorcher. Shade was a rare and highly treasured commodity. The first band on the Lands End stage, LA noise rockers Autolux, started things off with quiet loud dynamics, juxtaposing screeching feedback with sinewy basslines and whisperlike vocals. Fans seemed intrigued by their raw sound. By 2:18 p.m., a few crazies were dancing outside the lines, and at least one went over.

Built to Spill's Doug Martsch sported a full beard and, with eyes closed, got deep into the solo on "The Plan" off 1999's excellent *Keep It Like a Secret*. While not the most charismatic performer around, he's certainly adept at coaxing jam band-like solos out of solid indie rock (sans the annoyance factor).

Backstage, we caught up with Chris Kilmore of Incubus, who remarked: "If I could play with any band from the past it would be James Brown."

Silversun Pickups sounded like Radiohead and the Smashing Pumpkins, and the fans loved it. Beach balls and ganja smoke abounded (a reoccurring theme all weekend).

As the sun began to descend behind purple clouds, headliners Pearl Jam kicked off its raucous two-hour set, mixing old favorites with newer material. Eddie Vedder seemed to be in good spirits, and spontaneously decided to play "Lowlight" because "the light was right." Vedder reminisced about the band's time in the area, recording Vs in Marin, playing Bridge School benefits, and the time the band played the park fifteen years ago but Vedder got food poisoning and had to get Neil Young to cover for him. He enlisted the audience to sing "Better Man" for him and ended the night with Young's "Rockin' in the Free World."

Day Two: Saturday

We took Muni to Golden Gate Park. First, they only take coins at the BART station but they don't actually provide change. (Guess that would encourage more ridership or something.) Then we sat in the hot sun for ten straight minutes without moving. How do San Franciscans stand for that? It makes Emeryville traffic a bit more bearable.

The Dirtbombs delivered danceable, dirty Detroit rock 'n' roll to open the Twin Peaks stage. "Underdog" was a predictable highlight. Great vocals from the female vocalist. Who needs GM when we got the Dirtbombs? Well, okay, NUMMI. Never mind.

Bostich and Fussible from Tijuana's fabulous Nortec Collective sounded great. They're like Ennio Morricone for the club set. Just too bad they went on at 1:30 p.m. and not 1:30 a.m.

The weather was great. Light breeze. The crowd was mellow. The beer and bathrooms were plentiful. The logistics were incredible. Handicapped viewing platforms, media uploading stations, and everything seemed on time so far.

Raphael Saadiq covered "Search & Destroy" by Iggy and the Stooges. C for execution but A+ for effort.

Extra Golden, a blend of American indie rock and African pop whose members hail from DC and Kenya, was devoutly upbeat. Still, everyone was sitting.

A large green dragonfly hovered helicopterlike above the sunbaked, dancing crowd at Groundation. Maybe thinking, "What the fuck?" Mars gawked but it wasn't fazed and stayed throughout an excellent reggae set.

Dengue Fever, the great LA-Cambodian jazz-pop band, played a marvelously energetic set to an appreciative crowd of thousands. One minute there were a few dozen people in the meadow and then fifteen minutes later this. It was a testament to how thoroughly the festival seems to have banished the crowd management problems of 2008.

Even the members of Mars Volta checked out Mastodon, who played the only Bay Area date of its national tour. At first the crowd wasn't sure what to make of the heaviest band of the three-day fest. After a few songs they started moshing. The Atlanta band was loud — too loud. But they played an epic dynamic set sampling grunge and metal. Drummer Brann Dailor's double-bass drumming shook the whole stage. Stragglers in the back couldn't hang with the beshers up front.

My Bloody Valentine plus Bjork makes Bat for Lashes. Mystical cinematic electronic. A small but devoted crowd dug in.

TV on the Radio's stage filled up to transcendent sounds. Vocals and sax sounded trebly but sharp. Kyp Malone went for it.

A drum circle broke out by the eco-mom tent. It suddenly felt like Speoul Flam.

Black Eyed Peas had the whole crowd jumping. There were many more people there than Friday.

Chill song selection on the PA before Mars Volta: Peace Train, Creedence, Grateful Dead. Wow. Mars Volta started but everyone was at Dave Matthews Band. Omar said: "Don't drink the water because there's a fish in the percolator." Sage advice. Mars Volta fans flocked to Dave Matthews. Dave crowd was about equal to Tom Petty last year. Lame, but "Ants Marching" was good.

Day Three: Sunday

It was about 40 degrees colder than Friday. The fog was thick. Brrr...

Overheard: "I can't believe we're here. This is so exciting."

Berkeley's Morning Benders unveiled some new songs ("Cold War") and some oldies ("Dammit Anna"), demanding their fans to sing along. Their prior lives as a Beatles cover band clearly paid off: they competently play sunny, upbeat pop, like a more optimistic Walkmen. Although newer, darker material sounds reminiscent of the Hello Sequence's last album. Nice.

North Carolina's Avett Brothers tore up the Sutro Stage, playing folkie bluegrass with the energy of a punk band.

New wavers Matt & Kim were like a shot of something strong, delivering high-energy hip-shakers to an undeniably amped crowd. Those two were just so adorably, infectiously, honestly excited to be there. Matt could hardly sing he was smiling so hard.

The few people hobbling around the park on crutches seriously deserved medals of honor. The festival was unimaginably spread out.

Calexico sounded kind of like an underwater mariachi band, and the crowd over at the Presidio stage appeared to be enjoying it.

The Dead Weather: This is Jack White doing what Jack White does best — swampy, smoky, blues-rock, made even better by Alison Mosshart's snarly vocals.

Spotted at the Dead Weather: someone dressed in a head-to-toe Chewbacca costume. Right on. More fashion spotting — fringe boots, neon shades, plaid shirts, Sperry Top-Siders, shaggy haircuts, scarves. And iPhones.

Modest Mouse's live shows are notoriously hit or miss, but today's show was generally solid.

Ween got the crowd dancing with "Roses Are Free." Not like we needed more, but the group had the fog machine on high.

You wouldn't think Brett Dennen's acoustic mellowness would make for a particularly energetic show, but he got the crowd moving.

Okay, weather report: it went from merely crisp to legitimately subarctic. Yikes.

M.I.A.'s dancers were fucking amazing. She did a raucous, frenetic, completely perfect Beastie Boys cover — a nice tribute to the group, which of course couldn't be here. Hm. An oddly underwhelming rendition of "Paper Planes." She signed off by saying "San Francisco stay high." On that note, there was a truly astonishing amount of weed being smoked here.

Band of Horses sounded both majestic and intimate; couples cuddled on the lawn as Ben Bridwell's voice soared across Lindley Meadow. When he sang, *The world is such a beautiful place* in "Ode to LRC," it was mighty tempting to lay back and succumb to the sentiment. The band agreed to an encore after much demand from the audience. They're so modest: "Can't promise it'll be *good*, but here's one more." The set was the perfect dinner-time soundtrack, and a welcome opportunity to chill out before Tenacious D. In the best way possible, Band of Horses truly is the Coldplay of indie rock.

Despite the mass migration to Polo Field for Tenacious D, there were zero bottlenecks. This thing was remarkably well thought-out.

Tenacious D was obviously a bit of a wild card, but people seemed to be genuinely excited for them. Kyle Gass of Tenacious D revealed he grew up in Walnut Creek, to half laughter, half applause. Jack Black name-dropped DVC to further applause. Their set was laced with comedic skits, which made their music more enjoyable than it might otherwise have been. They featured an acrobatic Jack Black body-double and a dude named Lee dressed up as both Metal (a metal robot) and the Dark Lord himself. Musical highlights included "Tribute" (a tribute to the greatest song in the world, which Kyle and Jack wrote but forgot to write down) and the closing *Tommy* medley featuring four songs from the Who's classic rock opera. Before leaving the stage, Jack stripped off his shirt and then his jeans and threw them both into the crowd, strutting off the stage in a pair of red boxer briefs. ●

Feedback@EastBayExpress.com

Jamie Soja

Fergie got the crowd moving with "My Humps."

CD & DVD FACTORY
IN FREMONT, CA
"We deliver projects FAST & DONE RIGHT!"
1-888-663-1656 PICK A REPRESENTATIVE: Rob ex. 107 Greg ex. 18

Alameda's Original Naughty Lava Lounge
Best of East Bay WINNER '08
LOST WEEKEND LOUNGE

LUKA'S
TAPROOM & LOUNGE
VOTED BEST PLACE TO DANCE
2007 EAST BAY EXPRESS

WED 9PM no cover	VOODOO WEDNESDAYS DJ SEROP & DJ SANTERO salsa, samba, merengue, reggaeton & hip hop
THURS 10PM no cover	NEW CREW! DJ ZEPH & AZEEM a night of eclectic hip hop music from Oakland's top DJ & MC duo
FRI 10PM	FLASHBACK FRIDAYS THE OAKLAND PAPERS old school hip-hop & all things funky
SAT 10PM	SMOOVE SATURDAYS DJ JAMO & GUESTS classic hip hop, neo soul, dancehall, reggaeton & world flavors
SUN 9PM no cover	SOUL FULL DJ AZUL DEE soul new & old, hip hop, reggae, funk & house
MON 9PM no cover	THREE DAY WEEKEND DJ MOSES spinning local favorites
TUES 9PM no cover	SOUL FYAH DJ SERG & KOOL KYLE spinning reggae, dancehall & classics

SUMMER SPECIAL
2 for 1 Cocktails
Every Tuesday 2:30pm to 8pm
2221 BROADWAY @ WEST GRAND OAKLAND
510.451.4677 www.LUKASOAKLAND.COM

SAN JOSE CIVIC
CROSBY STILLS NASH
FRIDAY, SEPTEMBER 18TH
CROSBYSTILLSNASH.COM
SAN JOSE CIVIC
sanjosecivic.com
ticketmaster
(800) 745-3000

Starry Plough
THU 9/3 8:00 PM $10 MELDIUM FT. GENE HOGLAN (DETH[illegible], SLAYER, FEAR FACTORY) FAITHLESS SAINTS
FRI 9/4 8:00 PM $10 A RIPTILES REUNION FT. DAWN DANG IN MEMORY OF AL PULOSTIN (1963-2009)
SAT 9/5 9:30 PM $6 BOATCLUB HEADSLIDE THE AMERICAN PROFESSIONALS
THU 9/10 9:00 PM $7 TWILIGHT HOTEL SWEET TALK RADIO
FRI 9/11 9:00 PM $10 YARD SALE (CD RELEASE) THE HAPPY CLAMS THE LOW ROLLERS
SAT 9/12 9:00 PM $8 MANCUS CALDICOTT ANGIL CAMAPION OCHS ALEXALEXALEX
SUNDAYS 8:30 PM IRISH MUSIC SESSION W/ SHAY BLACK
TUESDAYS 7:30 PM • FREE OPEN MIC W/ JOAN PEZ
MONDAYS 7:00 PM LESSON, 9:00 PM DANCING / FREE TRADITIONAL IRISH DANCE & CEILI
WEDNESDAYS 8:00 PM • $7 2009 BERKELEY POETRY SLAM featuring local and touring poets, $150 + cash a [illegible]
WWW.STARRYPLOUGHPUB.COM
THE EAST BAY'S LONGEST OPERATING NIGHTCLUB
3101 Shattuck Berkeley 510.841.2082

Ashkenaz
Music & Dance Community Center
WED 9/2 8:00 pm $17 $14 advance — MYSTICAL MUSIC OF THE NEAR EAST THE QADIM ENSEMBLE Arabic, Jewish, Turkish, & Sufi music
THU 9/3 8:30 pm $10 — BLUES DANCE "STOMPING THE BLUES" 8:00 pm blues dance lesson with Philip Garrison
FRI 9/4 9:30 pm $10 $8 with bike — "LIKE MY BIKE NIGHT" #5 DG 111N Gypsy flamenco funk with a French twist QUINN DEVEAUX & THE BLUE BEAT REVIEW Soul folk/blues groove 6:00 pm Sunset bike cruise departs Sproul Plaza
SAT 9/5 9:30 pm $13 $10 students — AFRICAN BABA KEN & WEST AFRICAN HIGHLIFE BAND 9:00 pm African dance lesson with Comfort Mensah
SUN 9/6 3:00 pm $6 adults $4 kids — "SUNNY SUNDAYS" KIDS' SHOW LADYBUG PICNIC Fun-filled original acoustic music and folk classics + juggling and more!
SUN 9/6 7:30 pm $10 — SWING JAZZ AMERICANA/GYPSY JAZZ GEORGE COLE & VIVE LE JAZZ
TUE 9/8 8:30 pm $10 — CAJUN ZYDECO BLUES TOM RIGNEY & FLAMBEAU 8:00 pm Cajun Zydeco dance lesson
BERKELEY'S HOME FOR WORLD MUSIC AND DANCE SINCE 1973
1317 San Pablo (at Gilman) (510) 525-5054
Calendar, advance tickets, information: Ashkenaz.com ALL AGES, ALL THE TIME

LOUNGE 3411
3411 MACARTHUR BLVD @ 35TH OAKLAND, CA
THURS. SEPTEMBER 3RD
DJ CIRCUIT REGGAE/TOP 40
$2 COVER 9PM-2AM
FRI. SEPTEMBER 4TH
D.U.I. HAPPY HOUR!
5PM-9PM $2 DRAFTS/$4 WELL/$4 SANGRIA
DIRTY FRIDAY
TOP 40/MASH UPS 9PM-2AM
SAT SEPTEMBER 5TH
THE KENTUCKY FRIED WOMAN SHOW
A TRIBUTE TO DOLLY PARTON
FEATURING STORM FLOREZ, [illegible] MOMMA'S BOYZ, LADY MONSTER AND MANY MORE.
9:30PM-2AM. $10.
510.531.3321

Shattuck Down Low
WED 2ND: ORQUESTRA UNIVERSAL live salsa & dance lessons
THURS 3RD: TRUE SKOOL PRESENTS THURSDAY THROWDOWN W/ REN THE VINYL ARCHAEOLOGIST
FRI. 4TH: "ONE BLOOD SOUND" PRESENTS: SAN QUINN RANKIN SCROO ADV TIX AT TICKETWEB.COM
SAT 5TH: "BRASIL" SOTAQUE BAIANO DJ RUBEN
SUN 6TH: "KING OF KINGS" DJS SMOKE ONE, ONE BLOOD SOUND labor day celebration
TUESDAYS: KARAOKE 8PM SIGN UPS
COMING UP: RICHIE SPICE - SEPT 11TH BEENIE MAN - OCT 1ST
2284 SHATTUCK AVE - DOWNTOWN BERKELEY
510.548.1159 • SHATTUCKDOWNLOW.COM

Jucifer

© [illegible]

TURN ON THE JUICE AND CUT LOOSE

Jucifer only plays its darkest, heaviest, slowest, fastest, or noisiest material live.

By Nick Schwab

Jucifer's use of extremes is inherent to its whole, as if its music were a pulsating organism. The duo's vast arsenal of differing styles bends and winds through a gamut of bipolar emotions to create music with elegance and grace despite its images of gloom and darkness. Jucifer makes depression beautiful.

Major stylistic shifts are showcased in just about all of this two-piece act's recordings. The music suddenly shifts from the calm and free-flowing melody of shoegaze to the harsh brutality of noise or metal. But it always feels as if this dynamism has a rationale.

"We use the jolt on purpose when we use it," said vocalist and guitarist Amber Valentine. "That moment when the music shifts unexpectedly and violently is a part of the composition, part of the experience, and comprehension — even if it's only subconscious — of what the music is about."

The point of the band's musical palette is to draw listeners into its stories, said Valentine. A sense of organic movement combined with the heart-rending feeling of seeing a torchlight on an ominous night is apparent in Jucifer's new album *L'Autrichienne*, an album based on the French Revolution. The concept album is about the plight of the Austrian-born French queen Marie Antoinette, who was executed during the uprising.

This storytelling is intrinsic to any Jucifer recording. "We're recording albums as whole pieces of music, not just sticking songs together that we think people might like," said Valentine, who along with her husband, drummer Ed Livengood, creates albums that have a sense of structure. "Hell, sometimes we put in songs that we expect people to hate! But, if we feel like they're important to the story and the flow, they're going on the record."

Valentine says Jucifer's approach has not changed much in its sixteen years of existence. "We've always been insane enough to do things our own way, and we've managed to stay away from labels that put too much of a damper on us," she said. Jucifer had its first 7-inch and LP on the fan record label Crack Rock, and after later moving over to the reborn Capricorn label, which rereleased that first LP, it is currently on Relapse records. "We never made any major compromises artistically," Valentine said.

The duo has proven to be a pioneer in another realm, too. A number of similar two-person bands have sprung up since Jucifer's inception: acts like Japanther, No Age, or [illegible]. "We showed venues and record labels and radio that a two-piece band was viable," Valentine said. "We took the heat for supposedly being a gimmick, so that real gimmicks could happen ... It can be really frustrating when people who don't know our history approach us as if we're brand new ... And I can't wait until they start assuming our wall of sound is a copy of some band that started in 2006, or something. It's going to happen too."

Show Details
Jucifer will play at Uptown (1928 Telegraph Ave., Oakland) on Sept. 5. 8 p.m. $10. UptownNightclub.com.

However, Valentine sees an upside to that. "The silver lining, though, is that we are constantly required to be better than our surface qualities ... Remaining underground while others mainly get by on one of those surface novelties means that we're going to be concentrating on what actually counts — making music."

Asked how the vast number of styles translates live, Valentine said she knows what gets the crowd pumped. "Our live show has always focused on our darkest, heaviest, or slowest, fastest, noisiest stuff. It's just the stuff that is good to play."

This sense of urgency is intended, she said. "We knew that we wanted to flip out, headbang, and look around during shows. We as music fans totally prefer shows where mosh pits are appropriate to ones where the audience just watches. ... We've never made a record without at least a few songs that'll translate to that, to the tradition of a metal show or an old-school hardcore show." ■

Feedback@EastBayExpress.com

SKILLS spundae

JoyEvolution

AfterParty

[Formerly LoveParade-&-LoveFest]

10.03.09

Saturday October 03, 2009

deadmau5

GROOVE ARMADA DJ SET

EDDIE HALLIWELL

DJ DAN & DONALD GLAUDE 2X4

FISCHER SPOONER DJ SET

ANDY MOOR

JOHN O'CALLAGHAN • MENNO DE JONG • JON O'BIR

BURNS • DYLOOT • ALAIN OCTAVO • BLIX CANNON

LOCATED AT THE BEAUTIFUL

BILL GRAHAM CIVIC AUDITORIUM

99 GROVE STREET SAN FRANCISCO

8PM-4AM

18+ WELCOME

FULL BARS FOR 21+

GA & VIP TICKETS ON SALE NOW

LOVEAFTERPARTY.COM

LOVEAFTERPARTY.COM

SKILLSDJ.COM • SPUNDAE.COM

Ooh, it's a
DESIGN CONTEST!

Become a part of KALX radio history by designing the T-Shirt for our Fall 2009 Fundraiser!

Go to **kalx.berkeley.edu**
or call (510) 642-1111 for submission guidelines

ALL ENTRIES MUST BE RECEIVED by FRIDAY SEPTEMBER 4 2009

KALX
90.7 FM BERKELEY

Godspeed
Oakland
5530 San Pablo Ave, Oakland
Food
Beer
Pool
Pinball
Tattoos
Bikes

san francisco
1330 Fillmore Street
San Francisco, California
94115

Yoshi's
jazz club and JAPANESE RESTAURANT
YOSHIS.COM

oakland
510 Embarcadero West
Oakland, California
94607

Top 100 Bay Area Restaurants 2009 and Top 10 New Restaurants in 2008 – San Francisco Chronicle

tonight! Wed September 2 (10pm, Late Show)
Jazz Mafia presents
SHOTGUN WEDDING SYMPHONY

this week! Thurs Fri September 3 4
ERIC BENET

this weekend! Sat, Sun September 5 6
THE FOUR FRESHMEN

this weekend! Sat. September 5
(10:30pm Late Show JUST ADDED!)
TANYA STEPHENS

next week! Mon September 7
THE BELLEVILLE OUTFIT

next week! Tues, September 8 (8pm Early Show)
RALPH CARNEY'S
SERIOUS JASS PROJECT

next week! Tues, September 8 (10pm Late Show)
ERIC McFADDEN UNION

Thurs September 10
Open Dance Floor
SILA & THE AFROFUNK EXPERIENCE

Fri Sat, Sun September 11 12, 13
THE BAD PLUS

Sat, September 12 (11:30pm, Late Show)
Beyond Jazz Music Series: Midnight Edition
THE FOREIGN EXCHANGE
featuring Nicolay & Phonte (of Little Brother)

Mon September 14
BUCKWHEAT ZYDECO

Tues, September 15
HYIM
Sun In The Morning CD Release

Late Night Live! Every Tuesday

tonight! Wed September 2
DAVE DOUGLAS & BRASS ECSTACY

this week! Thurs Fri September 3 4
(8pm Early Show)
THE BLIND BOYS OF ALABAMA

this week! Thurs September 3 (10pm Late Show)
CHARLIE MUSSELWHITE

this weekend! Fri, September 4 (10pm Late Show)
MARCIA BALL

next week! Sat, Sun Mon September 5 6 7
ERIC BENET

next week! Tues, September 8
ROBIN DUHE

Wed Thurs September 9, 10
BRIAN BROMBERG'S
IT IS WHAT IT IS TOUR
featuring Patrice Rushen, Will Kennedy, Gary Meek

Fri Sat, Sun September 11 12, 13
Celebrating 30 Years!
HIROSHIMA

Mon, September 14
JOHN CALLOWAY & THE FLUTE ODYSSEY

Tues, Wed Thurs, Fri
September 15 16 17 18
CHICK COREA
STANLEY CLARKE
& LENNY WHITE

Sat, Sun September 19, 20
LIZZ WRIGHT

Mon September 21
ERIC MUHLER QUARTET
The Joy of Six CD Release

Now Reserve Your Seats at Yoshi's San Francisco!

Get Tickets at YOSHIS.COM / the venue box office / 415-655-5600 / 510-238-9200

CD REVIEWS

FUN SONGS AND HORNS

Melodic punks, retro songcraft and horns, horns, horns

American Steel

Dear Friends and Gentle Hearts

After a five-year reincarnation as indie rock band Communiqué, the four members of American Steel returned to the studio two years ago as their punk rock selves. *Dear Friends and Gentle Hearts*, the second release since the "reunion," shows off the band's versatility and musicianship more so than earlier recordings. Following up 2007's very punky *Destroy Their Future*, this one eases back a bit from some of the straight-up punk in favor of some slightly poppier, more danceable rock, as if to make peace between the current band and its alter ego.

The first track, "Emergency House Party," is one of the best dancing songs: upbeat with an addictive guitar riff and an awesome sing-along chorus (*Everything will be alright/if only for tonight*). Other highlights include the darker, heavier "Safe and Sound," a song of paranoia, and the catchy, singable title track. Between Rory Henderson's just harsh-enough vocals, plenty of catchy guitar riffs and grooving bass lines, *Dear Friends and Gentle Hearts* could draw in new fans of the indie/dance persuasion. In fact, the most typically punk, super-sped-up "Where You Want To Be" is the least musically exciting track on the album. Following that is the sharply contrasting, breakup anthem "Finally Alone," full of delightfully tortured vocal lines, bittersweet lyrics, and even commercial potential.

Overall, this album is particularly *fun* compared to other things American Steel has released: the danceable beats and screamable choruses make you desperate to see them play in person. (Fat Wreck Chords)

— Catherine Plato

The Minus 5

Killingsworth

Some bands are essentially associations or collectives built around the lead of one or two players. Steely Dan is one. The Minus 5 is another. The latter act's principals are Scott McCaughey (Young Fresh Fellows) and Peter Buck (REM), accompanied this time round by a troupe including members of the Decemberists, Norfolk & Western, Meadow Lane and the Posies. This lot brings McCaughey's sardonic story-songs to life with flair, confidence, and succinctness. There's little of the droll power pop of the Fellows — the ambiance is closer to the finely wrought folk rock and country flavored lilt of *Younger Than Yesterday/Notorious Byrd Brothers*-era Byrds, Bonnie Prince Billy, and Beachwood Sparks.

McCaughey's comforting, kindhearted singing evokes late-1960s Ray Davies of the Kinks. He even writes songs like him, although McCaughey doesn't "crib." *Killingsworth* is full of vignettes rife with glowing yet plainspoken but detailed and trenchant observations borne upon low-key, captivating, easy melodies. The winsome, lugubrious "Big Beat Up Moon" is an overview of a neighborhood packed with people dis-united by loneliness. "I Would Rather Sacrifice You" is a facetiously stirring country gospel song about a pious Christian soldier devoted to saving the world and killing anyone that gets in the way (*I spread the gospel with my gun*). *Killingsworth* is an album to unite two (or more) generations of rockers — get a copy for your friend enamored of Wilco or that parent or sibling who still listens to the Band and Randy Newman. (Yep Roc)

—Mark Keresman

8 Legged Monster

Vol. 2

You don't hear many multi-horn jazz bands these days. They're challenging, unprofitable and a bit of an anachronism. Yet some musicians remain enamored of the old big-band style. Local guitarist Mike Irwin Johnson is one such character. Classically trained, he's been a workhorse in the jazz scene for roughly a decade. Two years ago Johnson got inspired to write arrangements for a band with four horns and a four-man rhythm section, which he called 8 Legged Monster. (He's now expanded it to include six horns, and traded his piano player for vocalist Karina Denike.) It's a cast of heavyweights — among them trumpeter Mike Olmos, trombonist Danny Grewen, reeds player Rob Barics, drummer Joe Sawyer, and the ravishing Denike, who's best known for singing in San Francisco ska band Dance Hall Crashers. Each band member has star power in his own right and each contributes a unique personal history to 8 Legged Monster. The result is exciting.

Johnson makes no pretension of packaging 8 Legged Monster for a modern audience. Instead, he highlights the band's roots, even to the extent of designing the CD jacket for *Vol. 2* to resemble an old record jacket. *Vol. 2* includes only two standards, "Saturn" (arranged to sound a lot like Sun Ra's early renderings of the tune) and "Mood Indigo." Otherwise, it's all Johnson originals — but you wouldn't know that without reading the liner notes, since his music is so steeped in older swing and bebop traditions. Johnson typically writes with specific players in mind. "Olmos Def" features fat sounds and technical bravado from Olmos, while the lovely "Goodbye" shows Denike at her most vulnerable.

To be so grounded in tradition and yet sensitive to your band members is quite difficult. But Johnson pulls off 8 Legged Monster with flair. (Porto Franco Records)

— Rachel Swan

8 Legged Monster plays Wed., Sept. 2 at San Francisco Yoshi's (1330 Fillmore), 8 p.m., $10-$14. 8LeggedMonster.com

VOTED BEST OF THE BAY
1990-2009
AMOEBA MUSIC

LISTEN UP!

LET'S GO TO WAR
Karmageddon
12.98 CD
Call it Electro, call it Hip-Hop, call it Grime, call it Crunk. It don't matter 'cause it ain't callin' you in the morning!

SUSANA BACA
Seis Poemas
7.98 CD
On *Seis Poemas*, the Peruvian Grammy Award winner deftly melds the quotidian fabric of poetry and age-old songs passed down orally with a universal sound that enthralls the listener no matter where they're from.

MR. SCRUFF
Keep It Unreal: 10th Anniversary Analogue Remastered Edition
14.98 CD
2-CD SET
A fully remastered and expanded two CD 10th Anniversary edition of the debut album from Manchester DJ Andy Carthy (AKA Mr. Scruff) includes a bonus disc that contains nine previously unreleased tracks.

MADLOVE
White With Foam
13.98 CD
The latest project from Trevor Dunn (Mr. Bungle and Fantômas) harkens back to his rock roots, featuring an international cast of musicians.

STUDENTS SHOP & SAVE AT AMOEBA BERKELEY!
10% off all used merchandise to students with a valid student I.D.!
[illegible]

2455 TELEGRAPH AVENUE • BERKELEY • (510) 549-1125
1855 HAIGHT STREET • SAN FRANCISCO • (415) 831-1200
BUY-SELL-TRADE: DVDS, CDS, LPS, VIDEO GAMES & MORE! HIGHEST PRICES PAID IN CASH OR TRADE! WWW.AMOEBA.COM
PARKING IS EASY: WE VALIDATE! [illegible]

Jason Mraz
The Gratitude Café tour
Brett Dennen
ROBERT FRANCIS
HOSTED BY Bushwalla

Lucky CONCERT SERIES
THE GREEK THEATRE UC BERKELEY

FRIDAY, OCTOBER 9th
at 7:00 PM

ON SALE THURSDAY SEPTEMBER 3rd!

JASONMRAZ.COM
www.gratitudecafetour.com

ticketmaster
TICKETS AVAILABLE THROUGH ALL TICKETMASTER OUTLETS, ONLINE AT TICKETMASTER.COM OR APECONCERTS.COM
FOR VISA SIGNATURE PREFERRED SEATING, GO TO APECONCERTS.COM/VISA
APECONCERTS.COM
ANOTHER PLANET ENTERTAINMENT

BUY • SELL • TRADE • CONSIGN

The Starving Musician

Specializing in Used AND New Musical Equipment

2474 Shattuck - Berkeley - 510.841.2648

SANTA CLARA • SANTA CRUZ

www.starvingmusician.com

1-2-3-4 GO! RECORDS

THE EAST BAYS ONLY RECORD STORE FOCUSED ON PUNK INDIE ROCK HARDCORE GARAGE METAL CRUST OI! ETC

423 40TH STREET, OAKLAND

OPEN EVERY DAY 12 TO 7PM

WWW.1234GORECORDS.COM

Where Does the DJ Spin Sixties Psychedelic?

Find out at **EastBayExpress.com** and **m.EastBayExpress.com**

NEW AT AMOEBA!

NEED CASH?

Amoeba Music wants your CDs, LPs, DVDs, & Video Games! We pay the most cash & offer the highest trade credit you'll find anywhere. Our buy counter is open Mon-Sat 10:30-10pm, Sunday 11-9pm! We love large collections & make house calls for large buys! Call us or visit AMOEBA.COM for more info!

VINYL SATURDAY - SEPT. 5TH!!

Vinyl Saturday is a brand new monthly offering from the fine folks that have brought us Record Store Day. Purchase exclusive 7"s, 10"s, & LPs from Mars Volta, Big Star, The Avett Brothers, and more. Supplies are limited, so come early and get yours while supplies last!

BEATLES DAY AT AMOEBA!! WEDNESDAY 9/09/09

DJs - Trivia - Giveaways - Beatles Look-Alike Contest!

Visit Amoeba.com for the full schedule of events! Pre-order the Beatles Remastered CD catalog now at Amoeba.com!

STUDENTS SHOP & SAVE @ AMOEBA BERKELEY!

10% OFF ALL USED MERCHANDISE TO STUDENTS WITH A VALID STUDENT I.D.!

(Offer valid at Amoeba Berkeley only. Not valid with any coupons or other discount offers)

AMOEBA MUSIC

BERKELEY
2455 TELEGRAPH AVENUE
(510) 549-1125

SAN FRANCISCO
1855 HAIGHT STREET - (415) 831-1200
[illegible]

WWW.AMOEBA.COM

LIVE SHOWS CALENDAR

All shows are free & all ages welcome! Check Amoeba.com for complete listings.

@ SAN FRANCISCO:

THURSDAY • SEPTEMBER 3 • 6PM
GEORGIA ANNE MULDROW & DUDLEY PERKINS

Los Angeles dynamic duo Georgia Anne Muldrow & Dudley Perkins (a.k.a. G&D) present a spiritual message of hope, light, & love loaded with [illegible] on their excellent [illegible] album [illegible]. [illegible] G&D are [illegible].

THURSDAY • SEPTEMBER 10 • 6PM
VIVIAN GIRLS

[illegible]

TUESDAY • SEPTEMBER 15 • 6PM
GIRLS

@ BERKELEY:

THURSDAY • SEPTEMBER 17 • 6PM
AMOEBA HOME GROWN PRESENTS.
DAMON & THE HEATHENS

Damon & The Heathens are a six piece punk soul band from Oakland who combine the sounds of [illegible]. They are excellent live [illegible].

GET YOUR AMOEBA CARD

Sign up for our newsletter on Amoeba.com & receive a NEW COUPON FOR $5.00 OFF with the purchase of $25.00 or more. Plus, be first to get info on special deals, contests, events, in-store performances, free downloads & much, much more!!

(This coupon not valid w/ any other coupon or discount offers.)

CONCERTS & CLUBS

THURSDAY 3

EAST BAY

Blues, Folk & Country

Appaloosa Saddle Rack, 9 pm, $5
Stomping the Dawn plus dance lessons w/ Phillip Garrison at 6 p.m., Mountain, 8:30 pm, $10
Strawberry Music Fall Festival w/ Dave Alvin & the Guilty Women, Rodney Crowell, Del the McCoury Band, [illegible], Camp Mather, 5:10 pm, $65, [illegible] weekend options $100-$200

Experimental & Avant Garde

Pandora w/ [illegible], 21 Grand Gallery/Performance Space, 8:30 pm, $6-$10

Gospel & Vocal

The Blind Boys of Alabama Yoshi's, 8 pm, $36

Jazz, Lounge & Cabaret

And That's Jazz [illegible], 8:30 pm, free
[illegible] Yoshi's, 10 pm, $20
Jazz Mine [illegible], Restaurant, 6:30-9 pm, free
Live Jazz [illegible], La Tosca de Cafe, 7 pm, free
[illegible] w/ guest [illegible], The Alley, 8 pm, free
[illegible] 5 Lighthouse, 8 pm, free
Thursday Night Live [illegible], 8:30 pm, free

Rock & Pop

[illegible] 7 pm, $6
East Bay Psycho-Fest 2009 featuring [illegible], 8 pm, $12
[illegible] 6-9 pm, free
[illegible] featuring [illegible], 9 pm, $10
Son of Air w/ [illegible], 8 pm, $6
[illegible] Mountain [illegible] 7:30 pm, $65-$125
The Spyrowskis [illegible], 10 pm, free
[illegible] Saloon, 8 pm, free
[illegible] 6:30-8 pm, free

Soul, Funk, R&B & Hip-Hop

Thursday Night Live live music every week, [illegible] 7 pm, $5-$12
Unplugged live R&B, soul, & jazz showcase, plus [illegible], 8 pm, $10-$20

World, Latin, Reggae & Reggaeton

[illegible] 9:30 pm, free
Salsa Night w/ [illegible], plus dance lessons, Yoshi's [illegible], 8 pm, $10

SAN FRANCISCO

Blues, Folk & Country

[illegible] w/ the Pine Box Boys, [illegible], 8:30 pm, $15
King's Night all-star blues jam, [illegible], 8 pm, free

Experimental & Avant Garde

The Holy Ghost Singers w/ [illegible], Cafe du Nord, 8 pm, $14

Jazz, Lounge & Cabaret

[illegible] satirical revue and spoof of pop-culture figures in which Snow White travels around the world in search of Prince Charming, Club Fugazi, 8 pm, $25-$77
[illegible] San Francisco-based [illegible] performs live jazz and blues, Top of the Mark, 7:30-11:30 pm, $10
[illegible] The Music Store, 8 pm, free

Rock & Pop

[illegible] w/ [illegible], Lounge, 8 pm, $8-$10
[illegible] w/ [illegible], [illegible], 8 pm, $10
[illegible] w/ [illegible] & the [illegible], 7:30 pm, $8
[illegible] w/ [illegible], 10 pm, $13-$15

More Listings Online

Get info about hundreds of musical events at EastBayExpress.com or m.EastBayExpress.com

[illegible] Johnny Foley's Irish House, 9:30 pm, free
[illegible] 9 pm, $8
The Unauthorized Rolling Stones [illegible], 8 & 11:30 pm, $15

Soul, Funk, R&B & Hip-Hop

[illegible] Coda, 9 pm, $7
Eric Roberson Yoshi's San Francisco, 8 & 10 pm, $25
Mos Def & Erykah Badu w/ Jay Electronica, [illegible] Symphony Hall, 7 pm, $38.50-$89.50

World, Latin, Reggae & Reggaeton

[illegible] Mojito, 8:30 pm, free
Flamenco Thursdays [illegible] presents music & flamenco w/ traditional flamenco costumes, Peña Pachamama, 8:30 pm, $18

FRIDAY 4

EAST BAY

Blues, Folk & Country

Appaloosa Saddle Rack, 8 pm, $5
[illegible] w/ [illegible], Cattle Theatre, 8:30 pm, free
I Like My Blues Night #5 w/ [illegible], [illegible] Blues Review, [illegible], 8 pm, $6
[illegible] Yoshi's, 10 pm, $20
[illegible] featuring [illegible], 8 pm, $10
Strawberry Music Fall Festival w/ Dave Alvin & the Guilty Women, Rodney Crowell, Del the McCoury Band, [illegible], & more, Camp Mather, 11:30 am, $65, children $20, [illegible] $100-$200

Gospel & Vocal

The Blind Boys of Alabama Yoshi's, 8 pm, $35

Jazz, Lounge & Cabaret

[illegible] w/ [illegible], Armando's, 8 pm, $8
First Friday Follies burlesque night, plus musical guest, [illegible] Club, 8 pm, free
[illegible] w/ guest [illegible], The Alley, 8 pm, free

Rock & Pop

[illegible] Mountain Winery, 7:30 pm, $48.50-$79.50
Spyrowskis [illegible] Saloon, 8 pm, free
Embers [illegible], 8 pm, $6

[illegible] w/ [illegible], 9 pm, $18
[illegible] Lions [illegible] Park, 7-8:30 pm, free

Soul, Funk, R&B & Hip-Hop

[illegible] Battle of the Bay & MC [illegible], Metro Operahouse, 9 pm, TBA
[illegible] [illegible] & Cafe, 7:30 pm, free
Mos Def, Erykah Badu, & Jay Electronica Paramount Theatre, 7:30 pm, $39.50-$89.50
[illegible] w/ [illegible], Shattuck Down Low, 8 pm, $15

World, Latin, Reggae & Reggaeton

[illegible] live flamenco guitar & [illegible], 7:30 pm, free
[illegible] w/ [illegible] & [illegible], La Peña Cultural Center, 8:30 pm, $15-$18

SAN FRANCISCO

Blues, Folk & Country

[illegible] w/ guest, Hotel Utah, 9 pm, $12

Jazz, Lounge & Cabaret

[illegible] satirical revue and spoof of pop-culture figures in which Snow White travels around the world in search of Prince Charming, Club Fugazi, 8 pm, $25-$77
The Strong [illegible] Quartet Coda, 10 pm, $10

Rock & Pop

[illegible] w/ [illegible], Cafe du Nord, 8:30 pm, $10-$12
[illegible] w/ [illegible], The Rickshaw, 8 pm, $7
[illegible] w/ the Color Turning, [illegible], Lounge, 8 pm, $8-$12
[illegible] w/ [illegible], 5 pm, $30
The Doobie Brothers w/ Dr. John, The Regency Ballroom, 5 pm, $49.50-$80
[illegible] w/ [illegible], [illegible] Tavern, 8:30 pm, $8
[illegible] w/ [illegible], [illegible] Social Club, 9 pm, $10
[illegible] featuring [illegible], Great American Music Hall, 9 pm, $20
[illegible] w/ [illegible], the Chop, [illegible] of the Hill, 9 pm, $10

Soul, Funk, R&B & Hip-Hop

[illegible] w/ [illegible], [illegible], 9 pm, $14
[illegible] 10 pm, $20
Eric Roberson Yoshi's San Francisco, 8 & 10 pm, $35
[illegible] w/ [illegible], 10 pm, $10-$12

World, Latin, Reggae & Reggaeton

[illegible] Buena Vista-style Latin dancing w/ [illegible], Peña Pachamama, 8:30 pm, $13-$18

SATURDAY 5

EAST BAY

Blues, Folk & Country

Appaloosa Saddle Rack, 10 pm, $5
[illegible] Armando's, 8:11 pm, $8
[illegible] & [illegible], 8 pm, free
Strawberry Music Fall Festival w/ Dave Alvin & the Guilty Women, Rodney Crowell, Del the McCoury Band, [illegible], & more, Camp Mather, 11:30 am, $65, children $20, weekend options $100-$200

PICKS

San Quinn

[illegible] a recognizable voice will get you pretty far in hip-hop, which is partly about lyricism, but largely about persona and delivery. But Fillmore rapper **San Quinn** has it all: solid bar flows, incredible command of the rhythm, a sense of humor cloying personal anecdotes, and a raspy, almost childish voice. As a result, he's had an impressive eighteen year career in the Bay Area, supplemented by a sizable discography. His best records mix radio-ready hits with songs that could almost be characterized as "[illegible]." Quinn makes a rare appearance at Berkeley's **Shattuck Down Low** (2284 Shattuck Ave.) on Friday, Sept. 4, alongside dancehall artist **Rankin Scroo**. The event caps off with sets by **DJ Apollo**, a founding member of the San Francisco crew Triple Threat DJs. 9 p.m., $15. ShattuckDownLow.com — *Rachel Swan*

Rankin Scroo

Speaking of **Rankin Scroo**, he has been a presence on the Bay Area reggae, world music, and hip-hop scene since the 1980s, when the duo of Rankin Scroo & Ginger electrified audiences with their jazzy style of dancehall music. In the last few years, Scroo has developed his own brand of urban reggae, blending hip-hop and roots music with the positive messages that have al[illegible] [illegible] ated with [illegible] Short, and Money B [illegible] **Frankie Paul** and [illegible] on at his Crucial Youth Studio in Oakland. Forever [illegible] Scroo's live gigs can jump between soca, lover's rock, R&B, and smoking roots reggae. **Rankin Scroo** opens for rapper San Quinn at **Shattuck Down Low** in Berkeley on Friday, Sept. 4, 9:00 p.m. $15. ShattuckDownLow.com — *J. post*

John Legend

Not only a good friend and mentor for Kanye West, **John Legend** has become quite the mini-mogul — singer, songwriter, producer, and label owner. Creative collaborations have become a mainstay for Legend, whether it's been participating in a Will.i.Am-produced video for Barack Obama last year or working with artists ranging from rappers Rick Ross and T.I. to bossa nova legend Sergio Mendes. The Ohio native has brought this musical ethic on to the touring trail when it comes to the opening acts he's brought out on the road with him. And while the balladeer's own latest effort *Evolver* featured some intriguing but nonetheless safe tinkering, on this string of tour dates he's managed to arrange some of the album's more awkward moments in his on-stage duets with India.Arie on "Good Morning" and younger brother Vaughn Anthony on "In Your Shoes." John Legend will be showcasing his own brand of Quiet Storm on Sunday, Sept. 6, at **the Greek Theatre** (Gayley Rd. at Hearst Ave., Berkeley). 7:30 p.m., $39.50-$89.50. AEGConcerts.com. — *Dave Gil de Rubio*

Classical Revolution

The burgeoning [illegible] **Classical Revolution** is happening in San Francisco this week. The chamber ensemble, which draws an ever-changing membership from organizations as excellent and diverse as the San Francisco Orchestra, Berlin Philharmonic, Metropolitan Opera Orchestra, and top conservatory classes, is the resident ensemble of the Red Poppy Art House in the Mission. With its goal of expanding classical music's audience by performing in bars, cafes, art galleries, and other accessible venues, Classical Revolution chapters currently exist in Portland, Reno, New York, Philadelphia, Chicago, and, of course San Francisco. At **Red Poppy Art House** (2698 Folsom St., San Francisco) Thursday, Sept. 3, 8 p.m. free. 415-826-2402. — *Jason Victor Serinus*

Wild at Heart Saddle Rack, 7-10 pm, $6

Experimental & Avant-Garde

Janitor + the Ferocious Few, Sassy, Uptown, 8 pm, $11

Jazz, Lounge & Cabaret

Quinteto w/ Dinero featuring [illegible] Express & [illegible] Fuchs, Cafe Van Kleef, 8 pm, $10
Pinky Bully Spuntino, 8 pm, free
Red Table jazz w/ guest singers, The Alley, 9 pm, free

Rock & Pop

Goatstuff w/ Headpile, the [illegible] Professionals, Starry Plough, 9 pm, $6
Daryl Hall & John Oates Mountain Winery, 7:30 pm, $48.50-$79.50
An Evening w/ Nicole Mcelroy Kimball's, 8:30 pm, free
Lost Cat Pennie's Bar & Grill, 9:30 pm, free
Los Angelitos de La Peña Saturday morning children's show w/ live music, La Peña Cultural Center, 10:30 am, $5, kids $4
Blue Hope for the Road w/ Compton SF [illegible] & 7 Year Old Blind Kid, Hipster Club, 8 pm, $5
Suburbanite Dumbell w/ Whiskey [illegible] Shot Like [illegible], Crescent, & [illegible] 924 Gilman, 8 pm, $6
Stockholm Syndrome w/ Bood, Uptown, 9 pm, $23-$25

Soul, Funk, R&B & Hip-Hop

Eric Benét Yoshi's, 8 & 10 pm, $20-$30
Grindtime Battle of the Bay 5 MC Battle, Oakland Metro Operahouse, 1 & 8 pm, TBA
Crown Folk Entertainment Kimball's Carnival, 9 pm, free
P.O.S. (Member of Doomtree) 36 Revolutions Record Shop & Cafe, 8-9:30 pm, free

World, Latin, Reggae & Reggaetón

Hype Red & West Bahia Drums, Samba plus African dance lesson at 8 pm, Ashkenaz, 9:30 pm, $12, students $10
Dallen Red w/ Quinteto "Red Red Project" La Torta de Cafe, 7:30 pm, free
The Reggae Night w/ rotating live bands, Sweet Fingers, 8 pm, free
Mirandita Albatross Pub, 9:30 pm, $5
Sylvapro Balaso w/ DJ [illegible], Shattuck Down Low, 9 pm, $10, $5 students

SAN FRANCISCO

Blues, Folk & Country

Mattinata di Bunkel Italian folk music w/ Silvan Mignano, Cafe Sorrento, 10:30 am-12:15 pm, free
Big Cable & the Nighthawks Biscuits & Blues, 8 & 10 pm, $20
The White Buffalo w/ guest, [illegible] Bar, 9 pm, $12

Experimental & Avant-Garde

Van Dyke + Cat Mccann, Great American Music Hall, 9 pm, $25

Jazz, Lounge & Cabaret

Beach Blanket Babylon musical revue and spoof of pop-culture figures in which Snow White travels around the world in search of Prince Charming, Club Fugazi, 7 & 10 pm, $25-$77
Kenneth Gant Ferguson Saloon, 9-12 pm, free
The Four Freshmen Yoshi's San Francisco, 8 pm, $18-$28, kids matinee $5
Teresa Gaeeno & Her Little Big Horns Brass Room, 10:30 pm, free

Rock & Pop

The B-Tops w/ the Sweet Revenge, Smokepurpp, & As Shoe Shaker, Red Devil Lounge, 8 pm, $7-$10
Fast Times '80s covers, Maggie McGarry's, 9 pm, free
Rock & Roll Happy Hour Show w/ local bands, Thee Parkside, 3-8 pm, free
Magic Bullets Cafe du Nord, 9 pm, $10
Red Vegas + Dirty Sweet, Gringo Star, Inn of the Hill, 10 pm, $10
Wire Band w/ Tomatoes, Helena Joel, Benjamin Bund, & DJ Choice, Slim's, 9 pm, $10

Soul, Funk, R&B & Hip-Hop

Saturday Night Soul Party + Red Parade, Paul Paul & Phangrian Disaster, Elbo Room, 10 pm, $5

World, Latin, Reggae & Reggaetón

Gonzones Sebat Siyo w/ Fuerza Sunda, Yerba Buena Center for the Arts Forum, 1-3 pm, free
Tonga Stephens Yoshi's San Francisco, 10:30 pm, $20-$35

SUNDAY 6

EAST BAY

Blues, Folk & Country

Americana Unplugged live bluegrass, Americana, & old-time w/ rotating artists, Jupiter, 5 pm, free
Strawberry Music Fall Festival + Allen & the Guilty Women, Rodney Crowell, the Del McCoury Band, Lost Weekend, Kane, Bruce & Kaplan, Deerstar, & more, Camp Mather, 7 pm, $60, children $30, Season passes $130-$230

OAKLAND'S ONLY HISTORIC PIANO BAR
Gets Dibble Tickles the Ivories
Tuesday-Saturday 9pm-Closing
"THE ALLEY"
OPEN
Dinner Served
3325 Grand Ave • Oakland • (510)444-8505

Mel-o-dee COCKTAILS
NFL SUNDAY TICKET ON 5 SCREENS
Weekly NFL Pro Pickem
Grand Prize trip for two to Vegas!
(510) 526-2131
In the El Cerrito Plaza
next to Trader Joe's
5 NEW BEERS ON TAP
WWW.MELODEELOUNGE.COM

Where Does the DJ Spin Old School R&B?
Find out at EastBayExpress.com and m.EastBayExpress.com

ONE BLOOD SOUND presents REGGAE meets HIP HOP
SAN QUINN & RANKIN SCROO
DJ APOLLO (TRIPLE THREAT)
MOOCH OA PLAYER...SMOKE-1...YOUNG FYAH...IRIE OOLE
FRIDAY SEPT 4
BRAZIU
8 yr Anniversary
SOTAQUE BIAINO
Dj Ruben
every 1st sat
Brazilian Independence day party SEPT 5
KING of KINGS
sun SEPT 6
Labor Day Bash
REGGAE*DANCEHALL*LOVERS
ONE BLOOD vs. TNT SOUND
shattuckdownlow.com
2284 Shattuck Ave, Berkeley, 510-548-1159
doors 9-2. 21+, dress code enforced

THURSDAY
temple of boom with [illegible] 10pm

FRIDAY
happy hours with [illegible] 6-10pm
upgrade with dj [illegible] 10pm

SATURDAY
warm-up with [illegible] 7-10pm
east bay honky tonk with dj [illegible] 10pm

MISSOURI LOUNGE
[illegible] THEMISSOURILOUNGE.COM

The Trappist
Belgian & Specialty Beer
THURSDAY 9/3 7PM
IN THE BACK BAR
PRO AM NIGHT
TASTE SEVERAL PRO AM ENTRIES FROM THE GREAT AMERICAN BEER FESTIVAL
22 taps · over 120 bottles
460 8th Street Oakland 510.238.8900
www.thetrappist.com
OPEN TUE-[illegible]

Tired of Eating Canned Chili for Dinner?
Find a restaurant at EastBayExpress.com and m.EastBayExpress.com

OAKLAND METRO OPERAHOUSE
all ages all the time
SEPTEMBER 3RD
TOURETTES WITHOUT REGRETS
(FREESTYLE SLAM & BURLESQUE CIRCUS)
FIRST THURSDAY OF EVERY MONTH
8:00PM / $10
SEPTEMBER 4TH & 5TH
GRINDTIME
NIGHTTIME & DAYTIME
BATTLE OF THE BAY 5
FRI 7:00PM SAT 1:00PM
$10 EACH DAY / $15 FOR BOTH
SEPTEMBER 05TH
FRESH COAST
RELEASE PARTY
DELMON CREW
SMASH CITY GAUNTLET
ANIMAL PLANET
JONNY STORM
8PM / $5
SEPTEMBER 11TH
STONE VENGEANCE
PROUDFLESH
HELLHUNTER
CHEAPSKATE
8PM / $7
630 3rd Street • Oakland • 510-763-1146
oaklandmetro.org
[illegible]

Jupiter
2181 Shattuck Ave Berkeley [illegible]
[illegible]

Selector DJ TOPH ONE
THUR 9/3
[illegible]
www.[illegible]

JOSHI'Z 3
FRI 9/4
[illegible] www.joshimarshall.com

POCKET TRIO
SAT 9/5
[illegible] EVERY Saturday in September www.myspace.com/pockettrio

Americana Unplugged
SAVANNAH BLU
SUN 9/6
[illegible]

ALEXIS HARTE
WED 9/9
[illegible] www.alexisharte.com

This Week's Featured Beers
[illegible]
Pliny the Elder
Sierra Anniversary
Moylan's Tipperary
Jupiter Nitro IPA
[illegible]

C&C

EAST BAY

Jazz, Lounge & Cabaret

The Chinese Dump Organ The Annunde's, 3 pm. $8
[illegible] Ashkenaz, 7:30 pm. $15
[illegible] Uptown, [illegible] Carlos Mill, 3-6 pm, free

Rock & Pop

[illegible] w/ [illegible] Amphitheatre. 7 pm, $45-$225
[illegible] Sunny Sundays [illegible] show, Ashkenaz, 3-4:30 pm. [illegible]
Stockholm Syndrome w/ guest, Uptown, 6 pm, [illegible]
Tyler [illegible] w/ the 5th Wheel, [illegible] 5 Silhouette, [illegible] 1 pm, $8 under 21 $10

Soul, Funk, R&B & Hip-Hop

Eric [illegible] Yoshi's, 5 & 10 pm, $26-$32
John Legend w/ India.Arie, Vaughn Anthony, Greek Theatre. 7:00 pm, [illegible]

World, Latin, Reggae & Reggaetón

José [illegible] [illegible] La Peña Cultural Center, 6 pm, $8

More Listings Online

Get info about hundreds of musical events at EastBayExpress.com or m.EastBayExpress.com

SAN FRANCISCO

Blues, Folk & Country

[illegible] w/ [illegible] 6 pm. $10
[illegible] 5 Blues, 8 [illegible] pm. $20
[illegible] Café du Nord, 8 pm, $15
Songwriter Sundays [illegible] Uptown, in the lounge. Yoshi's San Francisco, 9 pm-midnight, $3

Classical & Opera

[illegible] [illegible] Sunday champagne brunch, Top of the Mark, [illegible] $30 for brunch plus gratuity and tax

Jazz, Lounge & Cabaret

[illegible] revue and spoof of pop-culture. [illegible] travels around the world in search of [illegible] 2 & 5 pm, $25-$31
The Four Freshmen Yoshi's San Francisco, 2 & 7 pm, $18-$24 [illegible]

Rock & Pop

Midnight Strangers w/ [illegible] Hemlock Tavern, 6 pm, $8
[illegible] w/ [illegible] Annie's Social Club 7 pm, $8
[illegible] Johnny Foley's Irish House, 8 pm, free
[illegible] w/ the [illegible] 1:30 pm. $10-$12

Soul, Funk, R&B & Hip-Hop

Eric Lindell w/ [illegible] Pier 23. 4 pm, $20

World, Latin, Reggae & Reggaetón

[illegible] music and dance [illegible] Peña Pachamama, 8:30 pm, $10
[illegible] Café, 8 pm, $7

MONDAY 7

EAST BAY

Jazz, Lounge & Cabaret

[illegible] Uptown, [illegible] 5 pm, $8

Soul, Funk, R&B & Hip-Hop

Eric [illegible] Yoshi's, 7 pm. $26-$32

World, Latin, Reggae & Reggaetón

[illegible] w/ [illegible] Uptown, 9 pm, $26

SAN FRANCISCO

Blues, Folk & Country

The [illegible] Outfit Yoshi's San Francisco, 8 pm, $10

CLUB DIRECTORY

EAST BAY

21 Grand Gallery/Performance Space [illegible] Oakland. 510-444-7263
[illegible] 13056 San Pablo Ave., El Cerrito. 510-[illegible]
[illegible] 1477 Solano Ave., Albany. 510-528-1231
924 Gilman 924 Gilman St., Berkeley. 510-525-9926
Air the [illegible] Lounge 492 9th St., Lower [illegible] Oakland. 510-444-2377
Albatross Pub 1822 San Pablo Ave., Berkeley. 510-843-2473
The Alley 3325 Grand Ave., Oakland. 510-444-8505
[illegible] 2455 Telegraph Ave., Berkeley. 510-549-1125
[illegible] Jazz [illegible] 2120 [illegible] Way, Berkeley. 510-548-5299
[illegible] [illegible] Ave., Martinez. [illegible]
[illegible] [illegible] San Pablo Ave., Berkeley. 510-525-5054
[illegible] 4825 Hopyard, Pleasanton. [illegible]
Bay Island Irish 5616 Bay St., Emeryville.
[illegible] 2271 [illegible] Ave., Berkeley. 510-841-1790
[illegible] 2131 Franklin St., Oakland. 510-444-[illegible]
[illegible] Center for the Arts [illegible] Oakland. [illegible]
[illegible] Rock Bar [illegible] Arroyo Way, Walnut Creek. 925-[illegible]
The [illegible] [illegible] St., Hayward. [illegible]
[illegible] Telegraph 2367 Telegraph Ave., Berkeley. [illegible]
[illegible] on Telegraph (upstairs) 2367 Telegraph Ave., Berkeley. [illegible]
[illegible] [illegible] San Pablo Ave., Berkeley. [illegible]
[illegible] [illegible] Vineyard Ave., Livermore. [illegible]
[illegible] [illegible] Walnut Creek. [illegible]
[illegible] [illegible] Oakland. [illegible]
[illegible] [illegible] Oakland. [illegible]
[illegible] [illegible] Oakland. [illegible]
[illegible] [illegible] Oakland. [illegible]
[illegible] 5422 College Ave., Oakland. [illegible]
[illegible] [illegible] 510-[illegible]
[illegible] Sports Bar 1524 [illegible] Walnut Creek. 925-[illegible]
[illegible] 2305 Alameda Ave., Alameda. [illegible]
[illegible] [illegible] Lakeshore Ave., Oakland. [illegible]
[illegible] [illegible] Berkeley. [illegible]
First Congregational Church 2345 Channing Way, Berkeley. [illegible]
First Presbyterian Church [illegible] Broadway, Oakland. [illegible]
[illegible] [illegible] Telegraph Ave. [illegible]
[illegible] [illegible] Berkeley. [illegible]
Freight & Salvage 1111 Addison St., Berkeley. 510-548-1761
Hertz Hall UC Berkeley (Bancroft Way at College Ave.), Berkeley. [illegible]
[illegible] [illegible] Alameda. [illegible]
[illegible] [illegible] Berkeley. [illegible]
[illegible] Community Center of the East Bay [illegible] Berkeley. [illegible]
[illegible] Tea [illegible] [illegible] Oakland. [illegible]
Jupiter 2181 Shattuck Ave., Berkeley. 510-843-8277
[illegible] 1400 [illegible] Oakland. [illegible]
[illegible] 522 2nd St., Oakland. [illegible]
King Tsin Chinese Restaurant [illegible] Solano Ave., Berkeley.
[illegible] Lounge [illegible] Oakland. [illegible]
[illegible] [illegible] San Pablo Ave., Albany. [illegible]
[illegible] [illegible] Emeryville. [illegible]
La Peña Cultural Center 3105 Shattuck Ave., Berkeley. 510-849-2568
[illegible] [illegible] Grand Ave., Oakland. [illegible]
Lake Merritt United Methodist Church 1330 Lakeshore Ave., Oakland. [illegible]
Lakeshore [illegible] Baptist Church 3534 Lakeshore Ave., Oakland. [illegible]
Laney College Theater 900 Fallon St., Oakland. [illegible]
Lost Weekend Lounge [illegible] Alameda. [illegible]
[illegible] 2221 [illegible] Oakland. [illegible]
[illegible] Lounge 341 13th Street, Oakland. [illegible]
[illegible] Lounge 2000 San Pablo Ave., Berkeley. [illegible]
[illegible] 6500 [illegible] Ave., Oakland. [illegible]
Oakland City Center [illegible] 12th St., Oakland. [illegible]
[illegible] 630 3rd St., Oakland. 510-763-1146
[illegible] 1000 Coliseum Way, Oakland. [illegible]
Paramount Theatre 2025 Telegraph, Oakland. [illegible]
[illegible] Restaurant 32 Lafayette Circle, Lafayette. [illegible]
Pleasanton Hotel 855 Main St., Pleasanton. [illegible]
[illegible] 1951 [illegible] Oakland. [illegible]
[illegible] [illegible] St., Oakland. [illegible]
[illegible] Church 3553 Mt. Diablo Blvd., Lafayette. [illegible]
[illegible] 132 14th St., Oakland. [illegible]
[illegible] 42011 [illegible] Fremont. [illegible]
[illegible] 2284 [illegible] Berkeley. [illegible]
[illegible] [illegible] Oakland. [illegible]
[illegible] 2424 Lincoln Ave., Alameda. [illegible]
St. Mark's Episcopal Church 2300 Bancroft Way, Berkeley. [illegible]
St. John's Presbyterian Church 2727 College Ave., Berkeley. [illegible]
[illegible] [illegible] Shattuck Ave., Berkeley. [illegible]
[illegible] [illegible] Telegraph Ave., Oakland. [illegible]
[illegible] [illegible] San Leandro. [illegible]
[illegible] 1923 Telegraph Ave., Oakland. [illegible]
[illegible] 3411 MacArthur Blvd., Oakland. [illegible]
The Vine [illegible] 2272 Telegraph Avenue, Oakland. [illegible]
[illegible] Bar & Grill [illegible] Concord. [illegible]
[illegible] Vineyards Restaurant [illegible] Livermore. [illegible]
[illegible] Auditorium UC Berkeley, Berkeley. [illegible]
[illegible] [illegible] Telegraph Ave., Oakland. [illegible]
[illegible] [illegible] Oakland. [illegible]
Zellerbach Hall UC Berkeley, Berkeley. [illegible]
[illegible] 562 Grand Ave., Oakland. [illegible]

THE WARFIELD
THEWARFIELDTHEATRE.COM

SHAQUILLE O'NEAL PRESENTS
ALL STAR
COMEDY JAM
featuring
D.L. Hughley
LaVell Crawford
Daniel Dugar
ON SALE FRIDAY!
OCTOBER 3

AL GREEN
with ORGONE
SEPTEMBER 2

PHOENIX
with the soft pack
SEPTEMBER 17

PORCUPINE TREE
THAT 1 GUY
SEPTEMBER 18

DAVID CROSS
SEPTEMBER 19

PET SHOP BOYS
SEPTEMBER 22 & 23

GOV'T MULE
CARNEY
SEPTEMBER 25 & 26

BUD LIGHT CONCERT SERIES

The
REGENCY
BALLROOM

the neville brothers
DR. JOHN
& THE LOWER 911
SEPTEMBER 4

COLLECTIVE SOUL
with
BLACK STONE CHERRY
&
RYAN STAR
SEPTEMBER 14

SUGAR RAY
[illegible]
EVERY TIME I DIE
BRING ME THE HORIZON
[illegible]
HAPPY MONDAYS
THE PSYCHEDELIC FURS
[illegible]
BILL LASWELL'S
METHOD OF DEFIANCE
[illegible]
DRAGONFORCE
[illegible]
IN FLAMES
[illegible]
FIVE FINGER DEATH PUNCH
[illegible]
PITBULL
[illegible]
THE B-52s
[illegible]
LIVING COLOUR • FISHBONE
[illegible]

GOLDENVOICE
GOLDENVOICE.COM • TICKETMASTER.COM • CHARGE 1 800 745 3000
[illegible]

MOS DEF'S ECSTATIC TOUR PRESENTS

ON SALE NOW!

MOS DEF & ERYKAH BADU
FRIDAY
SEPTEMBER 4TH
WITH
THE CANNABANOIDS
JAY ELECTRONICA

THIS FRIDAY!

DJ'S BIG VON & MR E IN THE MIX

PARAMOUNT THEATRE, OAKLAND

2ND SHOW ADDED BY POPULAR DEMAND!

ANKH MARKETING
GUERILLA ✶ UNION

BUY TICKETS AT
[illegible]

La Peña
2105 SHATTUCK AVE. BERKELEY 510-849-2568
WED 2 MEMORIES of UNDERDEVELOPMENT
Cine Cubano Film Festival
THURS 3 STREET LEVEL HEALTH
Project fundraiser
FRI 4 MARCELO LEDESMA
Singer from Argentina
WED 9 THE LAST SUPPER
Cine Cubano Film Festival
JOSE SAAVEDRA
WALTER MORCIGLIO
VISIT US ON THE WEB AT WWW.LAPENA.ORG

STORK CLUB LIVE MUSIC
ROCK&ROLL O OAKLAND
2330 TELEGRAPH AVE.
OAKLAND, CA 94612
(510) 444-6174
$2 PABST BOTTLES EVERYNITE!
BEST BARTENDER & CHEAPEST DRINKS IN THE EAST BAY!!!
Winner Best of the East Bay 2009

WED 9/2
SISTER GRIZZLY
THE COLOR TURNING
MAKE ME
CHAMBERS

THU 9/3
LAVA NIGHTS!
SEA OF AIR
GREEN & WOOD
RED OCTOPUS

FRI 9/4
FIRST FRIDAY FOLLIES
FREE BURLESQUE SHOW!!!!!

SAT 9/5
NEW HOPE FOR THE DEAD
COMPTON SF
KOOZEBANE (SEATTLE)
7 YEAR OLD BLIND GIRL

SUN 9/6
BBQ SHOW
VACANT CHURCHES (SJ)
MURDERNEVERDIES
DJ PRINCE J (MALDROID)/
DJ MARC/DJ EROK/
DJ STEVE OF STORK

NOW OPEN TUE-SAT @ 6PM
TO BOOK [illegible] BAND, PLEASE CONTACT
STORKCLUBBOOKING@GMAIL.COM
VISIT OUR WEBSITE AT
WWW.STORKCLUBOAKLAND.COM

The Express has moved
to 620 3rd St., Oakland, 94607

Merchants' Saloon
$1 PBR Every Tues & Thurs Through July!
401 2nd St Oakland
Buy our gear online!
Merchantssaloon.com

HOME OF TRADITIONAL MUSIC
FREIGHT & SALVAGE
COFFEEHOUSE
THU SEP 10 • BOTMC Allen Gerrard, the Tallboys, Eric & Suzy Thompson
FRI SEP 11 • BOTMC Benton Flippen, Elizabeth LaPrelle, the Knuckle Knockers
SAT SEP 12 • Tom Paxton
Grammy winning trad icon [illegible]
SUN SEP 13 • Blame Sally
indie-pop edges of americana
WED SEP 16 • Nunally & Bruce
roots country & bluegrass guitar duo
THU SEP 17 • Laurel Love & Harper's Ferry
(510) 548-1761 • freightandsalvage.org
18 and under 1/2 price • alcohol-free venue

THE WHITE HORSE INN
[illegible]
6551 TELEGRAPH OAKLAND 510-652-3820
[illegible] www.whitehorsebar.com

The Home of Extreme Fun in Downtown Hayward
THE BISTRO
The Happy Clams
Form of Transport / Skippin Town
Kaya Nova
Avalon Rising
The Bistro Jazz Jam
Open Mic w/ Randy
REUNION 09 RELEASE PARTY
1001 B St. Hayward
510-886-8525 www.the-bistro.com
• 20 Belgian Beers • 12 Microbrews on tap •

C&C

[illegible] Harvey Unplugged! Skip's Tavern 7:30 pm. free

Jazz, Lounge & Cabaret

C.O. Big Band w/ [illegible] Washington, Jazz at Pearl's, 8 & 10 pm. $10-$15

Rock & Pop

[illegible] Johnny Foley's Irish House 9 pm. free

World, Latin, Reggae & Reggaeton

[illegible] Cafe du Nord 6 pm. $10

TUESDAY 8

EAST BAY

Blues, Folk & Country

Country Western Dance Night w/ lessons, [illegible] Bar & Grill 7:30-11 pm. free

Sugar [illegible] acoustic blues, The Bistro, 8-11 pm. free

Tom Rigney & Flambeau plus Cajun/Zydeco dance lesson @ 7 p.m., Ashkenaz. 8:30 pm. $15

Experimental & Avant-Garde

Avant-Garde Tuesdays artists TBA, [illegible] 4 pm. free

Jazz, Lounge & Cabaret

[illegible] piano, [illegible] Campo di Bocce 6-9 pm. free

[illegible] Cafe Trieste, 7 pm. free

[illegible] dinner jazz w/ guest [illegible] singers, The Alley, 4 pm. free

Soul, Funk, R&B & Hip-Hop

[illegible] Uptown, 9 pm. $5

[illegible] Yoshi's, 8 pm. $18

SAN FRANCISCO

Blues, Folk & Country

[illegible] [illegible] Room 4 pm. $2

[illegible] [illegible] 4 [illegible] 8-11:30 pm. $20

[illegible] w/ [illegible] Hotel Utah, 8 pm. $8-$10

Experimental & Avant-Garde

[illegible] w/ [illegible] Morgan, Cutsail Fog, [illegible] Tavern, 4 pm. $6

Jazz, Lounge & Cabaret

[illegible] Climate 4 pm. TBA

[illegible] Jazz Jam w/ [illegible] Trio, Cantina Cocktails, 7:30-11:30 pm. free

[illegible] [illegible] San Francisco 8 pm. $10-$14

The Robert Stewart Experience Pier 23 4:30 pm. free

Rock & Pop

[illegible] w/ [illegible] & [illegible], The [illegible], 10 pm. free

[illegible] The Fillmore 8 pm. $31.50

[illegible] Park Chalet Brewery, 6:30 pm. free

Eric McFadden Blues Yoshi's San Francisco, 10 pm. $10-$14

[illegible] w/ [illegible] Cafe du Nord 9:30 pm. $14

[illegible] Johnny Foley's Irish House 5:30 pm. free

Soul, Funk, R&B & Hip-Hop

Late Night Live Tuesdays: [illegible] Yoshi's San Francisco 9:30 pm. $30 [illegible] $3

WEDNESDAY 9

EAST BAY

Classical & Opera

[illegible] w/ Julie Steinberg & Cindy Cox, piano, Hertz Hall. noon. free

Jazz, Lounge & Cabaret

[illegible]'s 4 is What It Is Tour featuring Patrice Rushen, Will Kennedy & Gary Meek, Yoshi's, 8 & 10 pm. $12-$30

Mission Gold Jazz Band Swiss Park, 7-9 pm. free

[illegible] [illegible] w/ guest [illegible] singers, The Alley, 8 pm. free

Vocal [illegible] & [illegible] Trio Anna's Jazz Island 8 pm. $10

Rock & Pop

[illegible] w/ [illegible], Redgrave, [illegible] 8 pm. $10

Yeah Yeah Yeahs Fox Theater 8 pm. $35.50

World, Latin, Reggae & Reggaeton

[illegible] plus [illegible] dance lesson @ 8 p.m., Ashkenaz. 8:30 pm. $10

[illegible] plus [illegible] Yoshi's [illegible] 8 pm. $10 students $6

SAN FRANCISCO

Blues, Folk & Country

[illegible] Unplugged [illegible] Room 8-10:30 pm. $16

Jazz, Lounge & Cabaret

[illegible] musical revue that spoofs pop-culture figures in which Snow White travels around the world in [illegible] of Prince Charming, Club Fugazi, 8 pm. $25-$77

[illegible] Top of the Mark, 7:30-11:30 pm. $10

Rock & Pop

[illegible] w/ the [illegible], [illegible] Music Box 5 pm. $14-$16

[illegible] The Fillmore, 8 pm. $45

[illegible] w/ [illegible], Cafe du Nord 9:30 pm. $10

[illegible] [illegible] w/ [illegible], Queen Sea Big Shark, [illegible], & [illegible], [illegible] @ the Hill, 8 pm. $8-$10

[illegible] [illegible] Woodsnake, [illegible] Room, 4 pm. $5

[illegible] w/ the [illegible], [illegible] Stop, 8 pm. $12-$14

CLUB DIRECTORY

SAN FRANCISCO

222 Club [illegible] 415-440-0222
330 Ritch 330 Ritch St. 415-541-9574
Amoeba Music 1855 Haight St., 415-831-1200
Annie's Social Club 917 Folsom St., 415-974-1585
[illegible] 1616 Bush St. 415-771-1616
Azul Bar & Lounge 1 Tillman Pl., 415-362-0250
[illegible] [illegible] Brannan St. 415-864-6000
Bazaar Cafe 5927 California St., 415-831-5620
Beach Chalet 1000 Great Highway 415-386-8439
Beauty Bar 2299 Mission St., 415-285-0323
Bimbo's 365 Club 1025 Columbus Ave. 415-474-0365
Biscuits & Blues 401 Mason St. 415-292-2583
Bottom of the Hill 1233 17th St. 415-621-4455
Bruno's 2389 Mission St., 415-643-5200
Cafe du Nord 2170 Market St., 415-861-5016
Cafe International 508 Haight St. 415-552-7390
[illegible] [illegible] St., 415-[illegible]
Cat Club 1190 Folsom St. 415-431-3332
Catalyst Cocktails 312 Harriet St., 415-621-1722
The Cellar 685 Sutter St., 415-441-5678
[illegible] 265 9th St., 415-788-0838
Club Fugazi 678 Green St., 415-421-4222
[illegible] 60 6th St. 415-863-1221
Davies Symphony Hall 201 Van Ness Ave., 415-864-6000
[illegible] 2801 Leavenworth St., 415-775-5013
DNA Lounge 375 11th St. 415-626-1409
[illegible] 2496 3rd St. 415-643-0522
The Eagle Tavern 398 12th St. 415-626-0880
Edinburgh Castle 950 Geary St., 415-885-4074
[illegible] [illegible] St., 415-437-[illegible]
El Rio 3158 Mission St. 415-282-3325
Elbo Room 647 Valencia St. 415-552-7788
[illegible] 5600 Geary St., 415-571-1582
The EndUp 401 6th St. 415-646-0999
The Fillmore 1805 Geary Blvd. 415-346-6000
[illegible] 520 4th St., 415-285-1360
The Regency Ballroom 1300 Van Ness Ave. 415-673-5716
Great American Music Hall 859 O'Farrell St. 415-885-0750
Hemlock Tavern 1131 Polk St., 415-923-0923
Herbst Theatre 401 Van Ness Ave., 415-392-4400
Hotel Utah 500 4th St., 415-546-6300
The Independent 628 Divisadero St. 415-771-1421
Ireland's 32 Bar & Grill 3920 Geary Blvd. 415-386-6173
Jazz at Pearl's 256 Columbus Ave 415-291-8255
Johnny Foley's Irish House 243 O'Farrell St. 415-954-0777
[illegible] 3723 Mission St. 415-550-6994
[illegible] 1730 Mission St., 415-864-5585
Madrone Lounge 500 Divisadero St. 415-241-0202
Make-Out Room 3225 22nd St. 415-647-2888
Mezzanine 444 Jessie St., 415-820-9669
The [illegible] 66 West Portal Ave.
Noe Valley Ministry 1021 Sanchez St., 415-454-5238
Park Chalet Country 1000 Great Highway 415-386-8439
Peña Pachamama 1630 Powell St. 415-646-0018
Pier 23 The Embarcadero, 415-362-5125
Red Devil Lounge 1695 Polk St. 415-921-1695
Retox Lounge 628 20th St. 415-626-7386
Rickshaw Stop 155 Fell St., 415-861-2011
Rockit Room 406 Clement St. 415-387-6343
[illegible] 222 Mason St.
San Francisco Conservatory of Music 50 Oak St., 415-503-6275
Skip's Tavern 453 Cortland Ave 415-282-3456
Skylark 3089 16th St., 415-621-9294
Slim's 333 11th St. 415-522-0333
Space 550 550 Barneveld Ave. 415-550-8286
[illegible] 399 9th St. 415-863-8083
Sub/Mission Gallery 2183 Mission St., 415-255-7227
Supperclub 657 Harrison St., 415-348-0900
Swig Bar 561 Geary St., 415-931-7292
Temple 540 Howard St.
Thee Parkside 1600 17th St., 415-503-0393
Top of the Mark Nob Hill, 999 California St. 415-616-6916
[illegible] Top 601 Bush St. 415-[illegible]
Velvet Lounge 443 Broadway St. 415-788-0228
The Warfield 982 Market St. 415-775-7722
Yoshi's San Francisco 1330 Fillmore St., 415-655-5600

DJ & DANCE

THURSDAY 3

EAST BAY

Afrocat w/ DJs Juan TMC & Sam [illegible] spinning Afro-Latin, cumbia, [illegible] & dancehall. La Pena Cultural Center, 10 pm, $5 donation

Shotgun and Voodoo w/ DJs [illegible] & guests spinning soulful [illegible] dance music & [illegible] from around the world. The Wine Voodoo, 10 pm, free

Club Fever w/ [illegible] spinning reggae & dancehall. Shattuck Down Low, 10 pm, free

College Night [illegible] DJ and VJ Joe G. spinning hip-hop, R&B, dancehall, & Top 40. White Horse Inn, 9 pm, $5 [illegible]

Easton Thursdays rotating DJs spinning reggae & world beat. Air Bar & Lounge, 10 pm, free

Descendants Artistic DJs Chief [illegible] & Aabi [illegible] spin afrobeat, bhangra, cumbia, [illegible] & dancehall. Luka's Taproom & Lounge, 10 pm, $10

DJ Adel spinning eclectic [illegible]. Kingman's Lucky Lounge, 9 pm, free

DJ Jerry Rocs spinning soul, funk, hip-hop, R&B & more. Easy Voodoo, 10 pm, free

DJ Trick spinning [illegible]. Last Weekend Lounge, 6 pm-2 am, free

[illegible] Pop Funk [illegible] DJ Kool Kyle spins reggae, [illegible] hip-hop, & more. Kasy's, 10 pm, free

[illegible] DJ [illegible] spins jazz & R&B. Kingman's Ivy Room, 9 pm, free

Phil Thursdays student night w/ DJ Jays [illegible] spinning mash-ups, electro, hip-hop, & top 40. Kimball's on Telegraph, 10 pm, [illegible]

Sloppy Ross w/ DJ Donovan spinning reggae, African, salsa, cumbia, [illegible] boogie, disco, & funk. Kitty's, 7 pm, free

Loss and Edge w/ DJ the Reverend [illegible] spinning power pop, punk, & [illegible]. Ruby Room, 10 pm-2 am, free

[illegible] indie pop, mash-ups, new wave dance, 10 pm-2 am, free

[illegible] night w/ DJ [illegible] spinning hip-hop & R&B. [illegible] Bar, 9 pm, $12

[illegible] w/ DJ [illegible] spinning hip-hop, R&B. Missouri Lounge, 10 pm, free

Thursday Throwdown w/ DJ [illegible] the Vinyl Archaeologist and guests spinning hip-hop classics, '80s, [illegible], [illegible] electro, funk, & soul. Shattuck [illegible] Low, 9 pm, free

PICK

Eats Tapes at Art.Tech

While the Burners are stripping at Black Rock, layer up and head into the fog for a three-day festival to celebrate the intersection of art and technology. Mission experimental art institution **The Lab** hosts its first-ever multi-day festival, called **art.tech**, which will feature more than 40 artists, as well as workshops, demos, and lectures. Expect to be able to build your own video-game controllers and music instruments from scratch, as well as other experiments in sonic sculpture, mixed reality, tangible interfaces, robotics, experimental music, animated objects and physical computing. Friday headliner: Meredith Tromble. Saturday: Eats Tapes. Sunday: David Wilson. *At* **The Lab**, *2948 16th St., Friday September 4 through Sunday September 6. $35 three-day pass/$10-$15 a day. TheLab.org — David Downs*

SAN FRANCISCO

1984 DJs [illegible] spin [illegible] [illegible] & Melting Girl spin '80s & new wave. Cat Club, 9 pm, free [illegible] 9:30 pm, $6

Afrolicious w/ DJs Sake, Pleasuremaker, Senor Oz & guests spinning Afro-tropi-samba-funk. Elbo Room, 10 pm, $6

Bingotopia by Glob $2 [illegible] swing bingo. The Knockout, 7:30-10 pm, free

College Night DJs [illegible] and [illegible] spin hip-hop, hyphy, R&B & more. The Cellar, 10 pm, free

DJs [illegible] & [illegible] spinning funky mixes & underground hip-hop. Swig Bar, 6 pm, free

[illegible] w/ DJ White Heat and Friends spinning [illegible]. The Knockout, 10 pm, free

Night Gloss DJs [illegible] & [illegible] spin sexy [illegible], hip, & electro. [illegible] Lounge, 10 pm, free

[illegible] rotating DJs. The Cellar, 10 pm, $10

Prohibition Thursdays [illegible] party w/ DJ Switch spinning R&B and funk. [illegible] Lounge, 8 pm-2 am, free

Tuppa Tup Thursdays w/ Jah Warrior [illegible] Hi-Fi, Jah [illegible] & [illegible] spinning reggae. Club 93, 10 pm-2 am, $5, free before 11 pm w/ RSVP

[illegible] w/ DJs the [illegible], [illegible], & [illegible]. [illegible] Lounge [illegible], 9 pm, $10

FRIDAY 4

EAST BAY

Flashback Fridays DJs [illegible] & [illegible] spin old-school hip-hop and funk. Luka's Taproom & Lounge, 10 pm, $10

[illegible] merengue DJ Jorge [illegible] spins cumbia, salsa, merengue, [illegible], Spanish pop, & house. [illegible] & Bar, 9 pm-2 am, $12

[illegible] Tropical Lounge [illegible] spin [illegible] Cuban music & Latin jazz. La Pena Cafe, 10:30 pm, free

Quixotic DJ Joe [illegible] spins funk, Latin, & dub. [illegible] Lounge, 10 pm, free

[illegible] [illegible] pop night. Kingman's Lucky Lounge, 9 pm, free

Shifty Fridays DJ [illegible] & [illegible] spin R&B & soul. Kimball's Carnival, 9 pm, $10

Wellspring w/ [illegible], [illegible] at Sea & [illegible]. [illegible], 6 pm, free

SATURDAY 5

EAST BAY

AD Productions & [illegible] DJs spinning R&B & hip-hop [illegible]. 10 pm, free

Club [illegible] DJs Jerry Ross & Soul Professor spin R&B, soul, funk, reggae, & hip-hop. Missouri Lounge, 9 pm, $10

[illegible] Saturdays [illegible] hip-hop & house at midnight. [illegible], 9:30 pm-midnight, $5

[illegible] Saturdays w/ [illegible] spinning reggae, dancehall, & Lounge. The [illegible], 9 pm, free

Lo Joe [illegible] [illegible], 10 pm-2 am, free

East Bay Honky-Tonk DJ [illegible] spins country, bluegrass, alt-country, honky-tonk, blues, & more. Missouri Lounge, 10 pm, free

Funky-Funky DJ [illegible] and guests spin hip-hop, R&B, mash-ups, and rock. College Lane, 9 pm, free

Superstar Saturday Night w/ DJ [illegible]. [illegible] House, 9 pm, $5

La [illegible] Latino monkey night w/ DJs spinning salsa, [illegible], & [illegible], plus DJs [illegible]. [illegible] & Bar, 9 pm, $12

Magic Bits Voodoo DJ [illegible] & guests [illegible] extravaganza. Kingman's Lucky Lounge, 9 pm, free

Pop History 101 DJs spin pop hits from the '50s to Michael Jackson. Ruby Room, 10 pm-2 am, free

SAY IT LOUD w/ DJs Max Kane & [illegible]. Easy Lounge, 10 pm, free

Swoove Saturdays DJ [illegible] & guests spin reggaeton, future funk, neo soul, & dancehall. Luka's Taproom & Lounge, 9 pm, $10

Thursday w/ DJ Pablo Cat spinning hip-hop, R&B. Missouri Lounge, 6-10 pm, free

SAN FRANCISCO

Bartertime w/ DJs Bartertime & [illegible] spinning hip-hop, R&B & old-school. Jelly's Pier 50, 10 pm, [illegible] 11 pm, $10

[illegible] w/ DJs [illegible], DJ Black, [illegible] & [illegible] spinning international soul, soulful [illegible] & soul [illegible]. [illegible] Crown, 9 pm, $5

[illegible] w/ DJ [illegible] spinning the hottest Bay Area club hits, [illegible], 10 pm, free before 11 pm with [illegible]

[illegible] w/ resident DJs spinning reggae & R&B. Pier 23, 6 pm, $10

DJ [illegible] the Swig Bar, 9 pm, free

DJ Eric Lacy [illegible] Voodoo, 7-11 pm, free

[illegible] w/ DJs [illegible], [illegible] & [illegible] spinning [illegible], reggaeton, [illegible] and world [illegible]. Make-Out Room, 10 pm, $5

[illegible] Saturdays w/ DJ Chris [illegible] spinning hip-hop, rock, & mash-ups. [illegible] Lounge, 9 pm, $5

Family featuring [illegible] Lounge & [illegible] Dupler. 10 pm, $5

[illegible] w/ [illegible] & [illegible], w/ [illegible] & DJs Sammy D, [illegible] Kane, [illegible] & [illegible]. The EndUp, 10 pm, free [illegible] 11 pm, $10

New Wave City '80s dance party. DNA Lounge, 9 pm, $7 before 10 pm, $12

Rebel Girl Dance party for girls, the boys who love them, w/ DJ Chris C & guests spinning electro, indie rock, hip-hop, & '80s. Rickshaw Stop, 10 pm, $7

Seduction w/ DJs spinning lounge and club hits. The Cellar, 9 pm, free before 10 pm, $10 after

Still Rollin' [illegible] 'n' [illegible] party with DJ [illegible]. [illegible], 9 pm, free

[illegible] Lounge DJs spinning smooth hip-hop, urban Top 40 & funky [illegible]. Glas Kat, 10 pm, $20

Wonderland: The Return of Lava [illegible] w/ DJs Eddie [illegible], Hawthorne, Memories, 10 pm, $15-$20

SUNDAY 6

SAN FRANCISCO

[illegible] w/ DJ Sep, [illegible] the Twister, & guests spinning dub, roots, & dancehall [illegible]. Elbo Room, 9 pm, $5

TUESDAY 8

EAST BAY

DJ [illegible] Kingman's Lucky Lounge, 9 pm, free

WEDNESDAY 9

EAST BAY

[illegible] Pop [illegible] w/ DJs [illegible], [illegible], [illegible] and [illegible] spinning house and electronica. [illegible] on Telegraph, 6 pm, $5

[illegible] Wednesdays DJ [illegible] & rotating guests spin salsa, samba, merengue, reggaeton, & hip-hop, plus [illegible] lessons at 8 pm. Luka's Taproom & Lounge, 9 pm, free

SAN FRANCISCO

[illegible] The Knockout, 6-9 pm, free

Tiny's [illegible] DJ [illegible] [illegible] & more. Skip's Tavern, 6-11:30 pm, free

Paid Advertisement

Tech Talk

provided by

Janus Networks

Long Term Challenges Ahead for Broadband Technologies

by Mielle Sullivan, Janus Networks

As consumer demand for broadband Internet has grown exponentially, a few different technologies have risen up to meet the need. Each of these technologies has their own unique set of advantages and challenges. Consequently, there is no all-encompassing solution for the future of broadband.

Let's examine each of the current technologies:

VDSL2—Very High Speed Digital Subscriber Line 2. The newest and most advanced standard of DSL broadband over the-wire communications. The standard supports wide-scale "Triple Play" services such as voice, video, data, high definition television (HDTV) and interactive gaming. It uses existing copper phone wires to make the connection. The supporters of this technology are AT&T with its U-verse offering and Qwest.

Advantages: Because it uses existing copper telephone lines as the back bone of the infrastructure, there is less to build out than the other technologies.

Challenges: In terms of reliability, VDSL2 is sometimes more haphazard than its DOCSIS and FIOS, in part because it must rely on cities infrastructure. Also, VDSL2 speeds degrade over long distances.

In order to make the system viable, AT&T has created a hybrid of fiber optics and copper wires for it's U-verse offering. The company uses a fiber optic cable connection to a city, then copper lines within a city. However, the hybrid system relies on huge cabinet-like hubs to be installed underground in each city. AT&T has had to battle officials over them in many cities for permission to install some hubs. Stalled negotiations have limited deployment.

FIOS—Fiber optic communications network and technology designed for bundled communication services including Internet telephone and television. Fiber optics are the newest technology and infrastructure, offering the highest potential speeds with the least amount of loss.

Challenges: When FIOS enters any new territory, the entire infrastructure needs to be built out from scratch.

Verizon is the only company currently building out its own all fiber optic network (FIOS). In more densely populated areas, the company must settle cables under often-decaying city structures and negotiate with apartment building owners individually, making implementation very slow in old cities.

DOCSIS 3—the cable in Data Over Cable Service Interface Specification. DOCSIS is a standard that allows high speed data transfer over existing cable television system.

Advantages: DOCSIS uses existing cable infrastructure, so there is not nearly as much to build out as FIOS. This system also has less speed loss over distance than VDSL2.

Disadvantages: Ultimately, DOCSIS is inferior to FIOS for speed potential. Currently, FIOS does not need to operate near capacity to be competitive. As the market demands higher speeds, DOCSIS may not compete with FIOS. Also, despite having much of the existing infrastructure, there are still growing pains associated with the DOCSIS. Providers like Comcast and Cox have been unable to keep up with demand, slowing installations and causing services outages in some areas.

The challenges in implementing cable technologies are likely to continue for years. Ironically, densely populated old cities and very remote sparsely populated areas share a cost to benefit challenge for installation. The future is likely to be patchwork of all three technologies depending on different installation challenges in each area. Cities may need to depend on VDSL and DOCSIS for several years, while newer suburban developments in some states will have FIOS. Very remote areas may rely on broadband built out to a local tower which would then connect to users wirelessly. Eventually, Verizon may be able build out FIOS in most areas and ultimately it may be the clear winner if very high speed becomes the deciding factor in consumer choice. But price is also a consideration and the market may never widely demand speeds that only FIOS can provide. Within several years, it is even possible mobile broadband advancements could make it a competitor to all of these over-the-wire technologies, causing further disruption to the marketplace.

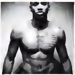
You can contact the author at press@janusnetworks.com
Visit our blog: http://janusnetworks.wordpress.com/
follow us on twitter: JanusNetworks

Microsoft Small Business Specialist

Janus Networks, Inc
EMAIL sales@janusnetworks.com
888.836.2310

Microsoft GOLD CERTIFIED Partner

RASPUTIN
MUSIC & DVDS
Recommends



Trey Songz
Ready
Songbook Entertainment/Atlantic
For his third full-length, Trey stretches out a bit, throwing little curveballs (like the distorted guitar on "Black Roses") showing us that he's growing as an artist. His singing is still effortless and supple, perhaps more than ever. The production on *Ready* is awesome and the guest spots by Drake, Gucci Mane, Soulja Boy and more are right on. Right before he starts singing on "I Invented Sex," he says "this one goes out to all the beautiful girls," and that might sum it all up: for all those girls that need a bad boy like Trey.
13.99

PETER WHITE

Peter White
Good Day
Peak Recordings
The bestselling guitarist is back, together with Philip Saisse and producer DC, delivering what may be his best contemporary jazz release ever. This is an album of all originals, making a change from his more recent efforts which focused on cover tunes. While a songwriting sparkles with an optimism you won't find elsewhere. It's a good day indeed!
13.99

Spencer Day
Vagabond
Concord Jazz
Spencer Day make the kind of sophisticated pop music that you might expect from people like Norah Jones or Rufus Wainwright. He's got a lot of voice, strong songwriting, and that certain something.
11.99

don't miss
the Lovemakers
Live Instore 9/15, 5pm
Rasputin Berkeley

BERKELEY
2401 Telegraph Ave
2 blocks from UC Berkeley

SAN FRANCISCO
69 Powell St
one block from Market

800-350-8700
www.rasputinmusic.com

BERKELEY CONCORD SAN FRANCISCO VALLEJO

SAVAGE LOVE

AM I A SLUT? AM I A FREAK?

One cheated on her boyfriend. Another wants her husband to know how he tastes.

By Dan Savage

I love my boyfriend of three years, but I fucked up. We've had our ups and downs — he broke up with me for two months last summer because he said he was "young and needs to feel free" — but we've always worked through things. He is super supportive of me and we've both really grown a lot as people together. But despite the affection and love, I just don't feel wanted. I don't feel like he wants to fuck my brains out like he used to. In fact, he rarely does, even when I try to initiate sex. Over the last six months, I've struggled with depression and not feeling sexy and not feeling wanted is making both things worse. Last year, we talked about opening up our relationship, but I wasn't really comfortable with it.

Long story short, I went to visit a friend in another city who lives practically next door to a former fling of mine from four years ago, and I ended up fooling around with the former fling. It wasn't full sex, but it was highly inappropriate. And yet... it felt so good to be wanted so badly.

I feel like a terrible person for so many reasons. I told my boyfriend — he didn't respond emotionally, but after 45 minutes he got up and left and said he would call me when he knew how he felt. I want him to forgive me, but I have a feeling he can't. I don't want to cause him any more pain than I already have, but I have no idea how to do that. Do I give him space? Do I go on with my life?

Self-Loathing Unfaithful Tramp

Go on with your life, SLUT. Suicide seems a little drastic, given the circumstances, so let's not open a vein over this. It seems to me that the boyfriend was causing you a great deal of pain before you caused him pain. He has essentially rejected you again and again — the time he broke things off so he could "feel free" (what are you, a cage?) and the many times he's rejected you sexually and made you feel unwanted. Your sexual and emotional needs were not being met, and you succumbed to the attentions of a man who made you feel wanted. And that was unfortunate, SLUT, but it wasn't entirely your fault. If the boyfriend wasn't sending you the mother of all mixed signals — doesn't want to leave you, doesn't want to fuck you — you would have been either single and free to fool around on that trip or not at all interested in fooling around because you were getting what you needed at home.

So feel a little bad about what you did, but don't feel too bad. This relationship needed to end; it wasn't making either of you happy. Think of it this way: You slammed your car into a brick wall and totaled the thing. But it was a lemon, SLUT, and now you're free to get yourself a new ride.

I have been considering becoming a woman. But the straight women I have talked to about this are very reluctant to assist me in my transition from being male to being female. I am wondering if you think that lesbians might be more open-minded.

Gender Identity Readjustment Looming

You're considering becoming a woman — that's wonderful, very interesting, always a special time in a man's life. But it's not like you're rushing a sorority: current members are not obligated to answer your questions, offer you assistance, host a tea, or take even the slightest interest in your transition. Find a support group for MTFs, GIRL, and you'll find plenty of women — longtime members and new pledges — interested in hearing about your journey. But leave the women you meet in the normal course of your life alone.

My hubby wants to do anal for my first time, him fucking me, and that's fine — but I'm only going to let him do it after he eats his own goo! Standoff! We've been married 27 years, and I think it would be hot! He thinks not! I say fair trade! I go down on him after he puts it in me sometimes, so I know how I taste! Am I the only woman who has ever asked her husband to eat his goo??

He is wilting finally because he really, really wants to get into my ass. But was it wrong for me to ask? Am I a freak?!? I've asked around, and all my girls think I'm crazy and that it's a bad sign about our relationship! But we've got two great kids and we love each other and we have a really happy life! I just want to see my hubby eat his goo! My girls tell me I must be trying to make him gay! Nope! I just figured if he gets something he wants, I get something I want! Am I a freak?!? Please help!!! Tell me I am not a freak! Tell me others write about this!

You are respected in our household, and my husband will hear your answer because I intend to read it to him!!!

Great Oozing Orgasms

You're a freak, GOO — not that there's anything wrong with that, of course. As for the particulars...

You made granting your consent to fulfill his fantasy contingent upon his consenting to fulfill yours. That was manipulative and unfair of you, GOO, but it was also pretty freaking hot, just the kind of good-natured, give-and-take-no-prisoners power play that keeps the sex interesting after 17 years of marriage. And I don't just say that as a fan of goo-eating generally — you might have gotten a "yes" quicker if you didn't insist on calling it "goo" — but as a fan of sexual adventures and pushing boundaries.

You set a bar for the husband to clear, GOO, but you didn't set it too high or impossibly high. You weren't asking him to let you fuck his ass first: fair but more challenging, or to swallow some other dude's load: unfair and extremely challenging. You didn't ask him to do something he absolutely, positively couldn't do, and you didn't ask him to do something you haven't done yourself (swallow his loads, taste your own juices).

Finally, there's nothing gay about a guy eating his own come — unless, of course, he's eating it off some other guy. ●

Find my podcast at TheStranger.com/savage
mail@savagelove.net

EAST BAY EXPRESS

Classifieds

Contact Us

Ads can be placed Mon - Fri during business hours by calling 510 879 3800 or by E-mailing: [illegible]

Online-

[illegible] ads also [illegible] EastBayExpress.com

Ad Deadline-

[illegible]

LEGAL NOTICES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

[illegible]

Fictitious Business Name Statement

[illegible]

Fictitious Business Name Statement

[illegible]

8/12, 8/19, 8/26, 9/2/2009

Fictitious Business Name Statement

[illegible]

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

[illegible]

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

[illegible]

8/12, 8/19, 8/26, 9/2/2009

PETS/PET SUPPLIES

Broadway Pet Hospital

[illegible]

4920 Broadway
Oakland CA
510-653-0212

Nessa

[illegible]

Lassie

[illegible]

East Bay SPCA
[illegible]

Little Spot Runs

[illegible]

Happy Hound Play & Daycare

[illegible]

www.HappyHound.com
510-547-DOGS (3647)

Custom Leaf
tea company

At Custom Leaf you can customize your own tin of tea. Our gorgeous hand-blended and packed teas are wonderful gifts for yourself or someone else!!

[illegible]

www.customleaf.com

Happy Hound
Play & Daycare

"Your Dog Will Love It Here!"

1695 34th Street Oakland
510-547-DOGS
www.HappyHound.com

Need to Publish a Legal Notice?

Advertise it in
EAST BAY EXPRESS

510-879-3776
or
LegalNotices@EastBayExpress.com

Adult

ADULT CLUBS

Interracial Kink
Swingers Party
[illegible]
Couples & Select Singles
510-388-5108
www.interracialkink.org

BODY RUBS

Healing Bliss
[illegible]
Angela
[illegible]

Exquisite Sensual Experience
[illegible]
Angela [illegible]

Hi-Black & Masculine
[illegible]

***Gina s Hot Soaking**
Bubble Bat
Sensual Hair Wash
[illegible]
Call [illegible] 24/7
510-4[illegible]

PHONE ENTERTAINMENT

Chat, Meet and Flirt
Call [illegible]
Try Free [illegible] code 2736
or 800-210-1010
Livelinks.com

Curious Local Bi-Guys!
Call 510-859-2000
[illegible]
[illegible] code 5857
[illegible]

Meet Sexy Singles!
[illegible]
[illegible] 343.0101
[illegible] 510 343.1122
[illegible] code 7350
Visit MegaMates.com. 18+

Where Local Girls Go Wild!
Try [illegible] code 6831
Call 510-859-[illegible]
or 800-700-6666
[illegible]

Hot Latino singles!
510.859.2100
[illegible] 1 800 831 1111
Try it for FREE code 7600
fonochat.

IN/OUTCALLS
510-575-8601
[illegible]
VISA

Jenna
305.763.0710
5'6" 120 lbs 34-24-34
Concord Incall/Outcall

KARISSA
408-661-6932

JESSICA RYDER
510-798-6[illegible]0
Available 24/7
Incall/Outcall

CHRISTINA
24HR
ALL NATURAL
510-992-9408

K-LEE
Hayward [illegible]
510 6[illegible]8-2405

INTERRACIAL-KINK:
A SEXY PARTY
Weekly Play Parties from 8:00 p.m. until ...
Fri. 9/4 Labor Day Weekend Group Party I
Sat. 9/5 Labor Day Weekend Group Party II
Deliciously Sexy Couples and Select Singles are welcome to attend.
Elegant East Bay Hills private location, Hot Tub and Group Playrooms
510.388.5108
www.interracial-kink.org

TRY FOR FREE
CODE 1445
510.859.1010
510 986 1515
More Local Numbers
1 800.210.1010
More local singles

Talk about a good time
FREE TRIAL
CALL NOW! CODE 5744
510.859.2000
San Francisco 415.402.0000
Palo Alto 650.223.0200
San Jose 408.252.4411
Find your local # 1.800.777.8000
Ahora en español

SEXY EXPRESS
USE CALL: 510-379-3800

100 s of escorts
massage parlors
tvts ads
Verified, rated FREE since 1996
Million+ hits daily!
To advertise, call 415-3[illegible]
LOVINGS.COM

How Hot is RedHot?
Call now to find out!
510.859.1000
TRY FOR FREE

OAKLAND'S
HOTTEST
SINGLES!
CALL NOW! OAKLAND
510-379-7590
FREE TO TRY
lavalife VOICE

night exchange
Real people • Explicit Real
PRIVATE. EXPLICIT. TALK.
FREE
CALL NOW! OAKLAND
510-380-8000
NEW! nightexchange.com
Try our 900 number: 1-900-[illegible]

MEET LOCAL SINGLES
Listen & Reply to Locals FREE!

Oakland	510.343.0101
Concord	925.695.1212
Hayward	510.342.0404
San Francisco	415.430.0000
Santa Rosa	707.583.1055
Alternative Locals	
Oakland	510.343.1122
Concord	925.695.1100
Hayward	510.342.2122
San Francisco	415.430.1199
Santa Rosa	707.583.1112

FREE CODE 9910
MegaMates
For other cities call (888) MegaMates

Massage Parlors

MASSAGE PARLOR

AAA Athletic Lean Trained Masseur
[illegible] North Oakland In/Out [illegible]
510-499-7560 Mario

Absolutely Orientl
[illegible]
Richard CMT 510-297-6846.

Awesome Massage
Swedish [illegible] Deep Tissue [illegible] Evenings & Weekends [illegible]
Call Mike at 510-299-5138

Best Oriental Massage!
[illegible]
510-504-2520. [illegible]

Healing Heaven by Asian Female CMT
[illegible] 510-387-0630 or 415-309-7413

Healing Touch
Massage designed to [illegible] Jane CMT Oakland 510-219-4287

Indulge yourself
[illegible]
510-209-6422

Magic Touch Massage by Asian Man
[illegible] Berkeley 510-778-0234 [illegible]

Massage For Gay & Bi Men
[illegible]

Professional Body Massage
[illegible]

Relaxing Swedish Massage By Asian Lady
[illegible]
Call 510-632-2150

Very Full Cool Indian Oriental Ex Model
[illegible]

GRAND OPENING
ENTIRE BODY RELAXATION HEALING THERAPY
[illegible]
(510) 238-8666
[illegible]

Best New Asian Girls
DEEP TISSUE, SWEDISH, RELAXING MASSAGE
OPEN 7 DAYS A WEEK [illegible] AM [illegible] PM
PRIVATE ROOMS • FREE PARKING
1441 SOS DR., WALNUT CREEK 94597
[illegible]
925-939-3686

New Management
CRYSTAL MASSAGE
510·848·5354
Swedish Shiatzu Deep Tissue
2417 Shattuck Ave
Berkeley [illegible] Midnight

Rolling Touch
Body Shampoo & Massage
Open 7 Days
110 Railroad Ave Suite F Suisun CA
707.426.4279

www.crystalislandmassage.com
9AM-2PM Body Massage $40/hr.
Herb Foot Reflexology $20/hr.
Best Deep Massage in Bay, FREE STEAM Shower in VIP Room, Walk ins Welcome
510-251-9388 1038 5th Ave @ E11 in Oakland

Relaxation Spa
510-575-7750
Professional Foot [illegible] Massage
Open 10am to 10pm
[illegible]

FOREVER DAY SPA
GRAND OPENING!!!
[illegible]
OPEN DAILY
10AM-10PM
(510) 651-1895
43436 Grimmer Blvd
[illegible] Mall Parkway
***ALL Major credit cards

LIFE-BALANCE MASSAGE
1840 Mt. Diablo Blvd
Walnut Creek
925-952-9988
[illegible]

BRAND - NEW IN BERKELEY
GRAND OPENING
$10 OFF FOR 1 HOUR MASSAGE - BUY 10 GET 1 FREE
HEALING HANDS MASSAGE
CLEAN, FRESH AND COZY PRIVATE ROOMS
FREE PARKING
510-525-8328
1315 SAN PABLO AVE
BERKELEY, CA 94702

GRAND OPENING!
Sequoia Healing Clinic & Spa
- Body Massage
- Pain Relief
- Acupressure/Swedish
- Deep/Soft Tissue

WOMEN & MEN WELCOME
[illegible] Franklin St. Oakland Ca [illegible]
Monday thru Saturday [illegible]
$10 OFF any service [illegible]

Grand Opening!
Zhen & Yuan
Acupressure Massage
Foot & Body Massage
510-848-[illegible]
2528 Shattuck Ave. Berkeley
10 AM - 11 PM

GRAND OPENING
ORIENTAL MASSAGE
DEEP TISSUE, ACUPRESSURE, SWEDISH, SHIATSU
(925) 939-3628
Bluebell Spa
3440 San Dr. Walnut Creek, CA 94597
[illegible]

GRAND OPENING
Walk-Ins Welcome
www.sunflowerqi.com
All Licensed & Certified
[illegible]

15913 Hesperian Blvd San Lorenzo, CA 94580 [illegible] 510-927-7666 9:30 AM - 9:30 PM	3623 MacArthur Blvd Ste A Oakland, CA 94619 [illegible] 510-336-3066 10:30 AM - 9:30 PM

THE BEST MASSAGE
San Leandro Health Center
Acupuncture Acupressure Hot Stone
Open [illegible]
Call. 510-276-6686
15800 Hesperian Blvd. | San Leandro CA 94578

Lucky Massage
Young Beautiful Asian Girls
- Swedish
- Full Body
- Relaxing

510-222-2798
2920 Hilltop Mall Rd
Richmond CA
Open 7 days 10:00am-10:[illegible]pm

GOOD DAY SPA
[illegible]
NEW STAFF
2041 University Ave. Berkeley
Parking in the back
510-665-7847

TABLE SHOWER MASSAGE
CALL US TODAY
925 328 1119
[illegible]

Connie's Spa
Come in and Experience a Nice Relaxing Massage at our Spa.
458 Perkins St @ Grand Ave., Oakland
510-836-2770

GRAND OPENING
V.I.P. SPA
3917 Telegraph Ave, Oakland
510-594-9881

NEED TO PLACE A CLASSIFIED AD?
EAST BAY EXPRESS
510-879-3800

EAST BAY EXPRESS Bulletin Board

To advertise on the Bulletin Board call 510-879 3800 or
Email Classified@EastBayExpress com Deadline is Monday 4pm

Sex Taking Over Your Life?
Counseling for men with sexually compulsive behavior George Collins,M.A. 925-932 0201
www.compulsionsolutions.com

Smoke HEALTH-E Cigarettes
Smoke HEALTH E Cigarettes Kick The Habit But Still "Smoke." Nicotine Free
Looks & Feels Like A Real Cigarette.
Complete Kit Only $49.99 Go to
WWW.PTVDEALS.COM/174

Rehearse America / Oakland Monthly Rehearsal Studios.
Reasonable Rates, 24 Hour card key access, Secure gated parking lot, Security on site
Free high speed WiFi near Oakland Coliseum
510 326 5881 www rehearse com

Ex'pression College Presents
An evening with award winning motion graphic designer Jamie Caliri
Wednesday September 16 2009 from 5 7 pm
Expression College for Digital Arts
Admission is free
RSVP dreams@expression.edu

Support Low Income Women with Cancer Seeking volunteers 510-601-7660 ext 21

Computer & Internet Training
Upgrade Your Job Qualifications Quickly
1-on 1 Attention. eCommerce Selling w/ Pay Pal, Word, Excel, Photo / Video Editing, Create Your Website & More
From $30 /Subject Free NetSecurity Course
Aaron 510-227 7889 ext 671 (24 hours)

Crisis Support Services of Alameda County
Needs Volunteers to answer our 24 hour crisis lines. No experience necessary we train.
Call for more details 510 420 2471

Need to Publish a Legal Notice?
Advertise it in the East Bay Express
510 879-3776 or
LegalNotices@EastBayExpress.com

Medical Marijuana Evaluations
Professional and Affordable
www.compassionatehealthoptions.com
510 465 0420 or 415 255-1200

Earth Circles Counseling Center
Compassionate Professional Therapists. Sliding Scale. Call 510-601 1929
www.EarthCirclesCounseling.com

Guitar Player LIVE!
Sept 11 13, Downtown Livermore
A Weekend Celebration of music gear and guitars! Join us for Livermore Valley Performing Arts Center and Guitar Player Magazine's first annual Guitar Player LIVE! bringing players, guitar legends and manufacturers together for a weekend long celebration of all things guitar
For tickets call 925 373-6800 or www.bankheadtheater.org

Absolutely Perfect Massage by Richard CMT Private Secure Location. Call 510-207 0545

"Harborside is simply amazing You're never rushed to make a decision, the staff is always friendly and the quality of the products is simply top notch This should be the flagship that all other dispensaries try to emulate "
Gemini Ambiance YouTube 6/25/09

Harborside Health Center

1840 Embarcadero
Oakland CA 94606
510 533-0146
harborsidehealthcenter com
11AM – 8PM • 7 days/week

MediCann

Lowest Fee in the State
Free Identification Card

Largest Provider of Medicinal Marijuana Recommendations

Most Trusted by Law Enforcement

We Renew Any Doctor's Recommendation

1.866.632.6627

www.medicannusa com

Cannabis Linked To Reduced Cancer Risk

A recent study published in "Cancer Prevention Research" has shown that cannabis consumption is linked to a 62% reduced risk of some forms of cancer To learn more about the medical benefits of cannabis and how to get started with a career in the cannabis industry enroll in Oaksterdam University today!

[illegible] oaksterdam.com

Brand New Laptops & Desktops
Bad Credit No Credit No Problem
Small Weekly Payments Order Today and get Free Nintendo WII game system!
Call Now @ 800-840-5439 (AAN CAN)

Powerage Amp & Electronic
Specializing in Tube Amplification Vintage to Modern. Service Repair Restoration and Mods. Mesa Boogie Authorized Technician. Quality Audio Tubes and Parts.
510-846 3113 tech@pwrage.com
www.pwrage.com Oakland, CA

Learn To Bartend
Thousands trained and placed
$199 Tuition Ends Soon!
Nations Largest 585 901 TIPS(8477)
www.abcbartending.com

Medical Marijuana Delivery
Low cost same day service
510 785-3500

Happy Hound Play & Daycare
"Your Dog Will Love It Here!"
Daycare, Boarding, Training, Grooming
1695 34th Street. Oakland CA 94608
510 547 DOGS www.HappyHound.com

New Dispensary in Richmond
7 Stars Holistic Healing Center
Located in the Pacific East Mall
3288 Pierce St Suite# M108
(2nd floor) Richmond
510 527-STARS (7827)

Cottage Inn At Lake Tahoe
Your place to stay on the West Shore
Charming theme rooms include full breakfast.
cottage@ltol.com 1 800-581-4073
www.thecottageinn.com

Custom Blend your own Tea
Start by picking Green, Black, White Rooibos Honeybush or Yerba Mate. Then add fruits flavors herbs, flowers and other fun stuff
Wholesale accounts available
www.customleaf.com

Italian & French Conversation
Conversation classes (beginning to advanced) at the Orinda Community Center
925 254 2445
www.cityoforinda.org

Yard Sale Sunday 9/6 11-3
Books records tapes, movie videos tools, crafting/office supplies small home furnishings clothes. 1637 7th Street between Virginia and Cedar. No sales before 11 a.m.

Get Your East Bay Express Gear!
T Shirts, Mugs, Postcards Ties, Mouse Pads Tote Bags Snowboards, Aprons, Hats etc.
www zazzle com/eastbayexpress

Discover what the media isn't telling you about Oakland's Measure Z.
oaksterdaminfo.com

IT'S "BEATLES DAY" AT AMOEBA! WEDNESDAY 9/9/09

Celebrate the release of the remastered Beatles catalog! DJs · Live Music · Trivia – Giveaways · Beatles Look Alike Contest! Visit Amoeba.com for the full schedule of events!

BERKELEY · 2455 Telegraph Ave. · 510-549-1125 ★ SAN FRANCISCO · 1855 Haight St. · 415-831-1200 ★ Parking is easy! We validate: Haight & Stanyan Lot in SF and Sather Gate Garage in Berkeley · AMOEBA.COM